



Support.  
Train.  
Engage.  
Prepare.

## Summit Breakout Session Themes

Collective STEP will convene 3, 1.5-hour breakout sessions that will be presented at three different times throughout the day. Breakout sessions must reference proven results of effectiveness, current promising and/or best practices. Themes include: Inclusive Practices and Diverse Populations, Adolescent Health Issues on Point, Taking Action, Improving Adolescent Health and Wellbeing and Positive Professional Development.

A stipend of up to \$500 will be given to selected abstract presentations. All proposals are due by Monday, January 8, 2018. If you would like to propose more than one breakout session, please fill out a separate Google form for each proposed breakout session.

### **Adolescent Health Issues on Point**

Emerging and re-emerging adolescent health-related issues demand that youth serving professionals continue to look for new and timely strategies that make a difference. We seek abstracts that focus on emerging and re-emerging concerns that affect adolescent health. We strongly encourage the inclusion of youth participation for the purpose of ensuring participants learn directly from youth. Examples would be: Teen Panel, Case Studies, Round Tables, Video, etc. Example topics in this area include sexually transmitted infections, teen pregnancy prevention, violence prevention, substance abuse, bullying, and behavioral health.

### **Inclusive Practices and Diverse Populations**

With cultural competency at the forefront of how we improve lives and impact social outcomes for youth, how can we promote action and empowerment? We seek abstracts that focus on cultural competency, cultural humility, and inclusive practices as a foundation for increasing health equity and improving health outcomes for diverse populations. Examples of topics and health programming in this area include LGBTQ+ youth populations, racial and ethnic communities, vulnerable and underserved populations, and individuals with disabilities are encouraged.

### **Taking Action, Improving Adolescent Health and Wellbeing**

When new challenges arise and old solutions become stagnant, how do youth-serving professionals take action to improve the health and wellbeing of the youth they serve? We seek abstracts that demonstrate how organizations are working collaboratively to sustain adolescent programming. Examples include technology, partnerships, policy development, and capacity building.

### **Positive Professional Development**

How do youth-serving professionals and colleagues in collaborative sectors, take a step back from everyday work to focus on support and personal growth to be renewed in their commitment to youth. We seek abstracts that enhance the motivation and skills of professionals and help create a culture of health and wellness. Example topics include abstracts that incorporate interactive applications in areas such as hope, self-care, physical, emotional, intellectual, social and mental health for the youth serving professional.