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TRAVEL GRANT AWARDS from The Boston Psychoanalytic Society and Institute

For the Annual Meeting of the American Psychoanalytic Association

January 2017 Waldorf Astoria Hotel New York City

- A stipend of up to \$1000 will be awarded to cover reimbursement for transportation, lodging, meals, and meeting registration fees.
(www.apsa.org)
- BPSI social work mentors at the meeting to help to structure a rewarding experience
- One year of mentoring with a BPSI social work psychoanalyst mentor to explore areas of clinical and/or research interests and training opportunities in therapy and/or research.
- A one year subscription to the Pep-web service
- Free Tuition waivers for courses through the BPSI Community Education program, *Explorations in Mind* (See www.bpsi.org)

The Application: **DEADLINE FOR SUBMISSION:** October 1, 2016

- A letter of interest explaining your interest in psychoanalytic concepts and in attending the Annual Meeting.

One copy of your CV.
- A letter of recommendation from one supervisor which describes the applicant's clinical interests, competencies and reason for desiring the award.



Applications should be submitted to: ksmolens@bpsi.org

Applicants should mark the subject line of the email with:

Travel Grant Application—Attention: Catherine Mitkus, LICSW

APPLICATION DEADLINE FOR SUBMISSION: October 1, 2016

Announcement of award decisions in late October, 2016

APSaA Annual Meetings: January 18-22, 2017 New York City

(www.aspa.org)

COMMENTS FROM 2014 TRAVEL GRANT RECIPIENT

Insights by Lydia Onofrei, LICSW (Cambridge Health Alliance Social Worker)

It was a great thrill to attend the APsaA meetings in New York. I found that the meetings ran both broad and deep in areas of great interest to me. I have rarely felt so much conflict with respect to two or three or more great things happening at the same time! I attended a wonderful session on psychoanalytic views on masochism and a discussion group on relational psychoanalysis that provided a history and context that oriented me, finally, to the very interesting conversations happening in the field. I benefited personally and professionally from listening to psychoanalytic perspectives on women and their experience of competence, ambition, and leadership. I also attended multiple presentations addressing infant attachment. These contributed both interesting new research findings and experiential learning with respect to threat in the mother- infant dyad (and likewise in the therapist-patient dyad). Some of the clinical case presentations left me confused. However, as I reflect on them, my thoughts are clear regarding what I learned, and I now think that these clinical presentations may have been the most impactful aspect of the meeting. For me, the conference presented a steep but welcome learning curve. I also want to acknowledge the warm and inclusive atmosphere created by members of the BPSI community, who offered guidance, support, and connection during what could have been, given my newness in the field, an overwhelming or alienating experience. Thank you so much for recognizing the need for this travel grant opportunity within the Cambridge Health Alliance. I have truly benefited and hope to extend that benefit to my colleagues and patients.