

## ABOUT US

Phoenix Children's Adolescent Medicine Program provides state-of-the-art, comprehensive primary and specialty care to patients ages 11 to 21 years old. Adolescent medicine exists to bridge the gap between pediatrics and adult medicine, ensuring quality care is provided at every developmental stage of a person's life.

In addition to primary care services such as well visits, sports physicals, immunizations, sick visits and preventive counseling, our adolescent medicine specialists are the first touch point for coordinating specialized care for a variety of disorders and health issues.

## CLINICAL HIGHLIGHTS

### Adolescent Sexual and Reproductive Health

- Pregnancy testing
- Birth control/contraceptive counseling and management
- HIV testing and treatment
- Sexually transmitted infection testing and treatment
- Male and female sexual dysfunction

### Growth Disorders

- Delayed puberty

### Menstrual Disorders

- Absent/lack of periods
- Heavy periods
- Irregular periods
- Polycystic ovarian syndrome
- Dysmenorrhea
- Menstrual regulation and suppression

### Gay, Lesbian, Bisexual, and Transgender Health

- Gender identity concerns
- Sexual orientation concerns
- Transgender care, including hormonal therapy

### Eating Disorders

- Anorexia nervosa
- Bulimia nervosa
- Binge-eating disorder
- Avoidant/restrictive food intake disorder
- Pica
- Rumination disorder

### Chronic Pain

- Complex regional pain syndrome
- Fibromyalgia

### Behavioral Health

- Depression
- Anxiety
- Substance use and abuse
- School failure and academic under achievement
- Attention deficit hyperactivity disorder

### Chronic Illnesses and Youth with Special Health Care Needs

- Chronic illnesses
- Special needs

### Homeless and Runaway Youth

• Phoenix Children's Adolescent Medicine Program is committed to caring for youth not only in outpatient and inpatient settings, but also underserved youth in the community through the Crews'n Healthmobile, a mobile medical unit (MMU) that brings free, comprehensive medical help directly to those in need.

The MMU and fixed site clinic operate Monday through Friday at numerous sites in the Valley. It also operates at the UMOM Wellness Center several days a week. The rest of the time the MMU is making its way around the Valley where homeless and at-risk children, adolescents and young adults are known to gather.



## TO MAKE A REFERRAL

Our staff is always willing to accommodate the needs of your patients. If your patient is in need of adolescent medicine services, please refer them to our appointment line, (602) 933-0945. Need help or more information? Contact (602) 933-0653.

## PROGRAM LEADERSHIP



**Veenod Chulani, MD, MSEd, FAAP, FSAHM, CEDS**, section chief of Phoenix Children's Adolescent Medicine Program, is board certified in pediatrics and adolescent medicine and one of only a handful of adolescent medicine specialty providers in Arizona.

Dr. Chulani completed his pediatric residency at Maimonides Medical Center in New York, where he also served as chief resident. He also completed clinical and research fellowships in adolescent medicine at Children's Hospital Los Angeles.

Dr. Chulani's clinical and research interests include adolescent sexual and reproductive health, including the care of gay, lesbian, bisexual, transgender and questioning youth and eating disorders. He has lectured nationally and internationally on a host of topics related to adolescent medicine.



**Michelle Huddleston, MD, FAAP**, is board certified in pediatrics and internal medicine and is a clinical assistant professor of pediatrics and internal medicine at the University of Arizona College of Medicine. She is also the associate program director of the combined Internal Medicine Pediatric Residency Program at Banner University Medical Center of Phoenix and Phoenix Children's Hospital.

Dr. Huddleston has worked in the General Pediatrics Division at Phoenix Children's since 1999, starting the first dedicated adolescent practice at Phoenix Children's in 2000. Her special interests in adolescent health include the care of teenage parents and their children, reproductive health in teenage women and care of homeless youth.



**Sarah Beaumont, MD, FAAP**, is a general pediatrician in Phoenix Children's Adolescent Medicine Program. Dr. Beaumont is board certified in pediatrics and is a clinical assistant professor of pediatrics at the University of Arizona College of Medicine. She has worked in Phoenix Children's Department of Pediatrics since 2005.

Dr. Beaumont is passionate about adolescent health care and currently the adolescent rotation program director for Phoenix Children's Pediatric Residency Program. She works with homeless youth on the Crewsn' Health Mobile and serves as a physician at Phoenix Job Corps. Dr. Beaumont also helped create and currently works in the Outpatient Complex Pain Program at Phoenix Children's, serving children with complex, chronic pain.

