



The Healing Ceremony

ཤེར་སྦྱང་བདུད་བསྐྱེད་

Sunday, August 27, 2017

10:30 am - 12:30 pm

Yoga Deza

622 W. Sycamore, Fayetteville

The healing ceremony is known as *sheny du dok*, translated as overcoming obscurations, such as untimely death, sickness, curses, unsuccessful pursuits and maras. If you wish to have healing for yourself, family or friends, bring names with some substance that belongs or belonged to them. These items may include coins, jewelry, cloth, hair, or food, etc., and can be thrown away as part of the ceremony.

During the ceremony we will be chanting the Heart Sutra mantra with guided meditation. Offering donations will be appreciated.

Tadya ta, ga-te ga-te, para ga-te, para sang ga-te, bodhi so ha