

Generational Curses and Generational Blessings Part 1:

Breaking out of the Negative and Securing your Spiritual Inheritance



Video Teaching – Link Here:
<https://youtu.be/w7i4gNFxCXA>

Part One: Generational Curses: Breaking out of the Negative

Introduction:

We hear much about generational curses today. In my own family there was a commonly held believe in what was called the “Walden Curse”. One member of the family put it this way “everything I touch turns to brass – I feel like Esau passed over by God in favor of a Jacob”. There was in our family history ample justification for believing in such a thing. Opportunities turned sour. Blessings withering on the vine. Failed business ventures. Small rewards garnered for great efforts put forth. Seemingly this arose from the very DNA of our family and evidenced itself in several generations of our line.

There is scriptural precedent for the idea of a generational curse:

Exodus 34:7, "Keeping mercy for thousands, forgiving iniquity and transgression and sin, and that will by no means clear the guilty; visiting (punishing) the iniquity of the fathers upon the children, and upon the children's children, unto the third and to the fourth generation."

Lamentations 5:7, "Our fathers have sinned, and are not; and we have borne (been punished for) their iniquities."

As a young pastor I was convinced of the existence of this curse over my family name and made up my mind that I would rise above it. After much prayer and seeking God there were several things that I was led to do:

1. Prayer for discernment and clarification.
2. Prayer to break the curse.
3. Fasting
4. Identifying family traits and purposely ruling against them.
5. Patient continuance and self evaluation until results came.

Prayer for Discernment and Clarification:

Generational curses arise from generational iniquities. The truly telling issues that are robbing you of your blessing can be very hard to identify. David said in the Psalms:

[Psa 19:12 KJV] 12 Who can understand [his] errors? cleanse thou me from secret [faults].

Prayerfully and transparently inquire into your personal history and your family history. Make note of any occult involvement or membership in denominations or organizations whose beliefs violate scriptural truth or principle. Pay attention to any crimes committed or the abuse of others (child abuse, spousal abuse; slavery; hard hearted attitude toward hired help, neglect of the poor, rejection, hatred, prejudice - hidden in your generational narrative.). Pray out the consequences of illegitimate children born into your family line (De. 23:2); drug and alcohol abuse; also infidelity, incest and/or deviant behavior (1 Cor. 6:9). All of these things create a breach in your life that can affect your family for generations. Pray over these things in your own life thoroughly. Also pray over your now deceased relative's iniquities in these areas as though you were repenting for it yourself (more on this later in the study). Take time to linger in prayer and be willing to dig deep and look honestly at yourself and your family history to expose those things that are holding you captive.

Prayer to Break the Curse:

Once familial traits contrary to the character of Christ are identified they must be repented of verbally and out loud. Repentance breaks the curse more than saying "I break the curse". Even when you find in your family history iniquity in those now dead you can repent for your family line. One of the great intercessory prayers of the bible was a prayer to break a generational curse:

[Neh 1:5-6 KJV] 5 And said, I beseech thee, O LORD God of heaven, the great and terrible God, that keepeth covenant and mercy for them that love him and

observe his commandments: 6 Let thine ear now be attentive, and thine eyes open, that thou mayest hear the prayer of thy servant, which I pray before thee now, day and night, for the children of Israel thy servants, and confess the sins of the children of Israel, which we have sinned against thee: both I and my father's house have sinned.

Fasting:

During this time in my life I gave myself over to frequent and prolonged fasting. This isn't easy to hear and even more difficult to implement but how committed are you? Do you really want change or are you simply toying spiritual with the idea of generational curses in hopes of finding a quick fix to your situation? For a good primer on fasting including practical advice and implementation look up Franklin Hall's "Atomic Power with God through Fasting and Prayer".

Isaiah speaks out and instructs that fasting can be a key to breakthrough in the area of breaking generational bondages and the dearth of unanswered prayer in your life.

[Isa 58:6, 8-9 KJV] 6 [Is] not this the fast that I have chosen? to loose the bands of wickedness, to undo the heavy burdens, and to let the oppressed go free, and that ye break every yoke? ... 8 Then shall thy light break forth as the morning, and thine health shall spring forth speedily: and thy righteousness shall go before thee; the glory of the LORD shall be thy reward. 9 Then shalt thou call, and the LORD shall answer; thou shalt cry, and he shall say, Here I [am]. If thou take away from the midst of thee the yoke, the putting forth of the finger, and speaking vanity;

Identifying Family Traits:

In the process of dealing with these issues in my life there were several family traits that surfaced to my attention that I knew in my belly had to be dealt with. The generational iniquities evincing the curse will be found in your character outside of Christ. Here are a few that are common in addressing attitudes and personality types that arise especially vulnerable from generational curses:

- Pessimism
- Sarcasm
- Greed
- Pride
- Temper
- Prejudice
- Poverty Mentality
- Religious Spirit
- Sectarian Attitudes

Willful Ignorance
Victim Mentality
Hedonism
Unrestrained Appetites

These are to name just a few. In my own life I identified a family trait of pride that was actually a boast among our family members. At family reunions we would gather and make reference to our qualities with the observation “after all – we’re Waldens!” This was nothing but rank pride. In addition to that I found sarcasm and pessimism running deep in our family character. Gallows humor was frequently resorted to as a way of relieving pressure. I also found that our family line often demonstrated the odd disparity of stubbornness and lack of commitment. There were times through our family history that individuals demonstrated inability to stick with a course of action, always looking for the “grass to be greener” on the other side – whether it was in business or family matters or in church affiliations and choices. It made us flighty and unreliable. On the other hand I found at times a reticence to change and an entrenched determination of refusing to be flexible or yielding to the Lord’s leading.

I spent many years fasting, praying and purposefully and painfully ruling against these traits that I knew by God’s revealing were keeping me from God’s best. It wasn’t easy and I failed miserably and often.

Family members didn’t understand. I was viewed as high minded and “holier-than-thou”. There are spirits (demons) associated with family lines called “familiar spirits” and they will manifest in you and in those closest to you when you determine to break free. Be prepared to pay the price of estrangement from family members if you decide you will surrender your fleshly legacy for your inheritance in Christ.

Patient Continuance in Enduring and Self Evaluation:

Generational curses don’t go away like a puff of smoke. Like weeds in the garden they grow back. You may give yourself over to great effort and find a measure of freedom but remember – you didn’t get this way over night and things won’t change over night. Be determined. Be consistent. Stick with it. Fight the battle. Patiently endure the criticism without falling in the gravity well of family strife and disputes. Keep your eyes on Jesus. Keep moving toward the prize of the high calling in Christ.

Conclusion:

Over time even in my early twenties I began to experience a sea change in my situation. Fear of failure was eliminated which had gripped me deeply. Fear of disease was broken that had plagued me and greatly distracted me in my walk with

God. The pattern of my life began to reflect a disparity to the common pattern established in my family line. I stuck with things and maintained my assignments while at the same time holding everything loosely and making the effort to be willing to change. I saw my life begin to experience the blessing of God in ways that were atypical for members of my family line. I fulfilled my destiny as I understood and in due course experienced a great release that caused me to break out of the familiar boundaries that had held back others in my family. Dreams began to be fulfilled. Prayers were answered. Pressure was broken. A measure of success came that was at the top of the curve for what was common for my family from a generational measurement.

A day doesn't go by that I am ruling against ungodly family traits in my character. Things I will not say. Conduct and activities I will not participate in. Grumbling and complaint and whining that I refrain from though it creates pressure in my life because I don't allow myself to "vent" in an ungodly way. It isn't always easy but the dividends have been great and continue to reshape my life according to God's plan and pattern and not the very human and flawed replication of generational failure and iniquity that is found in every human family.

This can be your experience as well as you give yourself over to a spirit of humility and transparency. Make up your mind to face the issues and do the work and you will see relief in this area.