



May 2017

## The Y's Women Newsletter

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### GENERAL MEETINGS

*Open to members and their guests*

**Place:** Temple Israel, Westport  
**10:45 am** Coffee and Conversation  
**11:30 am** Meeting and Speaker

***We must enter through the doors from the upper parking lot. There are a limited number of parking spaces in the upper lot; please leave them for those who have difficulty walking. Others please park in the lower lot and walk to the upper entrance.***

**May 8**

**Kate Bennis: Speaking Out: Women's Stories, Women's Voices**

Kate Bennis' Speaker Coaching practice focuses on helping clients to craft and deliver excellent talks and presentations, and to feel comfortable with cameras and the media. A professional actor with 40 years' experience in TV, film and stage, she has coached senior and mid-level leaders at American Express, AOL, Deloitte and Touche, The Federal Reserve Bank and the CIA; Harvard Business School Executive Education, Columbia University Executive Education, Darden Business School Executive Education and University College London. As Lead Coach for the Charlottesville TEDx, Kate has coached dozens of speakers and overseen the coaching for over 80 TED Talks. While with The Ariel Group, Kate delivered trainings around the world, developed training curricula, and served as Director of Outreach.

Kate's Communication Coaching practice helps leaders engage in high-stakes, challenging and important conversations with influence, grace and presence. A licensed clinical social worker, Kate has also worked with children and adults in a private practice as well as in schools and prisons.

**May 22**

**Sarah Bloom Raskin: Life after serving as Deputy Secretary in the U.S. Department of Treasury**

After serving on the Board of the Federal Reserve, when Sarah Bloom Raskin was confirmed by the U.S. Senate in March 2014 to become Deputy Secretary of the Department of Treasury, she became the highest-ranking woman in the history of that Department. She focused on the macroeconomic impact of student loan borrowing, cyber security, as well as drivers that bolster and sustain U.S. and global economic growth and recovery.

Ms. Raskin's career has included work in public and private sectors, in both legal and regulatory capacities. Her work has centered on financial services, regional and community banks, financial market utilities, consumer protection issues, economic growth and income inequality. Her private sector and senior executive experience includes having served as Managing Director at Promontory Financial, General Counsel of World Wide Retail Exchange, and General Counsel of Columbia Energy Services. Earlier in her career she served as Banking Counsel for the U.S. Senate Committee on Banking, Housing and Urban Affairs.

Ms. Raskin has engaged with the media and myriad audiences to discuss fiscal and economic issues, often focusing on the effect of economic conditions and policies on the middle class in particular.

### LUNCHESS WITH SPEAKERS

We encourage a small group of members to have lunch with the speakers, at a Westport restaurant, following their presentation.

If you would like to join us, please contact Polly Temple at [pnptemple@icloud.com](mailto:pnptemple@icloud.com).

*Spring Luncheon and Annual Meeting*

*TUESDAY, June 13      Noon to 2:00 pm*

*Birchwood Country Club  
25 Kings Highway South, Westport*

*Cost: \$25 per person  
(cash bar)*

*Select entrée choice in advance:*

- \*Chicken or Salmon Mediterranean Salad*
- \*Vegetarian Selection*

*Name people with whom you would like to sit (tables seat 10)*

*Pay at Membership Table at April or May General Meetings  
or send check for \$25, made out to Y's Women, to:  
Barbara Morrow, 132 Old Mill Road, Shelton, CT 06484*

*Payment must be received by May 28. No walk-in exceptions.*

*I will attend the Spring Luncheon and Annual Meeting.*

*Name: \_\_\_\_\_*

*Phone: \_\_\_\_\_*

*Email address: \_\_\_\_\_*

*Menu choices (check one):*

- \*Mediterranean Salad with Chicken \_\_\_\_\_ or Salmon \_\_\_\_\_*
- \*Vegetarian Selection \_\_\_\_\_*

*I would like to sit with \_\_\_\_\_*

\_\_\_\_\_

## SATELLITE GROUPS (Y's Women Members ONLY)

**Book Group 1** will meet on Thursday, May 18 at 1:00 pm in the Seminar Room of the Westport Library. We are reading *The Little Red Chairs* by Edna O'Brien. We would be pleased to welcome new members. Call Frankie Stein at 226-4219 or Connie Beskind at 255-8682 if you are interested.

**Book Group 2** will meet on Thursday, May 4 from 1:30 to 3:00 pm at Panera Bread, located in Westport at 1860 Post Road East (next to Home Goods). The book to be discussed is *Amy and Isabelle* by Elizabeth Strout. Our discussion will be led by Doris Skutch. Please contact Arlene Bloom at 254-9096 or [bloomah@sbcglobal.net](mailto:bloomah@sbcglobal.net) to RSVP.

**Book Group 3** will meet on Friday, May 5 at 10:30 am to discuss *The Nightingale* by Kristin Hannah. We will meet in the Community Room of The Saugatuck, 35 Bridge Street, Westport. The entrance is in the rear. Questions? Please contact Joan Harnett, 587-1170 or Doris Levinson, 227-3371 or [drjlevinson@gmail.com](mailto:drjlevinson@gmail.com).

**Wisest Investment Group:** We meet on the fourth Thursday of the month from 9:30 am until 12 pm at the Westport Senior Center. The next meeting will be on May 25. For more information, please email Beverly Silverman at [bevjsil@yahoo.com](mailto:bevjsil@yahoo.com).

**Solos:** Betty Bardes has graciously offered her home for our next Solos dinner on Friday, May 19 at 5:30 pm. Make out & send your check for \$25 to Joan Weinstein - Solos, 46 Tannery Lane South, Weston, CT 06883. Weather permitting, we will do drinks on her porch and dinner inside. Betty lives at 22 Old Lantern Drive, Wilton. Those who wish to carpool can meet at Exit 41.

### **Food donations for Mercy Learning Center**

Please continue to bring your gifts of non-perishable food to the first general meeting of each month. They are much appreciated by needy clients of the Mercy Learning Center in Bridgeport.

Questions? Contact Jean McGurk at 222-0501.

## **Newcomers Luncheon**

When: May 22, 2017

Where: Rive Bistro, Riverside Avenue, Westport

Time: 1:00 p.m.

Please RSVP by calling Judith Runnette at 838-8764 or emailing her at [younglady2@optimum.net](mailto:younglady2@optimum.net).

All are welcome - new members, old members or those who are thinking of joining.

## **Carpool & Go!**

On Thursday, May 18, we will visit **Wave Hill** in the Bronx, a spectacular public garden and cultural center overlooking the Hudson River and NJ Palisades, often called "one of the greatest living works of art." The seasonal highlights of the gardens will include rare and unusual plants cultivated in 13 garden areas as well as panoramic views of the Great Lawn and Pergola Overlook with an ever-changing display of flowers, shrubs and trees. Our combination guided tour will also include the Glyndor Gallery Tour showcasing emerging and established artists. There will be time for us to explore the historic buildings and architecture that Teddy Roosevelt and Mark Twain once called home.



The cost of the tour is \$25, and pre-ordered box lunches are \$15 with selections to please every palate (choices can be made upon reservation). Please call Charlene Boyer (434-2953 or [cboyer1991@att.net](mailto:cboyer1991@att.net)) to reserve your place, and indicate if you are will driving to drive. Drivers will be especially needed for this trip as we expect it to be very popular.

Your check for \$40, payable to Charlene, can be sent to 162 Governor Trumbull Way, Trumbull, CT 06611. Meet in the Trader Joe's parking lot (behind Wells Fargo Bank) at 9:00 am for a PROMPT 9:15 departure. The cost of Wave Hill parking onsite is \$8 per car to be shared by riders, with a gas allowance of \$5 each.

### **Free Caption Phone**

Under the federal Title IV program, anyone with a hearing loss is entitled to a free caption phone. If interested, contact Wayne Simmons (860-335-1140), who will install the device at no cost to participants.

## Our Newest Members

We are pleased to have welcomed twenty-four new members to the Y's Women since December...

Neila Altobelli	Judith Freedman	Lucinda McWeeney
Nancy Austin	Linda Gates	Lois Schwartzman
Nancy Burke	Andrea Greenberg	Sheryl Sherman
Elaine Cohen	Jane Hutchinson	Barbara Tirola
Roberta Cooper	Janet Jurow	Sonna vanKampen
Adoree Cuello	Marion Kelly	Lois Wallman
Win Felderman	Ann Matlow	Jill Wiener
Leslie Feller	Beverly McArthur	Madelyn Wiener

## *TRIPS*



### Tuesday, May 16: The Botanical Gardens' All-New Chihuly Exhibition!!

Enjoy luncheon from a special menu at the renowned **City Island Lobster House**, followed by our visit to the **New York Botanical Gardens** for their special exhibition of breathtaking works of art by world-renowned artist **Dale Chihuly**. This is his first major garden exhibition in New York in more than 10 years. **Price per person is \$122, all inclusive!** The trip is filling nicely, with about 8 -10 spaces still available.

### Wednesday, June 7: The American Ballet Theatre's "Le Corsaire."

Enjoy luncheon at **Chez Josephine**, a colorful tribute to the legendary entertainer Josephine Baker. From there take your Dress Circle seat and enjoy the **American Ballet Theatre's Le Corsaire**. This classical ballet is steeped in swashbuckling adventure and passionate romance. Visually gorgeous, it features exotic designs with lavish sets and costumes, splashy choreography and a sweeping score. **Price per person is \$161, all inclusive.** This trip is a "go" and there is still space available.

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**Detailed fliers for all trips are available at the Y's Women's General Meetings or by contacting Pat Farmer at 227-3076 or [pahf02@gmail.com](mailto:pahf02@gmail.com).** When reserving for a trip, please observe the tear-off on the bottom of the flyer with the pertinent information and entree choices requested, just to make life a little easier on the Travel Chairman. If you are unable to attend a meeting and want a flyer, please contact Pat Farmer and she can mail you one either electronically or by snail mail. Many thanks!

**Trip Cancellation Policy: Your payment is your reservation.**  
**Refunds will be given only if your place can be sold to someone else.**