



SAINT VINCENT DE PAUL PARISH

LENT AND HOLY WEEK

2018

Thursday of the Lord's Supper, March 29th

(NO morning Mass)

Mass of the Lord's Supper	7:00PM
Adoration of the Eucharist	8:00PM-midnight

Friday of the Passion of the Lord, March 30th

{	Liturgy of the Word	12:00PM
	Adoration of the Holy Cross	
	Holy Communion	

Stations of the Cross	7:00PM
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The Easter Vigil, March 31st

The Solemn Vigil of Easter	9:00PM
(Baptism and Confirmation of RCIA adults)	

Easter Sunday of the Resurrection of the Lord, April 1st

Celebration of Mass	9:00AM and 11:30AM
(NO Evening Mass)	

Sacrament of Reconciliation

Wednesday, March 14 th (2 Priests)	6:30PM – 8:00PM
Wednesday, March 21st (2 Priests)	6:30PM – 8:00PM
Saturdays during Lent (2 Priests)	4:00PM – 5:00PM
(NO confessions March 31st)	

Sacrament of the Sick

Sunday, March 18 th	1:00PM
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SAINT VINCENT DEPAUL PARISH LENTEN CHECK LIST

MY PERSONAL PLAN FOR LENT 2018

❖ Prayer

- Attend daily Mass at 9:00AM.
- Read daily reflections of Lent "The Joy of Lent"
- Sunday evening rosary - after the Sunday 5:00PM Mass.
- Stations of the Cross – every Friday at 7:00PM, led by parish groups
- Men's Bible Study – Friday at 6:30AM-7:30AM – Holy Family Hall
- Diocesan Lenten Retreat – Saturday March 3, 8 AM– 4 PM- Benvegnu Center Holy Family Hall and Gym
- Benvegnu Lecture Series- Monday, March 12th at 7PM "Understanding Holy Week"
- Sacrament of Reconciliation – Wednesday, March 14th and March 21st, 6:30 – 8 PM Saturdays 4:00PM – 5:00PM (2 Priests)
- Invite a friend to Mass, Stations of the Cross, Friday evenings Fish Fry
- Attend Saint Vincent Parish Lenten Film Series, Monday nights 7:00PM
- Attend the Sacrament of the Sick March 18th following the 11:30AM Mass

❖ Fasting

Fasting is a way of letting go of the satisfactions of the body and a reminder that pleasure and satisfactions are not our highest needs. Fast from some of your private pursuits – anger, blame, entitlement, fault finding, unhealthy habits, etc. Feast on the Acts of Mercy - forgiveness, affirmation and the common good.

❖ Almsgiving

- DDD – complete and return your pledge for 2018
- Participate in CRS's "Rice Bowl," available at the church
- Holy Land Collection – March 25th
- Help stock the food pantry – by bringing non-perishables to the church
- Increase your weekly contribution by \$2.00, \$5.00 or \$10.00
- Make a gift to Sister Angela Marie Assistance Program
- Assist with Sandwich Program on Mondays at 10:00AM or Wednesdays at 6:00PM

Catholics in good health who are 14 and older are obliged to abstain from meat on Ash Wednesday, Good Friday, and all Fridays during Lent. In addition, on Ash Wednesday and Good Friday, Catholics from age 18-59 fast, limiting themselves to one full meal and two smaller meals. (Canon #1252)