



# Kids Kicking Cancer

Power Peace Purpose

*"Pain is a message you  
do not have to listen to."*

Kids Kicking Cancer provides classes and clinical interventions for children, both inpatient and outpatient, in the mind-body techniques found in the martial arts. Our mission is: "To ease the pain of very sick children while empowering them to heal physically, spiritually and emotionally".



Using martial arts therapy, Kids Kicking Cancer teaches seriously ill children & their siblings to:

- Regain a sense of control over the chaos of their lives
- Become empowered partners in their own healing
- Push away the messages of pain, fear, and anger
- Provide inspiration and light to others facing life-challenges
- Teach other children, and even adults, how to take control
- See themselves as **victors, not victims**

Martial arts techniques unlock the student's **POWER**, and the focused breathing and relaxation work brings them **PEACE**. While teaching Kids Kicking Cancer's **Breath Brake®** to others, they find great **PURPOSE** in their young lives.



*All services provided by Kids  
Kicking Cancer are at no  
cost to the children and their  
families. Children 3 years &  
older, and their siblings are  
eligible for the program.*



#### **Summary of Services:**

- Free martial arts classes and uniforms
- Relaxation, meditation and empowerment training for children and siblings
- Individual support during clinical procedures and hospitalizations
- Home visits as needed
- Workshops for health care professionals in Kids Kicking Cancer pain management techniques.
- Special family events and outings (including Annual Belting Ceremony)
- Sibling Support Programs
- Group and Individual Parent Counseling
- End-of-life and Bereavement Counseling
- Transportation to and from classes and events
- Resources through community partnerships (winter coats, food, holiday gifts, adopt-a-family)
- Referrals for medical and community resources

*Rabbi Elimelech Goldberg, founder and director of Kids Kicking Cancer, holds a First Degree Black Belt in Choi Kwon Do. Rabbi G lost his first child to leukemia at the age of two and brings a wealth of personal experience and sensitivity to dealing with children and families facing life-threatening illness. His commitment to ease the pain of very sick children, and his dream of bringing healing through the empowering focus of the martial arts, resulted in the creation of Kids Kicking Cancer in June of 1999.*