



**Help make this holiday season memorable for a family in need in your community by “Adopting-a-Family”!**

CHR's Adopt-a-Family Program will match families in our system to organizations, families and individuals who would like to help make their holidays a little more special.

Those who participate in the program will be provided with a wish list from a designated family.

Monetary donations to CHR are also welcome to help purchase much needed items for adults in our residential programs.

For more information about CHR's Adopt-a-Family Program, or to be matched with a family in need, contact:  
Development Director, Liz Fongemie,  
at 860.697.3505 or  
[ebarton-fongemie@chrhealth.org](mailto:ebarton-fongemie@chrhealth.org).

**THANK  
YOU!**



**REAL LIFE. REAL HOPE.**

CHR's mission is to help adults, children and families find Real Hope for the challenges of Real Life. To learn more, visit: [CHRHEALTH.ORG](http://CHRHEALTH.ORG)

