

# start smart

Get out. Get going.

CITY OF KEARNEY PARK & RECREATION

KPR PO Box 1180 / Kearney, NE 68848 / 2005 1st Avenue / 308-237-4644 / Mon. - Fri. 8am-5pm / [www.kearneyrec.org](http://www.kearneyrec.org)



## Parent/Child Sports Development Programs

- ✓ The START SMART Sports Development Program brings parents and children together to have fun and practice fundamental skills in a fun, non-threatening environment.
- ✓ **Start Smart Sports Development** introduces kids to a variety of sports in a fun-filled four week program.
  - Week 1 - Soccer: Learn dribbling, passing and shooting fundamentals.
  - Week 2 - Tennis and Volleyball: Learn to serve, spike, smash and volley with hand and racquet.
  - Week 3 - Basketball: Get ready for March Madness with dribbling, shooting and passing fun.
  - Week 4 - Baseball and Softball: Hit, run, catch and throw just in time for spring training.
- ✓ **Start Smart Baseball/Softball** dives deeper into the fundamentals, with an emphasis on FUN! Participants will learn the basics of how to catch, throw, hit and run the bases. Each day will end with a fun game.
- ✓ This program teaches parents how to practice sport specific skills with their children, and help give them a positive and successful start in sports.
- ✓ START SMART utilizes the unique line of Koosh products, which have been proven to be safe in developing motor skills in children.
- ✓ Endorsed by the National Alliance for Youth Sports. Led by full-time KPR Staff and hired KPR Coaches.



**Ages:** 4 – Kindergarten, Must be accompanied by a parent/guardian

**Program Fee:** \$19.00 per program



### #240 – Start Smart Sports Development

12:30 – 1:30pm

Saturday

Feb. 4-25

Horizon Middle School Gym



### #241 – Start Smart Baseball/Softball

6:00 – 7:00pm

Tuesday (Make-ups will be Thursday)

April 4 – April 25

Harvey Park West Soccer Fields

## registration form

**RETURN THIS FORM WITH FEE TO:** KPR PO Box 1180 / Kearney, NE 68848 / 2005 1st Avenue / 308-237-4644 / Mon. - Fri. 8am-5pm / [www.kearneyrec.org](http://www.kearneyrec.org)

**METHOD OF PAYMENT** Check Enclosed ☐ Cash enclosed ☐ Make Checks Payable to "City of Kearney"

Visa® ☐ Mastercard® ☐ Discover® ☐ Credit Card #  Exp. Date  CCV#

3 DIGIT CODE ON BACK OF CARD AUTHORIZED SIGNATURE

FAMILY NAME  HOME PHONE  WORK PHONE  EMAIL

ADDRESS  CITY  STATE  ZIP



PARTICIPANT'S NAME	M/F	AGE	DATE OF BIRTH	GRADE	SCHOOL	PROGRAM #	ACTIVITY	FEE
								\$
								\$

Please describe any special needs or accommodations that you or your child may require

TOTAL \$

**NOTE: YOU WILL NOT BE MAILED A WRITTEN RECEIPT. ASSUME THAT YOU ARE IN THE ACTIVITY UNLESS OTHERWISE NOTIFIED.**

**PARTICIPANT RELEASE STATEMENT:** We understand the activities that my family has enrolled in, and I hereby give my permission and consent for their participation. Furthermore, I recognize that proper care of equipment, fields and adequate supervision will be provided, but that inherent in these activities is a degree of assumption of risk. I do hereby absolve, release and agree to hold harmless and City of Kearney, it's sponsors, leaders, agents and volunteers from liability claims in case of accidents to all family members enrolled in these programs.

**PHOTO PERMISSION:** We the parents or participating individual, grant permission for pictures to be used in the City of Kearney Park & Recreation publicity materials.

PARENT/GUARDIAN/ADULT PARTICIPANT SIGNATURE:  DATE:

Official Use