



Kaua'i Hospice
a special kind of caring



Individual and Family Grief Healing Activities



*The death of a loved one can be one of the most devastating, hurtful, and life-changing experiences one endures. You can find comfort knowing there is confidential help, caring support, and proven processes for letting go of your sorrow. Call to speak with one of our counselors today or to register for one of our grief healing activities.**

The Journey Through Grief



Facilitated by trained grief specialists, this six-week support group is for any adult grieving a loss from prolonged illness, sudden death, accident, or suicide.

JANUARY

Kaua'i Hospice, 4457 Pahe'e St., Lihu'e, Tuesdays, Jan. 17th, 24th, 31st, Feb. 7th, 14th, and 21st from 5:30 – 7:00 pm

FEBRUARY

Princeville Community Center, 4334 Emmalani Dr., Princeville, Thursdays, Feb. 2nd, 9th, 16th, 23rd, Mar. 2nd and 9th from 1:00 – 2:30 pm

APRIL

Kapa'a Neighborhood Center, 4491 Kou St., Kapa'a, Thursdays, April 13th, 20th, 27th, May 4th, 11th, and 18th from 1:00 – 2:30 pm

FOUR-WEEK GROUP FOR VETERANS

at The Vet Center, 4485 Pahe'e St., Lihu'e, Fridays, April 26th, May 3rd, 10th, and 17th from 10:00 – 11:30 am

A Special Valentine Offering



Join us for an empowering workshop that teaches you a mind/body connection technique for releasing grief, doubt, fear, and other troublesome emotions that may be limiting your ability to love yourself during the grieving process.

Kaua'i Hospice, 4457 Pahe'e St., Lihu'e Monday, February 13th from 5:30 – 7:00 pm

Healing Horses Grief Support Trip



This two-hour field trip to share our grief with horses may be the most profound grief relief experience ever. An overview of how horses are being used to help people cope with grief and loss, interaction with the horses, and short discussion will follow.

Healing Horses, Kapa'a Bypass Road at Kuhio Highway junction. Saturday, July 15th from 1– 3 pm

The Journey Beyond Grief



This six-week class explores new tools, techniques, & skills to help equip those grieving to embrace life with more joy.

Note: Pre-requisite for attending this group is attending a Journey Through Grief group.

Kaua'i Hospice, 4457 Pahe'e St., Lihu'e Tuesdays, August 1st, 8th, 15th, 22nd, 29th, and September 5th from 5:30 – 7 pm

Community Candlelighting



Join us for a one-hour candle lighting remembrance service filled with healing music, words of comfort, lighting a candle in honor and memory of your loved one, and free grief support resource

materials. Led by a hospice chaplain or local bereavement specialist. Call (808) 245-7277 to register or for more information.

Regency Pua Kea Activity Room, 2130 Kaneka St., Lihu'e, Monday, March 6th from 10:00 – 11:00 am.

Hale Kupuna Heritage Home, 4297A Omao Rd. Koloa, Wed., March 20th from 1:30 – 2:30 pm.

Caregiver Support Group



This group offers caregivers the opportunity for emotional support, social support, education, resource information, and practical strategies for coping with the challenging role of being a caregiver. Led by Dennis Pezzato, PhD, Behavioral Specialist and Hospice Volunteer. Call (808) 245-7277 to register.

Kaua'i Hospice, 4457 Pahe'e St., Lihu'e Thursdays, Jan. 26th, Feb. 23rd, Mar. 23rd, Apr. 27th, May 25th, June 22nd, July 27th, Aug. 24th, Sept. 28th, Oct. 26th, Nov. 16th, and Dec. 21st from 5:00 – 6:30 pm.

Individual/Family Grief Counseling



If you are hurting from the death of your loved one and would like to talk with a bereavement counselor specializing in grief and loss acceptance - please call us to schedule an appointment.

Call 977-8498 to speak with Jeffrey Pears, MA, Bereavement Care Coordinator

Call 977-8496 to speak with Rev. Caroline Miura, BCC, Spiritual Care Coordinator

*Dates and times are subject to change

Call 245-7277
www.kauaihospice.org