



Birth control matters. It gives women the power to decide if, when, and under what circumstances to get pregnant, which benefits women themselves as well as men, children, and society. That's why we want you to join us on **Wednesday, November 15th** to say ***Thanks, Birth Control!***

WHY SAY THANKS?

Birth control makes so much possible. It helps fight poverty and reduces taxpayer burden. It leads to more educational and economic opportunities. It even contributes to healthier babies and more stable families.

But even though most single young adults say they don't want a pregnancy right now, 4 out of 10 do not use contraception consistently.

The good news is that 8 in 10 adults agree that if more people were comfortable discussing birth control, more people would use it. By talking about birth control we make it approachable, better understood, and more widely embraced. So, let's remove the controversy and the politics, and give birth control the positive attention it deserves.

HOW CAN I GET INVOLVED?

We have e-cards, social media messages, and statistics worth sharing with your friends, family, colleagues, and everyone in between. Get ideas and get informed at Bedsider.org and TheNationalCampaign.org.

We also have fantastic *Thanks, Birth Control* hats and t-shirts that range from the funny to the inspirational. Find the one that's right for you at TheNationalCampaign.org/thxbirthcontrol then wear it, snap a selfie, and share the love on your social channels. Make sure to post it on **November 15, 2017** with hashtag **#ThxBirthControl**.

YOU'LL BE IN GOOD COMPANY.

Each year, the #ThxBirthControl effort is joined by thousands of leaders in media, business, education, entertainment, and government. Past participants include MTV, Dr. Drew, Perez Hilton, The Huffington Post, BET, Univision, *Cosmopolitan*, and the U.S. Department of Health and Human Services—just to name a few. This year should be even bigger, and we'd love for you say #ThxBirthControl, too.

HAVING THE POWER TO DECIDE IS KEY.
SAY IT WITH US: THANKS, BIRTH CONTROL.

The National Campaign to Prevent Teen and Unplanned Pregnancy is a private, non-profit, non-partisan organization. Bedsider is the Campaign's online birth control network for women 18-29.