

# September 2016

## Greenwood Lunch

**Elementary Meal Prices** Lunch: \$2.90 Breakfast: \$1.75 Adult Lunch: \$4.05 Adult Breakfast: \$2.50 Milk: \$0.55

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
			No School	No School
5	6	7	8	9
No School	<b>FIRST DAY OF SCHOOL</b> <b>ENTREES</b> <ul style="list-style-type: none"><li>French Bread Cheese Pizza</li></ul> <b>SIDES</b> <ul style="list-style-type: none"><li>Ranch Tossed Salad</li><li>Fresh Veggies</li><li>Fresh Fruit Choices</li></ul> <b>GRAB &amp; GO</b> <ul style="list-style-type: none"><li>Yogurt Cup</li><li>Mozzarella String Cheese</li><li>Assorted Grahams</li></ul>	<b>ENTREES</b> <ul style="list-style-type: none"><li>Cheeseburger</li></ul> <b>SIDES</b> <ul style="list-style-type: none"><li>Baked Beans</li><li>Cherry or Grape Tomatoes</li><li>Fresh Fruit Choices</li></ul> <b>GRAB &amp; GO</b> <ul style="list-style-type: none"><li>Yogurt &amp; Fruit Parfait</li><li>Chortles Mini-Grahams</li></ul>	<b>ENTREES</b> <ul style="list-style-type: none"><li>Curly Spaghetti with Meat Sauce</li></ul> <b>SIDES</b> <ul style="list-style-type: none"><li>Garlic Breadstick</li><li>Caesar Tossed Salad</li><li>Fresh Carrot Sticks</li><li>Fresh Fruit Choices</li></ul> <b>GRAB &amp; GO</b> <ul style="list-style-type: none"><li>Cereal Bowl</li><li>Hard Boiled Egg</li><li>Assorted Grahams</li></ul>	<b>ENTREES</b> <ul style="list-style-type: none"><li>Mini Corn Dogs</li></ul> <b>SIDES</b> <ul style="list-style-type: none"><li>Smiley Fries</li><li>Fresh Veggies</li><li>Fresh Fruit Choices</li></ul> <b>GRAB &amp; GO</b> <ul style="list-style-type: none"><li>Peanut Butter &amp; Jelly Sandwich</li><li>Assorted Grahams</li></ul>
12	13	14	15	16
<b>ENTREES</b> <ul style="list-style-type: none"><li>Mini Maple Pancakes with Sausage Link*</li></ul> <b>SIDES</b> <ul style="list-style-type: none"><li>Hash brown Stick</li><li>Fresh Veggies</li><li>Fresh Fruit Choices</li></ul> <b>GRAB &amp; GO</b> <ul style="list-style-type: none"><li>Yogurt Cup</li><li>Assorted Muffins</li><li>Sunflower Seeds</li></ul>	<b>ENTREES</b> <ul style="list-style-type: none"><li>Soft Shell Beef Taco</li></ul> <b>SIDES</b> <ul style="list-style-type: none"><li>Assorted Fixings</li><li>Refried Beans</li><li>Tortilla Chips with Salsa</li><li>Fresh Veggies</li><li>Fresh Fruit Choices</li></ul> <b>GRAB &amp; GO</b> <ul style="list-style-type: none"><li>Southwest Fiesta Veggie Salad</li><li>Southwest Ranch Dressing</li><li>Tortilla Chips</li></ul>	<b>ENTREES</b> <ul style="list-style-type: none"><li>Orange Chicken over Savory Brown Rice</li></ul> <b>SIDES</b> <ul style="list-style-type: none"><li>Steamed Broccoli</li><li>Fresh Carrot Sticks</li><li>Fresh Fruit Choices</li><li>Fortune Cookie</li></ul> <b>GRAB &amp; GO</b> <ul style="list-style-type: none"><li>Cheese &amp; Cracker Stackers</li><li>Fruit Cup</li></ul>	<b>ENTREES</b> <ul style="list-style-type: none"><li>Chicken Tenders</li></ul> <b>SIDES</b> <ul style="list-style-type: none"><li>Whole-Grain Breadstick</li><li>Parmesan Green Beans -locally grown!</li><li>Fresh Veggies</li><li>Fresh Fruit Choices</li></ul> <b>GRAB &amp; GO</b> <ul style="list-style-type: none"><li>Cereal Bowl</li><li>Mozzarella String Cheese</li><li>Cinnamon Swirl Bread</li></ul>	<b>ENTREES</b> <ul style="list-style-type: none"><li>Beef Hot Dog</li></ul> <b>SIDES</b> <ul style="list-style-type: none"><li>Corn on the Cob -locally grown!</li><li>Fresh Carrot Sticks</li><li>Fresh Fruit Choices</li><li>Mini Ice Cream Sandwich</li></ul> <b>GRAB &amp; GO</b> <ul style="list-style-type: none"><li>Peanut Butter &amp; Jelly Sandwich</li><li>Assorted Grahams</li></ul>
19	20	21	22	23
<b>ENTREES</b> <ul style="list-style-type: none"><li>Macaroni &amp; Cheese</li><li>Honey BBQ Chicken Bites</li></ul> <b>SIDES</b> <ul style="list-style-type: none"><li>Edamame</li><li>Fresh Veggies</li><li>Fresh Fruit Choices</li><li>Mini Corn Muffin</li></ul> <b>GRAB &amp; GO</b> <ul style="list-style-type: none"><li>Yogurt Cup</li><li>Assorted Grahams</li><li>Hard Boiled Egg</li></ul>	<b>ENTREES</b> <ul style="list-style-type: none"><li>Personal Pan Cheese Pizza</li><li>Meatball Sub</li></ul> <b>SIDES</b> <ul style="list-style-type: none"><li>Broccoli Carrot Salad</li><li>Fresh Veggies</li><li>Fresh Fruit Choices</li></ul> <b>GRAB &amp; GO</b> <ul style="list-style-type: none"><li>Chicken Caesar Salad</li><li>Cinnamon Swirl Bread</li></ul>	<b>ENTREES</b> <ul style="list-style-type: none"><li>Beef Walking Taco</li><li>Refried Bean Walking Taco</li></ul> <b>SIDES</b> <ul style="list-style-type: none"><li>Assorted Fixings</li><li>Fresh Red Pepper Strips</li><li>Fresh Fruit Choices</li><li>Churro</li></ul> <b>GRAB &amp; GO</b> <ul style="list-style-type: none"><li>Build-Your-Own Cheese Pita Pizza</li><li>Mozzarella String Cheese</li></ul>	<b>ENTREES</b> <ul style="list-style-type: none"><li>Curly Spaghetti with Meat Sauce</li><li>Curly Spaghetti with Alfredo Sauce</li></ul> <b>SIDES</b> <ul style="list-style-type: none"><li>Garlic Breadstick</li><li>Caesar Tossed Salad</li><li>Fresh Carrot Sticks</li><li>Fresh Fruit Choices</li></ul> <b>GRAB &amp; GO</b> <ul style="list-style-type: none"><li>Cereal Bowl</li><li>Mozzarella String Cheese</li><li>Assorted Grahams</li></ul>	<b>ENTREES</b> <ul style="list-style-type: none"><li>Garlic Cheese Bread with Dipping Sauce</li><li>Chicken Nuggets with Whole-Grain Breadstick</li></ul> <b>SIDES</b> <ul style="list-style-type: none"><li>Sweet Green Peas</li><li>Fresh Veggies</li><li>Fresh Fruit Choices</li></ul> <b>GRAB &amp; GO</b> <ul style="list-style-type: none"><li>Peanut Butter &amp; Jelly Sandwich</li><li>Assorted Grahams</li></ul>
26	27	28	29	30
<b>Johnny Appleseed Day</b> <b>ENTREES</b> <ul style="list-style-type: none"><li>Cheese Lasagna</li><li>Chicken Tenders</li></ul> <b>SIDES</b> <ul style="list-style-type: none"><li>Garlic Toast</li><li>Fresh Veggies</li><li>Fresh Fruit Choices</li><li>Apple Slices with Caramel Dip</li></ul> <b>GRAB &amp; GO</b> <ul style="list-style-type: none"><li>Yogurt Cup</li><li>Assorted Muffins</li><li>Sunflower Seeds</li></ul>	<b>ENTREES</b> <ul style="list-style-type: none"><li>Corn Dog</li><li>BBQ Pork Riblet Sandwich*</li></ul> <b>SIDES</b> <ul style="list-style-type: none"><li>Cowboy Caviar with Tortilla Chips</li><li>Jicama Sticks</li><li>Fresh Fruit Choices</li></ul> <b>GRAB &amp; GO</b> <ul style="list-style-type: none"><li>Vegetarian Chef Salad</li><li>Tortilla Chips</li></ul>	<b>ENTREES</b> <ul style="list-style-type: none"><li>Vegetable Fried Ricewith Vegetable Egg Roll</li><li>Hamburger</li></ul> <b>SIDES</b> <ul style="list-style-type: none"><li>Steamed Broccoli</li><li>Fresh Carrot Sticks</li><li>Fresh Fruit Choices</li><li>Snickerdoodle Cookie</li></ul> <b>GRAB &amp; GO</b> <ul style="list-style-type: none"><li>Turkey Deli Sliders</li><li>Fritos</li></ul>	<b>ENTREES</b> <ul style="list-style-type: none"><li>Cheese Pizza</li><li>Popcorn Chicken</li></ul> <b>SIDES</b> <ul style="list-style-type: none"><li>Whole-Grain Breadstick</li><li>Ranch Tossed Salad</li><li>Fresh Veggies</li><li>Fresh Fruit Choices</li></ul> <b>GRAB &amp; GO</b> <ul style="list-style-type: none"><li>Cereal Bowl</li><li>Sunflower Seeds</li><li>Cheddar Cheese Cubes</li></ul>	<b>ENTREES</b> <ul style="list-style-type: none"><li>Pizza Sticks with Dipping Sauce</li><li>Penne Pasta with Chicken Alfredo Sauce</li></ul> <b>SIDES</b> <ul style="list-style-type: none"><li>Tossed Salad</li><li>Fresh Carrot Sticks</li><li>Fresh Fruit Choices</li></ul> <b>GRAB &amp; GO</b> <ul style="list-style-type: none"><li>Peanut Butter &amp; Jelly Sandwich</li><li>Assorted Grahams</li></ul>

**Available Daily:** Fresh Veggies, with, Veggie Dip, Fresh Fruit Choices, Milk Choice:, Skim White Milk, 1% White Milk, Skim Chocolate Milk

**Grab & Go Lunches Include::** Entree & Sides as listed, Fresh Veggies, with, Veggie Dip, Fresh Fruit Choices, Choice of milk:, Skim White Milk, 1% White Milk, Skim Chocolate Milk

Menu is subject to change

\* = contains pork

More Details: <http://wayzata.nutrislice.com/menu/greenwood/lunch/>  
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