

# Connecting the Dots

## Reinvention at Every Stage



**May 2, 2017**

**2:00 - 6:30 PM**

**Mile High Station**

Conveniently located off I-25 and Colfax at  
2027 Old West Colfax, Denver, Colorado

Ample free parking is available.

**\$75 Early Bird Rates Until  
April 10**

**Registration Closes on  
April 24**

**Limited Sponsorships  
Available**

A Collaborative Event Hosted by  
**HFMA Colorado Women in Leadership, Early Careerists & Mentorship**

# Event Details

We are so excited to share our 2017 spring event “Connecting the Dots: Reinvention at Every Stage.” As women, we can face “reinvention” personally and professionally multiple times in our careers. Women face unique challenges as we navigate career changes, raise families, and grow relationships — join our journey!

This program promises to be our most interactive yet, with speed networking and free professional headshots, as well as a powerful presentation and facilitated breakout sessions (Women’s Issues, For Women, By Women).

This event celebrates all women of all industries and career stages who want to laugh, learn, and grow their social networks. We want to “pay it forward” to our early careerists and will be offering a limited number of scholarships to the event (50% of registration fee waived and event outreach/assistance required).

As always, we’ll have great food and awesome giveaways. Come and experience Women in Leadership.

See you Tuesday, May 2!



## Agenda

2:00pm to 2:15pm = Arrival/Registration/Social

2:15pm to 2:30pm = Welcome and Opening Remarks

2:30pm to 3:15pm = Speed Networking

3:30pm to 5:30pm = Facilitated Breakout Sessions

5:30pm to 6:15pm = Dinner

6:15pm to 6:30pm = Closing Remarks



## Speed Networking

Join us for this facilitated networking exchange. Meet women from all industries and professional levels. We recommend that you bring 50 business cards to pass out to the amazing women you will meet!



## Headshots

Free headshots will be available from 2:00 to 3:30 p.m. You will be provided with three to four shots to choose from and will be able to download one high-resolution photo for your full use.

There will be a dark gray background so we recommend that you avoid gray clothing.

Tips for getting a great picture:

- Wear dark colors or bold prints.
- Stay away from overly-trendy clothing.
- Avoid gray as the background will be dark gray.
- Try to stay away from short sleeves or tank tops: executive headshots tend to look better without bare arms.
- For jewelry, go for something small, classic, and not very reflective or flashy. Earrings shouldn’t dangle more than an inch from your earlobe.



## Event Menu

Passed Hors D’oeuvres: Gingered turkey meatballs, Sriracha candied bacon capped melon, spicy tuna pressed sushi, maple brined pork loin spoon, and southwest corn and poblano chowder

Station 1: Risotto bar featuring saffron, arugula, flaked salmon, triple corn, leek, baby tomato, and local cotija

Station 2: Heirloom tomato carvery featuring ripe heirloom tomatoes, burrata, fresh mozzarella, crumbled blue cheese, chiffonade basil, basil olive oil, balsamic glaze, cracked pepper, sea salt, pink sea salt, and grilled ciabatta

Station 3: Mini steak sandwich, pesto chicken satay, petite twice baked potato, Colorado green chile goat cheese dip, house herbed crostini, and gluten free cracker basket

Passed Desserts: Truffle trio — lemon lavender white chocolate, pretzel and porter, and Leopold Bros. herbal dark chocolate



# Breakout Discussions please select two

Our breakout sessions celebrate women's issues, for women, by women. Let's bring our hearts and minds to these thought leadership discussions. We look forward to an interactive and engaging exchange!

## **01. FEMINISM, NOT A "DIRTY" WORD**

Feminism is a range of movements and ideologies that seek to achieve equal rights (political, economic, cultural, personal, and social) and equal opportunities (in employment and education) for women. We will discuss why feminism is given a "men-hating" label and other societal misperceptions of female activism. Join us as we strive to gain ground in the fight for equality.

## **02. OVERCOMING THE FEAR FACTOR**

Fear can come in many forms — from stepping out of our comfort zone, asking for what we need, and speaking our truths. Fear can shut us down. We will discuss strategies and coping skills needed to be successful in transitioning through fear-based thinking. Join us by sharing ideas and skills to help live our lives to the fullest and realize our true potential.

## **03. WHAT'S YOUR BIGGEST WEAKNESS?**

This is not a trick question and there's no "right" answer, but why is it so hard to talk about our weaknesses? We'll explore this topic past the job interview question into daily interactions with ourselves (self-reflection) and our peers, colleagues, and superiors. Join our open and honest conversation as we learn from others and share strengths to triumph over weakness.

## **04. EQUAL PAY! WHY ARE WE STILL TALKING ABOUT THIS?**

80 cents on the dollar is not equal pay! The topic of equal pay and the gender wage gap has been a reality since the 60s and 70s. We will start out with a brief history and background before diving into the discussion of current attitudes, perspectives, and efforts being made to close the gap. Join our constructive, solution-focused conversation.

## **05. IS THE GRASS GREENER?**

As professional women, we navigate life choices with different values and beliefs than men. We will discuss navigating tough personal and professional life choices, some that may have felt like they limited our options. Join our conversation to participate in a candid dialogue around avoiding judgment (real or perceived) when our life choices differ from our friends and colleagues.

## **06. SEIZE OUR MENTORSHIP MOMENTS!**

Combining the passion for growth, grace, and integrity, 21st-century mentorship needs to be responsive and relevant. We will define mentors, their roles, and identify ways they can uplift and support us. We will also discuss the qualities of mentorship and how skill building, feedback, or career advice may not come through a formalized mentorship program. Join us as we learn to ask for what we need.

# Registration

Early Bird Rate of \$75 is available until April 10th.

Regular rate of \$100 after that time. Registration will close on April 24th. Be sure to sign up now!

Scholarship Opportunities are available for a discounted registration.

[Please complete this application](#). You will be contacted with details on how to register.

## Online:

Register online by clicking on the icon or by typing the link below into your browser.

[Click Here to Register Online](#)

## By Mail:

Complete the attached registration form and forward along with check payment, payable to HFMA Colorado Chapter, to the address below.

HFMA Colorado  
PO BOX 5571  
Denver, CO 80217-5571

*Please include registration form with payment.*

Contact Jessica Griffith at [admin@hfma-org](mailto:admin@hfma-org) with any additional questions.



Connect with us at [#joinourjourney](#) [#WIL](#)  
[#cohfmawomen](#)

## REGISTRATION INFORMATION:

Attendee Name \_\_\_\_\_

Title \_\_\_\_\_

HFMA Member Y \_\_\_\_ N \_\_\_\_ Mbr # \_\_\_\_\_

Organization \_\_\_\_\_

Address \_\_\_\_\_

City, ST, Zip \_\_\_\_\_

Phone \_\_\_\_\_

E-mail \_\_\_\_\_

### Special Dietary Needs:

Vegetarian \_\_\_\_\_ Gluten Free \_\_\_\_\_

### Registration Fees:

	before 4/10/17	after 4/10/17
Individual Registration	\$75.00 _____	\$100.00 _____
Table (8 Registrations)	\$575.00 _____	\$775.00 _____

*\*Tables are reserved for providers sending multiple attendees. Vendors looking to secure a table please contact our sponsor coordinator Cheryle Powell at [cpowell455@gmail.com](mailto:cpowell455@gmail.com).*

### Event Selections:

#### Breakout Discussion Group (select 2)

Discussion 1 \_\_\_\_\_ Discussion 2 \_\_\_\_\_ Discussion 3 \_\_\_\_\_

Discussion 4 \_\_\_\_\_ Discussion 5 \_\_\_\_\_ Discussion 6 \_\_\_\_\_

#### Generational Group

Traditionalist/Mature 1900-1945 \_\_\_\_\_

Baby Boomer 1946-1964 \_\_\_\_\_

Gen X 1965-1980 \_\_\_\_\_

Gen X 1965-1980 \_\_\_\_\_

Millennial/Gen Y 1981-2000 \_\_\_\_\_

Gen Z 2001-current \_\_\_\_\_

## Sponsorships Available

Please contact Cheryle Powell at [cpowell455@gmail.com](mailto:cpowell455@gmail.com) for more information.

event sponsors:

 **HALL**  
 **RENDER**  
KILLIAN HEATH & LYMAN