

# 10 September Activities for Catholic Families

**Grandparents Day is Sept. 7th.**

Help your children do something special with their grandparents or spend the day with them.

Decorate wooden, or even paper, letters spelling out MARY.

Be as colorful and creative as you want to celebrate the **Most Holy Name of Mary** (September 12th).

**Labor Day is the first Monday in**

**September.** Take the time to write a note or give a small gift to someone who works hard for your community (or for your family!).

**Jesus is the Bread of Life.** Pick out your favorite bread recipe and have your children help you make it.

**Be a peacemaker.** Do something nice for someone that you sometimes argue with. Feast day of St. Wenceslaus is Sept. 28th.

Saints can seem like people from long ago to children. **Talk to them about Blessed Mother Teresa of Calcutta** (when she lived and died), her work, and her writings. Her feast day is September 5th.

Find your favorite cross craft to create on Sept. 14th for the **Exaltation of the Holy Cross.**



Look around your room, house, or pantry for items or food to **donate to the less fortunate.**

Feast day of St. Vincent de Paul is Sept. 27th.

Learn a prayer or even short phrase (like \*Ora Pro Nobis) in Latin. St. Jerome translated the Bible from Hebrew to Latin, and his feast day is Sept. 30th.

September 22nd marks the beginning of Autumn. **Try one of these fall crafts to celebrate:**

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