

Collaborative Mentoring Networks and associated groups on EENet Connect



ONTARIO COLLEGE
OF FAMILY PHYSICIANS
Collaborative
Mentoring Networks

EENet Connect
Evidence Exchange Network
for Mental Health and Addictions

A How-to Guide

What is EENet Connect?

EENet Connect is an online community where members of Ontario's mental health and addictions system can create profiles, share knowledge, and collaborate more effectively with one another. The community reinforces existing relationships, while allowing new connections to take root and grow.

EENet Connect is managed by Evidence Exchange Network (EENet), a knowledge exchange network that helps create and share evidence to build a better mental health and substance use system in Ontario. Located in the Provincial System Support Program(PSSP) at the Centre for Addiction and Mental Health (CAMH), the network includes researchers, clinicians, service providers, system planners, policymakers, persons with lived experience, and families. EENet is supported by a team of knowledge brokers and communications specialists.

EENet Connect in Five Steps

1: GET STARTED

- How to join
- How to sign-in

2: MAKE IT PERSONAL

- Completing your profile
- Notifications

3: EXPLORE

- EENet Connect homepage
- How to access groups

4: HAVE YOUR SAY

- Posting a discussion topic
- Replying to a post
- Posting an event
- Private messaging

5: COME BACK SOON

STEP 1: GET STARTED

How to Join

Option 1: Invitation to the group sites

You can receive an invitation to join from a site administrator. Please click on "**Join This Group**". You will then be taken to the EENet Connect page asking you to accept the invitation to the specified group. Please click on "**Accept Invitation to Join**". You will then be taken to the EENet Connect page asking you to sign in.

Option 2: URL links

Through these URLs, you can access your respective group(s) directly and request to join:

CMHN: <http://www.eenetconnect.ca/g/collaborative-mental-health-network-cmhn>

MMAP: <http://www.eenetconnect.ca/g/medical-mentoring-for-addictions-and-pain-mmap>

RCMN: <http://www.eenetconnect.ca/g/residents-collaborative-mentoring-network-rcmn>

IOAT: <http://www.eenetconnect.ca/g/injectable-opioid-assisted-treatment>

STEP 1: GET STARTED

How to sign in

If it is your first time accessing EENet Connect you will need to create a user account. **Options 1 and 2 will take you to the page that asks you to “sign in”.** Existing member? Sign in using your email address and password. New to EENet Connect? Click on **“Join Now”** (It is at the top right corner of the sign in box). Once you have joined or signed in to EENet Connect you will automatically be placed into your respective groups.



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EENet Connect

Sign In

Not registered? [Join Now](#) 

Email Address

Password

Remember Me

[Forgot Your Password?](#)

[Sign In Now](#)

Step 2: MAKE IT PERSONAL

Completing Your Profile

HOME ABOUT / À PROPOS FORUMS GROUPS SURVEYS CALENDAR CHATS FILES / FICHIERS MEMBERS TEST-TEST

Enet connect

HOME / MEMBERS / TEST-TEST



test-test ●
Member / Membre
Last Visit: 58 seconds ago
Joined: August 23, 2016
Points: 3
Community Rank: #5,134

[Profile](#) Likes Activity Groups Wall

[Edit Profile](#)
[Post To This Wall](#)
[Display All Posts](#)

Similar Members
No Results.

Profile Information

Location: Toronto, ON
Country: Canada

To complete your profile, click on your name in the top right and click “Profile Page” from the drop-down menu on the top right.

STEP 2: MAKE IT PERSONAL

Completing Your Profile cont'd



HOME / MEMBERS / TEST-TEST



test-test ●
Member / Membre
Last Visit: 58 seconds ago
Joined: August 23, 2016
Points: 3
Community Rank: #5,134

Post

[Edit Profile](#) ↗

[Post To This Wall](#)

[Display All Posts](#)

[Profile](#) Likes Activity Groups Wall

Profile Information

Location	Toronto, ON
Country	Canada
Postal Code	M5V3Y9

Similar Members
No Results.

RECOMMENDED MEMBERS

Click on "Edit Profile" on the right-hand side.

STEP 2: MAKE IT PERSONAL

Completing Your Profile cont'd

Identity

Displayed Name

test-test

Activity Title OPTIONAL

Member / Membre

Your Gender  OPTIONAL

Male

Female

Your Country  OPTIONAL

Canada

Your Zip/Postal Code  OPTIONAL

M5V3Y9

Displayed Location  OPTIONAL

Toronto, ON

You can edit your information and upload a profile picture.

Profile Picture/Avatar

Avatars should be at least 300 pixels wide by 300 pixels high.

[Upload Avatar](#)



STEP 2: MAKE IT PERSONAL

Notifications

HOME ABOUT / À PROPOS FORUMS GROUPS SURVEYS CALENDAR CHATS FILES / FICHIERS MEMBERS     HEATHER LILlico

Enet connect

HOME

Recent Topics

1 REPLY

ANTI-STIGMA TOOLKIT-A Guide to Reducing Addiction-Related Stigma.

BETTY-LOU KRISTY 7 HOURS AGO

Forum: Health Promotion and Prevention

2 likes

ANTI-STIGMA TOOLKIT-A Guide to Reducing Addiction-Related Stigma. I really like found because it is addiction specific and it is a very good read. I know the "Stigma" conversation is on-going but this report lays out the reality of the increased level of stigma that those of us with substance use/addiction struggles or history face, or have faced, and still face even when in recovery (or if our loved one has died) I have attached this 73 page report but... [Read More...](#)

Updated 6 hours ago

*** Last Reply By Rossana Coriandoli · Last Post

Post

To adjust your notification settings click on your name and then click "**Notifications**" from the drop-down menu.

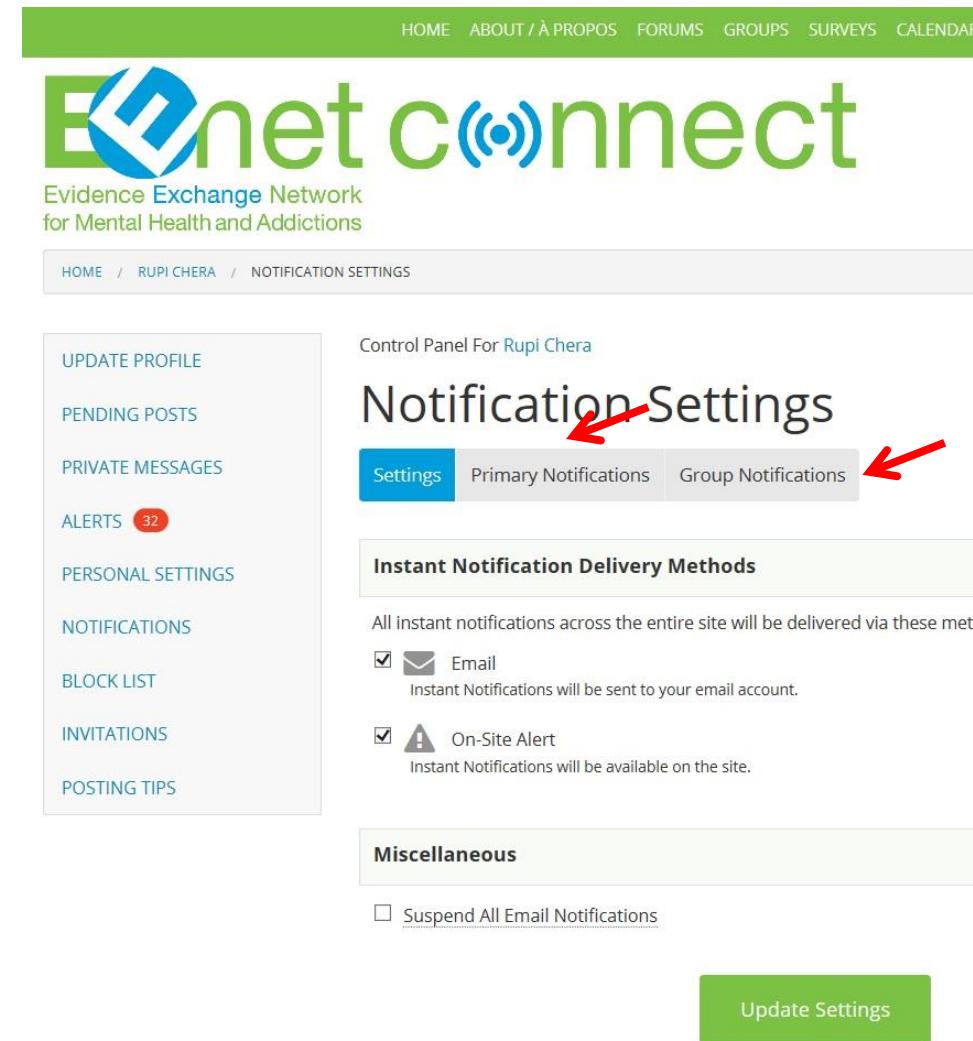
- PROFILE PAGE
- PENDING POSTS
- PRIVATE MESSAGES
- ALERTS
- UPDATE YOUR PROFILE
- PERSONAL SETTINGS
- NOTIFICATIONS** 
- BLOCK LIST
- INVITATIONS
- POSTING TIPS
- SIGN OUT

ACTIVITY STREAM

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STEP 2: MAKE IT PERSONAL

Notifications



The screenshot shows the EENet Connect Control Panel for Rupi Chera. The top navigation bar includes links for HOME, ABOUT / À PROPOS, FORUMS, GROUPS, SURVEYS, and CALENDAR. The main content area is titled "Control Panel For Rupi Chera" and "Notification Settings". A sidebar on the left lists various settings: UPDATE PROFILE, PENDING POSTS, PRIVATE MESSAGES, ALERTS (32), PERSONAL SETTINGS, NOTIFICATIONS, BLOCK LIST, INVITATIONS, and POSTING TIPS. The "NOTIFICATIONS" section is currently selected. The main content area shows "Instant Notification Delivery Methods" with two options: "Email" (checked) and "On-Site Alert". Below this is a "Miscellaneous" section with the option "Suspend All Email Notifications". A green "Update Settings" button is at the bottom. Red arrows point to the "Notification Settings" title and the "Group Notifications" tab in the navigation bar.

To adjust your notification settings received from EENet Connect's broader portal site click on **"Primary Notifications"**.

To adjust your notification settings for each of your group pages, click on **"Group Notifications"**.

Then scroll through the notification settings and check or un-check the boxes you'd like. Remember to click **"Submit"** to save your changes.

Note: Default notification setting for ALL GROUPS is to be notified of all new content posted.

Default for MAIN site is to be notified of all new calendar events.

STEP 3: EXPLORE

EENet Connect Homepage

HOME ABOUT / À PROPOS FORUMS GROUPS SURVEYS CALENDAR FILES / FICHIERS MEMBERS HELP 🔎 + ⚙️  RUPI CHERA

EENet connect

Evidence Exchange Network
for Mental Health and Addictions

HOME

Recent Topics

NEW 0 REPLIES

Safe and Effective Use of Self experiential training program

SANDRA FINKELMAN MA RP 22 HOURS AGO

Forum: News, Updates, and Events

1 like

Post

Configure Home Page

MANAGE WIDGETS ON HOME PAGE

ONLINE NOW / EN LIGNE
MAINTENANT

Every time you sign into EENet Connect via www.eenetconnect.ca you will land on the homepage (you will see the EENet Connect logo and gray bar with “Home”). The homepage of EENet Connect can be accessed by all EENet Connect members. The group pages resemble the homepage, and are accessible only to members of that group.

STEP 3: EXPLORE

How to access Groups

On the home page click on “Groups” in the green menu.

HOME ABOUT / À PROPOS FORUMS GROUPS SURVEYS



Evidence Exchange Network
for Mental Health and Addictions

HOME / GROUPS

Groups

Your Groups All Groups

HIDDEN ACTIVE 9 MEMBERS

Collaborative Mental Health Network (CMHN)

Welcome to the CMHN online community of practice. This platform links family physicians from across the province with GP Psychotherapist and/or a Psychiatrist Mentors in a collaborative relationship to support access to case-by-case support regarding complex care in mental health. The program is supported by the Ministry of Health and Long-Term Care.

Remove Yourself From This Group

PRIVATE ACTIVE 6 MEMBERS

Dietitians Working in Mental Health

A group for dietitians who work in mental health to connect and share resources, ideas, and research projects.



HOME ABOUT / À PROPOS FORUMS GROUPS SURVEYS



Evidence Exchange Network
for Mental Health and Addictions

HOME

Click on “Your Groups” to see a list of all groups you have joined and click on “All Groups” to see a list of all visible groups you can request to join on EEnet Connect.

NOTE: You can access your group directly by clicking on the group URL.

STEP 4: HAVE YOUR SAY

Posting a Discussion Topic

HOME ABOUT / À PROPOS FORUMS GROUPS SURVEYS CALENDAR CHATS FILES / FICHIERS MEMBERS    

Enet Connect

HOME

Recent Topics

1 REPLY

ANTI-STIGMA TOOLKIT-A Guide to Reducing Addiction-Related Stigma.

BETTY-LOU KRISTY 6 HOURS AGO

Forum: [Health Promotion and Prevention](#)

2 likes

ANTI-STIGMA TOOLKIT-A Guide to Reducing Addiction-Related Stigma. I really like this report I just found because it is addiction specific and it is a very good read. I know the "Stigma and/or Anti-Stigma" conversation is on-going but this report lays out the reality of the increased level of stigma that those of us with substance use/addiction struggles or history face, or have faced, and still face even when in recovery (or if our loved one has died) I have attached this 73 page report but... [Read More...](#)

Updated 6 hours ago

Last Reply By [Rossana Coria](#)



Post

Topic 

Configure

Clip

Event

Chat Room/Event

Private Message

Survey

ONLINE N
MAINTEN.

Current Visitors



ACTIVITY STREAM

While on the homepage or in your group page, click the large green “Post” button and select “Topic”.

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STEP 4: HAVE YOUR SAY

Posting a Discussion Topic cont'd

EENET CONNECT / GROUPS / COLLABORATIVE MENTAL HEALTH NETWORK (CMHN) / FORUMS / CREATE TOPIC

Create Topic

Topic Essentials

Subject 

Body 

Attachments OPTIONAL

Attached photos and/or videos can also be embedded in your post body. 

[Add Attachments](#)

Tags OPTIONAL

Tags are keywords that are used to categorize your posts. Use some of our suggested tags or add your own! 

A new page will appear entitled “Create Topic”. Then title your topic in the “Subject” line and fill out the text box below.

You can also add “Attachments” and “Tags” to your post.

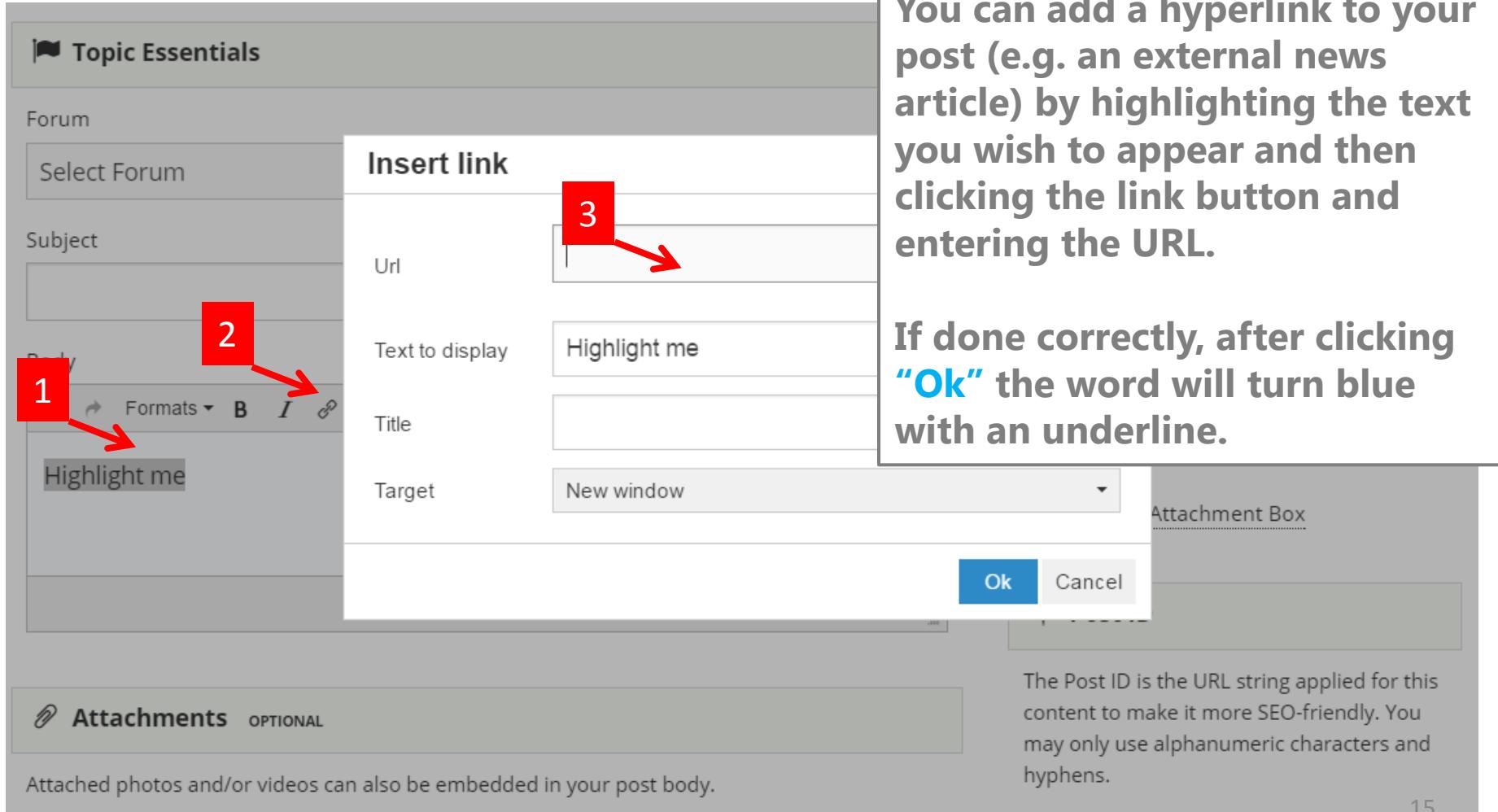
At the bottom of the page you will notice the options to “Save As Draft” or “Publish”.

[Save As Draft](#)

[Publish](#) 

STEP 4: HAVE YOUR SAY

Posting a Discussion Topic cont'd



Topic Essentials

Forum

Select Forum

Subject

Body

1

2

Highlight me

Formats **B** *I*

3

Insert link

Url

Text to display

Highlight me

Title

Target

New window

Attachment Box

Ok Cancel

Attachments OPTIONAL

Attached photos and/or videos can also be embedded in your post body.

You can add a hyperlink to your post (e.g. an external news article) by highlighting the text you wish to appear and then clicking the link button and entering the URL.

If done correctly, after clicking "Ok" the word will turn blue with an underline.

The Post ID is the URL string applied for this content to make it more SEO-friendly. You may only use alphanumeric characters and hyphens.

STEP 4: HAVE YOUR SAY

Replying to a Post

VPD.CA

Coastal Health

[Take Action](#)

[Original Post](#)

[Back To Top](#)

Add Reply

[Heather Lillico \(Change Author\)](#)

↳ ↲ Formats ▾ **B** *I* Ω — A A

Tags: opioid, fentanyl, harm reduction

Likes (4)



making the case to local....

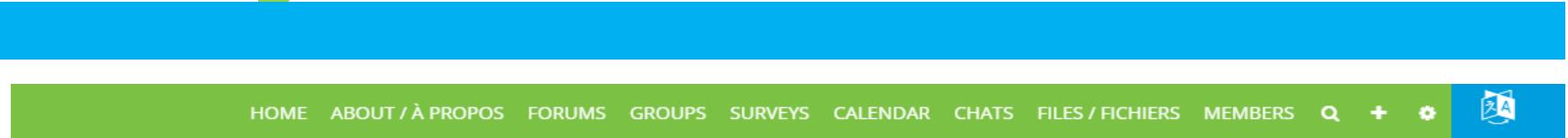
- Etablir le bien-fondé appuyer....

Scroll down below someone's post and type in the "Add Reply" area. Once complete, click "Post Reply".

You can also see the tags of the post, and who has liked the post.

STEP 4: HAVE YOUR SAY

Posting an Event



HOME ABOUT / À PROPOS FORUMS GROUPS SURVEYS CALENDAR CHATS FILES / FICHIERS MEMBERS    



HOME

Recent Topics

1 REPLY

ANTI-STIGMA TO Addiction-Relat

BETTY-LOU KRISTY 6 HOURS

Forum: Health Promotion and Pre

2 likes

ANTI-STIGMA TOOLKIT-A Guide found because it is addiction "Stigma" conversation is on-going that those of us with substance even when in recovery (or if o

More...

Updated 6 hours ago

Last Reply By Rossana Corian

While on the homepage or the group page click "Post" and then click "Event" from the drop-down menu. You can also, click on "Calendar" in the green menu to view the calendar and post an event. The functions will be the same whether you are on the homepage or group page on EENet Connect.

Post

- Topic
- Clip
- Event 
- Chat Room/Event
- Private Message
- Survey

TY STREAM

STEP 4: HAVE YOUR SAY

Posting an Event cont'd

Create Event

Event Essentials

Main Calendar

Event Title

Description OPTIONAL

Formats

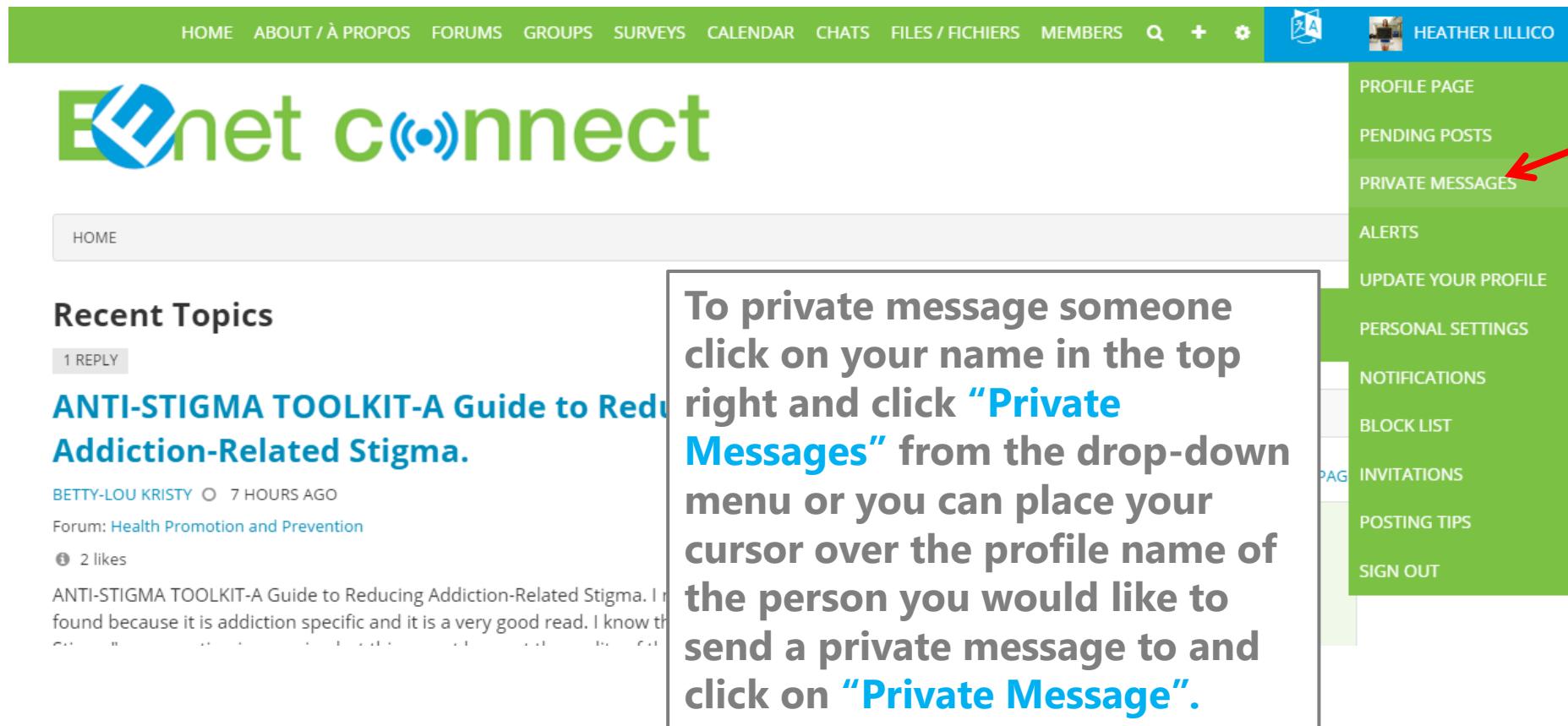
Location OPTIONAL

Complete Physical Address OPTIONAL

Fill out all your event details (event title, description, location, complete physical address, date/time of the event, upload an image/attachment) and then scroll down and press “Submit” when done.

STEP 4: HAVE YOUR SAY

Private Messaging



The screenshot shows the ENet Connect website interface. At the top, there is a green navigation bar with links for HOME, ABOUT / À PROPOS, FORUMS, GROUPS, SURVEYS, CALENDAR, CHATS, FILES / FICHIERS, and MEMBERS. There are also search, plus, and settings icons. On the far right of the top bar is a user profile for HEATHER LILlico. Below the navigation bar, the main content area features the ENet connect logo on the left and a sidebar on the right. The sidebar contains links for PROFILE PAGE, PENDING POSTS, PRIVATE MESSAGES (which is highlighted with a red arrow), ALERTS, UPDATE YOUR PROFILE, PERSONAL SETTINGS, NOTIFICATIONS, BLOCK LIST, INVITATIONS, POSTING TIPS, and SIGN OUT. The main content area displays a recent topic post by BETTY-LOU KRISTY titled "ANTI-STIGMA TOOLKIT-A Guide to Reducing Addiction-Related Stigma." The post has 1 reply and was made 7 hours ago. It is in the Health Promotion and Prevention forum and has 2 likes. A large callout box with a grey border and a black border inside is overlaid on the right side of the main content area. The text in the callout box reads: "To private message someone click on your name in the top right and click "Private Messages" from the drop-down menu or you can place your cursor over the profile name of the person you would like to send a private message to and click on "Private Message".

HOME ABOUT / À PROPOS FORUMS GROUPS SURVEYS CALENDAR CHATS FILES / FICHIERS MEMBERS     HEATHER LILlico

ENet connect

HOME

Recent Topics

1 REPLY

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BETTY-LOU KRISTY 7 HOURS AGO

Forum: [Health Promotion and Prevention](#)

2 likes

ANTI-STIGMA TOOLKIT-A Guide to Reducing Addiction-Related Stigma. I found because it is addiction specific and it is a very good read. I know th...

To private message someone click on your name in the top right and click "Private Messages" from the drop-down menu or you can place your cursor over the profile name of the person you would like to send a private message to and click on "Private Message".

PROFILE PAGE
PENDING POSTS
PRIVATE MESSAGES
ALERTS
UPDATE YOUR PROFILE
PERSONAL SETTINGS
NOTIFICATIONS
BLOCK LIST
INVITATIONS
POSTING TIPS
SIGN OUT

STEP 4: HAVE YOUR SAY

Private Messaging cont'd

Private Message Participants

You must have at least one other person besides yourself in this list.

Heather Lillico 

Search By Display Name 

Private Message Essentials

Subject 

Post Body 

Attachments OPTIONAL

Attached photos and/or videos can also be embedded in your post.

Collapse Attachment Box

Send Private Message Now

Click "Start New Private Message" and when the new page opens title your message, write the body, and then "Search By Display Name" on the left-side of your screen. Then click "Send Private Message Now".

STEP 5: COME BACK SOON

EENet Connect is an online community *by you and for you*. Visit as often as you like – EENet Connect members want to hear from you! Post a comment or question today. Get connected and help shape our community.

www.eenetconnect.ca

If you have any questions feel free to e-mail us at: eenetconnect@camh.ca



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