

# St. Michael and All Angels Episcopal Church

March 19, 2017 at 9:45 am

## The Third Sunday in Lent

Pianist/Music Director: Alan Van Zee  
Eucharistic Minister: Cher Ellwood  
Vestry Person of the Day: Gary Ellwood  
Altar Guild: The Null Family  
Presider: The Rev. Andrew McMullen

## WELCOMING YOU IN THE SPIRIT OF ALOHA!

We are honored and pleased to have you with us. St. Michael's is a community of faith based upon love, compassion, relationship and service of others. All are welcome here. We invite you to participate fully in our worship. Lift your voice in praise, respond to the prayers and readings, and come to the altar for communion or a blessing. Or, if you prefer, sit back quietly and allow God's Spirit to speak to you in the way that feels most comfortable. Although there are customary rituals in Episcopal worship (such as standing and kneeling), you are invited to be seated at any point, according to your needs and comfort.

While we worship in the Episcopal tradition, we are all guests at God's Table and all who have been baptized are invited to share in communion. Lift up both hands to receive the bread. You may indicate your preference for a gluten-free wafer by simply raising one hand. Guide the chalice to you to receive the wine. Crossing your arms at the altar rail indicates your desire to receive a blessing rather than communion. If you wish to have communion brought to you at your seat please notify an usher.

Wherever you may be on your journey, there is a place for you here. If you're interested in learning more about the St. Michael's community of faith, please feel free to talk to any of our members and visit our website at [www.stmichaels-kauai.org](http://www.stmichaels-kauai.org).

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\*Aloha has many meanings: love, compassion, kindness, greeting, salutation, regards, to name a few. One author summarized Aloha... "is the divine breath that gives all of us a sense of humility, balance and grace". May you be so blessed this day.

# The Holy Eucharist: Rite Two

Musical Meditation

Alan Van Zee

## Choral Prelude: As the Deer Pants for the Water

*Please stand as you are able.*

## Processional: Let Us Build A House Where Love Can Dwell



1 Let us build a house where love can dwell and all can safe - ly  
2 Let us build a house where proph-ets speak, and words are strong and  
3 Let us build a house where love is found in wa - ter, wine and  
4 Let us build a house where hands will reach be - yond the wood and  
5 Let us build a house where all are named, their songs and vi - sions



live, a place where saints and chil - dren tell how  
true, where all God's chil - dren dare to seek to  
wheat: a ban - quet hall on ho - ly ground where  
stone to heal and strength - en, serve and teach, and  
heard and loved and trea - sured, taught and claimed as



hearts learn to for - give. Built of hopes and dreams and  
dream God's reign a - new. Here the cross shall stand as  
peace and jus - tice meet. Here the love of God, through  
live the Word they've known. Here the out - cast and the  
words with - in the Word. Built of tears and cries and



vi - sions, rock of faith and vault of grace; here the love of  
wit - ness and as sym - bol of God's grace; here as one we  
Je - sus, is re - vealed in time and space; as we share in  
strang-er bear the im - age of God's face; let us bring an  
laugh-ter, prayers of faith and songs of grace, let this house pro -



Christ shall end di - vi - sions:  
claim the faith of Je - sus;  
Christ the feast that frees us: All are wel - come,  
end to fear and dan - ger:  
claim from floor to raf - ter:



all are wel - come, all are wel - come in this place.

## The Word of God

Presider            Blessed be the one, holy, and living God.  
People              Glory to God for ever and ever.

Almighty God, to you all hearts are open, all desires known,  
and from you no secrets are hid: Cleanse the thoughts of our  
hearts by the inspiration of your Holy Spirit, that we may  
perfectly love you, and worthily magnify your holy Name;  
through Christ our Lord. **Amen.**



## The Collect of the Day

Presider            The Lord be with you.  
People              And also with you.  
Presider            Let us pray.

Almighty God, you know that we have no power in ourselves  
to help ourselves: Keep us both outwardly in our bodies  
and inwardly in our souls, that we may be defended from  
all adversities which may happen to the body, and from all  
evil thoughts which may assault and hurt the soul;

through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

*Please be seated.*

## **The Lessons**

A Reading from the Book of Exodus

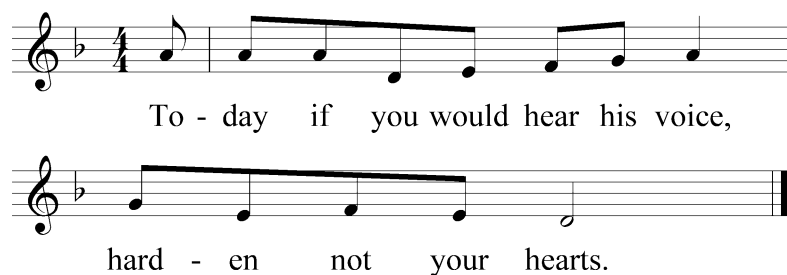
Exodus 17:1-7

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarreled with Moses, and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the Lord?" But the people thirsted there for water; and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?" So Moses cried out to the Lord, "What shall I do with this people? They are almost ready to stone me." The Lord said to Moses, "Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink." Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarreled and tested the Lord, saying, "Is the Lord among us or not?"

Reader    The Word of the Lord.

People    Thanks be to God.

Psalm 121, Dottie Bekeart, Cantor



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Come, let us sing to the Lord; \*  
let us shout for joy to the Rock of our salvation.  
Let us come before his presence with thanksgiving \*  
and raise a loud shout to him with psalms.  
For the Lord is a great God, \*  
and a great King above all gods. **ANTIPHON.**  
In his hand are the caverns of the earth, \*  
and the heights of the hills are his also.  
The sea is his, for he made it, \*  
and his hands have molded the dry land. **ANTIPHON.**  
Come, let us bow down, and bend the knee, \*  
and kneel before the Lord our Maker.  
For he is our God,  
and we are the people of his pasture  
and the sheep of his hand. \*  
Oh, that today you would hearken to his voice. **ANTIPHON.**  
Harden not your hearts,  
as your forebears did in the wilderness, \*  
at Meribah, and on that day at Massah,  
when they tempted me.  
They put me to the test, \*  
though they had seen my works. **ANTIPHON.**

Forty years long I detested that generation and said, \*  
"This people are wayward in their hearts;  
they do not know my ways."  
So I swore in my wrath, \*  
"They shall not enter into my rest." ANTIPHON.

A Reading from Paul's Letter to the Romans

Romans 5:1-11

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarreled with Moses, and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the Lord?" But the people thirsted there for water; and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?" So Moses cried out to the Lord, "What shall I do with this people? They are almost ready to stone me." The Lord said to Moses, "Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink." Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarreled and tested the Lord, saying, "Is the Lord among us or not?"

Reader The Word of the Lord.

People Thanks be to God.

# Sequence Hymn: Fill My Cup Lord

**VERSE**

F<sup>13</sup> B<sup>b</sup> B<sup>o7</sup> Cm F<sup>7</sup>

1. Like the wo-man at the well, I was seek-ing for things that could not sat - is -  
 2. There are mil-lions in this world who are crav-ing the pleas - ure earth - ly things af -  
 3. So, my bro-ther, if the things this world gave you, leave hun - gers that won't pass a -

4 B<sup>b</sup> B<sup>b13</sup> E<sup>b</sup> Cm<sup>7</sup>

-fy. And then I heard my Sav - ior speak-ing: "Draw from My  
 -ford. But none can match the won-drous treas - ure that I  
 -way. My bless - ed Lord will come and save you, if you

**CHORUS**

7 F<sup>7</sup> B<sup>b</sup> E<sup>b</sup>/B<sup>b</sup> B<sup>b</sup> F<sup>13</sup> B<sup>b</sup>

well that nev - er shall run dry." Fill my cup, Lord, I lift it  
 find in Je - sus Christ, my Lord.  
 kneel to Him and humb - ly pray:

10 Cm F<sup>13</sup> Cm<sup>7</sup> F<sup>7</sup> B<sup>b</sup> F<sup>7</sup>

up, Lord. Come and quench this thirst-ing of my soul. Bread of

13 B<sup>b</sup> B<sup>b7</sup> E<sup>b</sup> B<sup>b</sup>/D Cm<sup>7</sup> F<sup>7</sup> B<sup>b</sup>

heav-en, feed me till I want no more. Fill my cup, fill it up and make it whole.



Presider        The Holy Gospel of our Lord Jesus Christ  
                 according to John

People            **Glory to you Lord Christ.**

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon.

A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." (His disciples had gone to the city to buy food.) The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.) Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?" Jesus said to her, "Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water."

Jesus said to her, "Go, call your husband, and come back." The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband;' for you have had five husbands, and the one you have now is not

your husband. What you have said is true!" The woman said to him, "Sir, I see that you are a prophet. Our ancestors worshiped on this mountain, but you say that the place where people must worship is in Jerusalem." Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth." The woman said to him, "I know that Messiah is coming" (who is called Christ). "When he comes, he will proclaim all things to us." Jesus said to her, "I am he, the one who is speaking to you."

Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, "What do you want?" or, "Why are you speaking with her?" Then the woman left her water jar and went back to the city. She said to the people, "Come and see a man who told me everything I have ever done. He cannot be the Messiah, can he?" They left the city and were on their way to him.

Meanwhile the disciples were urging him, "Rabbi, eat something." But he said to them, "I have food to eat that you do not know about." So the disciples said to one another, "Surely no one has brought him something to eat?" Jesus said to them, "My food is to do the will of him who sent me and to complete his work. Do you not say, 'Four months more, then comes the harvest?' But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, 'One sows

and another reaps.' I sent you to reap that for which you did not labor. Others have labored, and you have entered into their labor."

Many Samaritans from that city believed in him because of the woman's testimony, "He told me everything I have ever done." So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. And many more believed because of his word. They said to the woman, "It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Savior of the world."

Presider                      The Gospel of the Lord.

People                      Praise to you Lord Christ.

The Sermon    The Rev. Andrew McMullen

Musical Response    Alan Van Zee

*Please stand as you are able.*

The Nicene Creed

We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,

begotten, not made,  
of one Being with the Father.  
Through him all things were made.  
For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary,  
and was made man.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father. He will come  
again in glory to judge the living and the dead,  
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.

### Confession of Sin

Presider: Let us confess our sins against God and our  
neighbor.

*Silence.*

All: Most merciful God, we confess that we have sinned against  
you in thought, word, and deed, by what we have done, and by  
what we have left undone. We have not loved you with our

whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

Presider:

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.

People: Amen.

The Peace

*All stand. The Presider says to the people*

The peace of the Lord be always with you.

People                      And also with you.

*Then the Ministers and People may greet one another in the name of the Lord. The people are seated.*

Announcements

Birthday Prayer

O God, our times are in your hand: Look with favor, we pray, on your servant(s) as he/she/they begins/begin another year. Grant that he/she/they may grow in wisdom and grace, and strengthen his/hers/their trust in your goodness all the days of his/her/their life/lives; through Jesus Christ our Lord. Amen.

## Anniversary

Grant O God, in your compassion that these your servants having taken each other in marriage, and affirming again on their anniversary the covenant which they have made, that they may continue to grow in forgiveness, loyalty, and love; through Jesus Christ our Lord. Amen.

## Travelers' Prayer

O God, our heavenly Father, whose glory fills the whole creation, and whose presence we find wherever we go: Preserve those who travel; surround them with your loving care; protect them from every danger; and bring them in safety to their journey's end; through Jesus Christ our Lord. Amen.

## The Holy Communion

*Please be seated.*

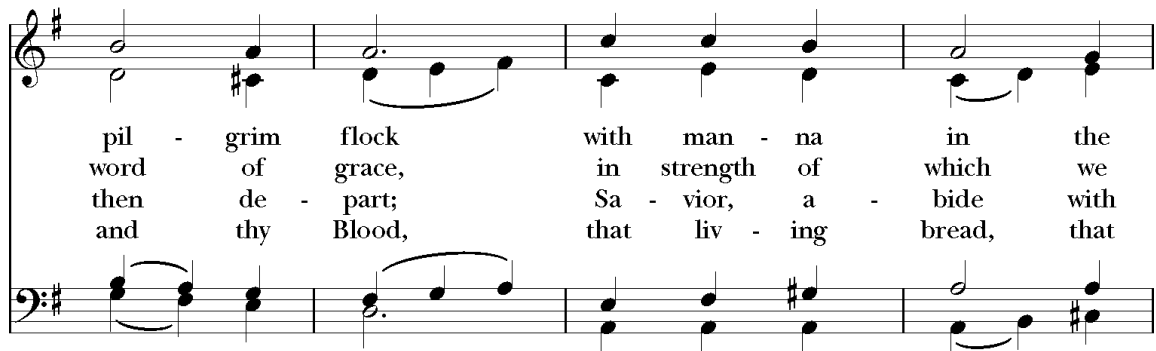
*Representatives of the congregation bring the people's offerings of bread and wine, and money or other gifts.*

# Offeratory Hymn: Shepherd of Souls

Hymnal 343



1 Shep - herd of souls, re - fresh and bless thy cho - sen  
 2 We would not live by bread a - lone, but by thy  
 3 Be known to us in break - ing bread, and do not  
 4 Lord, sup with us in love di - vine thy Bo - dy



pil - grim flock with man - na in the  
 word of grace, in strength of which we  
 then de - part; Sa - vior, a - bide with  
 and thy Blood, that liv - ing bread, that



wil - der - ness, with wa - ter from the rock.  
 trav - el on to our a - bid - ing - place.  
 us, and spread thy ta - ble in our heart.  
 heaven - ly wine, be our im - mor - tal food.

## Doxology

*The people stand while the offerings are presented and placed on the Altar.*

### Ho'onani I Ka Makua Mau

Praise God from Whom All Blessings Flow

Thomas Ken, Tr. Hiram Bingham

Louis Bourgeois

Ho' o na - ni i ka Ma - ku - a mau, Ke Kei - ki me ka 'U -

ha - ne nō, Ke A - ku - a mau ho' o mai ka' i pū, Ko kē - ia ao, ko

kē - lā ao. 'Ā - me - ne.



Presider        The Lord be with you.

People         And also with you.

Presider        Lift up your hearts.

People         We lift them to the Lord.

Presider        Let us give thanks to the Lord our God.

People         It is right to give him thanks and praise.

It is truly right to glorify you, Father, and to give you thanks; for you alone are God, living and true, dwelling in light inaccessible from before time and for ever. Fountain of life and source of all goodness, you made all things and fill them with your blessing; you created them to rejoice in the splendor of your radiance. Countless throngs of angels stand before you to serve you night and day; and, beholding the glory of your presence, they offer you unceasing praise. Joining with them, and giving voice to every creature under heaven, we acclaim you, and glorify your Name, as we sing,

# The Sanctus

Hymnal S130

Ho - ly, ho - ly, ho - ly Lord, God of power and

might, Ho - ly, ho - ly, ho - ly Lord,

God of power and might, hea - ven and earth are

full, full of your glo - ry. Ho -

san - na in the high - est. Ho - san - na

in the high - est. Bless - ed is he who comes

in the name of the Lord. Ho - san - na

in the high - est. Ho - san - na in the high - est.

*The Presider continues*

We acclaim you, holy Lord, glorious in power. Your mighty works reveal your wisdom and love. You formed us in your own image, giving the whole world into our care, so that, in obedience to you, our Creator, we might rule and serve all your creatures. When our disobedience took us far from you, you did not abandon us to the power of death. In your mercy you came to our help, so that in seeking you we might find you. Again and again you called us into covenant with you, and through the prophets you taught us to hope for salvation.

Father, you loved the world so much that in the fullness of time you sent your only Son to be our Savior. Incarnate by the Holy Spirit, born of the Virgin Mary, he lived as one of us, yet without sin. To the poor he proclaimed the good news of salvation; to prisoners, freedom; to the sorrowful, joy. To

fulfill your purpose he gave himself up to death; and, rising from the grave, destroyed death, and made the whole creation new. And, that we might live no longer for ourselves, but for him who died and rose for us, he sent the Holy Spirit, his own first gift for those who believe, to complete his work in the world, and to bring to fulfillment the sanctification of all.

When the hour had come for him to be glorified by you, his heavenly Father, having loved his own who were in the world, he loved them to the end; at supper with them he took bread, and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you. This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Father, we now celebrate this memorial of our redemption. Recalling Christ's death and his descent among the dead, proclaiming his resurrection and ascension to your right hand, awaiting his coming in glory; and offering to you, from the gifts you have given us, this bread and this cup, we praise you and we bless you.

*Presider and People*

We praise you, we bless you,  
we give thanks to you,  
and we pray to you, Lord our God.

*The Presider continues*

Lord, we pray that in your goodness and mercy your Holy Spirit may descend upon us, and upon these gifts, sanctifying them and showing them to be holy gifts for your holy people, the bread of life and the cup of salvation, the Body and Blood of your Son Jesus Christ.

Grant that all who share this bread and cup may become one body and one spirit, a living sacrifice in Christ, to the praise of your Name.

Remember, Lord, your one holy catholic and apostolic Church, redeemed by the blood of your Christ. Reveal its unity, guard its faith, and preserve it in peace.

*The Celebrant offers the Prayers of the People and then continues*

Through Christ, and with Christ, and in Christ, all honor and glory are yours, Almighty God and Father, in the unity of the Holy Spirit, for ever and ever. Amen.

And now, as our Savior Christ has taught us, we are bold to say,

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

### The Breaking of the Bread

*The Presider breaks the consecrated Bread.*

*A period of silence of silence is kept.*

|          |   |
|----------|---|
| Presider | Christ our Passover is sacrificed for us. |
| People   | Therefore, let us keep the feast.         |

## Angus Dei

Voice

Lamb of God, you take a - way the sins of the

5 world: have mer - cy on us. Lamb of God, you take a -

11 way the sins of the world: have mer - cy on us. Lamb of

17 God, you take a - way the sins of the world:

23 grant us peace.

**Presider:** The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on Him in your hearts by faith, with thanksgiving.

*All who have been baptized may come forward for communion, and those among us who are not are encouraged to come forward for a blessing. You may stand or kneel. Please extend both your palms to receive the bread. If you wish to receive gluten free bread, simply extend one hand. The cup is filled with alcoholic wine. You may drink from the cup by guiding the chalice to your lips, or you may "intinct" by dipping the bread in the cup. If you desire to receive a blessing, please fold your arms across your chest.*

*During the administration of Communion, those desiring prayer for healing, the laying-on-of-hands, are invited to the Healing Station.*

# Communion: As Longs the Deer

Hymnal 658

1 As longs the deer for cool - ing streams in  
 2 For thee, my God, the liv - ing God, my  
 3 Why rest - less, why cast down, my soul? Hope  
 4 To Fa - ther, Son, and Ho - ly Ghost, the

parched and bar - ren ways, so longs my soul, O  
 thirst - y soul doth pine: O when shall I be -  
 still, and thou shalt sing the praise of him who  
 God whom we a - dore, be glo - ry, as it

God, for thee and thy re - fresh - ing grace.  
 hold thy face, thou Ma - jes - ty di - vine?  
 is thy God, thy health's e - ter - nal spring.  
 was, is now, and shall be ev - er - more.

1 Rock of a - ges, cleft for me, let me hide my - self in thee;  
 2 Should my tears for ev - er flow, should my zeal no lan - guor know,  
 3 While I draw this fleet - ing breath, when mine eye - lids close in death,

let the wa - ter and the blood from thy wound - ed side that flowed,  
 all for sin could not a - tone: thou must save, and thou a - lone;  
 when I rise to worlds un - known and be - hold thee on thy throne,

be of sin the dou - ble cure, cleanse me from its guilt and power.  
 in my hand no price I bring, sim - ply to thy cross I cling.  
 Rock of a - ges, cleft for me, let me hide my - self in thee.

*The people stand as the Presider says*

Let us pray.

*Presider and People*

God of abundance, you have fed us with the bread of life and cup of salvation; you have united us with Christ and one another; and you have made us one with all your people in heaven and on earth. Now send us forth in the power of your



Spirit, that we may proclaim your redeeming love to the world  
and continue for ever in the risen life of Christ our Savior.  
Amen.

## The Blessing

Recessional Hymn: Guide me, O thou great Jehovah Hymnal 690



1 Guide me, O thou great Je - ho - vah, pil - grim through this  
2 O - pen now the crys - tal foun-tain, whence the heal - ing  
3 When I tread the verge of Jor - dan, bid my anx - ious

bar - ren land; I am weak, but thou art might - y;  
stream doth flow; let the fire and cloud - y pil - lar  
fears sub - side; death of death, and hell's de - struc - tion,

hold me with thy power - ful hand; bread of hea - ven,  
lead me all my jour - ney through; strong de - liv - erer,  
land me safe on Ca - naan's side; songs of prais - es,

bread of hea - ven, feed me now and ev - er -  
strong de - liv - erer, be thou still my strength and  
songs of prais - es, I will ev - er give to

more, shield, thee, feed me now and ev - er - more.  
be thou still my strength and shield.  
I will ev - er give to thee.

## The Dismissal

Presider      Go in peace to love and serve the Lord.  
People        Thanks be to God.

Postlude

Alan Van Zee