Charger Fit is proud to announce our first UA System Fitbit Program step challenge


How to join:

1. Select Challenges on your Fitbit app
2. Select the UAH-New Year New You challenge
3. Select join
4. Start walking

Ways to earn your steps:

1. Walk at lunch
2. Walk around your building every hour
3. Park farther away from your building
4. Use the walking track at the University Fitness Center
5. Walk around the Charger greenway

All participants will receive a t-shirt and be placed in a drawing for a $50 gift card!

The participants on the winning team will receive a lunch in their honor.

You can still join the Fitbit program! Sync your device here.

Want to purchase a Fitbit device at a discounted rate? Click here. (Enter your A# as your discount code)

Remember, the goal is to reach 10,000 daily steps. Keep up the great work and stay moving!

Visit our Fitbit page for more information.