

Chenresik Retreat

Saturday, May 20th, 2017



Land of Infinite Bliss Mountain Retreat Center - Crosses, AR

Chenresik (Avalokiteshvara in Sanskrit) is the embodiment of all the Buddhas compassion. Through this practice we cultivate Bodhicitta, the heart of enlightenment. As we engage in the skillful means of compassion, we generate selfless, loving kindness for limitless beings.

9:00 a.m.	"Work Party" Spring Cleaning (please bring work and garden tools)
	Hanging of prayer flags at the Retreat Center
Noon	Potluck lunch (bring a dish to share)
1:00 p.m.	Teaching and group practice
4:00 p.m.	Conclusion

It is customary to offer a donation for any teaching or empowerment given by a teacher, but it is not required. Suggested donation is \$30 and scholarships are available. Donations may be made on May 20th or mailed to TCIA, P.O. Box 269, Fayetteville, AR 72702.

A small dharma store will be available to purchase prayer flags and incense.

Please respect the dog free zone during this retreat. Thank you.