

# Family Resource Guide



**Provided by the**  
**Charlestown Family Support Circle**

*This resource guide is in an effort to increase awareness and access to community resources for all Charlestown youth, families, and residents. We hope you find this guide helpful!*

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*"Our mission is to provide supportive services to Charlestown youths and families that are at risk or in need of support, to ensure all Charlestown youths are able to develop and grow to reach their full potential"*

**The Charlestown Family Support Circle (CFSC)** is a community resource which assists Charlestown youth and families by connecting them to resources and supports in and around their community. CFSC program provides case management and care coordination services to residents of Charlestown in an effort to support families and increase access to services. The FSC Clinician will work closely with families to help them identify their strengths, needs, and goals to make changes within their lives. Families are linked to appropriate referrals, community services, and natural supports to assist families towards their identified goals. Additionally, the program works with Charlestown providers to improve care coordination and take a holistic approach to providing families support and care.

**Phenice Zawatsky, LICSW**, and Family Support Circle Clinician, oversees the Charlestown Family Support Circle. The program is designed to identify and intervene with at-risk youth and their families as well as improve the connection among Charlestown service providers to support local youth and families. Phenice comes to Charlestown Coalition from Youth Villages-Germaine Lawrence Campus in Arlington, where she was a Clinical Supervisor and Family Clinician working with at risk youth, adolescents, young children and their families. She also worked at the Department of Children and Family Services in Los Angeles, CA. She received her Bachelor's in Psychology from the University of Massachusetts, Boston and her Masters in Social Work from the University of Southern California.

**Phenice Zawatsky, LICSW**, Family Support Circle Clinician

15 Green Street, Charlestown, MA 02129

Office: **1 (617) 726-0058** Fax: 1 (617) 726-6624 Email: [pzawatsky@partners.org](mailto:pzawatsky@partners.org)

Website: [charlestownsubstanceabusecoalition.com/family-circle/](http://charlestownsubstanceabusecoalition.com/family-circle/)



The **Charlestown Coalition** is a community-based coalition of residents, businesses, organizations, professionals, and advocates who work together to reduce substance use in Charlestown. Through a unified, collaborative approach, we utilize existing community resources, organize programs to identify needs, and harness the energy and commitment of all to provide a safe, healthy environment in Charlestown.

**Sarah Coughlin MSW, LICSW, LADC-1**

Sarah Coughlin, LICSW is the Director of the Charlestown Coalition. She oversees the work of the Coalition to provide prevention programs and to offer treatment resources for individuals with substance use disorders in Charlestown. Sarah previously served as the Coalition's Youth Prevention Director for two years. Prior to joining the Charlestown Coalition, Sarah was the District Based Clinical Social Worker at A1 Police Station providing therapy and clinical case management services to at-risk teenagers and families. Sarah received her Bachelor's in Social Work degree from Providence College and her Masters in Social Work degree from Boston College. **Phone: 617-726-0059**

**Shannon Lundin, LSWA**

Shannon Lundin, a Charlestown native is the Community Outreach Coordinator at the Charlestown Coalition. Ms. Lundin holds her Associates licensure in Social Work and completed her certification as an Alcohol & Drug Abuse Counselor. Shannon is a Certified Recovery Coach-BSAS and a Community Health Educator with the Boston Public Health Commission and regularly facilitates Narcan trainings. Shannon is a devoted mother and celebrates 10 years of sobriety. **Phone: 617-726-6855**

**Olivia Larkin, BA in International Studies**

Olivia Larkin is the Prevention Program Coordinator for the Charlestown Coalition where she is working to expand the Coalition's communication efforts. She also manages the youth prevention curriculum in the local schools and newly formed trauma response team. Since starting with the Coalition in July 2016, Olivia has continued to learn about the neighborhood and figure out best practices for engaging residents. Prior to coming to the Coalition, Olivia was the Volunteer Outreach Coordinator at Boston Alliance for Community Health, the citywide convener focused on addressing racial and ethnic health inequities. She received her bachelor's degree from the University of Michigan in Global Health and Environment. **Phone: 617-726-6684**

# Charlestown Community Resources

## Community Groups and Organizations

### Charlestown Against Drugs Association

Phone: 1 (617)-886-5118

<http://www.charlestownagainstdrugs.org>

### Charlestown Mothers Association, Inc.

[membership@charlestownmothersassociation.org](mailto:membership@charlestownmothersassociation.org)

<https://www.facebook.com/charlestownmothersassociation>

## Education

### Bunker Hill Community College

250 Rutherford Ave, Charlestown, MA 02129

Phone: 1(617) 228-2000

<http://www.bhcc.mass.edu/>

### Charlestown Adult Education

GED Program and ESL classes

76 Monument Street, Charlestown, MA

Phone: 1 (617) 635-5221

<http://charlestownadulthoodeducation.com/>

### Charlestown High School-Grades 9-12

**Headmaster:** William Thomas **Assistant**

**Headmaster:** Christopher Teulet-Cote

240 Medford Street, Charlestown, MA 02129

Phone: 1 (617) 635-9914

Fax: 1 (617) 635-9928

**School Hours:** 7:30 a.m. - 1:50 p.m. Early Dismissal: 11:50 a.m.

[charlestown@boston.k12.ma.us](mailto:charlestown@boston.k12.ma.us)

### Charlestown Nursery School

124 Main Street, Charlestown, MA 02129

Phone: 1 (617) 242-5159

<http://www.charlestownnurseryschool.org/index.html>

### Edwards Middle School- Grades 6-8

**Principal:** Robert Rametti

28 Walker Street, Charlestown, MA 02129

Phone: 1 (617) 635-8516

Fax: 1 (617) 635-8522

School Hours: 7:20 a.m. - 4:15 p.m.

Mon.-Thurs. 7:20 - 11:40 a.m. Fri. Early Dismissal: 10:15 a.m.

<http://www.bostonpublicschools.org/school/edwards-middle-school>

### Harvard-Kent Elementary School- K-5

**Principal:** Jason Gallagher **Assistant**

**Principal/Headmaster:** Mark Silva

50 Bunker Hill Street, Charlestown, MA 02129

Phone: 1 (617) 635-8358

Fax: 1 (617) 635-8364

School Hours: 9:30 a.m. - 4:10 p.m. Early Dismissal: 1:30 p.m.

<http://www.bostonpublicschools.org/school/edwards-middle-school>

<b>John F Kennedy Family Service Center Inc.</b> 23 A Moulton Street Charlestown, MA 02129 Phone: 1 (617)241-8866 <b>Services:</b> Head Start and Preschool, Family Service Center <a href="http://www.kennedycenter.org/">http://www.kennedycenter.org/</a>	<b>Smart from the Start-School readiness program</b> 255 Medford Street, Charlestown, MA 02129 Phone: 1 (617) 792-9834 <a href="http://www.smartfromthestartboston.org/">http://www.smartfromthestartboston.org/</a>
<b>Warren Prescott School- Grades k-8</b> Principal: Michele Davis 50 School Street, Charlestown, MA 02129 Phone: 1 (617) 635-8346 Fax: 1(617)635-9454 School Hours: 8:30 a.m. - 2:30 p.m. Early Dismissal: 12:30 p.m. <a href="http://www.warrenprescott.com">www.warrenprescott.com</a>	

<b>Faith Based Organizations</b>	
<b>First Church in Charlestown</b> 15 Green St. Charlestown, MA 02129 Phone: 1(617) 242-3693	<b>First Brazilian Baptist Church</b> 24 Cambridge St. Charlestown, MA 02129 Phone: 1 (617) 242-1900
<b>Saint Francis de Sales Parish</b> 303 Bunker Hill Street Charlestown, MA 02129 Phone: 1 (617) 242-0147 Rev. Daniel J. Mahoney, Pastor <b>Services:</b> M-F 7:30 A.M. in Chapel, Sat Vigil-4 P.M. Sun- Mass 9 A.M & 11 A.M. <a href="http://www.stfrancisdesalescharlestown.com">www.stfrancisdesalescharlestown.com</a>	<b>St. John's Episcopal Church</b> 27 Devens Street Charlestown MA, 02129 Phone: (617) 242-1272 Church office: Office hours are Tuesdays and Thursdays from 8 am to 3 pm. <b>Services:</b> Sun 8:00 A.M & 10:00 A.M. <a href="http://www.stjohns02129.org/http://stmaryscatherine.org/">http://www.stjohns02129.org/http://stmaryscatherine.org/</a>
<b>St. Mary's Church</b> 55 Warren Street-Parish Center 46 Winthrop Street Phone: 1 (617) 242-4664 Father Ronan <b>Services:</b> Mon-Fri 8:00 A.M. Sat 4:00 P.M, Sun 8 A.M, 10:30 A.M. and 6:00 P.M. <a href="http://stmaryscatherine.org/">http://stmaryscatherine.org/</a>	

## Family and Social Service Agencies

### **Charlestown Family Support Circle**

15 Green Street, Charlestown MA  
02129

Phone: 1 (617) 726-0058

Services: Clinical Case Management,  
Care Coordination, Advocacy,  
Supportive Services and referrals to  
Community Resources

[pzawatsky@partners.org](mailto:pzawatsky@partners.org)

<http://www.charlestownsubstanceabusecoalition.com/family-circle/>

### **John F Kennedy Family Service Center Inc.**

23 A Moulton Street, Charlestown, MA  
02129

Phone: 1 (617) 241-8866

Services: Emergency Assistance, Individual,  
group, and family counseling, referral  
services, education services, advocacy, elder  
services and employment services.

<http://www.kennedycenter.org/>

### **Federation for Children with Special Needs**

529 Main Street, Suite 1M3 Boston, MA  
02129

Phone: (617) 236-7210, (800) 331-0688

Fax: (617) 241-0330

Services: provides information,  
support, and assistance to parents of  
children with disabilities, their  
professional partners, and their  
communities.

<http://fcsn.org/>

### **National Alliance for Mental Illness (NAMI) of Massachusetts**

The Schrafft Center

529 Main Street, Suite 1M17

Boston, MA 02129

Phone: (617)-580-8541

Fax: (617)-580-8673

Services: We seek to extend the education,  
support, and advocacy programs of NAMI  
Massachusetts so that we will reach out to  
all Massachusetts consumers and their  
families; improve the public's awareness  
and understanding of mental illnesses; and  
advocate at all levels to ensure that all  
persons affected by mental illnesses receive,  
in a timely fashion, the services that they  
need and deserve.

<http://namimass.org/>

### **Smart from the Start-School readiness program- Ages 0-5**

255 Medford Street, Charlestown, MA  
02129

Phone: 1 (617) 792-9834

Services: School readiness and support  
program for low income families

<http://www.smartfromthestartboston.org/>

### **Special Townies**

336 Main St. Charlestown, MA.

Phone: 617-710-2385 or 617-580-3128

<http://www.specialtownies.org>

<https://www.facebook.com/pages/Special-Townies/161717653870676>

<b>Food Pantries and Food Resources</b>	
<p><b>BCYF Charlestown Community Center</b>  255 Medford Street, Charlestown, MA 02129  Phone: 1(617) 635-5169  Email: <a href="mailto:CharlestownCC@CityofBoston.gov">CharlestownCC@CityofBoston.gov</a>  Services: Free Brown Bag of Groceries on the 3<sup>rd</sup> Thursday of every month from Sept-June. Requirements: Need to pre-register at the community center.</p>	<p><b>Charlestown Farmer's Market</b>  On Main Street next to the Hubway Bike stand. Contact Crystal Gavin from the John F. Kennedy Center for more information.  Phone: (617) 241-8866 ext 1352  Wednesdays from 2:00 to 7:00 PM (June – October) Accepts SNAP card, bounty bucks, WIC and senior coupons.  <a href="http://bostonfarmersmarkets.org/bounty-bucks/">http://bostonfarmersmarkets.org/bounty-bucks/</a></p>
<p><b>Department of Transitional Assistance &amp; Department of Housing and Community Development (DHCD) Emergency Assistance Field Office</b>  80 Everett Avenue Chelsea, MA 02150  Phone: 1 (617) 551-1700  <u>Services:</u> SNAP-food assistance, job assistance, cash assistance, emergency and domestic violence shelter.  *Call ahead to find out what you will need to bring to qualify for services*</p>	<p><b>Fair Foods- Two Dollar-A-Bag</b>  The Kennedy Community Center/ Resource Center  55 Bunker Hill Street, Charlestown, MA 02129  Every Thursday at 1:30pm -4pm  For more Information Contact Crystal Gavin at (617) 241-8866 ext 1352</p>
<p><b>Harvest on Vine</b>  49 Vine Street, St. Catherine's Hall, Charlestown, MA 02129  Phone: 1 (617) 337-3545  <u>Services:</u> Food is distributed on the second Saturday of every month at 10 AM and on the last Tuesday of the month at 7 P.M. Pre-register by calling project bread. Must present an ID and be 18+.</p>	<p><b>Project Bread –Food Source Hotline</b>  Phone: 1 (800) 645-8333  <a href="http://www.projectbread.org">www.projectbread.org</a></p>
<p><b>Women, Infant and Children (WIC) Nutrition Program</b>  73 High St. Charlestown, MA 02129  Phone: 1(617) 724-8198 Services: Nutrition program</p>	

## Medical and Behavioral Health Services

### Charlestown Healthcare Center

Provides medical and behavioral health services to adults and children  
73 High Street, Charlestown, MA 02129  
Phone: 1(617)724-8135  
<http://www.massgeneral.org/charlestown/>

### MGH Charlestown Monument Street Counseling Center

76 Monument Street, Charlestown, MA 02129  
Phone: 1(617)-724-8135

### MGH Patient Financial Services

(located in the basement)  
73 High Street, Charlestown, MA 02129  
Phone: 1(617)-724-8135  
Patient Financial Counselors will assist residents in applying for Mass Health Insurance and answer questions concerning the process.

### MGH Roger Sweet Learning Center (located on the 1<sup>st</sup> floor of the lobby)

73 High Street, Charlestown, MA 02129  
Phone: 1 (617)-724-8135  
The learning center provides health education and information to patients, families and the community. Printed health information and brochures are available in Spanish and additional languages.  
[www.facebook.com/MGHCharlestownRSLC](http://www.facebook.com/MGHCharlestownRSLC)  
[www.twitter.com/MGH\\_RSLC](http://www.twitter.com/MGH_RSLC)

### New Health Charlestown-North End Waterfront Health

15 Tufts St. Charlestown, MA 02129  
Phone: 1 (857) 238-1100  
Services: Provides medical, behavioral health services, dental care, Eye care for adults and children  
[http://northendwaterfronthealth.org/Services\\_BehavioralHealth.asp](http://northendwaterfronthealth.org/Services_BehavioralHealth.asp)

## Youth Activities and Afterschool Programs

### Anchor After School Program

Family and Community Solutions- A program of Italian Home for Children  
197 Eighth Street  
Charlestown, MA 02129  
Phone: 1 (617) 886-4715  
Services: Therapeutic afterschool program  
[http://www.bamha.org/newsite/what\\_we\\_do.html#after](http://www.bamha.org/newsite/what_we_do.html#after)

### BCYF Charlestown Community Center

255 Medford Street, Charlestown, MA 02129  
Phone: 1(617) 635-5169  
Email: [CharlestownCC@CityofBoston.gov](mailto:CharlestownCC@CityofBoston.gov)  
Services: Sport programs, Community Room; Computer Lab; Fitness Center, Gymnasium and Pool.

<p><b>Charlestown Boys and Girls Club</b>  15 Green Street, Charlestown, MA 02129  Phone: 1 (617) 242-1775  <u>Services:</u> Afterschool program, Teen Center and tutoring.  <a href="http://www.bgcb.org/our-location/charlestown-club/">http://www.bgcb.org/our-location/charlestown-club/</a>.</p>	<p><b>Charlestown Branch- Boston Public Library</b>  179 Main Street, Charlestown, MA 02129  Phone: 1 (617) 242-1248  Branch Librarian: Maureen Marx  <u>Services:</u> Provides program for children including a homework help, book discussions for adults and special events for all ages.  <a href="http://www.bpl.org/branches/charlestown.htm">http://www.bpl.org/branches/charlestown.htm</a></p>
<p><b>Charlestown Girls Softball</b>  20 Tibbetts Town Way, Charlestown, MA, 02129  Phone: 1 (617) 308-4108  <a href="https://www.facebook.com/pages/Charlestown-Girls-Softball/222401921146583">https://www.facebook.com/pages/Charlestown-Girls-Softball/222401921146583</a></p>	<p><b>Charlestown Lacrosse and Learning Center</b>  14 Green Street, Charlestown, MA 02129  Phone: 1 (617)242-1813  For more information contact:  cllcexecutivedirector@gmail.com  <a href="http://www.charlestownlacrosse.com/Page.asp?n=66019&amp;org=charlestownlacrosse.com">http://www.charlestownlacrosse.com/Page.asp?n=66019&amp;org=charlestownlacrosse.com</a></p>
<p><b>Charlestown Little League</b>  126 Elm Street, Charlestown, MA 02129  Phone: 1 (617)-242-5564  <a href="http://www.leaguelineup.com/welcome.asp?url=charlestown-l-l">http://www.leaguelineup.com/welcome.asp?url=charlestown-l-l</a></p>	<p><b>Charlestown Working Theater-Children's program</b>  442 Bunker Hill Street Charlestown, MA 02129  Phone: 1 (617) 242.3285  <a href="http://www.charlestownworkingtheater.org/children.cfm">http://www.charlestownworkingtheater.org/children.cfm</a></p>
<p><b>Charlestown Youth Football and Cheering League</b>  Phone: 1 (617) 233-5318  <a href="https://www.facebook.com/pages/Charlestown-Youth-Football-Cheering-League/217799808256345">https://www.facebook.com/pages/Charlestown-Youth-Football-Cheering-League/217799808256345</a></p>	<p><b>Charlestown Youth Hockey League</b>  <a href="http://www.cyha.com/">http://www.cyha.com/</a></p>
<p><b>Charlestown YMCA</b>  50 3rd Ave, Charlestown, MA 02129  Phone: 1 (617) 286-1220  Services: Teen Program and free membership for teens over the summer.  <a href="http://www.ymcaboston.org/charlestown">http://www.ymcaboston.org/charlestown</a></p>	<p><b>Charlestown Youth Soccer</b>  <a href="http://www.charlestownsoccer.com/">http://www.charlestownsoccer.com/</a></p>

<b>Children's Martial Arts Boston</b> 200 Terminal Street, Charlestown, MA 02129 Phone: 1 (339) 224-8005 <a href="http://www.childrensmartialartsboston.com/index.php">http://www.childrensmartialartsboston.com/index.php</a>	<b>Courageous Sailing</b> Charlestown Navy Yard One First Avenue Boston, MA 02129 Phone: 617-242-3821 <a href="http://www.courageoussailing.org/">http://www.courageoussailing.org/</a>
<b>Mission Safe</b> Charlestown, MA 02129 <a href="http://www.missionsafe.org/home.asp">http://www.missionsafe.org/home.asp</a>	

## **Additional Resources**

### **Activities for Children, Teens, Adolescents and Families**

<b>Appalachian Mountain Club Outdoor Activities</b> 5 Joy Street, Boston, MA 02108 P: 617-523-0655 F: 617-523-0722 Not inexpensive but AMC offers great programs. Annual Dues: Individual \$50; Family \$75; Junior (under 30), \$25; Senior (over 69) \$25. Online discounts are available. Events FREE to members. Nation's oldest outdoor recreation and conservation organization; trips are a wonderful way to introduce your kids to outdoors activities from hiking and climbing to paddling to snowshoeing and skiing. Phone: 1 (800) 372-1758. <a href="http://www.outdoors.org">www.outdoors.org</a>	<b>Arnold Arboretum,</b> 125 Arborway, Boston, MA 02130 The general free tour season runs from April through November 1, 2015. We offer tours Saturday at 10:30am and Sunday at 1:00pm. Additional weekday tours are offered on Mondays and Thursdays at 10:30am, beginning April 13 and continuing through June. There is no tour on Monday, May 25 or Thursday, June 4 For info: <a href="mailto:arbweb@arnarb.harvard.edu">arbweb@arnarb.harvard.edu</a> . <a href="http://arboretum.harvard.edu">arboretum.harvard.edu</a>
<b>Bank of America's Museums on Us</b> Visitors present their Bank of America cards for free admission to 150 museums nationwide like Boston's Museum of Fine Arts, the first full weekend every month. <a href="http://museums.bankofamerica.com">http://museums.bankofamerica.com</a>	<b>Boston By Little Feet</b> Congress St, Boston, MA 02109 A Children's Tour of Boston. View the famous Freedom Trail through the eyes of children 6 to 12; \$10 each (free under 6). Meet tour guide at the statue of Samuel Adams/ front end of Faneuil Hall. Accessible by T. One hour tours May-Nov. Fri/Sat 10am; Sun 1pm. Phone: 1 (617) 637-2345. <a href="http://www.bostonbyfoot.org">www.bostonbyfoot.org</a>

<p><b>Boston Center for Youth and Families (B.C.Y.F.)</b>  BCYF offers a range of affordable programs including preschool, school-aged &amp; adult education, family literacy, youth employment, violence prevention &amp; intervention, senior activities, recreation and enrichment. BCYF's 35 facilities are located throughout Boston.  <a href="http://www.cityofboston.gov/bcyf/">http://www.cityofboston.gov/bcyf/</a></p>	<p><b>Boston Children's Museum</b>  308 Congress St, Boston, MA 02210. FREE, fun, learning opportunities for families. Accessible by T. Admission is just \$1 from 5-9pm every Friday; last hour discount – half price after 4pm Saturday – Thursday. Admission \$16 for Adults/Seniors/Kids age 1+. Kids (0-12 mos) free. Admissions with EBT card: \$2 per person  Phone: 1 (617) 426-6500. <a href="http://www.bostonchildrensmuseum.org">www.bostonchildrensmuseum.org</a></p>
<p><b>Boston Common Swan Boats at the Public Gardens</b>  1 Commonwealth Ave, Boston, MA 02116. Come ride the only boats of their kind in the world. Open April-mid-Sept. \$3.50 age 16+, kids 2-15 \$2.00, seniors \$3.00. <a href="http://www.swanboats.com">www.swanboats.com</a></p>	<p><b>Boston Bikes</b>  Subsidized Hubway Memberships for \$5, which includes a helmet and a Bicycle Benefit sticker.  Phone: 1 (617) 918-4343  <a href="http://www.bostonbikes.org/programs/subsidized-hubway-memberships/">http://www.bostonbikes.org/programs/subsidized-hubway-memberships/</a></p>
<p><b>DeCordova Museum and Sculpture Park</b>  51 Sandy Pond Road, Lincoln, MA 01773.  1<sup>st</sup> Wednesday is FREE for all. Outdoor Sculpture Park is open every day 10am-5pm. Adults \$14 Seniors (65+) \$12 Students \$10 Children 12 and under FREE. Lincoln residents, active duty military personnel and the military families are admitted FREE anytime with proper ID.  Phone: 1 (781) 259-8355  <a href="http://www.decordova.org">www.decordova.org</a>.</p>	<p><b>Faneuil Hall Marketplace</b>  4 South Market Building, Boston, MA 02109. FREE-Watch street jugglers, clowns, musicians and other street performers all year round.  Phone: 1 (617) 523-1300.  <a href="http://www.faneuilhallmarketplace.com">www.faneuilhallmarketplace.com</a></p>
<p><b>Friday Night Flicks and Concerts</b>  Hatch Memorial Shell, Storrow Drive, Boston, MA, 02108 FREE kid-friendly movies under the stars Fridays. Special concerts Wednesdays 7-9pm.  <a href="http://www.celebrateboston.com/events/hatchshell.htm">www.celebrateboston.com/events/hatchshell.htm</a></p>	<p><b>Girl Scouts Boston Headquarters</b>  95 Berkley Street, Boston MA 02116. Help girls build courage, confidence and character. \$25 registration fee entitles girls ages 6-18 to participate in all programs. 800-882-1662.  <a href="http://www.ptgirlscouts.org">www.ptgirlscouts.org</a></p>

<p><b>Harvard Museum of Natural History</b>  26 Oxford St., Cambridge, MA 02138  FREE for MA residents 9am-noon every Sunday. Adults \$12, Non-Harvard Students &amp; Seniors (65+) \$10, Kids 3–18 \$8. Children under 3: free  Phone: 1 (617) 495-3045  <a href="http://www.hmnh.harvard.edu">www.hmnh.harvard.edu</a></p>	<p><b>Institute of Contemporary Art</b>  100 Northern Ave., Boston, MA 02210  Admission is always FREE age 17 and under. FREE admission for families (up to two adults accompanied by children ages 12 and under) on the last Saturday of each month (excluding December). Free for all visitors on Thursdays, from 5-9pm.  Admission with EBT card: Free  Phone: 1 (617) 478-3100  <a href="http://www.icaboston.org">www.icaboston.org</a></p>
<p><b>Isabella Stewart Gardner Museum</b>  280 The Fenway, Boston, MA 02115  Admission is always FREE for kids under age 18 with a parent, U.S. military and their families, and all named “Isabella.”  Admission with EBT card: \$2 per person  Phone: 1 (617) 566-1401.  <a href="http://gardnermuseum.org">gardnermuseum.org</a></p>	<p><b>John F. Kennedy Presidential Library and Museum</b>  Columbia Point, Boston, MA 02125  Open daily from 9am-5pm. Admission is always FREE for kids ages 12 and under. Enter the recreated world of the Kennedy Presidency for a “first-hand” experience of John F. Kennedy’s life, legacy, and leadership.  Phone: 1 (617) 514-1600  <a href="http://www.jfklibrary.org">www.jfklibrary.org</a></p>
<p><b>Kids Boxing Fitness</b>  Boys and Girls ages 8-13  Saturdays 1:30 pm- 2:30 pm  Peter Welch’s Gym  371 Dorchester Ave, Boston, MA  Phone: 1 (617) 269-4641  <a href="mailto:Info@peterwelchsgym.com">Info@peterwelchsgym.com</a></p>	<p><b>Mayor's Youth line</b>  The Mayor's Youth line is a resource line for the youth of Boston and is staffed by peer listeners.  Phone: 1 (617) 635-2240 or 617-635-KIDS  M-F 11:00 am-7:00 pm (During the school year)  M-R 10:00 am-6:00 pm (During the summer)</p>
<p><b>MIT Museums</b>  265 Massachusetts Ave. Bldg N51, Cambridge, MA 02139. This is a true science museum for the budding scientist in the family. Open daily 10am-5pm. FREE all day the last day Sunday of each month thru June 2014. Adult \$10, Students w/ID, Seniors &amp; Youth \$5. Kids under 5 FREE. Accessible by T.  Phone: 1 (617)253-5927  <a href="http://web.mit.edu/museum">http://web.mit.edu/museum</a></p>	<p><b>More than Words</b>  376 Moody St. Waltham, MA  More Than Words (MTW) is a nonprofit social enterprise that empowers youth who are in the foster care system, court involved, homeless, or out of school to take charge of their lives by taking charge of a business. GED program  Phone: 1 (781) 788-0035  <a href="http://mtwyouth.org/http://web.mit.edu/museum">http://mtwyouth.org/http://web.mit.edu/museum</a></p>

<p><b>Museum of Fine Arts</b>  465 Huntington Ave, Boston, MA 02115  Phone: 1 (61) 267-9300.  Always FREE for children ages 6 and under.  Kids ages 7-17 FREE on weekends, public school holidays, and after 3pm on weekdays. Adults \$25, Seniors and students (age18+) \$23. Admission with EBT Card: \$3 per person  <a href="http://www.mfa.org">www.mfa.org</a></p>	<p><b>Museum of Science</b>  1 Science Park, Boston, MA 02114  Admission: Adult (12+): \$29.00, Senior (60+): \$27.00, Child (3 - 11): \$26.00  Admission with EBT card: Free  Phone: 1 (617) 723-2500  <a href="http://www.mos.org/">http://www.mos.org/</a></p>
<p><b>Old State House Museum</b>  206 Washington Street, Boston, MA 02109  Learn about the Boston Massacre and walk in the footsteps of Samuel Adams, John Hancock, and other patriots who set in motion the American Revolution. Always FREE for kids age 5 and under. Kids under 18 FREE. Adults \$10, Seniors/students \$8.50.  Phone: 1 (617) 720-1713  <a href="http://www.bostonhistory.org">www.bostonhistory.org</a></p>	<p><b>Paul Revere House</b>  19 North Square, Boston, MA 02113  Visit one of the earliest historic house museums in the U.S. Adults \$3.50 for adults, \$3 Seniors &amp; College Students, \$1 kids up to 17.  Phone: 1 (617) 523-2338  <a href="http://paulreverehouse.org">paulreverehouse.org</a></p>
<p><b>Sports Museum</b>  TD Bank north Garden, Causeway St (100 Legends Way), Boston, MA 02114.  Come celebrate the character of Boston sports. Open daily 10am-4pm except closed in 2014: 5/2, 5/15, 6/25, 6/29, 6/30, 7/2, 7/4-9, 7/19, 7/22. FREE for kids under 10. Adults \$12, kids (10-18) and Seniors (60+) \$6.  Phone: 1 (617) 624-1235  <a href="http://www.sportsmuseum.org">www.sportsmuseum.org</a></p>	<p><b>Summer Kids Bowl Free Program</b>  Kids up to age 15 can bowl two FREE games every day with the “Kids Bowl FREE” Pass. You can also <i>purchase</i> a family pass that includes 1, 2, 3, or 4 adults. How to get your FREE kid's passes: visit the website of a bowling alley near you; register directly on the bowling center page; once the program has begun, you will get a weekly email with your coupons and family passes for that week. <a href="http://www.kidsbowlfree.com">www.kidsbowlfree.com</a></p>
<p><b>The Dance Complex</b>  Dance and Martial Art Classes for ages 3 and up/Teens  536 Massachusetts Ave, Cambridge, MA 02139  Phone: 1(617) 547-9363  <a href="http://www.dancecomplex.org/">http://www.dancecomplex.org/</a></p>	<p><b>The Discovery Museum</b>  117 Main Street, Action, MA 01720  Admission with EBT card: \$1 per person.  <a href="http://discovery museums.org/">http://discovery museums.org/</a></p>

<p><b>USS Constitution Museum, A Sailors' Life For Me?</b> Charlestown Navel Yard, Charlestown. MA 02129.</p> <p>Follow the experiences of the crew of the USS Constitution of 1812. Open daily 9am-6pm. April 1<sup>st</sup>-October 31<sup>st</sup> (10am-6pm) FREE (suggested donation of \$5-\$10 for Adults, \$3-\$5 for Children, and \$15-\$20 for Families.) Recommended for ages 6 and older. Accessible by T.</p> <p>Phone: 1 (617) 426-0812</p> <p><a href="http://www.usconstitutionmuseum.org">www.usconstitutionmuseum.org</a></p>	<p><b>Wayside Tempo's Photo Voice Interactive Workshops</b></p> <p>Young Adults must be 16-21 years old.</p> <p>Please contact Dave Sebastian at <a href="mailto:Dave_Sebastian@waysideyouth.org">Dave_Sebastian@waysideyouth.org</a></p> <p><a href="http://www.waysideyouth.org/tempos-photo-voice-sessions/">http://www.waysideyouth.org/tempos-photo-voice-sessions/</a></p>
<p><b>Zoo New England –</b></p> <p>2 locations. Children under age 2 are always FREE. Everyone pays children's admission on the <u>first Saturday of each month</u> from 10am to noon.</p> <ul style="list-style-type: none"> <li>• <b>Franklin Park Zoo</b>, One Franklin Park Road, Dorchester (Boston), MA 02121. 617-541-LION(5466). Admission: Adults \$19.95, Senior (62+) \$16.95, Children (ages 2-12) \$12.95.</li> <li>• <b>Stone Zoo</b>, 149 Pond Street, Stoneham, MA 02180. 781-438-5100. Admission: Adults: \$15.95, Senior (62+) \$13.95, Children (ages 2-12) \$11.95.</li> </ul> <p><a href="http://www.zoonewengland.org">www.zoonewengland.org</a></p>	

## Behavioral Health Resources

**If you or someone you know is experiencing a mental health crisis please call 911, go to your nearest emergency room or contact the Boston Emergency Services Team (BEST) at 1-800-981-4357.**

### **Academic and Behavioral Clinic ABAC (Boston Location)**

995 Blue Hill Avenue, Boston, MA  
02124

Phone: 1 (617) 822- 0829

Services: Evaluations, Psychological testing, Assessments, Community Support Programs, In Home Therapy, Family Stabilization, Family, Individual, Couples, and Group therapy and Psychiatric Day Treatment program.

[www.abacinc.net/](http://www.abacinc.net/)

### **Advances Learning Center - IHBS**

51 Water Street, Ste 200

Watertown, MA 02472

Referral Phone: 1 (617) 923-7575

Fax: 1 (617) 663-6252

Services: In Home Behavioral Services.

[www.advancesonline.com](http://www.advancesonline.com)

### **Arbour Health System**

FOR 24-HOUR ACCESS, CALL 1 (800 ) 22 -  
ACCES™ (222-2237)

ARBOUR-HRI HOSPITAL

227 Babcock Street, Brookline, MA  
02446

Phone: 1 (617) 731-3200

Services: Crisis Evaluation and Intervention, Inpatient Care for Adults, Specialty Inpatient Care for Adults, including Women's Services, Partial Hospitalization for Adults, Specialty Partial Hospitalization for Adults, including, Triangle (for gay, lesbian, bisexual and transgender persons), Women's Services Outpatient Services

[www.arbourhealth.com](http://www.arbourhealth.com)

### **Family and Community Solutions- Italian Home for Children**

77B Warren Street, Brighton, MA 02135

Phone: 1 (617) 787-1901

Services: In Home Therapy, Therapeutic Mentoring and Afterschool programs

<http://www.bamha.org/>

<p><b>Family Services of Greater Boston</b>  31 Heath Street, Boston MA 02130  Phone: 1 (617) 523-6400  <u>Services:</u> CBHI In home Therapy, In home Behavioral Health Services.  <a href="http://www.fsgb.org/">http://www.fsgb.org/</a></p>	<p><b>Gandara Mental Health Center - IHT</b>  95 Berkeley St  Boston, MA 02116  Referral Phone:1 (857) 366-7040 ext 514  Fax: 1 (617) 423-5670  <u>Services:</u> In home Therapy, In Home Behavioral Services and Therapeutic Mentor program.  <a href="https://gandaracenter.org/">https://gandaracenter.org/</a></p>
<p><b>Institute for Health and Recovery</b>  349 Broadway, Cambridge, MA 02139  Phone: 1 (617) 661-3991  <u>Services:</u> Substance use disorder services, Housing and recovery support, family and children services, HIV prevention and Education, Outpatient services, and Trauma therapy. Serves Children, adolescents and adults.  <a href="http://www.Healthrecovery.org">www.Healthrecovery.org</a></p>	<p><b>Italian Home for Children</b>  1125 Centre Street Boston, MA 02130-3445  Phone: 1 (617) 524-3116  <u>Services:</u> offers its help to children ages 4-14. Provides residential and day treatment programs as long with Therapeutic Mentors and In Home Therapy.  <a href="http://www.italianhome.org">http://www.italianhome.org</a></p>
<p><b>Justice Resource Institute</b>  160 Gould Street, Suite 300 Needham, MA 02494-2300  Phone: 1 (781) 559-4900  <u>Services:</u> In Home Therapy, Therapeutic Mentoring, Case Management, Crisis Intervention and Stabilization and trauma therapy.  <a href="http://www.jri.org/">http://www.jri.org/</a></p>	<p><b>Latin American Health Institute-LHI</b>  Boston (Main Office)  95 Berkeley Street Boston, MA 02116  Phone: 617 350-6900  <u>Services:</u> Social Service programs aim at improving the health and well being of individuals and families, through culturally appropriate services in the areas of housing, client advocacy, case management, and family support services for people with disabilities. Behavioral Health Services assist members of the community who seek help in resolving family problems or overcoming addictions or mental health problems.  <a href="http://www.lhi.org/Homepage.aspx">http://www.lhi.org/Homepage.aspx</a></p>

<p><b>North American Family Institute</b>  26 Howley Street, Peabody, MA 01960  <u>Services:</u> Family Stabilization, case management, residential services, In Home Therapy, parenting support and education, support groups.  <a href="http://www.nafi.com">www.nafi.com</a>  Behavioral Health Services assist members of the community who seek help in resolving family problems or overcoming addictions or mental health problems.  <a href="http://www.lhi.org/Homepage.aspx">http://www.lhi.org/Homepage.aspx</a></p>	<p><b>North East Behavioral Associates</b>  Metro Boston Office  55 Providence Highway  Norwood, MA 02062  Phone: 1 (774) 206-1125  Fax: 1 (774) 628-9657  <u>Services:</u> In home Therapy, In Home Behavioral Services and Therapeutic Mentor program.  <a href="http://ma.northeastbehavioral.com/">http://ma.northeastbehavioral.com/</a></p>
<p><b>North End Waterfront Health</b>  332 Hanover Street, Boston MA, 02113  Phone: 1 (617)643-8000  Services: Outpatient therapy and Psychiatric services.  <a href="http://northendwaterfronthhealth.org/Services_BehavioralHealth.asp">http://northendwaterfronthhealth.org/Services_BehavioralHealth.asp</a>  <b>*Charlestown site coming soon*</b></p>	<p><b>North Suffolk Mental Health Association</b>  301 Broadway, Chelsea, MA 02150  1 (617) 889-4860 (voice) 1 (617) 884-4856 (TTY) 1 (888) 294-7802 (Central Intake)  <u>Services:</u> Adults services, homeless prevention, addiction services, children and family services, Early childhood, outpatient therapy, In home therapy, In Home Behavioral Services and developmental services.  <a href="http://northsuffolk.org/">http://northsuffolk.org/</a></p>
<p><b>Osiris Institute</b>  184 Dudley Street, Suite 107 Roxbury, MA 02119  Phone: (617) 442-2002  Services: In Home Therapy and Therapeutic Mentor  <a href="http://www.osirisinstitute.com">http://www.osirisinstitute.com</a></p>	<p><b>Riverside Community Care</b>  450 Washington Street  Dedham MA, 02026  Phone: 1 (781) 329-0909  <u>Services:</u> Home Based Services, School based services, emergency services, early childhood services and care coordination.  <a href="http://www.riversidecc.org/">http://www.riversidecc.org/</a></p>
<p><b>Roxbury Multi-Service Center, Inc-IHT</b>  321 Blue Hill Ave  Dorchester ,MA 02121  Referral Phone: 1 (888) 839-0363  <u>Services:</u> In Home Therapy Services, housing services, behavioral health, education support, cancer support Tues 5-7 P.M.  <a href="http://www.roxmulti.org">http://www.roxmulti.org</a></p>	<p><b>The Boston Center</b>  14 Fordham Road, Allston, MA 02134  Phone: 1 (617) 783-9676  <u>Services:</u> Partial Hospitalization for Children and Adolescents  <a href="http://www.arbourhealth.com/organizations/the-boston-center/">http://www.arbourhealth.com/organizations/the-boston-center/</a></p>

<p><b>The Home For Little Wanderers</b>  10 Guest Street, Boston, MA 02135  Phone: 1 (888) HOME-321 or 1 (617) 267-3700  <u>Services:</u> Adoption, In Home Therapy, Therapeutic mentoring Foster care, Residential care, Special Education, Youth Aging Out and case management.  <a href="http://www.thehome.org">http://www.thehome.org</a></p>	<p><b>The May Institute, Inc.-IHBS</b>  2020 Centre St  West Roxbury, MA 02132  Referral Phone: 1 (781) 437-1382  Fax: 1 (781) 437-1220  Services: In Home Therapy Services and Therapeutic Mentoring  <a href="http://www.mayinstitute.org">www.mayinstitute.org</a></p>
<p><b>Toward Independent Living &amp; Learning (TILL)-IHBS</b>  20 Eastbrook Road  Dedham, MA 02026  Referral Phone: 1 (781) 302- 4659  Fax: 1 (781) 234-1124  <u>Services:</u> In Home Behavioral Services and Autism Services  <a href="http://www.tillinc.org">www.tillinc.org</a></p>	<p><b>South Cove Community Health Center</b>  South Street Center-145 South Street, Boston, MA 02111  Phone: 1 (617) 527-6700  Washington Street Center- 885 Washington Street, Boston, MA 02111  Phone: 1 (617) 482-7555  Services: Medical Services, Behavioral Health and Dental.  <a href="http://www.scchc.org/">http://www.scchc.org/</a></p>
<p><b>Wayside Youth and Family Support Network</b>  1 Frederick Abbott Way, Framingham, MA 01701  Phone: 1 (508) 879-9800  Services: In Home Therapy and Counseling Services.  <a href="http://www.waysideyouth.org">http://www.waysideyouth.org</a></p>	<p><b>Wediko Children's Services-</b>  72-74 East Dedham St. Boston, MA 02118  Referral Phone: 1 (617) 292-9200  Fax: 1 (617) 292-9275  Services: In Home Therapy and Therapeutic Mentoring.  <a href="http://www.wediko.org">www.wediko.org</a></p>
<p><b>Youth Villages-Germaine Lawrence Campus</b>  18 Claremont Ave. Arlington, MA 02476-5812  Phone: 1 (781) 648-6200  <u>Services:</u> Residential Treatment, Therapeutic Day School, 45-Day Assessment Program and group home facility.  <a href="http://www.youthvillages.org/where-we-serve/massachusetts.aspx#sthash.uL2ETneU.dpbs">http://www.youthvillages.org/where-we-serve/massachusetts.aspx#sthash.uL2ETneU.dpbs</a></p>	<p><b>Youth Villages-Woburn (state headquarters)</b>  400 West Cummings Park, Suite 5200, Woburn, MA 01801  Phone: 1 (781) 937-7900  <u>Services:</u> Intercept Intensive In-home Services, CBHI In Home Therapy and Transitional Living Services.  <a href="http://www.youthvillages.org/where-we-serve/massachusetts.aspx#sthash.uL2ETneU.dpbs">http://www.youthvillages.org/where-we-serve/massachusetts.aspx#sthash.uL2ETneU.dpbs</a></p>

<p>Go to <a href="http://mabhaccess.com">http://mabhaccess.com</a> to get more information on opening for IHT, IHBS, and TM services. Login as a guest.</p>	
<p><b>Domestic Violence Resources/ Shelters</b>  <b>If you or a member of your household is in immediate danger due to domestic violence, call 911.</b></p>	
<p><b>Asian Shelter and Advocacy Project</b>  P.O. Box 120108, Boston, MA 02112  <b>1(617) 338-2355 (24-hour Helpline)</b>  1 (617) 338-2350 (Office)  <u>Admissions:</u> Call the hotline or Safe Link for an intake and referral; individuals can also be referred by hospitals, providers, or law enforcement officers.  <u>Services:</u> Handicap accessible; referral to other domestic violence shelters; advocacy and counselling; meals; limited clothing.  <u>Languages:</u> Khmer, Vietnamese, Cantonese, Mandarin, Korean, Japanese, Hindi, Pakistani, Bangladeshi.  <u>Female domestic violence survivors and their children</u>  <a href="http://www.atask.org/">http://www.atask.org/</a></p>	<p><b>Charlestown District Court</b>  3 City Square, Charlestown, MA 02129  Victim and Witness Advocate  Phone: 1 (617) 725-8720</p>
<p><b>Child Witness to Violence Project at Boston Medical Center</b>  88 E. Newton St., Vose Hall  Boston, MA 02118  617-414-4244  <u>Services:</u> Offers counselling and advocacy to young women who witness domestic and community violence. CWVP has a multi-lingual staff of social workers, psychologists, early childhood specialists and a consulting child psychiatrist.  <a href="http://www.childwitnessstoviolence.org/">http://www.childwitnessstoviolence.org/</a></p>	<p><b>District A-1 &amp; A-15 (Downtown &amp; Charlestown)</b>  40 new Sudbury Street, Boston, MA 1  (617) 343-4240  Domestic Violence Advocate (at C-6 Station) Diane Harvey 1 (617) 343-4741</p>

<p><b>Casa Myrna Vazquez</b>  P.O. Box 120108 , Boston, MA 02112  <b>1(617) 338-2355 (24-hour Helpline)</b>  1 (617) 338-2350 (Office)  <u>Admissions:</u> Call the hotline or Safe Link for an intake and referral  <u>Services:</u> counselling; childcare; meals; limited clothing; legal services and domestic violence shelter.  <u>Languages:</u> Spanish, Creole  <u>Female domestic violence survivors and their children</u>  <u>Restrictions:</u> Boys up to age 12 allowed.  <a href="https://www.casamyrna.org/">https://www.casamyrna.org/</a></p>	<p><b>Domestic Violence Ended (DOVE)</b>  P.O. Box 690267, Quincy, MA 02269  <b>24 hour Crisis Hotline 1 (888) 314-3683 or 1 (617) 471-1234</b>  <b>Community Advocacy &amp; Prevention Services 1 (617)-770-4065</b>  Services: Advocacy, counselling, DV shelter, support groups, childcare, referrals and youth prevention programs.  <a href="http://doveinc.info/">http://doveinc.info/</a></p>
<p><b>Elizabeth Stone House</b>  P.O. Box 59 , Jamaica Plain, MA 02130  <b>1 (617) 409-5412</b>  1 (617) 409-5400 (Program Information)  <u>Admissions:</u> Call the hotline or Safe Link for an intake and referral.  <u>Services:</u> Advocacy, counselling, referrals; mental health, transitional programs; emergency food and clothing, domestic violence shelter and Spanish speaking services.  <u>Female domestic violence survivors and their children</u>  <a href="http://www.elizabethstonehouse.org/">http://www.elizabethstonehouse.org/</a></p>	<p><b>Emerge</b>  2464 Massachusetts Avenue, Suite 101  Cambridge, MA 02140  Phone: 617-547-9879  <u>Services:</u> Provides services to abusers, domestic violence education, and prevention services for young people.  <a href="http://www.emergedv.com/">http://www.emergedv.com/</a></p>
<p><b>FINEX House</b>  P.O. Box 1154 , Jamaica Plain, MA 02130  <b>1 (617) 288-1054 (Hotline)</b>  1 (617)-436-0831 (Office)  <u>Admissions:</u> Call the hotline or Safe Link for an intake and referral  <u>Services:</u> Advocacy, DV shelter, support groups; visiting nurse; limited clothing; handicapped accessible; all meals provided.  <u>Languages:</u> Haitian, Creole, Spanish, Sign Language  <u>Female survivors of domestic violence and their children</u>  <a href="http://finexhouse.org/">http://finexhouse.org/</a></p>	<p><b>Harbor COV</b>  P.O. Box 505754 , Chelsea, MA 02150  <b>1 (617)-884-9909 (Hotline)</b>  1 (617) 884-9799 (Office)  <u>Admissions:</u> Call the hotline or Safe Link for an intake and referral.  <u>Services:</u> Advocacy; referral, clothing; transitional living program; permanent housing program.  <u>Languages:</u> Spanish, Cambodian  <u>Male or female domestic violence survivors and their children</u>  <a href="http://www.harborcov.org/">http://www.harborcov.org/</a></p>

<p><b>Haven Program</b>  Massachusetts General Hospital  55 Fruit Street, Boston MA 02114,  Phone: <b>1 (617) 724-0054</b>  Services: Support Groups , counseling  Advocacy, Educational Workshops,  accompaniment to court or other  appointments, Safety Planning  <a href="http://www.mghpcs.org/socialservice/programs/haven/">http://www.mghpcs.org/socialservice/programs/haven/</a></p>	<p><b>REACH</b>  P.O. Box 540024 , Waltham, MA 02454-0024  <b>1-800-899-4000 (Hotline)</b>  1 (781) 891-0724 (Office)  <u>Admissions:</u> Call the hotline or Safe Link for an intake and referral  <u>Services:</u> Advocacy; DV shelter; referral; meals; clothing; some transportation  <u>Male or female domestic violence survivors and their children</u>  <a href="http://www.reachma.org/">http://www.reachma.org/</a></p>
<p><b>Renewal House</b>  P.O. Box 919 , Roxbury, MA 02120  <b>1 (617) 566-6881 (24 hours)</b>  1 (617) 277-4194 (Office)  <u>Admissions:</u> Call the hotline or Safe Link for an intake and referral  <u>Services:</u> Counselling; DV shelter; referrals; childcare; advocacy; meals provided.  <u>Languages:</u> Spanish  <u>Male or female domestic violence survivors and their children</u></p>	<p><b>Respond</b>  P.O. Box 555 , Somerville, MA 02143  1 (617) 625- 5996 (Office) <b>1(617) 623-5900</b>  <b>Hotline available 24 hours a day.</b>  <u>Admissions:</u> Call the hotline or Safe Link for an intake and referral  <u>Services:</u> Advocacy, DV shelter, counselling; support groups; childcare; referrals  <u>Languages:</u> Spanish, French, Haitian Creole  <u>Female domestic violence survivors and their children</u>  <a href="http://www.respondinc.org/">http://www.respondinc.org/</a></p>
<p><b><u>Safe Link</u></b>  Safe Link is Massachusetts' state-wide, 24/7, toll-free domestic violence hotline run by Casa Myrna. Safe Link hotline advocates are multilingual, and have access to a translation service that can provide translation in more than 130 languages. All calls to Safe Link are free, confidential and anonymous.  Safe Link's state-of-the-art technology allows the advocate answering your call to keep you on the line while you are being connected to a shelter program in your area. This allows callers who are in danger to get help with a single call, rather than having to make numerous calls to different shelter programs across the state.  <b><u>The Safe Link number is (877) 785-2020.</u></b>  <b><u>The Safe Link TTY number for hearing</u></b></p>	<p><b>The Second Step, Inc.</b>  P.O. Box 600213, Newtonville, MA 02460  1 (617) 965-3999  <u>Admissions:</u> Call the hotline or Safe Link for an intake and referral  <u>Services:</u> Advocacy; counselling; Transitional housing, Children services, Mentoring, Holiday Gift Drives, Education, Job Counselling, Financial literacy, parenting, supportive services, DV shelter and accepts adolescent boys.  <a href="http://www.transitionhouse.org/">http://www.transitionhouse.org/</a></p>

<p><b><u>impaired individuals is (877) 521-2601.</u></b>  <a href="http://www.casamyrna.org/index.php?option=com_content&amp;view=article&amp;id=29&amp;Itemid=45">www.casamyrna.org/index.php?option=com_content&amp;view=article&amp;id=29&amp;Itemid=45</a></p>	
<p><b>South Cove Family Life Center</b>          South Street Center-145 South Street,          Boston, MA 02111          Phone: 1 (617) 521-6730          Services: These programs provide education and prevention services related to domestic violence, HIV, and other healthcare issues to Boston's Asian Community, immigrants and refugees. Additional services are targeted to Asian youth, and parents/adolescents interventions. The services are provided in English, Chinese and Vietnamese.  <a href="http://www.scchc.org/">http://www.scchc.org/</a></p>	<p><b>Transition House</b>          Harvard Square Station          P.O. Box 390672 , Cambridge, MA 02139  <b>1 (617) 661-7203 (Hotline)</b>          1 (617) 354-2676  <u>Admissions:</u> Call the hotline or Safe Link for an intake and referral  <u>Services:</u> Advocacy; counselling; referrals; limited clothing; day program; some meals and DV shelter.  <u>Languages:</u> Spanish, French, French Creole, Portuguese,  <a href="http://www.transitionhouse.org/">http://www.transitionhouse.org/</a></p>

## Emergency Assistance Services and Homelessness Prevention Resources (Basic needs)

<p><b>ABCD</b> 178 Tremont Street, Boston MA 02111 Phone: 1 (617) 348-6000 <u>Services:</u> Head Start, childcare, adult education, elder services, fuel assistance, family services, health, housing, immigration services, job training, money management and youth programs. The Department of Housing and Homelessness Prevention is located at 105 Chauncy Street, 2nd Floor, Boston, MA 02111 <a href="http://www.bostonabcd.org/">http://www.bostonabcd.org/</a></p>	<p><b>American Red Cross of Massachusetts</b> Regional Headquarters, Cambridge 139 Main Street , Cambridge , MA 02142 Phone: 1 (617) 274-5200 <u>Services:</u> Disaster Services, Youth programs, Food and Nutrition programs and Emergency Assistance. <a href="http://www.redcross.org/ma/boston">http://www.redcross.org/ma/boston</a></p>
<p><b>Bridge Over Trouble Water</b> 47 West Street Boston, MA 02111 Phone: 617-423-9575 <u>Services:</u> Provides a comprehensive range of services for youth ages 14-24. Counselling, shelter, GED, Life skills training, Medical and dental care, runaway services, transitional day program, transitional living program and warming center.</p>	<p><b>Catholic Charities Archdiocese of Boston</b> 75 Kneeland St., Boston, 02111 Phone: 617.482.5440 Services: Emergency help for food, rent &amp; utilities, etc. <a href="http://www.ccab.org/services">www.ccab.org/services</a></p>
<p><b>Chelsea – Department of Housing and Community Development (DHCD) Emergency Assistance Field Office</b> 80 Everett Avenue, 3<sup>rd</sup> floor Chelsea, MA 02150 1 (617) 551-1700 Services: Emergency Shelter Services</p>	<p><b>Citizens Energy Heat Assistance:</b> Citizens Energy Heat Assistance programs help people who cannot afford to pay their heating bills. The Oil Heat Program gives each eligible household a voucher for 100 free gallons of home heating oil. The Citizens Energy/Distrigas Heat Assistance program gives a \$150 utility bill credit to eligible households who heat with natural gas. Contact information: OIL 1-877-563-4645 / GAS 1-866-Gas-9918 / website: <a href="http://www.citizensenergy.com">www.citizensenergy.com</a></p>

<p><b>City Mission Society</b>  14 Beacon Street, Suite 203, Boston, MA 02108  Phone: 1 (617) 742-6830  Services: <u>Homeless prevention services</u>, housing assistance, Emergency Assistance, referrals and Advocacy.  <a href="http://www.cmsboston.org/">http://www.cmsboston.org/</a></p>	<p><b>Family Aid Boston</b>  727 Atlantic Avenue, Boston, MA 02111  Phone: 1 (617) 542-7286  <u>Services:</u> Emergency Shelter Short term, housing, stabilization, employment services.  <a href="http://www.familyaidboston.org">http://www.familyaidboston.org</a></p>
<p><b>Free Cell Phone Programs Assurance Wireless</b>  <a href="http://www.assurancewireless.com">http://www.assurancewireless.com</a></p> <p><b>Safe Line Wireless</b>  <a href="http://www.Safelinkwireless.com">http://www.Safelinkwireless.com</a></p> <p><b>Budgetmobile</b>  <a href="http://www.budgetmobile.com/">http://www.budgetmobile.com/</a></p>	<p><b>Good Neighbor Energy Fund:</b>  The Good Neighbor Energy Fund helps people in need pay for their winter heating fuel and other energy bills. The Fund is for people who are facing a short-term financial crises and do not qualify for government fuel assistance programs. Contact information: Telephone 1-800-334-3047 / website:  <a href="http://www.magoodneighbor.org">www.magoodneighbor.org</a></p>
<p><b>Legal Advocacy and Resource Center</b>  197 Friend Street, Boston, MA 02114  Phone: 1 (800) 324-LAWS  Phone: 1 (617) 603-1700 (Hotline)  Phone: 1 (617) 603-1815  <u>Services:</u> Phone info/advice, pro se help, referrals for civil law issues (<u>housing-Evictions</u>, family, employment, consumer, public benefits, health, estate planning, bankruptcy).</p>	<p><b>Pine Street Inn</b>  444 Harrison Avenue  Boston, MA 02118  Phone: 1 (617) 892-9100  Services: Homeless Shelter for men and women. Provides housing, job training and placement, recovery services and advocacy.  <a href="http://www.pinestreetinn.org">http://www.pinestreetinn.org</a></p>
<p><b>Heading Home</b>  The Schrafft Center  529 Main Street, Suite 100  Charlestown, MA 02129  Phone: 617.864.8140  <u>Services:</u> Emergency Shelter for individuals and families, Transitional Housing, assistance with locating permanent housing. Require referral for DHCD for families.  <a href="http://www.headinghomeinc.org/">http://www.headinghomeinc.org/</a></p>	<p><b>HomeStart, Inc,</b>  105 Chauncy Street, Suite 502  Boston, MA 02111  Phone: 617-542-0338  <u>Services:</u> Home prevention, housing search, stabilization services, case management and advocacy. <b>Walk-In Hours</b>  Every Wednesday 3:00 p.m. to 4:45 P.M.  <a href="http://homestart.org/resources/">http://homestart.org/resources/</a></p>

<p><b>Mass 211</b>  Mass 2-1-1 is an easy to remember telephone number that connects callers to information about critical health and human services available in their community. It serves as a resource for finding government benefits and services, non-profit organizations, support groups, volunteer opportunities, donation programs, and other local resources. Always a confidential call, It is available 24 hours a day, 7 days a week, and is an easy way to find or give help in your community.  <a href="http://www.mass211.org/">http://www.mass211.org/</a></p>	<p><b>Solutions at Work</b>  391 Evereteze Way, Cambridge, MA 02141  Phone: 1( 617) 576-0039  Fax: 1 (617) 812-5871  <u>Services:</u> Children’s clothing exchange, low cost moving services, Business Attire, access to computers and Professional Development.  <a href="http://solutionsatwork.org/">http://solutionsatwork.org/</a></p>
<p><b>Massachusetts Coalition for the Homeless</b>  15 Bubier Street, Lynn, MA 01901  Phone: 1 (781) 595-7570  <u>Services:</u> Advocacy, homeless prevention, beds for children, furniture bank, referrals to shelters and case management services.  <a href="http://www.mahomeless.org/programs/room-to-breathe">http://www.mahomeless.org/programs/room-to-breathe</a></p> <p><b>*Access to homeless shelters in Boston for women, children, youth adults and families*</b></p>	<p><b>Metropolitan Boston Housing Partnership</b>  125 Lincoln St., 5th Floor  Boston, MA 02111-2503  Phone: 1 (617) 859-0400 or 1 (800) 272-0990 (MA only)  <u>Services:</u> Housing, <u>homelessness prevention services</u>, case management and advocacy.  <a href="http://www.mbhp.org/">http://www.mbhp.org/</a></p>
<p><b>Project Bread –Food Source Hotline</b>  Phone: 1 (800) 645-8333  <a href="http://www.projectbread.org">www.projectbread.org</a></p>	<p><b>Project Hope</b>  Community Building &amp; Main Offices  550 Dudley Street  Roxbury, MA 02119  Phone: 1 (617) 442-1880  <u>Services:</u> Adult educations, children’s center, family day care, family shelter, housing services, workforce development.  <a href="http://www.prohope.org">http://www.prohope.org</a></p>

<p><b>Rosie's Place</b>  889 Harrison Ave  Boston, MA 02118  Phone: 1( 617) 442-9322  <u>Services:</u> Homeless shelter for women, emergency services, case management and employment services.  <a href="http://www.rosiesplace.org/">http://www.rosiesplace.org/</a></p>	<p><b>Salvation Army</b>  1500 Washington St. Boston, MA 02188  Phone: 1 (617) 536-5260  Services: Utility Assistance, Clothing, furniture assistance, food pantries, rental assistance, counseling, referrals, case management, substance abuse, and housing assistance (shelters, transitional housing, family housing).  <a href="http://massachusetts.salvationarmy.org/ma">http://massachusetts.salvationarmy.org/ma</a></p>
<p><b>The Boston Tenancy Preservation Project</b> - Bay Cove Human Services  66 Canal Street, Boston, MA 02114  Phone: 1 (617) 788-6211  <u>Services: Homeless preventions services</u> for individuals suffering from a mental health diagnosis.  <a href="http://www.baycove.org/BCExternal/index.cfm?objectID=E86F2BBA-27C3-11DF-9533000423B5542E">http://www.baycove.org/BCExternal/index.cfm?objectID=E86F2BBA-27C3-11DF-9533000423B5542E</a></p>	

## Family Shelters-Community Rooms

The following are family shelters with rooms that are available for families who are not eligible for Emergency Assistance through the Department of Housing and Community Development (DHCD). There is a high demand for these rooms and thus they are often full. It is recommended to call them directly to determine availability.

<b>Greater Boston</b>	
<p><b>Queen of Peace</b> 401 Quincy Street, Boston, MA 02125 1 (617) 288-4182 <u>Requirements:</u> Must be called/referred by an agency/ Only W and Children/no males over 3/no drug/alcohol dependence <u>Services:</u> Dinner &amp; breakfast; clothing if available <a href="http://healthcenters.findthebest.com/l/8343/Queen-of-Peace-Shelter">http://healthcenters.findthebest.com/l/8343/Queen-of-Peace-Shelter</a></p>	<p><b>Nazareth House</b> 91 Regent Street, Roxbury, MA 02119 1 (617) 541-0100 <u>Requirements:</u> DTA/ Eligible for Emergency Assistance/ HIV pos <u>Services:</u> Advocacy; counselling; transportation <a href="http://www.homelesshelterdirectory.org/cgi-bin/id/shelter.cgi?shelter=8555">http://www.homelesshelterdirectory.org/cgi-bin/id/shelter.cgi?shelter=8555</a></p>
<b>North Shore/Merrimack Valley</b>	
<p><b>Family Promise North Shore Boston, Inc.</b> 330 Rantoul St., Beverly, MA 01915 1 (978) 922-0787 <u>Requirements:</u> No substance abuse, criminal history, severe and untreated mental health diagnosis <u>Services:</u> Temporary shelter; day center with showers, washing machines, quiet room, computer; individual case management. <a href="http://www.familypromisensb.org/">www.familypromisensb.org/</a></p>	<p><b>Inn Between</b> 25 Holten Street Peabody, MA 01960 1 (978) 532-2372 <u>Requirements:</u> DTA/ Eligible for Emergency Assistance/ No alcohol; no drugs; no violence <u>Services:</u> Advocacy; case management; referrals to other social services</p>
<p><b>Lazarus House Ministries, Inc.</b> 48 Holly Street, Lawrence, MA 01842 1 (978) 689-8575 x5225 <u>Requirements:</u> DTA/ Eligible for Emergency Assistance/Referred by Social worker/places of worship, hospital/self <u>Services:</u> Advocacy; limited counselling; 3 meals/day; clothing; medical and dental once a week <a href="http://www.lazarushouse.org/">http://www.lazarushouse.org/</a></p>	

South-Eastern, MA	Metro West
<p><b>Faith Home Share - Friends of the Homeless of the South Shore</b>  48 Sea Street, N. Weymouth, MA 02191  1 (781) 340-1604  Requirements: DHCD/ Eligible for Emergency Assistance  Services: Advocacy; referral resources  <a href="http://www.friendsofhomeless.org/our-story/">www.friendsofhomeless.org/our-story/</a></p>	<p><b>Family Promise Metro west</b>  13 Common Street, P.O. Box 847, Natick, MA 01760  1 (508) 318-4820  Requirements: Referral from Social Service Agency/Self  Services: Meals; referrals; case management; transportation  <a href="http://www.familypromisemetrowest.org/">http://www.familypromisemetrowest.org/</a></p>
Central MA	
<p><b>Abby's House</b>  52 High Street, Worcester, MA 01609  1 (508) 756-5486  <u>Requirements:</u> Accepts Self Referral  <a href="http://www.abbyshouse.org">http://www.abbyshouse.org</a></p>	<p><b><u>Friendly House</u></b>  87 Elm Street, Worcester, MA 01609  1 (508) 792-1799  Requirements: DHCD Referral  Services: Advocacy; referrals; handicap access  <a href="http://www.friendlyhousema.org">http://www.friendlyhousema.org</a></p>
<p><b>Interfaith Hospitality Network of Greater Worcester</b>  91 June St., Worcester, MA 01602  1 (508) 755-2212  <u>Requirements:</u> Non-Emergency Assistance eligible families; individuals can self-refer/ accepting women, men and couples with children/ No substance use or DV  <u>Services:</u> case management  <a href="http://ihnworchester.org">http://ihnworchester.org</a></p>	<p><b>Montachusett Interfaith Hospitality Network, Transitional Housing</b>  923 Main Street, Fitchburg, MA 01420  1 (978) 840-9500  Requirements: Self Referrals accepted/ No DV, Substance use/sex offenders, curfew  Services: case management  <a href="http://www.mihnnetwork.com">www.mihnnetwork.com</a></p>

<b>Grief and Loss Resources</b>	
<p><b>Bereavement Support Group</b>  Massachusetts General Hospital  An 8-week group is for people who have experienced the death of a loved one within the past year and a half.  Contact : Marie Herbert, LICSW, at 617-726-8199.  The fee for this group is covered by most insurances and Medicare.</p>	<p><b>Grief Recovery After a Substance Passing (GRASP)</b>  St. Elizabeth's Hospital  736 Cambridge St. Boston, MA  2<sup>nd</sup> Wednesday of every Month 7-8:30 P.M.  Contact: Rhonda Lotti 617-254-1280 or <a href="mailto:BostonGRASP@gmail.com">BostonGRASP@gmail.com</a></p>
<p><b>Safe Place-Massachusetts Suicide support group-</b>  Support group for those who have lost a loved one to suicide.  Boston Samaritans Office  33 West Street  4th Floor Boston, MA 02111  Meeting Day(s)/Meeting Time:  2nd &amp; 4th Tuesday of every month, 7:00-8:30 p.m.  Facilitator: Peer  <a href="http://www.samaritansofboston.org">www.samaritansofboston.org</a>  Contact: Debbie DiMasi  <a href="mailto:safeplace@samaritanshope.org">safeplace@samaritanshope.org</a></p>	

<b>Legal Services</b>	
<p><b>Boston Bar Association Lawyer Referral Service</b>  Beacon Hill, Boston, MA  Phone: 1 (617) 742-0625  <u>Services:</u> Referrals to private attorneys for all types of cases. Income eligible callers get reduced fee referrals (\$0-\$25 for 1st 30-min. consultation).  <a href="http://www.bostonbarlawyer.org/">http://www.bostonbarlawyer.org/</a></p>	<p><b>Center for Law and Education</b>  99 Chauncy St, Boston, MA 02111  (617) 451-0855  <u>Services:</u> strives to make the right of all students to quality education a reality and to help enable communities to address their own education problems effectively, with an emphasis on assistance to low-income students  <a href="http://www.cleweb.org/">http://www.cleweb.org/</a></p>
<p><b>Community Legal Services and Counseling Center</b>  One West Street, Cambridge, MA 02139  Phone: 1 (617) 661-1010  <u>Services:</u> combining legal assistance with mental health counseling  <a href="http://www.clsacc.org/">http://www.clsacc.org/</a></p>	<p><b>Disability Law Center</b>  11 Beacon St #925, Boston, MA 02108  Phone: 1 (800) 872-9992, (617) 732-8455  <u>Services:</u> Information, advice, referral, and representation for disability-related civil legal issues (persons with disabilities only, no income limit).  <a href="http://www.dlc-ma.org/">http://www.dlc-ma.org/</a></p>

<p><b>The Ed Law Project</b>  44 Bromfield Street, 2nd Floor  Boston, MA 02108  Services: Legal advice on an education  Phone: 1 (617) 988-8460.  <a href="http://www.youthadvocacydepartment.org/edlaw/edlaw-contact.htm">http://www.youthadvocacydepartment.org/edlaw/edlaw-contact.htm</a></p>	<p><b>Greater Boston Legal Services</b>  197 Friend Street, Boston, MA 02114  Phone 1 (617) 371-1234  1 (800)323-3205  <u>Services:</u> free legal assistance and representation on civil (noncriminal) matters to hundreds of the neediest residents in the city of Boston and 31 surrounding cities and towns  <a href="http://www.gbbs.org/">http://www.gbbs.org/</a></p>
<p><b>Legal Advocacy and Resource Center</b>  197 Friend Street, Boston, MA 02114  Phone: 1 (800) 324-LAWS  Phone: 1 (617) 603-1700 (Hotline)  Phone: 1 (617) 603-1815  <u>Services:</u> Phone info/advice, pro se help, referrals for civil law issues (housing, family, employment, consumer, public benefits, health, estate planning, bankruptcy).  <a href="http://larcma.org">http://larcma.org</a></p>	<p><b>Mass Advocates for Children</b>  25 Kingston St #2f, Boston, MA 02111  Phone: 1 (617) 357-8431  <a href="http://massadvocates.org/">http://massadvocates.org/</a></p>
<p><b>MA Bar Dial-a-Lawyer</b>  Phone: 1(617) 338-0610  5:30 – 7:30 p.m. on the First Wednesday of the month, lawyers answer basic legal questions and provide brief advice.  <a href="http://www.massbar.org/for-the-public/need-a-lawyer/dial-a-lawyer">http://www.massbar.org/for-the-public/need-a-lawyer/dial-a-lawyer</a></p>	<p><b>Mass Legal Help</b>  Phone: 1 (617) 603-1700  <u>Services:</u> Referral and information line that provides MA resident’s legal information.  <a href="http://www.masslegalhelp.org/">http://www.masslegalhelp.org/</a>  <a href="http://www.masslegalhelp.org/housing/e-victions">http://www.masslegalhelp.org/housing/e-victions</a></p>
<p><b>Victim Witness Program</b>  1 Bulfinch Place  Boston, MA 02114  Phone: (617) 619-4000  <a href="http://www.victimwitness.org/">http://www.victimwitness.org/</a></p>	<p><b>Victim Witness Service Bureau</b>  Middlesex Superior Courthouse  40 Thorndike St.  Cambridge, MA 02141  Phone: (617) 679-6500  <a href="http://www.barcc.org">www.barcc.org</a></p>

<p><b>Volunteer Lawyers Project (VLP)</b>  99 Chauncy St, Suite 40, Boston, MA 02111  Phone 1 (617) 371-1234  (617) 603-1700  (617) 603-1815  <u>Services:</u> Bankruptcy, consumer, family law (no domestic violence emergencies), guardianship of adults, housing (landlords and tenants – tenant intake through LARC), employment, and tort defense.  <a href="http://www.vlpnet.org/">http://www.vlpnet.org/</a></p>	
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### Multi-Service Agencies for Families

<p><b>ABCD</b>  178 Tremont Street, Boston MA 02111  Phone: 1 (617) 348-6000  <u>Services:</u> Head Start, childcare, adult education, elder services, fuel assistance, family services, health, housing, immigration services, job training, money management and youth programs.  <a href="http://www.bostonabcd.org/">http://www.bostonabcd.org/</a></p>	<p><b>Catholic Charities Archdiocese of Boston</b>  51 Sleeper Street. Boston, MA 02210  Phone: 1 (617) 482-5440  <u>Services:</u> Basic needs, emergency assistance, education, training programs, transitional housing for families, child care and family counselling and support.  <a href="http://www.ccab.org">www.ccab.org</a></p>
<p><b>Family Aid Boston</b>  727 Atlantic Avenue, Boston, MA 02111  Phone: 1 (617) 542-7286  <u>Services:</u> Shelter, housing, stabilization, employment services  <a href="http://www.familyaidboston.org">http://www.familyaidboston.org</a></p>	<p><b>John F Kennedy Family Service Center Inc. Head Start and Preschool</b>  23 A Moulton Street Charlestown, MA 02129  Phone: 1 (617) 241-8866  <u>Services:</u> Emergency Assistance, Individual, group, and family counseling, referral services, education services, advocacy, elder services and employment services.  <a href="http://www.kennedycenter.org/">http://www.kennedycenter.org/</a></p>

<p><b>Massachusetts Coalition for the Homeless</b>  15 Bubier Street, Lynn, MA 01901  Phone: 1 (781) 595-7570  <u>Services:</u> Advocacy, homeless prevention, beds for children, furniture bank, referrals to shelters and case management services.  <a href="http://www.mahomeless.org/programs/room-to-breathe">http://www.mahomeless.org/programs/room-to-breathe</a></p>	<p><b>Project Hope</b>  Community Building &amp; Main Offices  550 Dudley Street  Roxbury, MA 02119  Phone: 1 (617) 442-1880  <u>Services:</u> Adult educations, children's center, family day care, family shelter, housing services, workforce development.  <a href="http://www.prohope.org">http://www.prohope.org</a></p>
<p><b>Salvation Army</b>  1500 Washington St, Boston, MA 02188  Phone: 1 (617) 536-5260  Services: Utility Assistance, Clothing, furniture assistance, food pantries, rental assistance, counseling, referrals, case management, substance abuse, and housing assistance (shelters, transitional housing, family housing).  <a href="http://massachusetts.salvationarmy.org/ma">http://massachusetts.salvationarmy.org/ma</a></p>	

<b>Sexual Assault Resources</b>	
<p><b>Boston Area Rape Crisis Center</b>  99 Bishop Allen Dr  Cambridge, MA 02139  Phone: 1 (617) 492-8306  24hour hotline: 1 (800) 841-8371  <u>Services:</u> Medical advocacy, legal services, counseling services, counseling and education groups, case management, community education and professional training.  <a href="http://www.barcc.org/">http://www.barcc.org/</a></p>	<p><b>Center for Violence Prevention and Recovery</b>  Beth Israel Deaconess Medical Center  330 Brookline Avenue  Boston, MA 02215  Phone: 1 (617) 667-8141</p>
<p><b>Domestic Violence Ended (DOVE)</b>  P.O. Box 690267, Quincy, MA 02269  <b>24 hour Crisis Hotline 1 (888) 314-3683 or 1 (617) 471-1234 Community Advocacy &amp; Prevention Services 1 (617)-770-4065</b> Services: Advocacy, counselling, DV shelter, support groups, childcare, referrals and youth prevention programs. <a href="http://doveinc.info/">http://doveinc.info/</a></p>	

## Resources for Grandparents and Caregivers

### **Boston Commission on the Affairs of the Elderly**

Boston City Hall, One City Hall Square, R  
Room 271, Boston, MA 02201  
Phone: 1 (617) 635-4500  
<http://www.cityofboston.gov/elderly/>

### **Caregiver Alliance of Suffolk County**

2315 Washington St., Boston, MA 02119  
Phone: 1 (617)238-4030  
<http://www.caregiveralliance.org/default>  
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### **Commission on the Status of Grandparents Raising Grandchildren c/o Executive Office of Elder Affairs**

One Ashburton Place, Boston, MA  
02108  
Phone: 1 (508) 771-4336  
<http://www.massgrg.com>

### **Child & Family Services-Somerville Adoption Journey**

265 Medford Street, #604  
Somerville, MA 02143-1963  
Phone: 1 (617) 776-8030 | 1 (800) 972-  
2734  
[http://child-  
familyservices.org/somerville/](http://child-familyservices.org/somerville/)

### **Massachusetts Guardianship Associations**

[http://www.massguardianshipassociatio  
n.org/](http://www.massguardianshipassociation.org/)

### **Massachusetts Society for the Prevention of Cruelty to Children**

99 Summer St, Boston, MA 02110  
Phone: 1 (617) 587-1500  
Services: Adoptions supportive services  
and In home Therapy.  
<http://www.msppc.org>

### **Volunteer Lawyers Project (VLP)**

99 Chauncy St, Suite 40, Boston, MA  
02111  
Phone 1 (617) 371-1234  
(617) 603-1700  
(617) 603-1815  
Services: Offers a free Guardianship  
clinic at three different locations each  
week. At the clinics, volunteer attorneys  
assist low income individuals file  
guardianship petitions for both minors  
and incapacitated adults.  
Volunteers who speak Spanish,  
Haitian Creole, Mandarin or Cantonese  
are particularly desirable to serve the  
diverse  
<http://www.vlpnet.org/>

## State and Government Agencies and Organizations

### **Boston Public Health Commission**

1010 Massachusetts Ave 6<sup>th</sup> Floor,  
Boston, MA 02118

Phone: 1 (617) 534-5395

Services: Addiction, children's health,  
emergency and preparedness,  
homelessness, health access, infectious  
diseases, mental health, violence  
prevention and additional services.

[www.bphc.org](http://www.bphc.org)

### **Department of Children and Family Services (DFS) :**

#### **Boston East Areas:**

#### **Harbor Area Office**

80 Everett Avenue, Suite 300, Chelsea,  
MA 02150

Phone: 1 (617) 660-3400

fax 1 (617) 884-0215

#### **Park Street Area Office**

The Esquire Building

50 Park St., Dorchester, MA 02122

Phone: 1 (617) 822-4700

Fax: 1 (617) 282-1019

### **Department of Children and Family Services (DCF):**

#### **Boston West Areas:**

#### **Dimock Street Area Office**

30 Dimock St., Roxbury, MA 02119

Phone: 1 (617) 989-2800

fax (617) 445-9147

#### **Hyde Park Area Office**

1530 River St., Hyde Park, MA 02136

(617) 363-5000

Fax: 1 (617) 363-5175

### **Department of Early Education and Care**

51 Sleeper Street, 4th Floor, Boston, MA  
02210

Phone: 1 (617) 988-6600

### **Department of Elementary and Secondary Education**

350 Main Street, Malden, MA 02148-  
5023

Phone: 1 (781) 338-3000

### **Department of Mental Health-Central Office**

25 Staniford Street, Boston, MA 02114

Phone: 1(617) 626-8000

### **Department of Transitional Assistance & Department of Housing and Community Development (DHCD) Emergency Assistance Field Office**

80 Everett Avenue, Chelsea, MA 02150

Phone: 1 (617) 551-1700

Services: SNAP-food assistance, job  
assistance, cash assistance, emergency  
and domestic violence shelter.

### **Department of Revenue (Child Support Enforcement)**

Phone: 1 (617) 887-6367

## State and Government Agencies and Organizations

<b>Department of Veteran Services- Boston</b> 43 Hawkins St. Boston, MA 02114 Phone: 1 (617) 635-3037	<b>Department of Youth Services (DYS)</b> 600 Washington Street, 4th Floor, Boston, MA 02111 Phone: 617-727-7575
<b>Disability Determination Office</b> 100 Chauncey Street. Boston, MA 0211 (617) 727-1600	<b>Massachusetts Commission for the Blind- Disability</b> 48 Boylston Street, Boston, MA 02210 1(800)727-5550 <a href="http://www.mass.gov/mcb">www.mass.gov/mcb</a>
<b>Mass Health Enrollment Center:</b> 600 Washington Street, Boston, MA 02111 300 Ocean Avenue, Revere, MA Suite 4 Mass Health Customer Service Center & Provider Information 1 (800) 841-2900	<b>Massachusetts Behavioral Health Partnership</b> 1 (800) 495-0086
<b>Massachusetts Rehabilitation Commission- Disability</b> 27 Wormwood Street, Boston, MA 02210 1(800) 245-6543 <a href="http://www.mass.gov/mrc">www.mass.gov/mrc</a>	

## Substance Use Disorder –Adolescent Detox

Name	Town	Phone	Cut off age
Arbour Hospital Arbour-Hospital 24 hr access line		(617) 390-1320 (800) 222-2237	17
Bournewood Hospital	Brookline	(800) 468-4358	18
Brattleboro Retreat	Brattleboro VT	(802) 257-7785 (800)RETREAT	18
Caritas Norcap Lodge	Foxboro	(508) 543-1873	none
Community Health Link	Worcester	(508) 860-1200	13-17 (18

Dimock Community Health Center	Roxbury	(617) 442-1867	none
Gosnold- Thorne Counseling	Falmouth	(508) 548-7118	17 & up
High Point Treatment Center	Plymouth	(508) 224-7701	none
Motivating Youth Recovery	Worcester	(508) 860-1244	
Somerville Hospital Adolescent Unit Intake	Somerville	(617) 665-1572	18
South Shore Mental Health	Quincy	(617) 847-1950	none
SSTAR	Fall River	(508) 679-5222	none
The CASTLE – Clean And Sober Teens Living Empowered	Brockton	(508) 638-6000	
Westwood Lodge	Westwood	(781) 762-7764	18

### Substance Use Disorder-Adolescent Residential

Name	Town	Phone	Cut off age	Gender
Lahey Behavioral Health	Danvers	(978) 739-7601	16	M/F
Bournewood Hospital	Brookline	(617) 468-4358	17	M/F
Brattleboro Retreat	Brattleboro, VT	(802) 257-7785 (800) 738-7328	17	M/F
Bridge Over Troubled Water	Boston	(617) 423-9575	18	M/F
Cushing House	South Boston	(617) 269-2933	20	M/F
Emerson House: Gosnold	West Falmouth	(508) 540-1554 800-444-1554		F
Ethos I Residential House	Springfield	(413) 733-1472	18	M
High Point Treatment	Plymouth	(508) 224-7701	18	M
Lowell House Inc	Lowell	(978) 459-8656	18	M
McLean – East House	Belmont	(617) 855-2852		
M DPH- Central Intake	Cambridge	(617) 661-3991  (866) 705-2807	17	M/F
Miller House: Gosnold	Falmouth	(508) 540-6550 800-444-1554	17	M
Phoenix East	Haverhill	(508) 373-1181	17	M
Phoenix Academy	Springfield	(413) 739-2440	18	M
Project Cope	Lynn	(260) 563- 3490	18	M/F
Project Rebound- V O A	North Quincy	(617) 773-0722	17	M
Road Back	Attleboro	(508) 222-5817		M/F
Team Coordinating Agency	Haverhill	(978) 373-1181	18	M/F

## Substance Use Disorder-Adolescent Assessment and Outpatient

CASPAR	Somerville	(617) 623-2080	21
Center for Behavioral Health	Holyoke Hosp	(413) 534-2500	none
Children's Hosp. Boston Center for Adolescent & Substance Abuse Research	Boston	(617) 355-5433 Half-day appts. (617) 355-2727	24
Community Care Services:	Taunton Attleboro	(508) 821-7777 (508) 222-7525	18
Dimock Community Adolescent Program	Roxbury	(617) 442-8800	18
Genesis	Framingham		
Greater Lawrence MH Center	Lawrence	(978) 683-3128	none
JRI Health – Sidney Borum Jr. Community Health Center	Boston	(617) 457-8140	18
LUK Crisis Center	Framingham	(978) 829-2248	
Mass. Dept. of Public Health		(617) 661-3991 (866) 705-2807	18
MGH-Add.Rec.Mgt.Serv (ARMS)	Boston	(617) 643-4699	25
MGH- C'town Health Center	Charlestown	(617) 724-8200	none
Mount Auburn Hospital	Cambridge	(617) 499-5052	18
North River Counseling	Marshfield	(781) 834-7433	none
North Suffolk Mental Health	East Boston Revere Chelsea	(888) 294-7802	none
		(781) 289-9331	18
Somerville Mental Health Association	Somerville	(617) 623-3278	18
South Boston Collaborative Center	Boston	(617) 534-9500	
South Shore Mental Health	Quincy	( 617) 847-1950	none
St. Elizabeth's Hospital	Allston	(617) 562-5370	none
Step, Inc.	North End	(617) 720-STEP	none
Volunteers of America	Jamaica Plain	(617) 522-8086	none

## Support Group Resources

### Arbour Health System

FOR 24-HOUR ACCESS, CALL 1 (800 ) 22 -  
ACCES™ (222-2237) Phone: 1 (617) 731-  
3200

ARBOUR-HRI HOSPITAL

227 Babcock Street, Brookline, MA  
02446

### Elizabeth Stone House

P.O. Box 3000039

Jamaica Plain, MA 02130

Phone: 1 (617) 427-9801

Contact Ruth Rollins

Services: Relapse Prevention, Domestic  
Violence, Trauma, Self Esteem, 12 week

<p><u>Services:</u> Teen groups, Parent Support groups, Single Mother support groups, Relapse Prevention groups.  <a href="http://www.arbourhealth.com">www.arbourhealth.com</a></p>	<p>Nurturing Group, 9 week Anger Management, Parents Support Group and Money Smart group. English and Spanish</p>
<p><b>John F Kennedy Family Service Center Inc.</b>  23 A Moulton Street Charlestown, MA 02129  Phone: 1 (617)241-8866  <u>Services:</u> Parenting support groups and Trauma support groups for young children.  <a href="http://www.kennedycenter.org/">http://www.kennedycenter.org/</a></p>	<p><b>Justice Resource Institute</b>  160 Gould Street, Suite 300 Needham, MA 02494-2300  Phone: 1 (781) 559-4900  <u>Services:</u> Group Therapy and Support Groups  <a href="http://www.jri.org/">http://www.jri.org/</a></p>
<p><b>Massachusetts General Hospital-Social Service-Wang Ambulatory Care Center,</b> room 023  15 Parkman Street  Boston, MA 02114  Phone: 1( 61) 726-2643  Services: Anxiety, Substance use Disorder, bio-polar, grief, Depression, Cancer, Domestic Violence, Relaxation/mediation/smoking cessation and many more support groups. Go to the website below for more information.  <a href="http://www.mghpcs.org/socialservice/">http://www.mghpcs.org/socialservice/</a></p>	<p><b>Massachusetts Society for the Prevention of Cruelty to Children</b>  99 Summer St, Boston, MA 02110  Phone: 1 (617) 587-1500  Services: Grandparents raising Children, parenting groups,  <a href="http://www.msppcc.org">http://www.msppcc.org</a></p>
<p><b>National Alliance on Mental Illness</b>  The Schrafft's Center  529 Main Street, Suite 1M17 Boston, MA 02129-1125  Phone: 1 (617) 580-8541  Services: Support Groups  <a href="http://www.namimass.org/programs/supports-groups-sponsored-by-other-organizations">http://www.namimass.org/programs/supports-groups-sponsored-by-other-organizations</a></p>	<p><b>North Suffolk Mental Health Association</b>  301 Broadway, Chelsea, MA 02150  1 (617) 889-4860 (voice)  1 (617) 884-4856 (TTY)  1 (888) 294-7802 (Outpatient Clinical Appointment)  English Dial 1 – Spanish Dial 2  <u>Services:</u> Support Groups  <a href="http://northsuffolk.org/">http://northsuffolk.org/</a></p>
<p><b>Roxbury Multi-Service Center, INC</b>  321 Blue Hill Avenue, Roxbury, MA 02121  Phone: 1 (617) 427-0171  Services: In Home Therapy, Therapeutic Mentor, Community Support Program, Intensive adolescent and family Support and Multicultural Cancer Support Group.</p>	

## Signs and Symptoms for At Risk Youth

### Abuse and Neglect:

#### Risk Factors

Family Stress	Substance Use Disorder
History of abuse	Negative attitudes and inaccurate knowledge about child development
Parent has a Mental Health Diagnosis	Parent has low self esteem or an external locus of control (events are determined by chance or outside of the parent's control)
Age of Parent	Single Parent households
Domestic Violence	Children with Disabilities
Age of child	Poverty
Unemployment	Social Isolations and lack of support
Community Violence	

#### Warning Signs

The child shows signs of malnutrition or begs, steals or hoards food	The child has poor hygiene, matted hair, dry skin, or severe body odor
The child has unattended physical or medical problems	The child states that no one is home to provide care
The child or caretaker abuses drugs or alcohol	The child has broken bones or unexplained bruises, burns or welts in various stages of healing.
The child is unusually frightened of a parent or caretaker, or afraid to go home	The child reports intentional injury by parents or caretaker
The parent or caretaker constantly criticizes, threatens, belittles, insults or rejects the child with no evidence of love or support.	The child exhibits extreme in behavior from overly aggressive to overly passive
The child has inappropriate knowledge about sex	The child reports sexual abuse

#### Protective Factors

Parental resilience	Social Connections	Nurturing and attachment	Knowledge of parenting and child development
Effective problem solving and communication skills	Concrete support in times of need	Social and emotional competence of children	Healthy marriages/Relationships

All of the above information was attained from the Child Welfare Information Gateway website at <https://www.childwelfare.gov/can/>

Suicide	
Risk Factors	
History of previous suicide attempt (s)	Family history of suicide
History of depression or mental illness	Alcohol or drug abuse
Stressful life event or loss	Easy access to lethal methods- Access to guns, weapons, medication, etc.
Exposure to the suicidal behavior of others	Incarceration
Serious medical condition and/or pain	
Warning Signs	
Talking about wanting to die or kill oneself	Talking about feeling hopeless or having no reason to live
Looking for ways to kill oneself, such as searching online or buying a gun	Talking about being a burden to others
Increasing the use of alcohol or drugs	Acting anxious or agitated, or behaving recklessly
Sleeping too little or too much	Withdrawing or feeling isolated
Showing rage or talking about seeking revenge	Displaying extreme mood swings
Additional Examples of Warning Signs	
<b><u>Verbal Signs</u></b> "I want to kill myself." "I don't want to be here anymore." "No one understands me." "I can't take it anymore." "Things will never get better." "I'm tired of being a burden to my friends and family." "No one would miss me if I were gone."	<b><u>Physical Changes</u></b> Losing or gaining weight quickly. Suddenly not caring about appearances or cleanliness. Unexplained cuts, scrapes or bruises. Appearing tired all the time.
<b><u>Acting Differently</u></b> Changes in mood: more withdrawn, anxious or sad, or sudden mood lift after a down period. Changes in eating or sleeping habits. Suddenly taking more risks: not taking prescribed medication, drunk driving, and ignoring physical limitations, having unprotected sex, using more drugs or alcohol. Loss of concentration. Withdrawing from friends and family. Losing interest in things that used to be enjoyed.	<b><u>Situations</u></b> Recently having lost a loved one, relationship or job. Having money problems. Having questions or worries about being gay, bisexual or transgender. Previous suicide attempts. Recent death of a loved one. Problems in an important relationship. Problems at work or school. Social isolation.

<p>Not planning for the future.  Hurting oneself on purpose.  Thinking and talking about death a lot.  Unexplained good-byes or unusual  personal expressions that have a sense of  closure.</p>	
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All of the above information was attained by the Samaritan website at:  
<http://samaritanshope.org/>

**If you or someone you know is in immediate danger call 911 or go to your nearest emergency room.**

**Accessing Support for Child Abuse and Suicide**

**If you suspect Child abuse please call the Child-At-Risk Hotline at:**

**1-800-792-5200**

**If you or someone you know is thinking about suicide get help by calling the Samaritan Helpline at:**

**1 -877- 870-4673**

Substance Use	
<b>Risk Factors</b>	
A lack of attachment with a supportive adult	Assess to alcohol and other substances
Family history of a substance use disorder	Peers who use substances
Biology	Environmental factors
<b>Warning Signs</b>	
Moodiness, irritability, anger, aggressive behavior	Depression
Change in personal hygiene	Abrupt decline in grades, attendance, quality of work.
Shifts in sleep patterns, sleep significantly more or less than before.	Breaking curfew and increased defiance of family rules
Incoherence, forgetfulness, slurred speech	Clumsiness, poor balance, lack of coordination
Rapid speech, uncharacteristic talkativeness, restlessness	Irresponsibility, recklessness, bad judgment
Secretive behavior and phones calls	Thefts or sudden requests for money
Decreased motivation	Lack of interest in former activities, such as school clubs and sports
New friends replace old friends	Problems at school, such as discipline issues, poor grades and unexplained absences
<b>Protective Factors</b>	
A Strong bond between children and parents	Parental involvement in the child's life
Clear limits and consistent enforcement of discipline	

All of the above information was attained by the National Institute on drug Abuse, Massachusetts Government, Massachusetts General Hospital's ARMS websites at:

<http://www.drugabuse.gov>

<http://www.massgeneral.org/psychiatry/arms/parents.aspx>

<http://www.mass.gov/eohhs/gov/departments/dph/programs/substance-abuse/stop-pill-abuse/signs-symptoms/signs-of-prescription-drug-abuse.html>

## Emotional Distress - (Disaster) and Trauma

### Risk Factors

Survived a previous disaster	Experienced Temporary living arrangements, loss personal property, and parental unemployment in a disaster
Lost a love one or friend involved in a disaster	Exposure to Community Violence, Domestic violence, neglect or abuse or a traumatic event

### Warning Signs

Competing more for the attention of parents and teachers	Withdrawing from playgroup and friends
Being unwilling to leave home	Child complains of unexplained headaches or stomachaches
Being less interested in school work	Experiment with high-risk behaviors such as underage drinking or prescription drug misuse and abuse
Having added conflict with peers or parents	Having difficulty concentrating
Withdrawn	Resist authority
Sleep disturbances	Sadness, Anger, and/or Irritability
Separation anxiety in young children	The development of new fears
Become disruptive or aggressive at home in the classroom	

### Protective Factors

Safe secure environment	Emotional Support from a loved one
Structure and routines	Positive mentors and teachers
Access to mental health services	

All of the above information was attained by the Substance Abuse and Mental Health Services Administration and American Psychological Association websites:

<http://www.samhsa.gov/find-help/disaster-distress-helpline/warning-signs-risk-factors>

<http://www.apa.org/pi/families/resources/children-trauma-update.aspx>

## Protective Factors

### Individual Factors

Intolerant attitude toward deviance	Highly developed social skills/competencies
High grade point average	Highly developed skills for realistic planning
Positive social orientation	Religiosity

### Family Factors

Connectedness to family or Adults outside the family	Ability to discuss problems with parents
Perceived parental expectations about school performance are high	Frequent Shared activities with parents
Consistent presence of parent during at least of one the following: When awakening, when arriving home from school, at evening meal or going to bed.	Involvement in Social Activities
Parental/Family use of constructive strategies for coping with problems	

### Peer and Social Factors

Possession of affective relationships with those at school that are strong, close and prosocially oriented	Commitment to school (an investment in school and in doing well as school)
Close relationship with no-deviant peers	Membership in peer groups that do not condone antisocial behavior
Involvement in prosocial activities	Exposure to school climates that have intensive supervision and clear behavior rules.

All of the above information was attained by Center for Disease Control and Prevention and websites:

<http://www.cdc.gov/ViolencePrevention/youthviolence/riskprotectivefactors.html>

“Five Protective Factors are the foundation of the Strengthening Families Approach: parental resilience, social connections, concrete support in times of need, knowledge of parenting and child development, and social and emotional competence of children. Research studies support the common-sense notion that when these Protective Factors are well established in a family, the likelihood of child abuse and neglect diminishes. Research shows that these protective factors are also “promotive” factors that build family strengths and a family environment that promotes optimal child and youth development”.

### **Parental Resilience**

No one can eliminate stress from parenting, but a parent’s capacity for resilience can affect how a parent deals with stress. Resilience is the ability to manage and bounce back from all types of challenges that emerge in every family’s life. It means finding ways to solve problems, building and sustaining trusting relationships including relationships with your own child, and knowing how to seek help when necessary.

### **Social Connections**

Friends, family members, neighbors and community members provide emotional support, help solve problems, offer parenting advice and give concrete assistance to parents. Networks of support are essential to parents and also offer opportunities for people to “give back”, an important part of self- esteem as well as a benefit for the community. Isolated families may need extra help in reaching out to build positive relationships.

### **Concrete Support in Times of Need**

Meeting basic economic needs like food, shelter, clothing and health care is essential for families to thrive. Likewise, when families encounter a crisis such as domestic violence, mental illness or substance abuse, adequate services and supports need to be in place to provide stability, treatment and help for family members to get through the crisis.

### **Knowledge of Parenting and Child Development**

Accurate information about child development and appropriate expectations for children’s behavior at every age help parents see their children and youth in a positive light and promote their healthy development. Information can come from many sources, including family members as well as parent education classes and surfing the internet. Studies show information is most effective when it comes at the precise time parents need it to understand their own children. Parents who experienced harsh discipline or other negative childhood experiences may need extra help to change the parenting patterns they learned as children.

### **Social and Emotional Competence of Children**

A child or youth’s ability to interact positively with others, self-regulate their behavior and effectively communicate their feelings has a positive impact on their relationships with their family, other adults, and peers. Challenging behaviors or delayed development create extra stress for families, so early identification and assistance for

both parents and children can head off negative results and keep development on track”

All of the above information was attained by the Center for the Study of Social Policy websites:  
<http://www.cssp.org/reform/strengthening-families/basic-one-pagers/Strengthening-Families-Protective-Factors.pdf>

<b>Support Hotlines and Import Numbers</b>	
<b>Addiction Help Line: Emerson Hosp</b>	1(978) 287-3515
<b>AIDS Action Hotline</b>	1 (800) 235-2331
<b>Alcoholic Anonymous</b>	1(617) 426-9444
<b>Adults with Disabilities</b>	1 (800) 726-9009
<b>BEST Team: Emergency Psychiatry</b>	1(800) 981-HELP
<b>Boston Area Rape Crisis Center</b>	1 (617) 492-7273
<b>Boston Housing Authority Police</b>	1(617) 534-5554
<b>Boston Police Department Area A-1</b>	1(617) 343-4240
<b>Boston Police Department- Confidential Drug</b>	1(617) 343-4879
<b>Boston Police Domestic Violence Unit</b>	1 (617) 343-4350
<b>Boston Public Health Commission - Central Intake Unit</b>	1(617) 534-5554
<b>Charlestown Recovery House-Detox Hotline</b>	1(617) 242-2500
<b>Children of Alcoholism &amp; Substance Abuse</b>	1(617) 227-4183
<b>Child-At-Risk Hotline</b>	1 (800) 792-5200
<b>Community Service Office</b>	1(617) 343-4627
<b>Disable Abuse Hotline</b>	1 (800) 922-2275
<b>Elder Abuse Hotline</b>	1 (800) 922-2275
<b>Emergency Medical Services State Overdose for EMS</b>	911
<b>Family Support Groups- Charlestown Court</b>	1(617) 242-1273
<b>Food Source Hotline/Project Bread</b>	1(800) 645-8333
<b>Gay men's Domestic Violence Project-GBLT</b>	1(800) 832-1901
<b>Gamblers Anonymous</b>	1 (855) 222-5542

<b>Support Hotlines and Import Numbers</b>	
<b>GLBT Helpline</b>	1 (888) 340-4528
<b>GLBT Peer Listening Line</b>	1 (800) 399-7337
<b>Haven at MGH-Domestic Violence</b>	1 (617) 724-0054
<b>Help Line MA Department of Public Health, Bureau of Substance Abuse Services</b>	1(800) 327-5050
<b>Hepatitis C Hotline</b>	1(888) 443-4372
<b>Joe for Oil</b>	1-877-JOE-4-OIL
<b>John F Kennedy Family Service Center</b>	1(617) 241-8866
<b>Llamanos Statewide Spanish Helpline-Sexual Assaults</b>	1 (800) 223-5001
<b>Major's Health Line</b>	1(800) 847-0710 or 1(617) 534-5050
<b>Major's Youth line-Teen</b>	1 (617) 635-2240
<b>Mass 211-Information Line</b>	211
<b>Mass Health Customer Service Center &amp; Provider Information</b>	1(800) 841-2900
<b>Mass Medline</b>	1 (866) 633-1617
<b>Medicaid/ Mass Health</b>	1(800) 682-1062 or 1(800) 841-2900
<b>National Suicide Prevention Lifeline</b>	1(800) 273-8255
<b>Narcotics Anonymous</b>	1(866) 624-3578
<b>Parental Stress Hotline</b>	1(800) 632-8188
<b>Poison Hotline</b>	1(800) 222-1222
<b>Safelink Domestic Violence Hotline</b>	1 (877) 785-2020
<b>Samaritan Statewide Resource-Suicide</b>	1 (877) 870-4673
<b>Samariteens</b>	1(800) 252-8336
<b>Woman, Infant and Children</b>	1 (800) 942-1007





MASSACHUSETTS  
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