

Collaborative Mentoring Networks and associated groups on EENet Connect



ONTARIO COLLEGE
OF FAMILY PHYSICIANS

Collaborative
Mentoring Networks



A How-to Guide

What is EENet Connect?

EENet Connect is an online community where members of Ontario's mental health and addictions system can create profiles, share knowledge, and collaborate more effectively with one another. The community reinforces existing relationships, while allowing new connections to take root and grow.

EENet Connect is managed by Evidence Exchange Network (EENet), a knowledge exchange network that helps create and share evidence to build a better mental health and substance use system in Ontario. Located in the Provincial System Support Program (PSSP) at the Centre for Addiction and Mental Health (CAMH), the network includes researchers, clinicians, service providers, system planners, policymakers, persons with lived experience, and families. EENet is supported by a team of knowledge brokers and communications specialists.

EENet Connect in Five Steps



1: GET STARTED

- How to join
- How to sign-in

2: MAKE IT PERSONAL

- Completing your profile
- Notifications

3: EXPLORE

- EENet Connect homepage
- How to access groups

4: HAVE YOUR SAY

- Posting a discussion topic
- Replying to a post
- Posting an event
- Private messaging

5: COME BACK SOON

STEP 1: GET STARTED

How to Join

Option 1: Invitation to the group sites

You can receive an invitation to join from a site administrator. Please click on ***"Join This Group"***. You will then be taken to the EENet Connect page asking you to accept the invitation to the specified group. Please click on ***"Accept Invitation to Join"***. You will then be taken to the EENet Connect page asking you to sign in.

Option 2: URL links

Through these URLs, you can access your respective group(s) directly and request to join:

CMHN: <http://www.eenetconnect.ca/g/collaborative-mental-health-network-cmhn>

MMAAP: <http://www.eenetconnect.ca/g/medical-mentoring-for-addictions-and-pain-mmap>

RCMN: <http://www.eenetconnect.ca/g/residents-collaborative-mentoring-network-rcmn>

IOAT: <http://www.eenetconnect.ca/g/injectable-opioid-assisted-treatment>

STEP 1: GET STARTED

How to sign in

If it is your first time accessing EENet Connect you will need to create a user account. **Options 1 and 2 will take you to the page that asks you to “sign in”.** Existing member? Sign in using your email address and password. New to EENet Connect? Click on **“Join Now”** (It is at the top right corner of the sign in box). Once you have joined or signed in to EENet Connect you will automatically be placed into your respective groups.



EENet Connect

Sign In

Not registered? [Join Now](#)

Email Address

Password

☒ Remember Me

[Forgot Your Password?](#)

Sign In Now

Step 2: MAKE IT PERSONAL

Completing Your Profile

The screenshot shows the Enet connect website interface. At the top, a green navigation bar contains links: HOME, ABOUT / À PROPOS, FORUMS, GROUPS, SURVEYS, CALENDAR, CHATS, FILES / FICHIERS, MEMBERS, a search icon, and a plus icon. On the right of this bar is a user profile icon and the name TEST-TEST. Below the navigation bar is the Enet connect logo. A breadcrumb trail shows HOME / MEMBERS / TEST-TEST. The main profile section for 'test-test' includes a silhouette placeholder for a profile picture, the name 'test-test' with a green status dot, and the title 'Member / Membre'. Below this, it shows 'Last Visit: 58 seconds ago', 'Joined: August 23, 2016', 'Points: 3', and 'Community Rank: #5,134'. A tabbed interface below the profile shows 'Profile' as the active tab, with other tabs for 'Likes', 'Activity', 'Groups', and 'Wall'. To the right of the profile, there is a green 'Post' button and a list of actions: 'Edit Profile', 'Post To This Wall', and 'Display All Posts'. Below these is a 'Similar Members' section showing 'No Results.'. On the far right, a green dropdown menu is open, listing options: PROFILE PAGE (highlighted with a red arrow), PENDING POSTS, PRIVATE MESSAGES, ALERTS, UPDATE YOUR PROFILE, PERSONAL SETTINGS, NOTIFICATIONS, BLOCK LIST, INVITATIONS, POSTING TIPS, and SIGN OUT. A text box at the bottom right of the page provides instructions: 'To complete your profile, click on your name in the top right and click "Profile Page" from the drop-down menu on the top right.'

HOME / MEMBERS / TEST-TEST

test-test ●
Member / Membre

Last Visit: 58 seconds ago
Joined: August 23, 2016
Points: 3
Community Rank: #5,134

Profile Likes Activity Groups Wall

Profile Information

Location Toronto, ON

Country Canada

Post

Edit Profile
+ Post To This Wall
Q Display All Posts

Similar Members
No Results.

PROFILE PAGE
PENDING POSTS
PRIVATE MESSAGES
ALERTS
UPDATE YOUR PROFILE
PERSONAL SETTINGS
NOTIFICATIONS
BLOCK LIST
INVITATIONS
POSTING TIPS
SIGN OUT

To complete your profile, click on your name in the top right and click **"Profile Page"** from the drop-down menu on the top right.

STEP 2: MAKE IT PERSONAL

Completing Your Profile cont'd



HOME / MEMBERS / TEST-TEST



test-test ●

Member / Membre

Last Visit: 58 seconds ago

Joined: August 23, 2016

Points: 3

Community Rank: #5,134

Profile

Likes

Activity

Groups

Wall

Profile Information

Location

Toronto, ON

Country

Canada

Postal Code

M5V3Y9

Post

 [Edit Profile](#)

 [Post To This Wall](#)

 [Display All Posts](#)

Similar Members

No Results.

RECOMMENDED MEMBERS

Click on **"Edit Profile"** on the right-hand side.

STEP 2: MAKE IT PERSONAL

Completing Your Profile cont'd

Identity

Displayed Name

test-test

Activity Title OPTIONAL

Member / Membre

Your Gender  OPTIONAL

☐ Male ☐ Female

Your Country  OPTIONAL

Canada

Your Zip/Postal Code  OPTIONAL

M5V3Y9

Displayed Location  OPTIONAL

Toronto, ON

You can edit your information and upload a profile picture.

Profile Picture/Avatar

Avatars should be at least 300 pixels wide by 300 pixels high.

[Upload Avatar](#)



STEP 2: MAKE IT PERSONAL

Notifications

The screenshot shows the E-net connect website interface. At the top is a green navigation bar with links: HOME, ABOUT / À PROPOS, FORUMS, GROUPS, SURVEYS, CALENDAR, CHATS, FILES / FICHIERS, MEMBERS, a search icon, and a settings icon. On the right of this bar is a user profile for HEATHER LILICO. Below the navigation bar is the E-net connect logo. A grey bar below the logo contains the word "HOME". The main content area features a "Recent Topics" section with a post titled "ANTI-STIGMA TOOLKIT-A Guide to Reducing Addiction-Related Stigma." by BETTY-LOU KRISTY, 7 HOURS AGO. The post has 2 likes and a "Read More..." link. A callout box with a red arrow points to the "NOTIFICATIONS" option in the user profile drop-down menu. The menu also includes: PROFILE PAGE, PENDING POSTS, PRIVATE MESSAGES, ALERTS, UPDATE YOUR PROFILE, PERSONAL SETTINGS, BLOCK LIST, INVITATIONS, POSTING TIPS, and SIGN OUT. Below the menu is an "ACTIVITY STREAM" section.

HOME ABOUT / À PROPOS FORUMS GROUPS SURVEYS CALENDAR CHATS FILES / FICHIERS MEMBERS

E-net connect

HOME

Recent Topics

1 REPLY

ANTI-STIGMA TOOLKIT-A Guide to Reducing Addiction-Related Stigma.

BETTY-LOU KRISTY 7 HOURS AGO

Forum: Health Promotion and Prevention

2 likes

ANTI-STIGMA TOOLKIT-A Guide to Reducing Addiction-Related Stigma. I really like found because it is addiction specific and it is a very good read. I know the "Stigma" conversation is on-going but this report lays out the reality of the increased level of stigma that those of us with substance use/addiction struggles or history face, or have faced, and still face even when in recovery (or if our loved one has died) I have attached this 73 page report but... [Read More...](#)

Updated 6 hours ago

Last Reply By Rossana Coriandoli · Last Post

Post

ME PAG

Current visitors: 7

ACTIVITY STREAM

PROFILE PAGE
PENDING POSTS
PRIVATE MESSAGES
ALERTS
UPDATE YOUR PROFILE
PERSONAL SETTINGS
NOTIFICATIONS
BLOCK LIST
INVITATIONS
POSTING TIPS
SIGN OUT

HEATHER LILICO

To adjust your notification settings click on your name and then click **"Notifications"** from the drop-down menu.

STEP 2: MAKE IT PERSONAL

Notifications

HOME ABOUT / À PROPOS FORUMS GROUPS SURVEYS CALENDAR

Eenet connect

Evidence Exchange Network
for Mental Health and Addictions

HOME / RUPi CHERA / NOTIFICATION SETTINGS

UPDATE PROFILE
PENDING POSTS
PRIVATE MESSAGES
ALERTS 32
PERSONAL SETTINGS
NOTIFICATIONS
BLOCK LIST
INVITATIONS
POSTING TIPS

Control Panel For Rupi Chera

Notification Settings

Settings Primary Notifications Group Notifications

Instant Notification Delivery Methods

All instant notifications across the entire site will be delivered via these methods.

☒ Email
Instant Notifications will be sent to your email account.

☒ On-Site Alert
Instant Notifications will be available on the site.

Miscellaneous

☐ Suspend All Email Notifications

Update Settings

To adjust your notification settings received from EENet Connect's broader portal site click on "**Primary Notifications**".

To adjust your notification settings for each of your group pages, click on "**Group Notifications**".

Then scroll through the notification settings and check or un-check the boxes you'd like. Remember to click "**Submit**" to save your changes.

Note: Default notification setting for ALL GROUPS is to be notified of all new content posted.

Default for MAIN site is to be notified of all new calendar events.

STEP 3: EXPLORE

EENet Connect Homepage

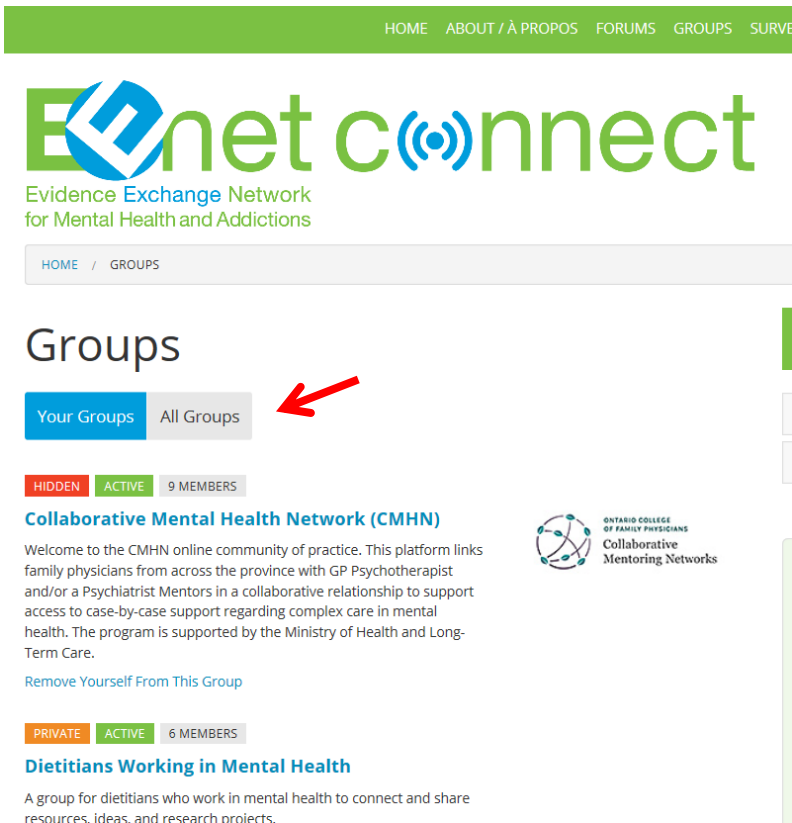
The screenshot shows the EENet Connect homepage. At the top is a green navigation bar with links: HOME, ABOUT / À PROPOS, FORUMS, GROUPS, SURVEYS, CALENDAR, FILES / FICHIERS, MEMBERS, HELP, and a search icon. To the right of the navigation bar is a user profile section for 'RUPICHERA'. Below the navigation bar is the EENet Connect logo, which consists of a stylized 'E' in a blue circle followed by the text 'enet connect' in green. Below the logo is the tagline 'Evidence Exchange Network for Mental Health and Addictions'. A red arrow points to the logo. Below the logo is a gray bar with the word 'HOME' in blue. A red arrow points to this bar. Below the gray bar is a section titled 'Recent Topics'. The first topic is 'Safe and Effective Use of Self experiential training program' by SANDRA FINKELMAN MA RP, posted 22 HOURS AGO. It has 0 REPLIES and 1 like. To the right of the 'Recent Topics' section are three buttons: 'Post' (green), 'Configure Home Page' (gray), and 'MANAGE WIDGETS ON HOME PAGE' (blue). Below these buttons is a green box with the text 'ONLINE NOW / EN LIGNE MAINTENANT'.

Every time you sign into EENet Connect via www.eenetconnect.ca you will land on the homepage (you will see the EENet Connect logo and gray bar with “Home”). The homepage of EENet Connect can be accessed by all EENet Connect members. The group pages resemble the homepage, and are accessible only to members of that group.

STEP 3: EXPLORE

How to access Groups

On the home page click on
“**Groups**” in the green menu.



The screenshot shows the EENet connect homepage. At the top is a green navigation bar with links: HOME, ABOUT / À PROPOS, FORUMS, GROUPS, and SURVEYS. Below the navigation bar is the EENet connect logo and the text "Evidence Exchange Network for Mental Health and Addictions". A grey breadcrumb trail shows "HOME / GROUPS". The main heading is "Groups". Below it are two buttons: "Your Groups" (highlighted with a red arrow) and "All Groups". Under "Your Groups", there is a status bar showing "HIDDEN" (red), "ACTIVE" (green), and "9 MEMBERS". The first group listed is "Collaborative Mental Health Network (CMHN)". The description for CMHN states: "Welcome to the CMHN online community of practice. This platform links family physicians from across the province with GP Psychotherapist and/or a Psychiatrist Mentors in a collaborative relationship to support access to case-by-case support regarding complex care in mental health. The program is supported by the Ministry of Health and Long-Term Care." Below the description is a link "Remove Yourself From This Group". The second group listed is "Dietitians Working in Mental Health", with a status bar showing "PRIVATE" (orange), "ACTIVE" (green), and "6 MEMBERS". The description for this group states: "A group for dietitians who work in mental health to connect and share resources, ideas, and research projects."

HOME / GROUPS

Groups

Your Groups **All Groups**

HIDDEN ACTIVE 9 MEMBERS

Collaborative Mental Health Network (CMHN)

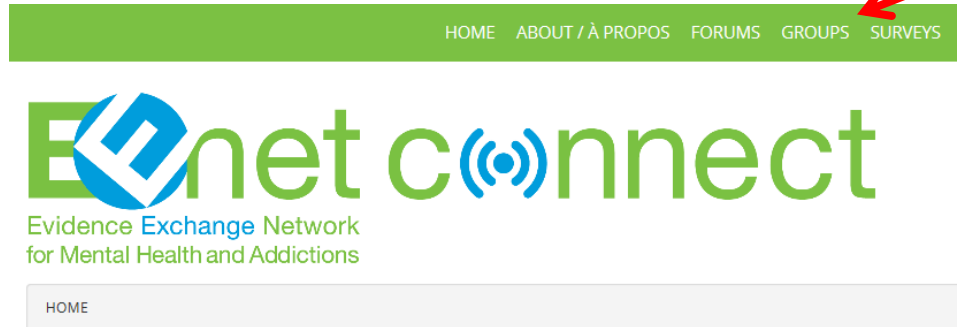
Welcome to the CMHN online community of practice. This platform links family physicians from across the province with GP Psychotherapist and/or a Psychiatrist Mentors in a collaborative relationship to support access to case-by-case support regarding complex care in mental health. The program is supported by the Ministry of Health and Long-Term Care.

[Remove Yourself From This Group](#)

PRIVATE ACTIVE 6 MEMBERS

Dietitians Working in Mental Health

A group for dietitians who work in mental health to connect and share resources, ideas, and research projects.



The screenshot shows the top navigation bar of the EENet connect website. It is a green bar with white text links: HOME, ABOUT / À PROPOS, FORUMS, GROUPS, and SURVEYS. A red arrow points to the "GROUPS" link. Below the navigation bar is the EENet connect logo and the text "Evidence Exchange Network for Mental Health and Addictions". A grey breadcrumb trail shows "HOME".

HOME ABOUT / À PROPOS FORUMS GROUPS SURVEYS

EENet connect

Evidence Exchange Network
for Mental Health and Addictions

HOME

Click on “**Your Groups**” to see a list of all groups you have joined and click on “**All Groups**” to see a list of all visible groups you can request to join on EENet Connect.

NOTE: You can access your group directly by clicking on the group URL.

STEP 4: HAVE YOUR SAY

Posting a Discussion Topic



The screenshot shows the Enet connect forum homepage. At the top is a green navigation bar with links: HOME, ABOUT / À PROPOS, FORUMS, GROUPS, SURVEYS, CALENDAR, CHATS, FILES / FICHIERS, MEMBERS, and search icons. Below the navigation bar is the Enet connect logo. A grey bar below the logo contains the word 'HOME'. The main content area features a 'Recent Topics' section with a post titled 'ANTI-STIGMA TOOLKIT-A Guide to Reducing Addiction-Related Stigma.' by Betty-Lou Kristy, posted 6 hours ago. To the right of the post is a user profile picture. On the right side of the page, there is a large green 'Post' button. A dropdown menu is open from this button, showing options: 'Topic' (highlighted with a red arrow), 'Clip', 'Event', 'Chat Room/Event', 'Private Message', and 'Survey'. Below the 'Post' button is a section titled 'ONLINE MAINTENANCE' showing 'Current Visitors' with four user avatars. At the bottom right is an 'ACTIVITY STREAM' section.

HOME ABOUT / À PROPOS FORUMS GROUPS SURVEYS CALENDAR CHATS FILES / FICHIERS MEMBERS

Enet connect

HOME

Recent Topics

1 REPLY

ANTI-STIGMA TOOLKIT-A Guide to Reducing Addiction-Related Stigma.

BETTY-LOU KRISTY 6 HOURS AGO

Forum: [Health Promotion and Prevention](#)

2 likes

ANTI-STIGMA TOOLKIT-A Guide to Reducing Addiction-Related Stigma. I really like this report I just found because it is addiction specific and it is a very good read. I know the "Stigma and/or Anti-Stigma" conversation is on-going but this report lays out the reality of the increased level of stigma that those of us with substance use/addiction struggles or history face, or have faced, and still face even when in recovery (or if our loved one has died) I have attached this 73 page report but... [Read More...](#)

Updated 6 hours ago

Last Reply By Rossana Coria

Post

- Topic
- Clip
- Event
- Chat Room/Event
- Private Message
- Survey

ONLINE MAINTENANCE

Current Visitors

ACTIVITY STREAM

While on the homepage or in your group page, click the large green **"Post"** button and select **"Topic"**.

STEP 4: HAVE YOUR SAY

Posting a Discussion Topic cont'd

EENET CONNECT / GROUPS / COLLABORATIVE MENTAL HEALTH NETWORK (CMHN) / FORUMS / CREATE TOPIC

Create Topic

Topic Essentials

Subject



Body

Formats **B** *I*



Attachments OPTIONAL

Attached photos and/or videos can also be embedded in your post body.

Add Attachments



Tags OPTIONAL

Tags are keywords that are used to categorize your posts. Use some of our suggested tags or add your own!



A new page will appear entitled **"Create Topic"**. Then title your topic in the **"Subject"** line and fill out the text box below.

You can also add **"Attachments"** and **"Tags"** to your post.

At the bottom of the page you will notice the options to **"Save As Draft"** or **"Publish"**.

Save As Draft

Publish



STEP 4: HAVE YOUR SAY

Posting a Discussion Topic cont'd

The screenshot shows a forum post creation interface. On the left, the 'Topic Essentials' section includes fields for 'Forum' (a dropdown menu), 'Subject' (a text input), and 'Body' (a text area). In the 'Body' field, the text 'Highlight me' is highlighted. A red box with the number '1' and an arrow points to the 'Highlight me' text. A red box with the number '2' and an arrow points to the 'Formats' dropdown menu. An 'Insert link' dialog box is open in the center. It has four fields: 'Url' (with a red box '3' and an arrow pointing to it), 'Text to display' (containing 'Highlight me'), 'Title' (empty), and 'Target' (a dropdown menu set to 'New window'). At the bottom of the dialog are 'Ok' and 'Cancel' buttons. Below the dialog is an 'Attachments' section with a paperclip icon and the text 'Attachments OPTIONAL'. At the bottom of the page, a note states: 'Attached photos and/or videos can also be embedded in your post body.'

Topic Essentials

Forum
Select Forum

Subject

Body

Formats ▾ **B** *I*

Highlight me

Insert link

Url

Text to display: Highlight me

Title

Target: New window

Ok Cancel

Attachments OPTIONAL

Attached photos and/or videos can also be embedded in your post body.

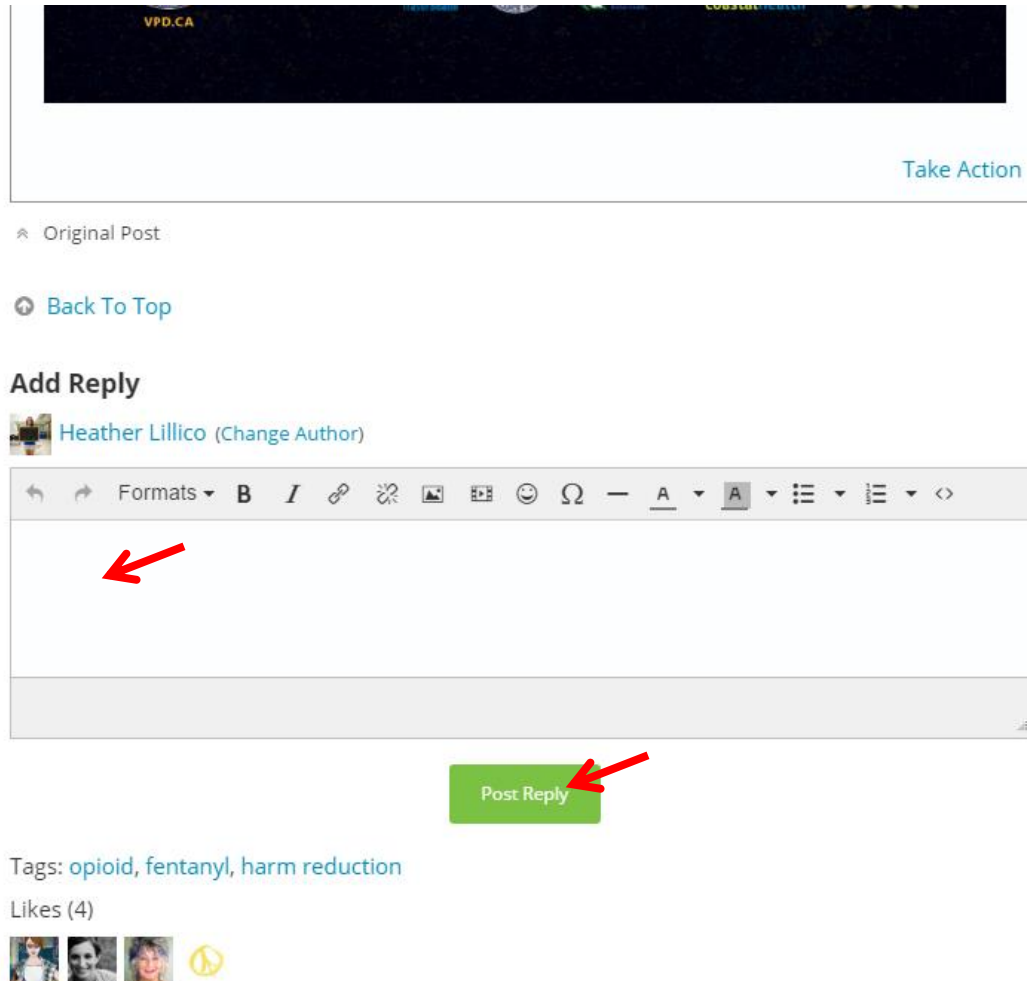
You can add a hyperlink to your post (e.g. an external news article) by highlighting the text you wish to appear and then clicking the link button and entering the URL.

If done correctly, after clicking **“Ok”** the word will turn blue with an underline.

The Post ID is the URL string applied for this content to make it more SEO-friendly. You may only use alphanumeric characters and hyphens.

STEP 4: HAVE YOUR SAY

Replying to a Post



The screenshot shows a social media post interface. At the top, there is a video player with a dark thumbnail and the text 'VPD.CA'. Below the video is a 'Take Action' button. Underneath, there are links for 'Original Post' and 'Back To Top'. The 'Add Reply' section is highlighted, showing the author's name 'Heather Lillico (Change Author)' and a text input area with a red arrow pointing to it. Below the input area is a 'Post Reply' button, also with a red arrow pointing to it. At the bottom, there are tags: 'opioid, fentanyl, harm reduction' and a 'Likes (4)' section with four profile pictures.

VPD.CA

Take Action

Original Post

Back To Top

Add Reply

Heather Lillico (Change Author)

Post Reply

Tags: opioid, fentanyl, harm reduction

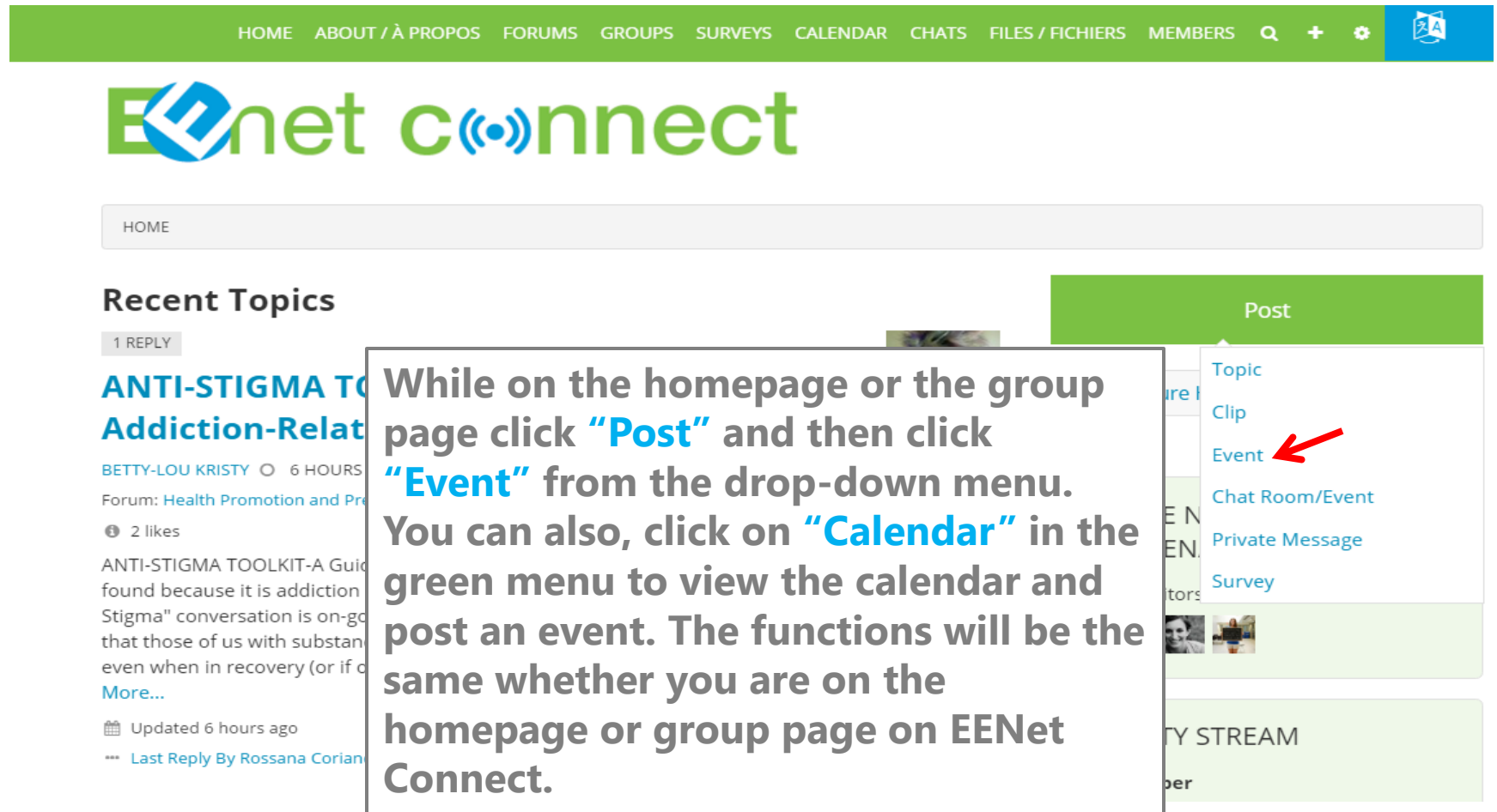
Likes (4)

Scroll down below someone's post and type in the **"Add Reply"** area. Once complete, click **"Post Reply"**.

You can also see the tags of the post, and who has liked the post.

STEP 4: HAVE YOUR SAY

Posting an Event



HOME ABOUT / À PROPOS FORUMS GROUPS SURVEYS CALENDAR CHATS FILES / FICHIERS MEMBERS 🔍 + ⚙️

EENet connect

HOME

Recent Topics

1 REPLY

ANTI-STIGMA TOOLKIT-A Guide to Finding the "Addiction-Related" Conversation

BETTY-LOU KRISTY 6 HOURS

Forum: Health Promotion and Prevention

2 likes

ANTI-STIGMA TOOLKIT-A Guide to Finding the "Addiction-Related" conversation is on-going. It's a conversation that those of us with substance use disorders can relate to even when in recovery (or if you're not).

More...

Updated 6 hours ago

Last Reply By Rossana Corian

Post

- Topic
- Clip
- Event**
- Chat Room/Event
- Private Message
- Survey

TY STREAM

per

While on the homepage or the group page click **"Post"** and then click **"Event"** from the drop-down menu. You can also, click on **"Calendar"** in the green menu to view the calendar and post an event. The functions will be the same whether you are on the homepage or group page on EENet Connect.

STEP 4: HAVE YOUR SAY

Posting an Event cont'd

Create Event


Event Essentials

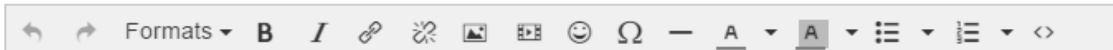
Main Calendar

Event Title



Description OPTIONAL





Location OPTIONAL



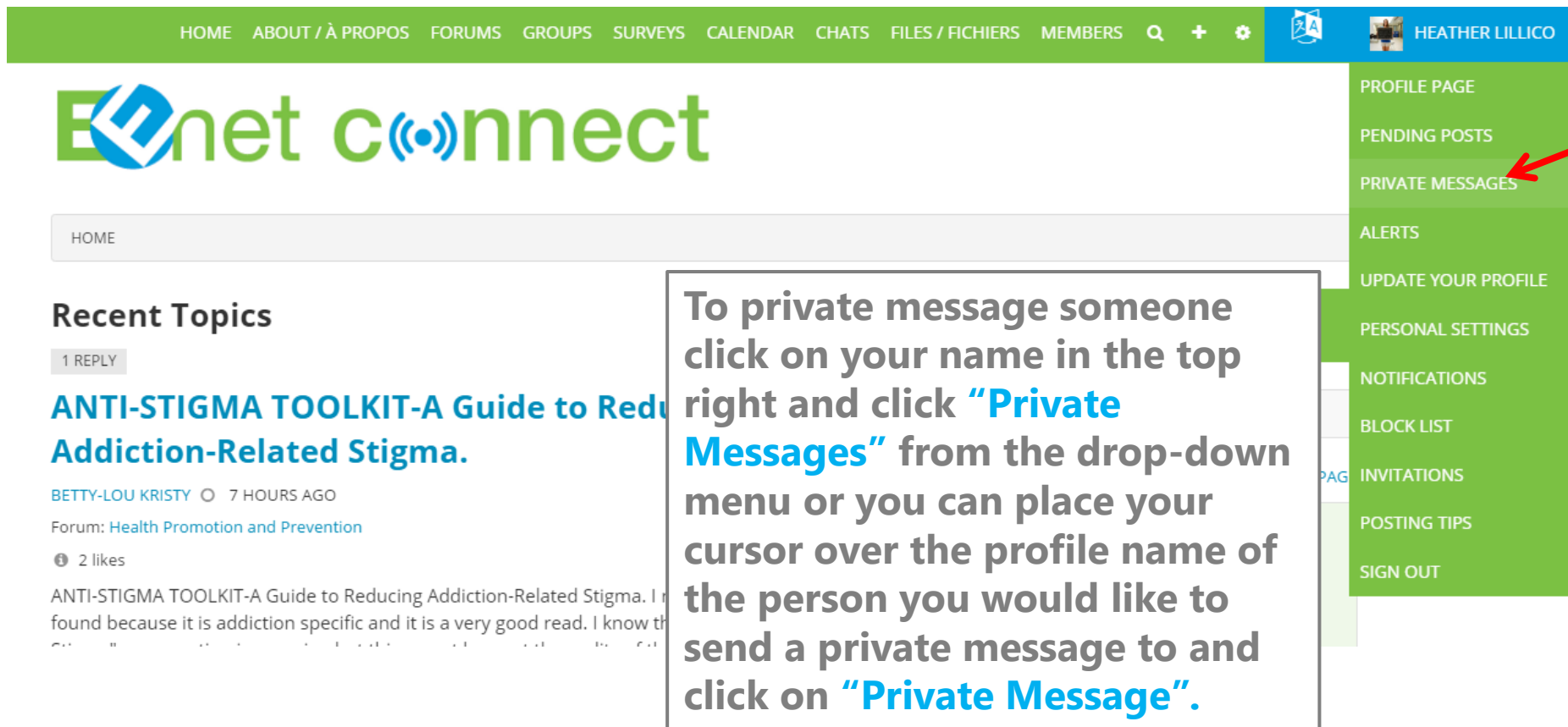
Complete Physical Address OPTIONAL



Fill out all your event details (event title, description, location, complete physical address, date/time of the event, upload an image/attachement) and then scroll down and press **“Submit”** when done.

STEP 4: HAVE YOUR SAY

Private Messaging



The screenshot shows the Enet connect website interface. At the top is a green navigation bar with links: HOME, ABOUT / À PROPOS, FORUMS, GROUPS, SURVEYS, CALENDAR, CHATS, FILES / FICHIERS, MEMBERS, a search icon, a plus icon, and a gear icon. On the right of this bar is a user profile for HEATHER LILICO. Below the navigation bar is the Enet connect logo. A grey bar below the logo contains the word HOME. On the left, under 'Recent Topics', there is a post titled 'ANTI-STIGMA TOOLKIT-A Guide to Reducing Addiction-Related Stigma.' by BETTY-LOU KRISTY, posted 7 hours ago in the 'Health Promotion and Prevention' forum. It has 1 reply and 2 likes. On the right, a green drop-down menu is open, showing options: PROFILE PAGE, PENDING POSTS, PRIVATE MESSAGES (highlighted with a red arrow), ALERTS, UPDATE YOUR PROFILE, PERSONAL SETTINGS, NOTIFICATIONS, BLOCK LIST, INVITATIONS, POSTING TIPS, and SIGN OUT. A text box with a black border is overlaid on the right side of the page, containing instructions on how to send a private message.

HOME ABOUT / À PROPOS FORUMS GROUPS SURVEYS CALENDAR CHATS FILES / FICHIERS MEMBERS 🔍 + ⚙️

HEATHER LILICO

Enet connect

HOME

Recent Topics

1 REPLY

ANTI-STIGMA TOOLKIT-A Guide to Reducing Addiction-Related Stigma.

BETTY-LOU KRISTY 7 HOURS AGO

Forum: [Health Promotion and Prevention](#)

2 likes

ANTI-STIGMA TOOLKIT-A Guide to Reducing Addiction-Related Stigma. I found because it is addiction specific and it is a very good read. I know the...

To private message someone click on your name in the top right and click **“Private Messages”** from the drop-down menu or you can place your cursor over the profile name of the person you would like to send a private message to and click on **“Private Message”**.

- PROFILE PAGE
- PENDING POSTS
- PRIVATE MESSAGES**
- ALERTS
- UPDATE YOUR PROFILE
- PERSONAL SETTINGS
- NOTIFICATIONS
- BLOCK LIST
- INVITATIONS
- POSTING TIPS
- SIGN OUT

STEP 4: HAVE YOUR SAY

Private Messaging cont'd

Private Message Participants

You must have at least one other person besides yourself in this list.

Heather Lillico ●

Private Message Essentials

Subject

Post Body

↶ ↷ Formats B I

Attachments OPTIONAL

Attached photos and/or videos can also be embedded in your post

☐ Collapse Attachment Box

Send Private Message Now

Click **“Start New Private Message”** and when the new page opens title your message, write the body, and then **“Search By Display Name”** on the left-side of your screen. Then click **“Send Private Message Now”**.

STEP 5: COME BACK SOON

EENet Connect is an online community *by* you and *for* you. Visit as often as you like – EENet Connect members want to hear from you! Post a comment or question today. Get connected and help shape our community.

www.eenetconnect.ca

If you have any questions feel free to e-mail us at: eenetconnect@camh.ca



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