



November 2017

## The Y's Women Newsletter

### GENERAL MEETINGS

*Open to members and their guests*

**Place:** Temple Israel, Westport  
**10:45 am** Coffee and Conversation  
**11:30 am** Meeting and Speaker

**We must enter through the doors from the upper parking lot.** There are a limited number of parking spaces in the upper lot; please leave them for those who have difficulty walking. Others please park in the lower lot and walk to the upper entrance.

**November 13**

**Judy Meikle: Solitary Confinement – The Torture of Prolonged Isolation in our Prisons**



On any given day, more than 80,000 people in the United States are held in solitary confinement. In this interesting presentation, Judy Meikle will take us inside a correctional facility to focus on the effect of solitary confinement on people who are isolated in small cells for

23 hours a day, seven days a week.

An educator and long-time advocate for racial justice and prison abolition, Judy is active in the prison ministry of her Quaker faith community, traveling throughout New York State, Connecticut, and New Jersey on her mission. A founding member of the Solitary Confinement Project at Wilton Quaker Meeting, she works as a project manager at Co-Creating Effective and Inclusive Organizations in New Haven.

Join us to learn about this way of life and to understand how solitary confinement can affect prisoners. We are grateful to have Judy Meikle as our speaker and thank our member, Virginia Auster, for bringing her to us.

**November 27**

**Bob Fatherley: The Life of World-Famous Cellist, Jacqueline du Pré**

**NOTE: Presentation starts at 11:00 am SHARP**

Historian Bob Fatherley's presentation will consist of a film and a talk about one of the world's leading cellists, Jacqueline du Pré, who served as a role model for many young musicians.

During the late 1960s and early 1970s, Miss du Pré and her husband, conductor and pianist Daniel Barenboim, were admired for their energy, musicality, and youthful glamor. Together, they helped create the South Bank Summer Musical Festival in London.



Miss du Pré's playing was characterized by an unusual mixture of elegance and ferocity and was known to produce a mellow sound of unusual size. However, by the mid 1970s, her career was cut short by multiple sclerosis, which rendered her virtually paralyzed. She put all of her energies into two major activities – teaching and working for MS research. In 1981, Miss du Pré's story became the subject of a Broadway play, *Duet for One*, by Tom Kempinski, which starred Anne Bancroft. Miss de Pre died in 1987 at 42 years of age.

### LUNCHESS WITH SPEAKERS

We encourage a small group of members to have lunch with the speakers, at a Westport restaurant, following their presentation.

If you would like to join us, please contact Barb Stephen at [dynamicro@optonline.net](mailto:dynamicro@optonline.net).

## SATELLITE GROUPS

(Y's Women Members ONLY)

**Book Group 1** will meet on Thursday, November 16 at 1:00 pm in the Westport Library. We are reading *Commonwealth* by Ann Patchett. If you have questions, please call Frankie Stein at 226-4219 or Connie Beskind at 255-8682.

**Book Group 2** will meet on Thursday, November 2 from 1:30 to 3:00 pm at Panera Bread, located at 1860 Post Road East in Westport in the Home Goods shopping center. We will be discussing *Necessary Lies* by Diane Chamberlain, and the discussion will be led by Lois Ross. Please contact Arlene Bloom at 254-9096 or [bloomah@sbcglobal.net](mailto:bloomah@sbcglobal.net) to RSVP.

**Book Group 3** will meet on Friday, November 10 at 10:30 am at Panera Bread on the Post Road in Westport. We will discuss *Frankenstein; or, the Modern Prometheus* by Mary Shelley. Questions? Please contact Joan Harnett at 587-1170.

The **Movie Club** will meet on Wednesday, November 18 at 1:30 pm at Panera's on the Post Road in Westport (next to Home Goods) to discuss *The Florida Project* and *Professor Marston and the Wonder Women*. Members of this club meet on the third Wednesday of every month, September through May, except December. For further information, call Judith Schomer at 557-0131.

### Save the Date

Holiday Luncheon - December 7  
 Birchwood Country Club  
 \$40 per person, cash bar

Pay **BY NOVEMBER 30** at a general meeting, or mail check to Barbara Morrow, 132 Old Mill Road, Shelton, CT 06484.

*Choice of chicken breast stuffed with wild mushrooms, grilled salmon, or stuffed avocado.*

*Select up to 10 people with whom you would like to sit.*

The **Investment Group** will not meet in November as the fourth Thursday falls on Thanksgiving. Instead, the usual November meeting will be held on Thursday, December 7 from 9:30 to noon at the Westport Senior Center. Questions? Contact Beverly Silverman at 256-0046 or [bevjsil@yahoo.com](mailto:bevjsil@yahoo.com).

### **Solos**

Our November dinner will be held on Friday, November 17 at 5:00 pm in the attractive recreation rooms of 597 Westport, across the street from Whole Foods, hosted by resident Jean McGurk. If you wish to join us, please send your \$25 check made out to Joan Weinstein – Solos to 46 Tannery Lane South, Weston, CT 06883.

### VOLUNTEER CORNER

The soon-to-be-opened **Fairfield County Hospice House** in Stamford is providing training for volunteers. Choose from many roles depending on your interests and skills. These include family support, spiritual care, music and art, and administrative assistance among many other options. If you're interested, please contact Janet Nevas at [ajandua@optonline.net](mailto:ajandua@optonline.net).



*New Y's Women members met with current Board members at the New Members Coffee on October 23, learning about the satellite groups and other programs available through our organization.*

Please continue to bring your gifts of non-perishable food to the first general meeting of each month. They are much appreciated by needy clients of the Mercy Learning Center in Bridgeport.

Questions? Contact Jean McGurk at 222-0501.

## *Carpool and Go!*

On Wednesday, November 15, we will visit two destinations in Waterbury, CT. The first is the **Mattatuck Museum**, an art and regional history museum founded in 1912. Our guided tour will showcase the works of Winslow Homer including prints, engravings, and paintings, with special reference to domestic and daily life in the 19<sup>th</sup> century and the changing role of women. Of interest also are textile works of an internationally celebrated contemporary sculptor, Nnenna Okore, who created an installation commemorating the colors and landscapes of her childhood home in Nigeria. The Waterbury Button Gallery, a collection of more than 3,000 buttons, will also be available for viewing after the tour.



Following lunch at **Signatures**, which specializes in American and European cuisine, we will proceed to **Fascia's Chocolates**, a family company that has been handcrafting chocolates since 1964. A behind-the-scenes look into the factory itself via remote-controlled camera will be coupled with a tasting and demonstrations. The total cost of the trip, excluding lunch and driver's gas reimbursement of \$6 in cash, will be \$19.

We will meet in the Trader Joe's/Wells Fargo parking lot at 9:00 am for a prompt 9:10 departure. Please RSVP to Charlene Boyer at 434-2953 or [cboyer1991@att.net](mailto:cboyer1991@att.net). Your check for \$19, made out to Charlene and mailed to her at 162 Governor Trumbull Way, Trumbull, CT 06611, will hold your spot.

Willingness to drive is welcomed.

## *TRIPS*

### **Thursday, November 16: Two Masters Under One Roof – Michelangelo and Rodin**

Join us for a trip to the **Metropolitan Museum of Art** to see two special exhibitions on **Michelangelo** and **Rodin**. After a one-hour guided tour of the Permanent Collection, we will view stunning works from Michelangelo's drawings, marble sculptures, and paintings that examine his rich legacy as a supreme draftsman and designer. Then we will view Rodin's work, including nearly 50 marbles, bronzes, plasters, and terracottas. A casual lunch at the **Metropolitan Café** caps this special day. Price per person is \$118, all-inclusive.



This trip still need participants, so please check your calendars and give consideration to joining the group for a wonderful day at the Met.

As usual, we take the winter months off, so stay tuned and we will see what the spring/summer will offer.

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**Detailed flyers for all trips are available at the Y's Women's General Meetings or by contacting Pat Farmer at 227-3076 or [pahf02@gmail.com](mailto:pahf02@gmail.com).** When reserving for a trip, please observe the tear-off on the bottom of the flyer with the pertinent information and entree choices requested, just to make life a little easier on the Travel Chairman. If you are unable to attend a meeting and want a flyer, please contact Pat Farmer and she can mail you one either electronically or by snail mail. Many thanks!

Your Travel Chairman would like to ask a favor. When you call to inquire about or make a reservation for a trip, please feel free to leave a message – but be very articulate with your name and phone number. I find that frequently I am unable to figure out who has called, and even Caller ID seems stumped. It is best **not** to leave a message with my husband. And if you don't hear back from me within a day or two, feel free to call again. If you are an e-mail user, the most efficient way to reach me is at [pahf02@gmail.com](mailto:pahf02@gmail.com).

**Trip Cancellation Policy: Your payment is your reservation.  
Refunds will be given only if your place can be sold to someone else.**