



CARLISLE ACADEMY  
INTEGRATIVE EQUINE  
THERAPY & SPORTS

# **Michel Assouline**

## **Para-Dressage/Dressage**

### **2-Day Clinic**

*Coach Development Program*  
*Athlete Training*

**May 5 & 6, 2017**



**Designed & Hosted by**  
**Carlisle Academy Integrative Equine Therapy & Sports**  
**65 Drown Lane, Lyman, Maine**



Join us at Carlisle Academy in Lyman, Maine for 2-days of para-dressage and dressage education with renowned international trainer Michel Assouline. Carlisle Academy is proud to be recognized as a USEF/USPEA Para-Equestrian Dressage Center of Excellence, a Paralympic Sport Club, and a Premier Accredited PATH Center.

***Para-dressage athletes, dressage riders, and qualified disabled veterans are encouraged to attend!***



Michel Assouline is an International Dressage/Para-Dressage Trainer with over a decade of Paralympic and FEI Dressage coaching experience. Riders will have 45-minute private mounted sessions each day along with lecture-based education. PATH Instructors and Dressage Coaches are encouraged to audit lessons and participate in coach development sessions. Each rider's personal coach may participate in *collaborative coaching* in the arena, allowing for individualized feedback, while assessing the riders' positional and gait challenges, adaptive equipment, and horse selection. Para-equestrians may also work with Carlisle's physical therapist in stretching and strengthening exercises to help athletes advance their skills along their sport journey. Trained program horses are available. may participate free of charge.

Lunch-time lectures will be given by on Michel on "*Selection of Suitable Horses*", "*A Coach's Perspective on 2016 Rio Paralympics*". Participants will receive a bound manual with information on the *Para-Dressage Classification Process, Adaptive Equipment & Compensation Aids, and Introduction to Para-Dressage Competition Rules*.

## **Summary Schedule**

### **Friday, May 5**

8:30-9:00 Viewing Room  
9:00-11:00 Viewing Room/Lecture

#### **Registration & Welcome**

***Coach Development Program (Riders Welcome):*** **Presenters: Michel Assouline & Sarah Armentrout** Review of all manual materials:  
*USEF & FEI Para-Dressage Rules, Classification, Adaptive Equipment/Compensating Aids, USEF's Para Dressage Program Structure & Pathways, Paralympic Military Program for Veterans.*

11:00-5:00 Indoor Arena  
12:30-1:30 Viewing Room  
1:30-5:30 CA Therapy Room  
  
6:30 pm DINNER on Farm

45 Min *Private Lessons* with **Michel Assouline**  
LUNCH LECTURE: *Selection of Suitable Horses*, **Michel Assouline**  
45 min. *Private PT Consults:* **Janet Smaldone, PT**, Carlisle Therapist  
(Optional, pre-registration required) Stretching & Strengthening  
Catered Dinner (all participants and guests welcome, RSVP required)

### **Saturday, May 6**

9:00 - 4:00 Indoor Arena  
12:30-1:30 Viewing Room  
4:30 Viewing Room

45 Min *Private Lessons* with **Michel Assouline**  
LUNCH LECTURE: *A Coach's Perspective on 2016 Rio Olympics*, **Michel Assouline**  
Closing Comments; Evaluations

# TUITION

## **Para-Dressage/Dressage Clinic - RIDER - \$500 for 2 Days/\$250 for 1 Day.** **(Lesson only option - no meals, lecture auditing, or manuals - \$150)**

Included in full tuition are all items listed below:

- Private lessons each day with Michel Assouline
- Optional PT Evaluations/Stretching & Strengthening Program
- Access to all lectures on equine/athlete topics by experts in the field
- Bound manual for Coaches/Riders on all lectures and Para-Dressage Rules, Classification, Adaptive Equipment
- Use of borrowed horse or stabling is included
- Lunch is included in camp fee on Friday & Saturday
- Informal dinner gathering Friday night is included



## **Para-Dressage/Dressage Clinic - COACHES/AUDITORS - \$125 for 2 Days/\$75 for 1 Day**

Participants' family members and support staff do not have to pay the additional audit fee.

- Observation of all lessons for educational purposes/Access to all lectures
- Bound manual for Coaches on all lectures and Para-Dressage Rules, Classification, Adaptive Equipment
- Lunch is included in camp fee on Friday & Saturday
- Informal dinner gathering Friday night is included



Carlisle Academy's Para-dressage clinics are recommended by the United States Equestrian Federation and the United States Para-Equestrian Association for coach development. CEU's are available to all coaches who complete this program towards a **Para-Equestrian Coaching Certificate Program** (in development).



**Meals:** A simple catered lunch will be provided on Friday & Saturday. All participants and guests are invited to a catered event at Spring Creek Farm, home of Carlisle Academy on opening night, Friday, May 5. Pre-registration is required for headcount. Please indicate any food restrictions on the registration form.

**Horses:** Appropriate and trained program horses are available for para-equestrian athletes. Carlisle staff horse handlers are on-hand for assistance with borrowed horses. Stabling is also available for riders who choose to bring their own horses. Shipped-in horses must be up-to-date on vaccinations and with current Coggins (1 year). Turn out is not available. *Borrowed horses and stabling expenses are provided free of charge, courtesy of Carlisle Academy.*

**Attire:** You must wear an ASTM/SEI approved helmet with fastened harness at all times while mounted. Breeches, belt, half-chaps or tall boots are appropriate attire. Shirts should be neat and workmanlike. Bring warm layers.

**PT Consults:** Camp participants will have access to optional, private consults from licensed professionals in physical and therapy, free of charge. Please review bio for more information. Pre-registration is required.

**Overnight Accommodations:** There are many other hotel options in the Kennebunk/Kennebunkport area and can be found on our website at [www.carlisleacademymaine.com](http://www.carlisleacademymaine.com), under the "Leadership Institute" button. (Or see the attached info sheet).



# Registration Details

**CARLISLE ACADEMY** – The Academy is a founding center of the USEF/USPEA Para-Equestrian Dressage Center of Excellence, and one among three centers nationally. Since 2009, Carlisle Academy has been designing and conducting para-dressage camps and intensive training programs with international clinicians and judges at our training center in Maine as well as other select national locations. Emerging para-dressage athletes and coaches gain access to an international para-dressage coach, adaptive instructors, as well as an on-staff physical and occupational therapists to provide professional assessments, collaborative coaching, and innovative training to enhance performance development in the sport.



**Farm Facilities:** The 150-acre private facility is centrally located in Southern Maine, just 30 minutes from Portland, ME and Portsmouth, NH. Fly into Portland, ME, Manchester, NH or Boston, MA airports. The Academy provides an ideal environment for training. With two indoor arenas, two outdoor arenas, including a full-size dressage arena, a therapy room and classroom, individuals and horses alike will find the space comfortable, peaceful and conducive to a productive learning experience. The facility is accessible with ADA-compliant restrooms, parking, viewing room/classroom, lift system, and mounting ramps.

**Camp Locations/Contact:** All demonstrations, therapist's assessments and mounted portions of the camp will be held at Carlisle Academy at Spring Creek Farm, 65 Drown Lane, Lyman, Maine (Office: 207-985-0374, Sarah Armentrout, Head of School, Carlisle Academy - mobile: 207-468-4035 [sarmentrout@carlisleacademymaine.com](mailto:sarmentrout@carlisleacademymaine.com)).



**Enrollment & Eligibility:** Enrollment is open to both able-bodied and para-equestrian dressage athletes and coaches. Athletes with disabilities must have with a FEI classifiable physical or visual impairment condition, be independent of sidewalking and horse handling support, and have interest in pursuing a competitive para-dressage track regionally, nationally, or internationally. No prior para-dressage competition experience is required. Preference is given to riders enrolled in the full clinic versus on a per diem basis. *Space is limited to 8 riders and 8 coaches. 2 alternate spots will be held in the event of rider cancellations.* (More info on para-dressage classification and eligibility at [www.uspea.org](http://www.uspea.org); [www.usef.org](http://www.usef.org).)

## **Scholarship Support/Discounts:**

**CCF FUNDING:** For all other para-eligible participants, the Carlisle Charitable Foundation, an independently governed 501(c)(3) organization and the Academy's philanthropic partner, supports para-equestrians who participate in Carlisle's camps and clinics. A scholarship funding request can be made through the "Zoe Fund" of Carlisle Charitable Foundation. More information is available at [www.carlislecharitablefoundation.org](http://www.carlislecharitablefoundation.org). 207-967-3242.



**VA FUNDING:** Para-eligible disabled veterans, members of the armed forces, and their coaches may participate free of charge. Limited scholarships are also available for PATH certified instructors who instruct veterans in adaptive equestrian sports. Special veterans funding has been awarded to Carlisle Academy from the U.S. Department of Veterans Affairs Adaptive Sports Program. In partnership with the United States Equestrian Federation (USEF) and Professional Association of Therapeutic Horsemanship International (PATH), this funding will help to increase and expand para-equestrian sport opportunities to disabled veterans and their coaches at the community, regional, and national levels.

FMI, Contact Sarah Armentrout at [sarmentrout@carlisleacademymaine.com](mailto:sarmentrout@carlisleacademymaine.com), 207-985-0374.

**SMDA:** State of Maine Dressage Association members are eligible for a 50% auditing discount.

## **Carlisle Academy Clinician & Faculty**

### **Michel Assouline, International Dressage/Para-Dressage Trainer, U.K. Coach Hall of Fame, U.K.**

**Sport's Elite Coaching Program Graduate:** Michel is a graduate of the French National Equestrian School, home of the Cadre Noir in Saumur and gained a vast international experience in the USA, France, Germany and the United Kingdom as an international dressage rider and trainer. Michel was long-listed to represent France at the Seoul Olympics and won the French National Championships in 2000. He has also scored numerous successes at International and National level. Michel was voted in 1995 UK Dressage Trainer of the Year, and is a member of the International Dressage Trainers Club. He is also currently on the British Dressage panel of trainers eligible to judge Potential International Dressage Horse classes and officiated several times at the Championships for four, five and six-year-old horse.

In 2005 Michel became the British Para-Equestrian Dressage Team Coach and has led Team GBR to riders to win Team Gold medals at the 2005 European Championships, the 2007 World Championships, the 2008 Beijing Paralympic Games, the 2009 European Championships, the 2010 FEI World Equestrian Games, the 2011 FEI Europeans, the 2012 London Paralympic Games, the 2013 FEI Europeans, the 2014 FEI World Equestrian Games, the 2015 FEI Europeans and the 2016 Rio Paralympic Games! At the Rio Games his athletes came back with a total of four silver and seven gold medals, medaling in all their classes contested. In November 2012 Michel was awarded the UK Sports Coach Medal and inducted in the Coaching Hall of Fame at the UK Coaching Awards ceremony. Later that year at the London Olympia International he received the prestigious British Equestrian Federation Medal of Honor. At the 2016 UK Coaching awards Michel Assouline along with Carl Hester, Angela Weiss, Lisa Hopkins and Helen Burt were awarded the Mussabini Medal – a sports award recognizing Coaches of British sports people and teams, and were inducted in the UK Coaching Hall of Fame. Michel recently successfully completed the inaugural intake of U.K. Sport's Elite Coaching Program.

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### **Sarah Chappell Armentrout, Head of School, Advanced PATH Instructor, Pony Club Instructor, Carlisle Academy**

As co-founder of Carlisle Academy, Sarah is involved in all aspects of managing the Academy, from organizational oversight and curriculum development, to strategic planning and farm management with her husband Nick and their 3 children. She has been in the field of equine-assisted therapy for 20 years and is a PATH, Intl. Advanced Riding Instructor as well as a PATH, Intl. Mentor. In the early 90's, Sarah benefitted from working at the National Center for Equine-Facilitated Therapy in Woodside, California under the tutelage of the late Barbara Heine, early visionary and founder of the American Hippotherapy Association. Sarah first became certified as a therapeutic riding instructor in 1995 during a three-year management term at the Sagebrush Equine Training Center for the Handicapped in Hailey, ID. While in Idaho, she also became a working student for Connected Riding Founder, Peggy Cummings. Today, Sarah enjoys teaching adaptive equestrian sports and Pony Club to Carlisle students, while also pursuing her own dressage training. Sarah serves as the Chair of the York County Committee of the Maine Community Foundation, is an active member of the United States Equestrian Federation Para-Equestrian Sports Committee, and sits on the National Advisory Council of the United States Equestrian Team Foundation.

### **Janet Smaldone, Physical Therapist, Hippotherapy Clinical Specialist, Carlisle Academy**

Janet joined Carlisle Academy as a physical therapist in 2011. She is a licensed physical therapist in four states, including Maine, and is a Hippotherapy Clinical Specialist credentialed by American Hippotherapy Certification Board. She has over 25 years of experience in primarily pediatrics in a variety of settings, including 10 years at National Center for Equine Facilitated Therapy located in Woodside, California. In addition, she is trained in Pediatric and Baby NDT (Neurodevelopmental Treatment) and Craniosacral Therapy Level I and II. She is a student of yoga, has taken many yoga training courses, and incorporates yoga into her practice as a physical therapist as well as her personal life. Janet is an active dressage rider and has had instruction in western, English, and dressage riding. Janet is currently pursuing National Para-Equestrian Classifier training.



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## Para-Dressage/Dressage Clinic – Michel Assouline Registration Form

May 5 & 6, 2017

(Please fill out one form per person)

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Email: \_\_\_\_\_ D.O.B: \_\_\_\_\_

### **RIDERS ONLY:**

Para Classification Grade (if classified): \_\_\_\_\_ National or International? \_\_\_\_\_ Para-Profile Number \_\_\_\_\_

Types of Para-Dressage (or other) competitions pursued to date (e.g. Local, USEF Recognized, National, International): \_\_\_\_\_

Do you use a wheelchair or other assistive technology? If yes, please specify: \_\_\_\_\_

Will you need a personal assistant/groom for riding? If yes, what specifically do you need assistance with? \_\_\_\_\_

Are you bringing a personal assistant with you? \_\_\_\_\_

Describe your mounting/dismounting process. Assistance needed. Header? Spotters? Block Mount/Ramp? \_\_\_\_\_

Any adaptive tack used? Can you bring with you? \_\_\_\_\_

I ride with a trainer on a regular basis (e.g. once weekly ++) Current Trainer's Name: \_\_\_\_\_

I ride my own horse/leased horse on a regular basis: How many times per week? \_\_\_\_\_

I take lessons on a regular basis and am actively competing in local/regional/national shows: \_\_\_\_\_

### **Horse Information (riders only)**

☐ **I am bringing my own horse (stabling is provided free of charge courtesy of Carlisle Academy)**

*You must supply your own food, hay and water buckets. Bedding and daily stall cleaning is provided; morning and evening feeding can be done by barn staff. Please note: Daily turnout is not available. Must send in advance copies of current Coggins and vaccination records.*

Horse's Name: \_\_\_\_\_ Breed: \_\_\_\_\_ Color: \_\_\_\_\_

Sex: \_\_\_\_\_ Age: \_\_\_\_\_ Height: \_\_\_\_\_ Horse's Owner: \_\_\_\_\_

Anticipated Truck-in/truck-out days and times: \_\_\_\_\_

☐ **I will need to borrow a horse (horse use is provided free of charge courtesy of Carlisle Academy & friends of the Academy)** Please describe the horse you are presently riding, and include any specific information that will help us make the best match to suit your needs (height, breed, temperament): \_\_\_\_\_

**COACHES ONLY**

I am actively coaching a para-equestrian athlete \_\_\_\_\_ Grade: \_\_\_\_\_

Name of Athlete: (Not required) \_\_\_\_\_

Types of Competitions pursued to date (e.g. Local, USEF Recognized, National, International): \_\_\_\_\_

I am interested in pursuing Certification as a National/International Para-Equestrian Coach \_\_\_\_\_

My Current Level of Training and Qualifications are as follows (e.g. USDF Instructor, Medalist; Judge, PATH/CHA Certification, BHS, USHJA Instructor &amp; Other Credentials: \_\_\_\_\_

**SUPPORT PEOPLE:***Please complete with the names of any support people who will be attending with you.*

Personal Care Attendant: \_\_\_\_\_

Other Family member(s): \_\_\_\_\_

**Tuition:**

RIDER Full Tuition -includes both days \$500 \_\_\_\_\_

RIDER Per Diem Cost - Which day? \_\_\_\_\_ \$250 \_\_\_\_\_

RIDER Lesson only option - Which day? \_\_\_\_\_ Best time: \_\_\_\_\_ \$150 \_\_\_\_\_

COACH Full Tuition - includes both days \$125 \_\_\_\_\_

COACH Per Diem Cost- Which day? \_\_\_\_\_ \$75 \_\_\_\_\_

\*Riders/coaches registered for full camp tuition do *not* need to pay additional per diem meals.**Optional activities:** I would like to sign up for:☐ PT Consult (no fees)**Additional meals** (for guests only, see note above).

Opening Dinner, May 5, 6:30pm \$25 \_\_\_\_\_

Lunches only per day \$10 \_\_\_\_\_

Please indicate any Special Dietary Requirements: \_\_\_\_\_

**Total Fee:** \$ \_\_\_\_\_**I have applied for veterans funding (rider or coach)** \_\_\_\_\_**I have applied to the Carlisle Charitable Foundation for a scholarship :** \_\_\_\_\_**I am a SMDA Member eligible for a 50% auditing discount:** \_\_\_\_\_**Registration Due Date: Postmarked or faxed by April 28, by 5pm. Deposit of \$250 is required to hold a spot.**

Send attention: Sarah Armentrout, Carlisle Academy, 65 Drown Lane, Lyman, ME 04002. Fax # 207-985-7937, Tel # 207-985-0374, sarmentrout@carlisleacademymaine.com.

Paying by Credit Card: ☐ Mastercard ☐ Visa ☐ Paying by Check: Please make check payable to Carlisle Academy.

Credit Card# \_\_\_\_\_ Authorized Amount:\$ \_\_\_\_\_

Expiration Date: \_\_\_\_\_ V-Code \_\_\_\_\_

Signature: \_\_\_\_\_