



CONTEMPLATIVE VISION

AWAKENING TO BEAUTY, TRUTH & GOODNESS

Contemplative Outreach of Sacramento/Stockton Area (COSSA), along with Mercy Center Auburn, invites you to a day of silence, prayer, and reflection.

This day of silence will include several sessions of Centering Prayer, some teachings by Fr. Thomas Keating and Fr. Richard Rohr, followed by reflective sharing. Our day of prayer, contemplation, and peace will allow for a deeper journey into the healing silence of God.

Centering Prayer is a gentle, silent method of consenting to God's presence and healing action within us. Based on the rich Christian contemplative heritage, Centering Prayer offers each of us a way to be open to God. By taking time to "rest in God" each day, we open our awareness to the gift of God's "constant and persevering" presence.

NEW TO CENTERING PRAYER?

We will provide in-depth instruction and practice to all newcomers. These opportunities will help to fully acquaint you with this richly rewarding connection to God.

Saturday, October 8, 2016
(9:00am to 3:30pm)

Cost: \$35.00 (includes lunch)
(non-refundable payment due with registration)

sponsored by
**CONTEMPLATIVE OUTREACH
OF SACRAMENTO/STOCKTON
AREA (COSSA)**

Contemplative Outreach annually serves over 40,000 people; supports over 120 active contemplative chapters in 39 countries; supports over 800 prayer groups; teaches over 15,000 people the practice of Centering Prayer and other contemplative practices through locally-hosted workshops; and provides training and resources to local chapters and volunteers.

REGISTRATION FORM

Centering Prayer
October 8, 2016

Name: _____ Phone: _____

Address: _____ City/Zip: _____

Email: _____ Credit Card _____

Please check here if you are new to Centering Prayer \$35 (includes lunch) ___ Visa ___ MC Exp _____



Mercy Center Auburn • 535 Sacramento Street • Auburn, CA 95603 • 530-887-2019
or register online at www.mercycenter.org