



Laura Wood, CHt, BHE
Blissborn Founder

Laura has three amazing children. Her oldest son is in college now; her younger son and daughter keep her busy and happy. Before becoming a hypnotherapist and creating Blissborn, she was a full-time mom with degrees in Speech/Language Pathology and Psychology. She used hypnosis for the birth of her third child. Comparing her births (a previous Cesarean and another very, very long but natural hospital birth), she knows that hypnosis made her third labor easy, short and comfortable. At that moment, Blissborn was born.

Laura is always working on creating new content and programs for Blissborn. She coaches Blissborn Educators (see more about teaching Blissborn [here](#)). She also keeps close contact with the program and her passion by teaching Blissborn classes locally, and sometimes by phone or online with private clients. ([Contact Laura about her classes.](#))