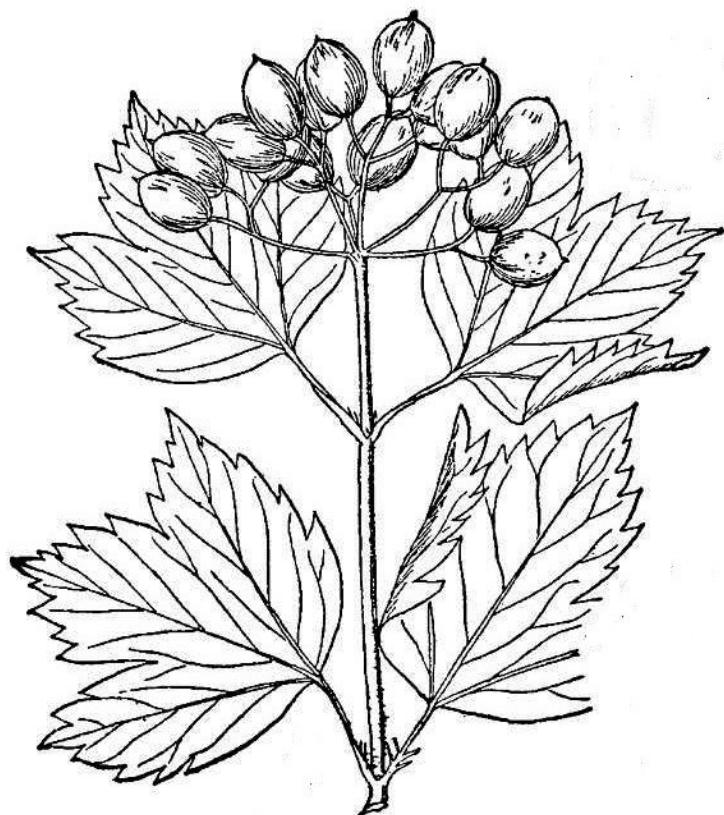




MAYFLOWER

The Newsletter of the Garden Club Federation of Massachusetts

Winter 2018 - 19



NATIVE SHRUBS: **Highbush, American Cranberry (*Viburnum opulus L.*)**

TOWER HILL BOTANIC GARDEN


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And

KILLERS


PLANTS FROM THE
APOTHECARY GARDEN

FEBRUARY 1-MARCH 3

Come and discover the mystical and
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MAYFLOWER

Official Publication of The Garden Club Federation
of Massachusetts, Inc.

GCFM OFFICE
400 Fifth Ave., Suite 110
Waltham, MA 02451

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Volume 25
11,021 members

Number 2
177 clubs

Organized in 1927 and Incorporated in 1949

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EDITORIAL AND ADVERTISING DEADLINES

June 10th – Sept./Oct./Nov. Issue
September 1st – Dec./Jan./Feb. Issue
December 1st – March/April/May Issue
March 1st – June/July/August Issue

MISSION STATEMENT

The Garden Club Federation of Massachusetts, Inc., is dedicated to assisting our member clubs with education and appreciation of Horticulture, Landscape and Floral Design, Gardening and Environmental concerns.

President's Message



As I write this message to you I can see the wind whipping and bending the bare trees and evergreens in my yard beyond the little piles of snow

remaining from the rather early pre-Thanksgiving snowstorm. Leaves that I hoped would stay on my gardens as mulch have blown away. Without a doubt, winter is nipping in and there is no turning back. All too soon the snow will return, wrapping us in until Spring's hopeful return.

We are right in the middle of the Holiday Season, with Thanksgiving just behind us. I think that throughout, amidst the bling, noise, and endless cheery assaults, we can find some time to reflect, be grateful, and look forward to a new year. I am endlessly thankful to each of you and, especially, to the GCFM Board of Directors for assistance and inspiration during my term. As has been said before, it takes a village. I have some great neighbors.

In October GCFMs Fall Conference was held at Massachusetts Horticultural Societies' 'Elm Bank'. The morning's keynote speaker was Claudia Thompson of 'Grow Native Massachusetts'. Her inspiring new presentation 'Garden Clubs and Conservation; The Power to Lead' hit on some notes that GCFM is trying to rise to as we welcome a new wave of members interested in sustainability and conservation. If you were unable to attend, please check out the Grow Native Massachusetts website www.grownativemass.org. Following was a presentation of grant awards by the Civic and Historic Grants committee.

Committee chair Leslie Frost presented monetary awards to the Colonial Garden Club of Marlborough, the Stoneham Garden Club, the Williamstown Garden Club, and the Wollaston Garden Club. Hearty congratulations for your successful projects! For more information, please see the GCFM website for this and all other available awards. We were fortunate to have Yvonne Capella, chair of GCFMs Judges Council present the afternoon program. We titled it 'Demystifying the Standard Flower Show'. We hope that Yvonne's encouraging words and informative presentation will inspire you to enter, help with or, put on a flower show!

It was a chilly but rewarding day at Elm Bank. The afternoon was concluded by tours of the gardens at Elm Bank. We would like to thank our partners at Massachusetts Horticultural Society for hosting us and offering discounted membership to Mass Hort. for both individuals and Clubs. Please see the Mass Hort. website for exciting details (www.masshort.org)

At long last, and after many promises, the new GCFM website is ready to go above ground. I don't think that we had any idea how many fits and stops we'd have to go through to get everything into place and ready for use. I hope that by the time this message reaches you we will finally be live and ready for work. Please check us out!

After many months of search and preparation GCFM has secured a new, brighter, better office space. Our intrepid office assistant Lyn Hoyt is ensconced in her new digs ready to help whenever she can lend. The new address is 400 Fifth Avenue, Suite 110 Waltham,

(Continued on page 6)

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The *Mayflower* will not publish information on any youth under the age of 18 without the signed permission of the child's parent or legal guardian. A release form is available at

<http://www.gardenclub.org/resources/ngc-publication-release-fillable-01.pdf>.

The completed form must be submitted to the GCFM, Inc. Office,
219 Washington St., Wellesley Hills, MA 02481,
gardenclubfedma@gmail.com

To list an event in the Calendar:

Send date, time, location, sponsoring club, event or program title, cost (if applicable) and contact person's name, email and/or telephone # to:

CalendarEditor@hotmail.com

COVER STORY

Viburnum opulus

Viburnum opulus once classified as *Viburnum trilobum* is commonly known as American cranberry to distinguish it from the European cranberry. The true cranberry grown commercially for food is not a member of this family.

This is a deciduous shrub with a dense, rounded, spreading habit that grows 8 to 12 feet wide and high. It is native to swampy woods, bogs, lake margins, pastures, thickets, slopes and moist low places from New Brunswick to British Columbia south to New York, the Great Lakes, South Dakota and Oregon. It has a white 3-inch wide lacecap flower that blooms in April and May. The leaves are dark green with three lobes and have a maple leaf appearance and turn a pretty purplish-red in the fall. Clusters of cranberry-like red berries appear in fall. These berries are edible off the bush and are made into jams & jellies. The berries will shrivel with frost.

This shrub prefers sun to part shade. It is easily grown in average, moist, well-drained soils. It prefers loams with consistent moisture, but tolerates a wide range of soils. Prune as needed immediately after flowering. There are no serious insect or disease problems, but watch for aphids. *Viburnum* crown borer can cause stem dieback. *Viburnum opulus* is a native shrub that attracts both birds and butterflies.

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President's Message (Continued from page 4)

MA 02451. The telephone and website remain the same.

Greet this winter season with open arms. Let's keep the Thanksgiving message of gratitude in mind as we hunker down and take time to recharge. Please be in touch with us and let us know what you're looking forward to and, what you're thankful for. Stay warm, invigorate, and, get ready to "plant a seed"!

ATTENTION GCFM BOARD of DIRECTORS

Board of Directors Meetings will be held at The Espousal Retreat House and Conference Center on the following dates:

- Wednesday, December 5, 2018 10:30 AM

Beginning on March 6, 2019, Meetings will be held at a new location

Jill Malcolm, *Corresponding Secretary*

DIRECTIONS TO THE ESPOUSAL CENTER

554 LEXINGTON STREET, NORTH WALTHAM, MA 02452-3029

FRONT DESK: 781-209-3120

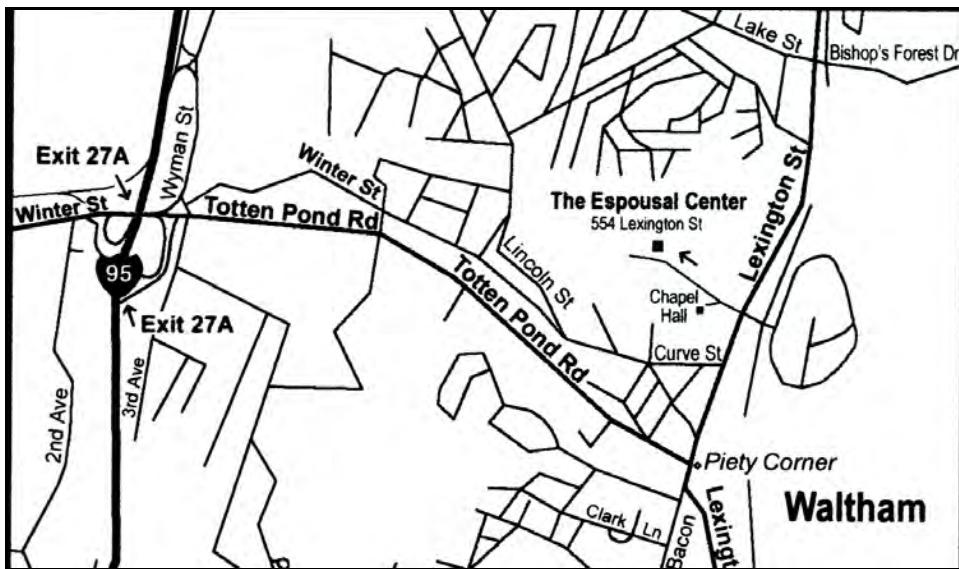
EMAIL: ESPOUSALCTRR@RCN.COM WWW.ESPOUSAL.ORG

PROGRAM COORDINATOR, JESSICA CIARIAMAGLIA: 781-209-3112

OFFICE HOURS: 10:00 – 4:00, MON-FRI

From the North: Exit Route 128/I-95 at Exit 27A, Totten Pond Rd. East. Follow Totten Pond Rd. 1.7 miles toward Waltham. Turn left at Lexington Street and go 0.3 miles to sign on left for 'Espousal Center'.

From the South: Exit Route 128/I-95 at Exit 27B, follow signs for Winter Street and turn right onto Wyman St. After 0.2 miles, turn left at traffic light for Totten Pond Rd. east-bound. Follow Totten Pond Rd. 1.7 miles toward Waltham. Turn left at Lexington Street and go 0.3 miles to sign on left for 'Espousal Center'.



IN MEMORIUM

NATALIE WOLF

October 10, 2018



Natalie Wolf, the matriarch, of the Garden Club Federation of Massachusetts, died in her Newbury, NH home on October 10, 2018 at the age of 98.

Natalie was a mentor to many in the garden club. She was a founding member of the Temple Shalom Garden Club. She held many leadership positions in the Federation and Massachusetts Judges Council in addition she chaired the New England Spring Flower Show Design Division. Natalie was a creative floral arranger and a winner of many awards including the James Taylor Arms award,

twice. In 1950 she began her passion for Ikebana. The minimalistic approach was seen in many of her creative designs. She considered her gardens in Newbury, NH and Newton, MA her Masterpieces. She was truly an amazing woman! She had an eye for beauty in art, design and landscape.

Outside of the garden club circuit, she is best known for her achievements in the installation of original art at NewBridge the Charles, an elder residence, operated by the Hebrew SeniorLife. At one point Natalie told me she was going to sell her home and move into the facility, but after much consideration she felt she was not quite old enough yet and was still driving at 92. It was at that time that Natalie and I talked about her legacy. She wanted to see it come to fruition before she passed, as she recognized she was not going to live forever. In collaboration with the Federation, we formed the Natalie Wolf Forum, which is held on the installation year, to celebrated the World of Art and Floral Design. I personally will miss her, but I could not describe her better than a quote from Natalie herself: “I have done everything I wanted to do” and have “enjoyed every day for what interesting things it may bring” “I’d say my hidden desire is to be able to make the day longer” I may try my best but I am not sure I could ever fill the shoes of this wonderful woman.

Donations can be made to the Natalie Wolf Forum Please mail to the GCFM Office 400 Fifth Avenue, Suite 110, Waltham, MA 02451

By Kathy Thomas, Former GCFM President and
New England Regional Director

(The Natalie Wolf Forum will be held at the GCFM Annual Meeting on June 5, 2019. More information will be forth coming closer to the event. Hold the date and plan to come and celebrate Natalie’s life.)

IN MEMORIUM
MARION RYAN
September 18, 2018



Marion Ryan, past president of the Garden Club Federation of Massachusetts from 1997-1999, died after a brief illness at the Brigham & Woman's Hospital on September 18, 2018 at the age of 92.

Marion was born in Dubuque, Iowa, the first of two girls. She was named after a young man who was dear to her family, and who had gone off to the Great War and not returned. She grew up in the small western Illinois town of Savannah, on the Mississippi River.

She attended Northwestern University, the first of her family to attend college. She met her husband, Ken, her senior year in Physical Chemistry class. They married at the end of the school year in June 1948 in Evanston, Illinois, four months after their first date. After graduation from Northwestern, they took the train east to Boston, where Ken had been accepted at Harvard Medical School. Marion majored in biology, but found she could support her husband better in these early years with secretarial work rather than using her degree. They couple moved a few times to Cleveland Heights, Ohio; to La Jolla, California, and back to the Boston area and Weston where Ken became a Professor of reproductive medicine at Harvard and worked at Brigham & Women's.

Marion was President of The Community League Garden Club of Weston, Chairman of both the Landscape Design Study Program of Massachusetts as well as the state Landscape Design Council, President of the National Landscape Design Committee, and Chairman of the New England Region Committee. And after all these exalted positions, when her garden club needed a treasurer, she agreed take on the job. Her focus was always on helping, giving back: through education, scholarships, civic development and historic preservation programs,

Those of us who worked with her envied her ability to prioritize her busy life as wife of a famous medical ethicist and mother of three while capably doing so much demanding volunteer work. She told her corps of volunteers, "Always put family before our work!" But although she did, we never noticed.

Marion really cared about her army of volunteers. She knew the names of their husbands, children and grandchildren, which were flourishing and which were not. She managed them as she did her family.

She taught herself to cook creatively and exceptionally well – Ken had learned to hate bad food in his year in the army. She loved cooking for his students and colleagues as well as for her gardening friends. She learned how to decorate from the repeated practice during their many moves. She taught herself to sew for her house and enjoyed making some of her own clothes. She took up tennis because Ken loved it. She grew interested in travel because he enjoyed it.

Marion's Christmas letters were always full of family news – the adventures and accomplishments of the children and grandchildren and eventually great grandchildren, and in later years, her delightful drives down to Florida, punctuated with scenic stops, with her devoted son Kip.

After her retirement from Garden Club positions, she continued to develop her own garden; a constant work in progress that continued to delight her through her 6 years of dialysis. Kip says he still has plants and bulbs she ordered for this fall and counted on him to enjoy planting.

Her love of her family, and theirs of her, illuminated her life and spread to all who were fortunate enough to know her.

Sally Muspratt remembers Marion Ryan:

I met Marion when she was running the landscape design school. It was her kindness that led me to complete the course and consider a second career in landscape design. It was again her kindness, and her cunning, that led me to various positions with the LDC. Mary Nokes and I used file cards to register the students, and she applauded when we hired a student to make us a computer registration program and rewarded us with an elegant lunch.

Once when I had a tiff with another volunteer, she listened understandingly to each of us, did not judge, and several weeks later gave each of us an identical beautiful Shaker box with thanks for our hard work. Mine remains on my desk to remind me of her gentle peacemaking.

I remember vividly them both, Marion and Ken, coming on a trip to Irish Gardens led by Marie Stella.....their delight in each other and in the gardens made the trip an outstanding one.

2018 FALL CONFERENCE AWARDS
GCFM FLOWER SHOW AWARD WINNERS

Polly M Povall Small Standard Flower Show Award
Acton GC for "Acting Outdoors"

Polly M. Povall Small Standard Flower Show Award
Falmouth GC for "Wonderlust"

Polly M. Povall Small Standard Flower Show Award
Wareham GC

Georgia McHugh Novice Award
Karen Jancsy, Winter GC of Marblehead

NEW ENGLAND REGIONAL AWARD WINNERS

Mary Louise Smith Flower Show Schedule Award
Southeast District for "Endless Summer"

Standard Flower Show Award
Springfield GC for "Rooted in the Past"

Jeanne-Marie Parkes Award for educational exhibit
Curbs & Cobblestones GC

Yearbook Award for clubs 100-299
Acton GC

Pictorial Highlights: 2018 Fall Conference

by Linda Jean Smith

On October 24, 2018 the Federation Fall Conference, was held at the Mass Horticultural Society's Elm Bank in Wellesley. There were 192 garden club members present from over 90 clubs (see photo right). The morning speaker was Claudia Thompson, founder and director of Grow Native Massachusetts, (See photo below) who spoke to those present about "Garden Clubs and



Conservation: The Power to Lead." Claudia spoke of the changes that are occurring to our natural environment for both plants and animals. She also spoke of changes both small and large that could be made by people especially garden club members who care about the world around them.

GCFM 2nd Vice President Betsy Howard then explained about the new GCFM website and showed club members what

will be on the website and how to navigate the new site. The new site will have some exciting changes and make registering for events easier and lots of information on GCFM programs and clubs.

Leslie Frost, Chairman of Civic and Historic Grants, gave out 2 civic and 2 historic grants of \$500 each. Each grant recipient gave a brief talk with a PowerPoint presentation of what their project was. There were two new gardens put in and one revitalized garden and one restored garden. Leslie urged clubs to apply for these grants next year. (*Leslie Frost is pictured right at podium with (left to right) GCFM President Suzanne McCance and Karen McEachern of the Colonial GC of Marlborough that won a grant for their Ghiloni Pocket & Wildflower Garden.*)



(Continued on Page 12)

(Continued from Page 11)

Time for boutique shopping and socializing followed. There was also a guided tour of Elm Bank available during this time. There was a buffet luncheon served.

Following the luncheon, GCFM President Suzanne McCance gave out the New England Garden Clubs' Awards and the GCFM Flower Show Awards. Acton GC (*Pictured right with GCFM President Suzanne McCance far right*) won the NEGC Yearbook Award for clubs 100-299 and the GCFM Polly M. Povall Small Standard Flower Show Award for their flower show "Acting Outdoors."

Karen Jancsy of the Winter GC of Marblehead (*Pictured below left with GCFM President Suzanne McCance*) won the Georgia McHugh Novice Award for her design at the Topsfield Fair. Six other awards were given out.



The afternoon speaker was GCFM Judges' Council Chairman Yvonne Capella, who spoke on "Demystifying the Standard Flower Show." (*See photo below of Yvonne with a sample of a collection from Helga Frazzette's garden*). Yvonne explained about NGC's new shows; A Design Show & a Horticulture Show. She concentrated on what could go in a Horticulture Show, showing collections, terrariums, and containers. She also spoke on

design and artistic crafts and adding photography to a show. She encouraged clubs to try putting on a flower show and gave information on where they could get help.

The Conference ended around 2:30 PM with some taking the afternoon tour of Elm Bank, while others headed home with lots of information.



Looking for Beauty in the Winter Landscape

By Susan Mahler

For many passionate gardeners, the winter months can be a depressing time of year. The brilliant colors of summer and autumn are only a memory and as the winter drags on, we grow impatient for spring and the greening of the landscape, eager to have the stark scenery softened by leaves, flowers, and green grass.

For the astute observer, however, the dormant winter landscape possesses a unique beauty all its own, offering a pen and ink sketch of our surroundings. Form, line, and texture become the essential features, elements which form the basis for any successful garden design, often referred to as the 'bones' of the landscape. Think of the winter landscape as a black and white photograph and imagine its components as sculptures. These elegant forms and distinctive lines tend to be disguised by the lush foliage and vibrant colors of spring, summer, and fall.

As you evaluate your design, look for the beauty in the silhouettes formed by the trees whose leaves have fallen. Each family of trees tends to have its own unique architecture. Dogwoods, cherries, Japanese maples, magnolias, pears, and crabapples have extremely attractive shapes when 'undressed'. Trees with pendulous branches, including weeping cherry, Katsura, crabapple, and birch, offer graceful forms in all seasons. There are other woody plants that display contorted, twisted branches such as Harry Lauder's Walking Stick or the corkscrew willow.

Soft, subtle shades of gray and brown are provided by the trees and shrubs whose leaves have fallen. Notice the texture of bark and the variations in its color. While the bark of many woody plants is not distinctive, others have truly decorative trunks. Beech trees have smooth, pewter gray bark and a commanding form. Mature sycamore and Stewartia trees display unusual, mottled, peeling bark in shades of white, gray and brown. The green stems of Kerria and the branches of yellow or red twigged dogwoods add remarkably colorful accents. Pale gray-green patches of epiphytic lacy lichens arranged in artistic patterns often decorate the trunks of maples, cherries, and a host of other trees.

The trunks of white birches create dramatic focal points in all seasons, especially when planted against a backdrop of evergreens to highlight their distinctive bark. Many other woody plants offer fabulous textural interest with fascinating, exfoliating cinnamon, beige, or peach-tinted bark including the handsome Heritage birch, shagbark hickory, paperbark maple, cedar, arborvitae, nine-bark (*Physocarpus*), oak-leaf hydrangea, and the silvery Seven Son flower (*Heptacodium*). While these textural characteristics may go unnoticed during the warmer months when their lush, green foliage dominates the landscape, they add immeasurably to the beauty of the winter scene.

The winter landscape need not be all black and white. Thoughtful selections of broad-leaved evergreen shrubs, variegated varieties of winter creeper (*euonymus*), and multi-colored conifers tinted blue, yellow, rust, and innumerable shades of green, can provide year-round color and a landscape for all seasons. Blend, contrast,

(Continued on page 39)

President Pins/Past President Bars

GCFM is offering for sale *sterling silver* President Pins with the Federation Seal and/or Past President Bars. Please note changes in price due to increase in silver price and added tax.

Cost: Pin alone - \$50 plus \$3.13 in tax **plus 6 first-class postage stamps for shipping.**

Bar alone with connecting chain that attaches to pin - \$30 plus \$1.88 tax **plus 1 first class postage stamp for shipping.**

Pin and Bar - \$80 plus \$5.01 tax **plus 6 first-class postage stamps for shipping.**

To order, complete the form below and mail it with check and stamps to:

Jill Malcolm, 33 Bonnie Dr., Holliston, MA 01746

Make check payable to: GCFM, Inc.

Name _____

Garden Club _____

Mail to _____

Street Address _____

City/State/Zip _____

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____ Number of Pins@ \$50 each ____ Number of Bars@ \$30 each

____ Number of Pin/Bar Combo ____ Stamps for shipping

Total Enclosed _____

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For Information Contact:

Donna Vallois, Blue Star Memorial Chairman

390 Arlington St.

Dracut, MA 01826

978-937-7078

dvallois@verizon.net

2018 Topsfield Fair Flower Show

“Blooming Ahead”

Judy Colburne & Abby Ann Lavoie, Chairmen

September 29, 2018

Section A

“Designs Through the Ages”

Class 1 – The Gilded Age 1870-1900

Mass Design

- Entry 1 Judy Colburne, 1st, Tricolor
North Reading GC
(photo below)
- Entry 2 Abby Ann Lavoie, HM
Arrangers of Marblehead &
Winter GC
- Entry 3 Julianna Kallas, 2nd
Hamilton/Wenham GC
- Entry 4 Jacquie Kavanagh 3rd
Danvers GC

Class 2 – Art Deco 1905-1939

Style of American Period

- Entry 1 Joan Mason 1st
Hamilton/Wenham GC
- Entry 2 Betty Anderson, HM
Danvers GC
- Entry 3 Pat Fleming, 2nd
Hamilton/Wenham GC
- Entry 4 Cynthia Chapra, 3rd
Weston GC

Class 3 – Farm & Technology

1958-2018 Creative Design

- Entry 1 Andrea Little, HM
Curbs & Cobblestones GC
Westborough GC
- Entry 2 Ginger King, 1st
Designer’s Choice
Cohasset & Scituate GCs
- Entry 3 Barbara Dowd, 3rd
Arrangers of Marblehead GC
- Entry 4 Judy Colburne, 2nd 90+
North Reading GC

Section B

Walk Around the Fair

Class 4 – Romance of the Midway

Multi-Rhythmic Design

- Entry 1 LuBeth Kuemmerle, 3rd
Hamilton/Wenham GC
- Entry 2 Fran Lucas, 1st
Peabody GC
- Entry 3 Terri Turner, HM
Danvers GC
- Entry 4 Cathy Kashner, 2nd
Arrangers of Marblehead GC

Class 5 – The Parade

Parallel Design

- Entry 1 Seta Lepore, 1st
Belmont GC
- Entry 2 Margo Maione, 3rd
Groveland GC
- Entry 3 Julianna Kallas, 2nd 90+
Hamilton/Wenham GC
- Entry 4 Charlene Malek, HM
North Reading GC

Class 6 – Cotton Candy

Freedom of Style

- Entry 1 Carrie Podmostka, 2nd
Danvers GC
- Entry 2 Julianna Kallas 1st
Hamilton/Wenham GC
- Entry 3 Joan Persola, 3rd
Danvers GC
- Entry 4 Lisa Pattinson, HM
Community GC of Duxbury



October 3, 2018

Section A

“Designs Through the Ages”

Class 1 – The Gilded Age 1870-1900
Mass Design

Entry 1 Lee McNeil, 1st, Tricolor
North Reading GC
(photo below)

Entry 2 Teresa Rameriz, 3rd
Manchester GC

Entry 3 Karen Fitzgerald, 2nd 90+
Arrangers of Marblehead

Entry 4 Betty Anderson, HM
Danvers GC

Class 2 – Art Deco 1905-1939
Style of American Period

Entry 1 Abby Ann Lavoie 1st
Arrangers of Marblehead
Winter GC

Entry 2 Mary Maloney, 3rd
Ipswich Town & Country GC

Entry 3 Joan Pesola, 2nd
Danvers GC

Entry 4 Darya Cotter, HM
Easton GC

Class 3 – Farm & Technology
1958-2018 Creative Design

Entry 1 Marietta Wooden, 3rd
Community GC of Duxbury

Entry 2 Davey McNamara, 1st
Easton GC

Entry 3 Fran Lucas, HM
Peabody GC

Entry 4 Karen Jancsy, 2nd 90+
Marblehead Winter GC

Section B

Walk Around the Fair

Class 4 – Romance of the Midway
Multi-Rhythmic Design

Entry 1 Joanne Kennett, 3rd
Hamilton/Wenham GC

Entry 2 Betty Anderson, HM
Danvers GC

Entry 3 Jill Chamberlain, 1st
Designer's Choice
North Shore & Naples FL GC

Entry 4 Karren Cummings, 2nd
Hamilton/Wenham GC

Class 5 – The Parade
Parallel Design

Entry 1 Kathy Leva, 3rd
Lexington Field & GC
Ipswich Town & Country GC

Entry 2 Judy Colburne, 2nd
North Reading GC

Entry 3 Suzanne McCance, HM
Reading GC

Entry 4 Nancy Costa, 1st
Norwood Evening GC

Class 6 – Cotton Candy
Freedom of Style

Entry 1 Kathy Leva 1st
Lexington Field & GC
Ipswich Town & Country GC

Entry 2 Roni Bache-Lahage, HM
Marshfield Seaside Gardeners

Entry 3 Margo Maione, 3rd
Groveland GC

Entry 4 Susan Guest, 2nd 90+
Hamilton/Wenham GC





Day 1 Class 3 – Farm & Technology
Designer's Choice Award
Ginger King



Day 2 Class 4 – Romance on the Midway
Designer's Choice Award
Pauline Bowdoin Award
Jill Chamberlain



Day 2 Class 3 – Farm & Technology
Georgia McHugh Novice Award, 2nd 90+
Karen Jancsy



Day 2 Class 2 – Art Deco
Blue Ribbon
Abby Ann Lavoie

Corrections to the 2018-2019 Yearbook

Page 1 –GCFM mailing address 400 5th Ave., Suite 110, Waltham, MA 02451

Page 10 - Nancy Donaldson Arrangers of Marblehead
Ruth Evans

Page 11 – ADD Kathy Leva PO Box 8, Ipswich MA 01938 781-266-8454,
email Kathryn.Leva@gmail.com Lexington Field & Garden Club,
Town & Country Garden Club of Ipswich
Susan Leach address, 18 Deer Hill Lane, Pinehurst Village,
Plymouth MA 02360

Page 12 – Maureen T. O'Brien, Maureen.T.Obrien@outlook.com, Lexington Field &
Garden Club
Gail Reilly Mailing Address PO Box 280

Page 13 – Celeste Wilson member Chelmsford Country Lane Garden Club

Page 50 Hanover GC; Pres: Kathy Gilroy, 243 Washington Street,
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Cor Sec: Prue Miller, 16 River Road; email: pruero@verizon.net
Treas: Elaine Backer, 332 Main Street; email: embhanover@verizon.net
Please take note that all correspondence should be sent to Kathy Gilroy.

Page 61 – Seaside Gardeners of Marshfield President Peg Davis email -
igep21@gmail.com

Page 62 Medfield Garden Club Michele Feinsilver Hoye, President
(spelling of her first name)

ADD Medway Garden Club – Organized 2014, Federated 2018. Members -10
Meetings – 10. Tuesday Evenings (6:30 PM at Medway Public Library)
Annual Meeting - June
President – Nancy Vinton, 16 Lincoln St. Medway 02053 508-533-7534
Vinton16@verizon.net
1st VP – Diane Burkhardt, 22 High St., 02053, 508-533-2803 email
burkhardt@comcast.net
Secretary – Karen Henneberry, 16 Old Summer St. 508-533-8687(UL)
Treasurer – Carol Collord, 3 Grapevine Way 508-533-7725
carol.collord@gmail.com

Page 65 Kalmia Garden Club Co President Elizabeth Fee email - eacrn137@aol.com,

Page 80 Topsfield New Meadows President Jane Cullinan.
Contact person Sandy Whelan sandyw7@verizon.net

Page 85 Weston Country GC Treasurer email kathleenkatterhagen@gmail.com

Page 103 Pat Artis, 100 Cove Way #507, Quincy, MA 02169



GARDEN CLUB FEDERATION OF MASSACHUSETTS, INC.

Gardening Study School
Course 2 Series 11
April 11 & 12, 2019
Tower Hill Botanic Garden
11 French Drive, Boylston, MA 01505

Subjects covered:

Thursday, April 11. (Tested subjects)

- ◆ Plant Diseases & Garden Pests, – Laura Eisner, Landscape Architect
- ◆ Growing Fruit – Joann Vieira, Horticulturalist
- ◆ Growing Vegetables – Joann Vieira, Horticulturalist

Friday, April 12, (Non-tested subjects)

- ◆ Lawn Alternatives & Growing Grass – Betty Sanders, Master Gardener
- ◆ Irrigation & Water – Betty Sanders, Master Gardener
- ◆ Plant Hunters – Nancy Hubert, Gardening Consultant
- ◆ Test for those becoming consultants

Suggested Reading:

1. *Botany for Gardeners* by Brian Capon maybe purchased through Amazon.com

Make checks payable to:

The Garden Club Federation of Massachusetts, Inc. (GCFM).

Mail registration form and fee to:

Linda Jean Smith, Registrar, 23 Bentley Lane, Chelmsford, MA 01824

Registration deadline is March 16, 2018. No refunds:

For further information please contact Chairmen: Linda Jean Smith
(978) 256-3101 or lindajean.smith@comcast.net

GARDEN CLUB FEDERATION OF MASSACHUSETTS, INC.

Gardening Study School
Course 2 Series 11

REGISTRATION FORM

NAME_____

ADDRESS_____

CITY_____ STATE_____ ZIP_____

PHONE_____

EMAIL_____

GARDEN CLUB_____

NGC, Inc. Life Member #_____ - _____

Please check one:

- \$110 – GCFM Garden Club Student Member, exam fee included.
 \$100 – Refresher
 \$140 – Non-member (2 day fee)
 \$70 – One Day Registration (non-member & make up exam)
 \$18 a day with beverage – Box Lunch fee: *Indicate choice if applicable*
Choice including chips, a baked good & drink – Sandwich/wrap
Roast Turkey with cranberry mayonnaise
Vegetarian, baby spinach, tomato, cucumber, avocado, hummus
Roast Beef with horseradish mayonnaise
Thursday_____ Friday_____
- Total** _____

DISTRICT DOINGS

BERKSHIRE DISTRICT

Williamstown Garden Club

The Williamstown Garden Club Annual House Plant Sale was held on the steps of the Paresky Student Center in September. The club is best known for its gardens at Field Park and the Milne Public Library, flower boxes on the Main Street Bridge, and containers along Spring Street, at the Post Office, and major intersections throughout town and South Williamstown.

Egremont Garden Club

On May 26, the Egremont Garden Club held its annual plant sale, bake sale and boutique resale at the former Congregational Church in South Egremont. Purchases help support their town beautification, a college scholarship fund and community events.

CENTRAL NORTH DISTRICT

Acton Garden Club

In October the club had a booth at the Acton Boxborough's Farmer Market where they sold daffodils.

Groton Garden Club

Groton Garden Club kicked off the year with a "Stroll Through Groton" Walking



Tour (*see picture bottom left*). The tour included; the Groton Inn with refreshments and a presentation by the Inn's landscape designer Michelle Cote, and various garden areas that the club planted and maintain along Main Street with a brief history of the site, and plantings. The Club hosted their 2nd Fall



Pop Up Sale (*see photo above*) held at a member's home for garden club members and some VIP buyers that frequent the Spring Sale. Beside plants there were metal features, donated by a member and some granite bird baths created by a local hardscape contractor.

Hudson Garden Club

The Hudson Garden Club hosted "Gardening Will Kill You," featuring Neal Sanders, in September at the Hudson Senior Center.

Thursday Garden Club of Sudbury

The Thursday Garden Club sold King Alfred Daffodil Bulbs and Red Impression Tulip Bulbs as a fund raiser this fall. They posted the information on their Facebook page and also sold at

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Sudbury Farms.

CENTRAL SOUTH DISTRICT

Framingham Garden Club

Framingham Garden Club maintains a butterfly garden at Nobscot Park. *(See photo below)*



Holliston Garden Club

Holliston Garden Club held their Bi-Annual Garden Tour on Saturday, June 9 and Sunday, June 10, 2018. Nine gardens were included in the tour.

Worcester Garden Club

Kim Cutler of the Worcester Garden Club won a blue in a class called 'Smart and Succulent' at the Newport Flower Show June 22-24. She also crafted the containers. *(See photo below.)*



Greenleaf GC of Milford

The Greenleaf Garden Club of Milford was honored in August at a Milford Board of Selectmen meeting with a citation in recognition of five decades as a nonprofit. Founded in 1968, they were also honored for their support of many civic development projects in town.

METRO DISTRICT **Ruth Kenworth Ecker**

Medfield Garden Club

Medfield Garden Club founder, Idella Cole Hussey (a Fairbanks), brought 10 founding garden club members to the 1637 Fairbanks House (Dedham) for a picnic on August 16, 1933. Exactly 85 years later, the Medfield Garden Club celebrated with a picnic there with the Fairbanks Garden Club! They also held their annual plant sale in May and toured Suzanne's Mahler's garden & Cochato Nursery in June.



*Picnic at Fairbanks House, Dedham
Pictured clockwise starting at left: Mary McTernan, Najwa Sabra, Gwen Centore, Marcia Walker, a Fairbanks member, name unknown, Loretta Carrigan, Carle Brenton, Mary Youlden, Janet Pflueger, Sonja Pollard, Martha Brick, Irene O'Toole, and Pauline Medeiros*

2018 Metro District's Unsung heroines include: Penni Jenkins – The Beth Shalom Garden Club; Karen Taggart –

(Continued on page 23)

(Continued from page 22)

Needham Garden Club; Betty Barry – The Evening Garden Club, West Roxbury; Donna Lane – Norwood Evening Garden Club; Loretta Carrigan – The Medfield Garden Club; Rose Favret – The Fairbanks Garden Club of Dedham; Felicia Payne – The House & Garden Club of Wellesley

MIDDLESEX DISTRICT
Joanne Lyons, Director

Belmont Garden Club

The Belmont Garden Club was honored by the Selectmen at the Town Meeting on May 7th for its contributions to the town over the years. These contributions included 60 pear trees on Concord Avenue to create an allee; the Woodland Garden at the Library; trees and shrubs for the Ruth Ippen Tree Walk and other civic plantings which are valued at about \$250,000. The proclamation also honored the contributions of the Club to various civic celebrations like the sesquicentennial of the town in cooperation with the Historical Society and Books in Bloom to celebrate the 150th anniversary of the Belmont Public Library. It also honored the Club for its service to the Food Pantry, Belmont Manor.

Reading Garden Club

The Reading Garden Club hosted its “Annual Geraniums and More Plant Sale” on May 19 on the Reading Town Common. Geraniums, annuals, and vegetables from Mahoney’s along with members’ perennials from their own gardens were available for sale. The money raised will support gardening projects in the town as well as a scholarship to a Reading High School student.

*P h o t o :
D e n i s e
McCarthy and
Suzanne
McNamee,
Reading GC*



Wayland Garden Club

The Wayland Garden Club installed, watered and weeded two gardens during the summer. A number of members rejuvenated a garden at the Wayland Boston Post Road sign with new plant material (*See photo below*). Others designed and planted a demonstration Native Plant garden along the newly installed Rail-Trail next to the Wayland Depot.



Stoneham Garden Club

Busy summer, busy gardeners. Stoneham club members worked on planting projects on the Town Common, the garden outside the Police Station, and of course, Whip Hill. Club president Connie Filosi won a blue ribbon for her arrangement for the Iris

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Society and she and other members participated in “Books in Bloom” a fund-raiser for the Stoneham Library. In the Fall the club resumed regular meetings, participated in Town Day, planted spring bulbs on the Common and began planning for Christmas at Whip Hill. A full agenda all around!

NORTHEASTERN DISTRICT Nancy Davidge, Director

Arrangers of Marblehead

In April, The Arrangers of Marblehead held its spring luncheon at the Hawthorne Hotel in Salem. Through various fund raisers held throughout the year, the club provides a scholarship to a deserving high school graduate. This year's recipient, Adriana Ustick, will attend Ithaca College and will major in Environmental Science. The club maintains container gardens at Abbot Hall and the Council on Aging Gardens throughout the summer months.



An in-house Hosta Workshop and Hosta Show was held in July.

Driftwood Garden Club

In July, the Driftwood Garden Club (Marblehead) held a dedication ceremony in the Secret Garden of Abbot Public Library to honor late, longtime member Ozzie Osborne. Ozzie's daughter, Allison Fowler, donated a new

teak bench to replace one that Ozzie donated several years ago. Ozzie was part of the effort when Driftwood Garden Club created the Secret Garden in the 1990s from what was once a pile of rubble. Driftwood maintains that garden and two others on the Library grounds as part of its Civic Beautification program.



Allison Fowler, left, cuts the ribbon on the teak bench she donated to the Abbot Public Library Secret Garden with Club President Evonne Peters, right.

Friendly GC of Beverly



Members of the Friendly Garden Club of Beverly's Best of Beverly Garden Event committee.

The Friendly Club of Beverly hosted six exceptional “Garden Peaks” of members' gardens and, in June, did the judging for the “Best of Beverly Garden Event” with awards announced in July.

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Hamilton-Wenham Garden Club

Hamilton Wenham Garden Club enjoyed a successful plant sale in May, despite the predicted downpours. Colorful canopies were donated by members and tables creatively placed so shoppers could mingle and select. As luck would have it, no rain, bright sunshine and colorful canopies that beckoned from afar. A wonderful day!



Colorful canopies welcome Hamilton Wenham Garden Club plant sale shoppers.

Cottage Gardeners of Marblehead & Swampscott

During the storms last March, the Cottage Gardeners of Marblehead & Swampscott's garden planters at Devereux Beach were washed two blocks down Ocean Avenue. The grasses were buried in sand. Charlene Tyler, project leader, worked with town recreation and park staff to bring the gardens back in time for beach season. The grasses miraculously recovered, and the planters were repaired and filled. The gardens came back better than ever!

Nahant Garden Club

On June 23, The Nahant Garden Club held its Porches & Gardens tour. Over 200 ticket holders viewed 8 gardens and

4 porches. The porches were decorated by a team of Nahant Garden Club members. Complimentary refreshments and a "Gardening Boutique" were available at the Village Church. The event was very successful and well received. Funds raised are for their scholarship fund and beautification projects around town. The event was chaired by Joanne Bryanos, Susan Tracy, and Marcia Divooll.



One of the beautiful seaside gardens showcased on the Nahant Garden Club's Porches & Gardens tour.

North Shore Garden Club

The North Shore Garden Club, in partnership with the Glen Urquhart School, Beverly Farms, provides a pollinator focus as a supplement to the school's curriculum. Structured seasonally and in two parts, this past spring students made seed balls using the seeds of pollinator-friendly plants. In the fall, the seed balls are launched by students in meadows on the school's campus. Both seed ball activities are accompanied by an educational lecture and slide show explaining the lifecycle of butterflies.

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Peabody Garden Club

The Peabody Garden Club was busy this summer upgrading the gardens at the Main Branch and South Branch Peabody Institute Libraries. They also provided all the floral arrangements for "Dinner on Main Street." Co-President MaryEllen Widberg hosted a "Come Visit my Garden" cocktail party for all the members.

Salem Garden Club

On Thursday, August 9, Salem Garden Club joined the City of Salem and the Beautification Committee to award prizes to the winners of the 2018 Window Box and Traffic Island contest. Also present was Salem High School graduate Victoria Kapantais.



Scholarship committee chair Joyce Wallace presents the Salem Garden Club's 2018 scholarship to Victoria Kapantais. Victoria will study environmental engineering at the University of New Hampshire.

NORTHERN DISTRICT
Marsha Ledbury, Director

North Reading Garden Club

The North Reading Garden Club participated in the North Reading

Farmers' Market in July and August, offering a wide variety of succulents and perennials for sale to benefit the club.



Pictured are North Reading GC members Patti Neals and Maggie Hagerty.

In June, the North Reading Garden Club held a garden party at the home of Treasurer, Lisi Lesch. It was a festive dinner with prizes awarded for the best hats.



(Pictured left to right: Co-President Susan Willson-Goucher, Maggie Hagerty, Sandy Juliano, and Co-President Anne Lundell.

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Open Gate Garden Club

Open Gate Garden Club of Chelmsford had Wingmasters (Julie Anne Collier and Jim Parks, licensed raptor rehabilitators) do a program on "North American Birds of Prey." (See photo below) Held at the town's Senior



Center this was open to the public to teach the community about birds of prey, their different hunting adaptations and their status in a rapidly changing world. Seven live birds of prey were brought in including some endangered species.

Country Lane Garden Club

Several members of the Country Lane Garden Club gathered in August to visit with Sally Jo Bernard past president of the Club and Life Time member. Sally Jo moved to Ashville South Carolina a few years ago – no doubt to take advantage of the longer growing season! It was great to visit



with Sally Jo and other members of the Club during the "off season" (See photo below left).

Andover Garden Club

The Andover Garden Club encourages members to share their gardens with one another, especially over the summer, when there are no formal membership meetings. During July, Maria Shapiro and Nidhi Singhal invited other members to visit. This



picture (above) shows a large swath of Maria's garden as viewed from the gazebo perched on the hill at the back of her property.

SOUTHEASTERN DISTRICT

Gail Reilly, Director



The Osterville Garden Club invited the public to visit five gardens for the Hydrangea Festival 2018 on Cape Cod. *Susan Dewey shared her hoop house with visitors.*

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The members greeted visitors to the gardens on two beautiful days in July. An article in the summer issue of Cape Cod Home magazine featured the event and highlighted the gardens.

Osterville Garden Club

Susan Dewey (pictured right) and Cate Gulliver interpreted the painting "La Baker," by Lois Jones at the recent Art in Bloom event at the MFA in



Boston. The painting, of the famous Parisian/American singer and dancer, Josephine Baker, is in the museum's American wing. "We hoped to convey the painting's dramatic interplay of geometric and rhythmic shapes surrounding the central figure of Josephine Baker and the other dancers by choosing colorful, strong, and bold plant material showcasing Baker's groundbreaking 1930s' performances," says Dewey of the design.

Aptuxcet Garden Club

July 11-12 Aptuxcet Garden Club participated in the Hydrangea Festival of Cape Cod! It was a two day event featuring five of their members' lovely gardens along with the Valley Farm Community garden in Pocasset. Some gardens also held a "boutique" selling items made by the club members such as, hypertufa, birdhouses, resin and hand painted art, fabric table linens, cut wildflowers... and providing guests with delicious homemade herbal cookies, lemonade and water. The weather

cooperated and all of the gardens looked beautiful.

Southeast District Flower Show

July 24 - Many members entered floral designs and horticultural specimens (see photo below) at the Heritage Museum & Gardens in Sandwich for their "Art is everywhere you look for it...El Greco"



show! Many members helped setting up for the show under the guidance of Judy Sheehy. Sally Baer was the Horticulture Chairperson. We are so proud of all our talented members.

The Garden Club of Hyannis

Congratulations to all the talented members of The Garden Club of Hyannis who were award recipients at "Art is Everywhere You Look for it ...El Greco." Kudos to our very brave first time entrants.

Evening Garden Club of Plymouth

President of The Evening Garden Club of Plymouth, Jean Nalen-Dobachesky and Treasurer, Janice Clark FitzGerald volunteered as hostesses at the July SE District Flower Show "Art is everywhere you look for it....El Greco" held at Heritage Museum and Gardens.

The EGC of Plymouth enjoyed a garden party at a member garden for the June meeting. This was so enjoyable that they continued visiting in July. Still have more gardens to see. Next they are attempting to revitalize a historic

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garden in Plymouth Center for the 400 year celebration.

Falmouth Garden Club

Falmouth GC held a small Standard Flower. The main purpose was to encourage new members to participate, building design skills through the year with Design Workshops reflecting the show Classes. "Wanderlust" was chosen as the theme based on their active club members desires to explore the world.

Attleboro Garden Club

One of their members met Portia Gray (see photo right), the author of "Miz Catfish" in the Rose Garden at Capron Park in Attleboro. The second anniversary of being cancer free she celebrated by wearing her special scarf. The Rose garden is a place of healing for many visitors.



SOUTH SHORE DISTRICT

Roni Lahage, Director

Summer 2018 has been hot, hot, hot! I'm sure all of us watered when we could even though many towns had water bans. I decided my weeds are wildflowers and saw the most butterflies ever in our yard. In June clubs were ending their year with special luncheons, annual meetings and garden tours.

Marshfield Fair

August was a great opportunity to exhibit in Marshfield Fair Horticulture! A few new GC's joined in the fun. Randolph GC created an engaging and imaginative Amateur Garden Exhibit.

The theme this year was "thru the garden gate." Mattakesett GC of Pembroke, got first place for Amateur Garden and also got *Best-in-Show*. Their perfect 5'x8' garden was a showpiece of exquisite seaside plant material. (See photo above right) Mariette Wooden of the Community GC of Duxbury was chair of the GCFM Standard Flower Show at the Fair. Mariette and her committee did a great job on "Lights, Camera, Action". Introducing a horticulture component, the show was beautifully staged and greatly admired by fairgoers. We need more GC members and junior gardeners to exhibit...so put it on your calendar for August 2019.

Brockton Garden Club



The Brockton GC had a busy schedule this year with a new planting of annuals at the Doolittle Retirement home. (See photo above) and their commitment to the Sallie Conservation Property; planting/watering four Veterans

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Memorial Squares and planting the Sharon Wason Pavillion.



Community GC of Cohasset

The Community GC of Cohasset entered the Newport Flower Show. Their first time entering this event and the perfect summer kickoff. The show theme was *"cottages small and smart"* and CCGC took home 2nd Place! (See photo above)

Hull Garden Club

The Hull GC visited Suzanne Mahler's Garden in Hanover, viewing her many lush gardens with a walking tour. Followed by lunch with Suzanne at a nearby restaurant. Suzanne Mahler and her garden are both South Shore gems!



Hull GC members (left to right); Gen Sartell, Betty Trubia, Susan Hanna, Shirley Moloney, Suzanne Mahler,

Susan Medalie, Helen Wieser, Marge Sullivan, Nancy DeForest-Courier and Jean Marie Parks.

Scituate Garden Club

Scituate GC members enjoyed a glorious day in July with a guided tour of the magnificent Sakonnet Gardens in Little Compton, RI with owner Mike Folcarelli. The truly extraordinary Sakonnet Garden is a must see for all GC's. (See photo below)



Seaside Gardeners of Marshfield

The Seaside Gardeners of Marshfield were busy with their Art-in-Bloom exhibit at Marshfield's COA and their 2nd place winner in Amateur Horticulture at the Marshfield Fair. Members also took 1st and 3rd places in the Fair's Plein Air flower arranging.



Pat Kelso's arrangement at their COA's Art-in-Bloom

Great “Green” Holiday Ideas with Mother Earth in Mind

By Maria Bartlett

Shop smart—buy locally and consolidate shopping trips to save fuel. Many downtowns have special holiday nights...they are fun and create a sense of community. Search local stores for items that are organic and/or free trade.

Shop online. Think of all the gasoline you can save by comparison shopping at your computer! Consolidate online orders to save on delivery fuel and cardboard shipping boxes. **For MA garden club members, if you shop at Amazon, go to the site through the GCFM website so GCFM gets a % of your purchase at no extra cost to you.

Give gifts that do not use batteries, or give a battery charger and rechargeable batteries with/as a gift.

Consider giving the gift of indoor plants. A two-year study showed that many philodendrons, dracaenas, and snake plant are effective at reducing indoor air pollution and most can be found at local nurseries or florists.

Give a gift of a stainless-steel water bottle that can be filled with tap water. Buying water in plastic bottles may be convenient but it is harmful to the environment. If you have taste or safety concerns about tap water, give the gift of a water filtration system or Brita pitcher along with the stainless-steel water bottle. Give a family a set of the SS bottles for adults and kids!

Give a programmable thermostat so the thermometer can be turned down in the winter when you are away from home or asleep. They also work in the summer to turn up the temperature to save on A/C.

A tire pressure gauge makes a great stocking stuffer for less than \$10. Correctly inflated tires can save 20% at the pump! Drive slowly, less than 60mph saves gas. And, don't idle while waiting for a parking space at the mall or at the ATM....turn off the car if you are idling for longer than 30 seconds.

Give the gift of a countertop compost crock or pail and/or a compost bin. Include a Compost Aerator/Turner. (This tool plunges into the compost bin or pile and as it is pulled out, “wings” open and the compost is turned---a great strength training exercise!)

Give a soil test or soil test kit to help someone get started on organic lawn care. UMASS does the tests for a modest cost. Give a rain barrel to help save and conserve water.

A very nice holiday gift is a set of napkins rings the family will use and cherish. Add a nice set of cloth napkins which are much better than using paper napkins. Find napkins rings that can be personalized...children especially like this. Heirloom napkin rings can be passed down through the generations...start the tradition now!

When wrapping gifts, use recycled wrap. Do not use foil paper...it can't be recycled. Avoid glitter...it is toxic to the environment. Buy or make fabric gift bags to reuse over the years...go online for directions or sources. Recycle the fronts of holiday cards from past years as gift tags.

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Great Green Holidays (continued from page 31)

Give activities and events rather than stuff. Gift certificates for shows, movies, cooking classes, dinners out, and sporting events are great ideas! Memberships to museums are welcome gifts.

Purchase a membership for/donate in someone's name to a conservation or environmental organization such as Mass Audubon, Sierra Club, Alliance for a Healthy Tomorrow, National Resource Defense Fund, Nature Conservancy, Environmental Working Group, Mothers Out Front or Silent Spring Institute. Go online for information. See page 40 for list of organizations.

Give the gift of your time. Give an IOU to bake and deliver a special food or meal, teach someone to knit or crochet, groom someone's dog, drive someone to an appointment or car repaired, offer to baby sit or to weed a garden. There are many ways you can share your time.

Christmas trees...best to buy a live tree and plant it in the yard after the holidays. Or, a locally-grown cut tree to be collected after the holidays by your town and mulched, not tossed whole into a landfill or incinerator. Avoid artificial trees---they are made from fossil fuels, produce lots of CO2 getting here from China, never break down. If you have an artificial tree, replace its standard bulbs with LEDs and never throw it out...pass it on to another family or donate it when you no longer use it.

Use greens from your own yard to decorate the house. Give gift certificates for plants that can provide these greens in future years: for example, holly, yellow and red-twiggled dogwood, evergreen trees, Japanese Andromeda, or Yellow Chamaecyparis.

Use LED lights for your holiday decorations...these use 90% less electricity. Even though they cost a bit more up front, you save that cost and much more on your electric bills in the very first year. LED candles are a good idea, too. Avoid the lighted air-inflated plastic figures.

Use candles made from beeswax or soy with natural fragrances. Regular candles are petroleum-based, and the fragrances are artificial chemicals that add to indoor air pollution. Use home-made potpourri of spices and orange peels and boil in a pan on the stove rather than using purchased air fresheners or heavily-scented holiday items.

Fireplace fires allow warm air to escape the house...enjoy them sparingly. And, skip the wood...the mold and particulate matter can aggravate allergies and pollute indoor air. Instead, use Duraflame or other manufactured logs...they are much more environmentally-friendly! Remember to close the dampers after things are cool.

Prepare food in smaller quantities to cut down on food waste. Food waste is the largest component of landfills-eat leftovers! We can all significantly lessen methane-emitting landfill material. Compost what isn't edible, or sign up for a compost collection service in your area.

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The Garden Club Federation of Massachusetts College Scholarships

The Garden Club Federation of Massachusetts, Inc. offers scholarships for undergraduate students (including high school seniors who will be freshmen in the fall), and graduate students who will be attending accredited colleges and universities. Applications are due **March 1**.

Scholarships are available for students majoring in:

- | | |
|------------------------------------|-------------------|
| - horticulture, | - floriculture |
| - landscape design or architecture | - conservation |
| - forestry, agronomy | - city planning |
| - environmental studies | - land management |
| -botany | - biology |
| -and allied subjects | |

Applicants must have maintained a legal residence in Massachusetts for at least one year, have a minimum "B" average (3.0 on a 4.0 scale), have good character, and have financial need.

There are eleven (11) scholarships available. Only one application is required per student. It should be noted that (A) the Ruth Cleveland Scholarship is available to graduate or undergraduate students pursuing the study of the arts and/or sciences and (B) three of the scholarships require that the student attend the University of Massachusetts. The GCFM Scholarship Committee determines a student's eligibility based on a completed application package. Applications and financial aid forms are available on the GCFM website, <http://www.gcfm.org/>

The current Garden Club Federation of Massachusetts, Inc. Scholarship funds are as follows:

- 1."The Margaret Motley Scholarship Fund" in honor of the first president of the Federation. The applicants of this scholarship shall be **students attending the University of Massachusetts, majoring in floriculture, horticulture or landscape Design.**
2. "The Harold T. Bent Horticulture Scholarship Fund" in recognition of Harold T. Bent's services as horticulture chairman and advisor. The applicants for this scholarship shall be **students attending the University of Massachusetts majoring in some phase of horticulture.**
3. "The Lottie S. Leach Scholarship Fund" in honor of Lottie S. Leach for her outstanding contribution in the various fields of federated garden club work, both state and national. The applicants for this scholarship shall be **students of the University of Massachusetts pursuing the study of the arts and/or sciences, as related to horticulture in its widest aspect.**
4. "The F. Carroll Sargent Scholarship Fund" in recognition of his outstanding contribution to the state-wide horticulture program of the Federation. The applicants for this scholarship shall be **graduate or undergraduate college students pursuing the study of the arts and/or sciences, as related to horticulture in its widest aspect.**

College Scholarships (Continued from page 33)

5. "The Violet E. MacLaren Conservation Scholarship Fund" in memory of a beloved past president of the Federation. Applicants for this scholarship shall be **graduate or undergraduate college students pursuing the study of the arts and/or sciences, as related to conservation in its widest aspect.**
6. "The Baker Scholarship Fund" in honor of Dr. & Mrs. E. Carlisle Baker for their joint outstanding contribution to the many activities of the Federation. Dr. Baker was a staunch supporter in furthering the objectives and interests of the Federation, and his wife, Edna, was the 13th president and an Incorporator of The Garden Club Federation of Massachusetts, Inc. The applicants for this scholarship shall be **graduate or undergraduate students pursuing the study of the arts and/or sciences, as related to horticulture in its widest aspect.**
7. "The Ruth I. Cleveland Scholarship Fund" is presented by the Andover Garden Club in recognition of her efforts to enrich the lives of garden club members in the pursuit of all the arts and sciences. The applicants for this scholarship shall be **graduate or undergraduate students pursuing the study of the arts and/or sciences.**
8. "The Margaret Bent Patterson Scholarship Fund" established in 1982 by the Chestnut Hill Garden Club in recognition of her dedicated service to the club and to The Garden Club Federation of Massachusetts, Inc. In 1950 she was one of the signers of the Articles of Incorporation of the Federation, and in 1972, its 25th president. The recipient (one person) shall be a **college senior or graduate student pursuing the study of landscape architecture or horticulture considered in its widest aspect.**
9. "The Evelyn R. Cole Scholarship" is presented in memory of the 15th president of The Garden Club of Hingham, as well as past president of The Garden Club Federation of Massachusetts, Inc. It is a scholarship to be awarded in recognition of Mrs. Cole's efforts to enrich the lives of Garden Club members everywhere. The applicants for this scholarship shall be **graduate or undergraduate students pursuing the study of the environmental sciences in its widest aspect.** There shall be no restrictions on this scholarship except that the applicant must be a resident of the Commonwealth of Massachusetts.
10. "The Landscape Design Critics Council Scholarship Fund" established in 1986 by the membership of LDCC to encourage students to pursue the study of Landscape Design and related fields. Applicants for this scholarship shall reside in Massachusetts. The recipient should be a **Junior, Senior or graduate student majoring in Landscape Architecture, City Planning or related fields of interest, including horticulture and conservation.**
11. "The Mary M. Conley Scholarship Fund" established in 1997 by a bequest in the will of Mary M. Conley. She was a member of the West Newbury Garden Club, a Master Judge and a member of the Landscape Design Council. Applicants for this scholarship shall be a **graduate or undergraduate student pursuing the study of horticulture, landscape design, environmental science or related fields of interest.**

The Garden Club Federation of Massachusetts College Scholarship Application Form

Full Name _____

Home (Legal Address) _____

City _____ State _____ Zip _____

Mailing Address (if different) _____

Phone _____ Cell Phone _____

Email _____

High School _____ Graduation date _____

Current

High school senior _____

Freshman _____

Sophomore

Junior _____

Senior _____

Associate Degree year 1 _____

Associate Degree year 2 _____

Fifth year Landscape Design

Graduate Student _____

Other (specify) _____

Current Cumulative Grade point average _____ (on a 4.0 scale)

College/University (Attending) _____

College/University Major _____ Major _____
Anticipated Graduation Date _____ Degree _____

Anticipated Graduation Date _____ Degree _____
Schools previously attended (if any) _____

GCFM has permission () does not have permission () to include my name, home town and state in listings of scholarship winners for GCFM publicity purposes.

Required with GCFM Scholarship application:

- Required with GOFM Scholarship application:

 1. Official academic transcripts including the latest grading period. Graduate students must include undergraduate transcript(s).
 2. A brief essay (limited to 2 pages) about your goals, aspirations and career plans.
 3. A list of activities in which you have participated, listing special honors and/or leadership positions (limited to 2 pages).
 4. Three (3) letters of reference discussing scholastic ability, personal character, and/or work related experience (limited to one page each).

5. GCFM Financial Aid Form

All information must be printed, typed or computer generated. Deadline: **Completed application and required items must be received by MARCH 1.**

Mail to: GCFM Scholarship Secretary

Kathie Jones, 40 Berkshire Drive, Williamstown, MA 01267

For further information email: gcfmscholarship@aol.com

GCFM Scholarship Financial Aid Form

This form must be completed by a student applying for a Garden Club Federation of MA, Inc. scholarship. The information provided will be held in strictest confidence. It will be made available only to members of the Scholarship Committee of the Garden Club Federation of Massachusetts, Inc. Since actual financial need is one of the determining factors in the awarding of scholarships, it is necessary that all of the requested information be supplied. Use the following form to show all anticipated sources of funds, including scholarships other than the anticipated one from GCFM, educational insurance policies, etc., as well as all projected costs for attending college in the upcoming school year. It is not required that projected resources and expenditures balance.

PLEASE NOTE: This form must be signed and mailed along with other required application materials, **by March 1** to:

GCFM Scholarship
Secretary Kathie Jones
40 Berkshire Drive
Williamstown, MA 01267
Email: gcfmscholarship@aol.com

Anticipated RESOURCES

- From parent or relative
- From personal savings
- Educational Ins. policies
- School-year earnings
- Grants/Scholarships
- Loans

- Other (specify)

_____ Total Funds Available

Projected EXPENDITURES

- Tuition & Fees
- Housing
- Board
- Books/Supplies
- Clothing/Laundry
- Transportation
- Other (specify)

- _____

- _____ Total Expenses

STUDENT'S SIGNATURE _____
DATE _____

PROGRAM WORKSHOP REGISTRATION for Garden Clubs 2019

The GFCM runs workshops to aid our clubs in planning exciting programs. You are invited to meet many speakers who offer a variety of programs and workshops to the clubs. You will have the opportunity to hear them speak briefly about what they offer and collect their handouts and/or flyers. The first hour speakers will give two minute presentations beginning at 10 AM.

We invite **two** members from each club to take advantage of this year's program workshops. The workshops occur on two dates in two locations for your convenience. Come meet the presenters and get ideas for next year's programs for your club.

You may register for **only one** location. With few exceptions, the speakers generally present at both locations. Our venues have a capacity limit. This request is so all clubs have an opportunity to send representatives to their first choice location.

First Date: March 19, 2019

Location: Elm Bank, 900 Washington St., Wellesley, MA

Time: 9:00 AM – 2:00 PM (Garden Clubs come from 10 AM – 1 PM)

Second Date: March 27, 2019

Location: Tower Hill Botanic Garden, 11 French Drive, Boylston, MA

Time: 9:00 AM – 2:00 PM (Garden Clubs come from 10 AM – 1 PM)

Participants must pre-register by **March 1, 2019**. Club member substitutions for pre-registered members are permitted. Space is limited, so send in your registration early to have your choice of day and location.

When you sign in, you will be given a nametag and a list of all presenters and their table number. Their full advertisement will appear in the Spring issue of the *Mayflower* or later issues. You will have the opportunity of listening to 2 minutes from 30 speakers and then of visiting all the presenters at their tables to gather information.

If you have questions, you may contact Beverly Sorrentino bevrig2@verizon.net.

Mail the completed registration form to:

Beverly Sorrentino, 16 Alden Circle, Reading MA 02466

Or email completed form to: Beverly Sorrentino at bevrig2@verizon.net

Before March 1st Deadline.

Please check the date you will be attending:

Elm Bank Tuesday, March 19, 2019 _____ **or**

Tower Hill Wednesday, March 27, 2019 _____

Member Name (contact person) _____

Address: _____

City, State, Zip _____

Telephone (contact person) _____

Email Address (contact person) _____

Second Attending Member's Name _____

Garden Club _____

(Please include the full name of the club)

SPEAKERS REGISTRATION for GCFM Program Workshop 2019

First Date: March 19, 2019

Location: Elm Bank, 900 Washington St., Wellesley, MA

Time: 9:00 AM – 2:00 PM (Garden Clubs come from 10 AM – 1 PM)

Second Date: March 27, 2019

Location: Tower Hill Botanic Garden, 11 French Drive, Boylston, MA

Time: 9:00 AM – 2:00 PM (Garden Clubs come from 10 AM – 1 PM)

GCFM is pleased to provide this opportunity for speakers to meet Garden Club program planners. Many of the speakers will be allowed to have the mike for 2 minutes. All the speakers will receive an introduction and approximately one half a table to display their information. New speakers will be given priority for speaking both days. A list containing speakers' names and their contact information as well as the location of their table will be available to club representatives.

You are required to purchase at least a $\frac{1}{4}$ page (3 $\frac{1}{4}$ " high x 2" wide) *Mayflower* advertisement for \$75. If you want a larger ad, the \$75 can be used as credit. **The deadline for ad to be in the Spring Issue is January 16th.** If you miss this date, your ad will appear in the next issue. Contact the office 781-237-0336 for questions on ads in the *Mayflower*.

Speakers must register to attend! You may register for one day at \$50 or both days at \$85. **Registration Deadline: March 1, 2018**, but you may wish to register by January 16th to meet the *Mayflower* Deadline

Fill in form below and mail with your check made out to **GCFM**. (Please note "Speaker Registration" in the memo.) Send registration to: Suzanne McCance, 534 Franklin St., Reading MA 01867 – send inquiries to suzannebmccance@gmail.com Send *Mayflower* advertisements to: the GCFM office at gardenclub-fedma@gmail.com. (Use "your name - *Mayflower* AD" in the subject line and advertisement title).

Please **check the dates** you will be attending. *Circle your preferred speaking date.*

Elm Bank, March 19, 2019 Tower Hill, March 27, 2019

Amount of check enclosed: \$50 or \$85 Plus \$75 for *Mayflower* ad Total \$

Name: Name of Business

Full Address:

Telephone: Email

Check no more than 3 Program Categories below. (Your program must conform to GCFM mission to assist clubs with education and appreciation of Horticulture, Landscape & Floral Design, Gardening & Environmental Concerns). Your name will appear in these categories in the *Mayflower* and on the list club representatives get.

Annuals/Perennials Bees/Beekeeping Birds & Butterflies

Conservation-Environmental Container Gardening Floral Design

Gardening History Gardening Herbs & Edibles

Landscape & Garden Design Garden Photography Public Landscape

Special Events Trees, Vines, Shrubs Travel Workshops

Other (if none above apply) Description

For Registration Form go to:

<http://gcfm.org/Education/Workshops/GCFMProgramWorkshop-Speakers.aspx>

Great Green Holidays (Continued from page 32)

Suggested environmental organizations for gift memberships:

Alliance for a Healthy Tomorrow www.healthytomorrow.org Reduce use of toxic chemicals
Mass Audubon www.massaudobon.org Legislative Report Cards
Sierra Club MA www.sierraclubmass.org
Mass Interfaith Power and Light www.mipandl.org
Environmental Working Group ewg.org Safety ratings on health/beauty products, food
Clean Water Action www.cleanwateraction.org plus org/ma for MA site
National Resources Defense Council www.nrdc.org
Nature Conservancy, www.nature.org
Mothers Out Front <http://www.mothersoutfront.org/>
Silent Spring Institute <https://silentspring.org/>

Books for gift-giving:

Our Choice: A Plan to Solve the Climate Crisis by Al Gore. RodaleStore.com
Cooler Smarter: Practical Steps for Low-Carbon Living, Union of Concerned Scientists
The Omnivore's Dilemma by Michael Pollan. Amazon.com or bookstore
Low Carbon Diet: a 30-Day Program to Lose 5000 Pounds, David Gershon

Resources:

www.masssave.com To request a free home energy audit for someone (or yourself)
www.montereybayaquarium.org For Safe Seafood pocket guide
www.thedailygreen.com/green-homes/latest/green-cleaning-spring-cleaning-460303
<http://www.h2oconserve.org/wc.php> Water usage calculator
<http://www.wikihow.com/Sew-a-Cloth-Gift-Bag> Directions for sewing a cloth gift bag

Look for Beauty (continued from page 13)

and repeat forms, textures, and colors, using the smooth, shiny foliages of rhododendron, andromeda, mountain laurel, holly, boxwood and Leucothoe with the coarser textures of false cypress (*Chamaecyparis*), spruce, arborvitae, and the fine needles of dwarf white pine or hemlock.

Take time to observe, explore, and photograph the splendor of this winter artistry. This is the season to analyze the primary elements that currently make up the foundation and structure of your plantings and to note adjustments that could be made when warmer weather permits modification of these fundamental forms and lines.

CALENDAR OF EVENTS

DECEMBER 2018

- 1 GC of Harwich presents, "Holiday House Tour" 11:30 AM. - 4:30 PM.
Details closer to the event on the club's website: gardenclubofharwich.org.
- 1 Easton GC, "Holiday Greens Sale" 9:00 AM. - 1:00 PM. Location: Easton Historical Society & Museum Mechanic St, N. Easton. Fresh designer decorated wreaths, arrangements, potted amaryllis, bagged greens & berries, and all the necessary elements for holiday decorating or gift giving -- Also spectacular door prizes!
- 1 Falmouth GC Presents Holiday Market and Greens Sale, 11:00 AM-4:00 PM, Museums on the Green, 65 Palmer Ave, Falmouth
- 1 Wareham GC. Yuletide Glow, Greens, Wreath, Baked Goods and Special Gifts. 8:30 AM-12:00 NOON Christmas Faire at St. Patrick's Hall, 82 High Street, Wareham
- 1 Country GC of Weston Decorates Golden Ball Tavern for Community Holiday Open House, 1:00 – 3:00 PM, 662 Boston Post Rd, Weston
- 2 Reading GC, Memory Tree Lighting Ceremony, 4:00 – 5:00 PM, Reading Public Library
- 7-8 Falmouth GC presents Holiday Market and Greens Sale, 11:00 AM – 4:00 PM, Museums on the Green, 65 Palmer Ave., Falmouth
- 7-8 Aptucxet GC Green Sale, 9:00 AM-4:00 PM, 12/7; 9:00 AM-12 NOON 12/8, Briggs McDermott House, 22 Sandwich Rd., Bourne
- 8 Osterville GC presents "A Coastal Christmas" tour of Five Holiday Homes in Osterville Centerville and Cotuit. Advance tickets \$35, Day of Event \$40. Information and tickets or contact: www.OstervilleGardenClub.org
- 8 Andover GC, presents "A House Tour" 10:00 AM. - 4:00 PM. Location: Faith Lutheran Church South Main Street Cost: \$30 in advance: \$35 day of tour
Contact: www.andovergardenclub.org for details and ticket information
- 11 Framingham GC "85th Birthday Luncheon Party" 11:30 AM - 3:00 PM, Plymouth Church, 87 Edgell Rd., Framingham
- 13 Reading GC "Holiday Centerpieces and Wreaths" Holiday Decorating demonstration with Cindy Mattson, 11:30 AM; at St. Agnes Church Hall, Woburn St. RSVP to president@readinggardenclub.org

JANUARY 2019

- 22 Needham GC, "Bee" program with Susan Robinson, 9:30 AM at Needham Public Library, 1139 Highland Ave., Needham Heights. Cost \$5 for non garden club members
- 26 GC of Norfolk, "Seed Swap & Winter Seedling Workshop" 1:00 - 3:00 PM; Location: Norfolk Grange Hall 28 Rockwood Road, Norfolk Seed Swap & Winter Seeding Workshop. In addition to a seed swap, we will prepare mini-greenhouses to take home from gallon milk or water jugs planted with perennial seeds.

FEBRUARY 2019

- 9 North Andover GC presents "Small Plants, Big Bang" with Jen Kettell, 10:30 AM-12:30 PM; at Stevens Memorial Library, 345 Main St., North Andover, \$5 for non-garden club members
- 26 Needham GC presents "Sustainable Gardening" with Rebecca Warner, 9:30 AM open to the public, \$5 for non-garden club members

MARCH 2019

- 6 GCFM Board of Directors Meeting, 10:30 AM. Location TBA
- 9-10 Canton GC presents "Artists in Bloom" 10:00 AM- 5:00 PM; Pequitside Farm, 79 Pleasant St., Canton. Contact Joan Marie Driscoll at cantongcmembership@gmail.com or 781-821-5500
- 9-10 Beth Shalom GC presents "Needham's Art in Bloom" 3/9, 9:00 AM - 5:00 PM; 3/10, 1:00 -5:00 PM, 1139 Highland Ave., Needham Heights.
Contact allisonbyckshapiro@gmail.com