

# American Heart Association Heartsaver CPR AED

**Instructor: Kelly Burton, BS, LMT**

**When: Sunday, March 11, 2018; 1:30PM-4:30PM**

**Course Fee: \$62 (Separate Fee from the Conference)**

**About the Instructor;** **Kelly Burton, BS, LMT** has been a Licensed Massage Therapist for Baptist Health Corbin hospital for over 16 years. She is also an American Heart Association Instructor. She is passionate about teaching professionals and community members CPR emphasizing the importance of being prepared for emergencies because you never know when a situation may arise. She resides in London, Kentucky with her husband Jason and son Andrew.

**Course Description:** This course is designed to prepare students to provide CPR and AED (automated external defibrillator) use in a safe, timely, and effective manner. Heartsaver courses are intended for anyone with little or no medical training who needs a course completion card for job, regulatory (e.g., OSHA), NCBTMB, or other requirements.

After successfully completing this course, students should be able to:

- describe how high-quality CPR improves survival
- explain the concepts of the Chain of Survival
- recognize when someone needs CPR
- perform high-quality CPR for an adult alone or as a team member during multi-rescuer CPR
- give effective breaths using mouth-to-mouth or a barrier device for all age groups
- demonstrate how to use an AED on an adult
- describe when and how to help a choking adult or child

Upon successful completion of the course, including a CPR and AED skills test, students receive a Heartsaver CPR AED course and a E-card completion card will be emailed to you that is valid for two years.

## **What to Bring:**

- Pocket Mask or a Training Only Mask will be available onsite for FREE
- 2015 Heartsaver CPR AED Student Workbook (available for purchase on-site for \$3)