

OWCA Programs Information and Calendar 2018



JANUARY

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- 1st- New Year's Day
- 13th- Teen/ Young Adult Respite
- 15th- Martin Luther King Holiday
- 20th Family Enrichment- Autism 101 Workshop
- 27th Children's Respite
- 29th Winter Session Let's Move! begins

FEBRUARY

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- 3rd- Mom 2 Mom Support Group
- 10th - Teen/ Young Adult Respite
- 17th- Family Enrichment- GPS for Special Education Workshop
- 24th- Children's Respite

MARCH

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- 3rd- Mom 2 Mom Support Group
- 10th- Teen/ Young Adult Respite
- 17th- Annual Parent Empowerment Conference
- 24th- Children's Respite
- 21st- Let's Move! Winter session ends
- 30th-31st- Easter Holiday

APRIL

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- 1st-2nd-Easter Holiday
- 4th- Let's Move! Spring Session begins
- 7th- Mom 2 Mom Support Group
- 14th- Teen/ Young Adult Respite
- 21st- Family Enrichment Workshop-Autism 101
- 28th- Children's Respite

Spring Autism Awareness Fundraiser March 1st- April 30th!

MAY

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- 5th- Mom 2 Mom Mother's Day Special
- 12th- Family Enrichment- GPS for Special Education
- 19th- Spring SIBZONE Sibling Day Retreat
- 28th- Memorial Day
- 30th- Let's Move! Spring Session ends

JUNE

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- 2nd- Mom 2 Mom Support Group
- 9th- Teen/ Young Adult Respite
- 16th-Family Enrichment- Father's Day Special
- 23rd- Children's Respite

JULY

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- 4th-Independence Day
- 7th- Mom 2 Mom Support Group
- 9th-Let's Move! Summer Session begins
- 14th- Teen/ Young Adult Respite
- 21st- Family Enrichment Workshop- TBA
- 28th- Children's Respite

AUGUST

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- 29th-Let's Move! Summer Session- Ends
- Back to School Fundraiser August 1st -August 30th!

SEPTEMBER

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- 3rd- Labor Day
- 8th- Teen/ Young Adult Respite
- 15th- Family Enrichment- Autism 101 Workshop
- 22nd- Children's Respite
- 24th- Let's Move! Fall Session begins

OCTOBER

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- 6th-Mom 2 Mom Support Group
- 13th- Teen/ Young Adult Respite
- 20th- Family Enrichment- GPS for Special Education Workshop
- 27th- Children's Respite

NOVEMBER

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- 3rd- Mom 2 Mom Support Group
- 10th- Fall SIBZONE Sibling Day Retreat
- 17th- Family Enrichment -TBA
- 22nd-23rd- Thanksgiving Holiday
- Winter Holiday Fundraiser November 25th-December 31st!

DECEMBER

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- 1st- Teen/ Young Adult Respite
- 8th- Mom 2 Mom Support Group
- 15th- Children's Respite
- 23rd-31st- Winter Holiday Break
- Winter Holiday Fundraiser November 25th-December 31st!





Program Descriptions

Family Support	Individual Support	Community Outreach
<p>➤ SOAR (Seeking Opportunities to Acquire Resilience) Medical Family Guidance Program</p> <p>This medical care coordination and consultation program is for those who have a prior diagnosis of Autism Spectrum Condition. SOAR provides an assessment of family and individual wellbeing and linkages to therapeutic, medical and community resources that enrich family function and individual well-being.</p> <p>➤ Respite Clubs</p> <p>Respite clubs are designed to be a socially stimulating time for participants and to provide a much-needed break for caregivers. Increasing social awareness, encouraging relationship building, and navigating our community are all basic foundations of these programs. Life and self-care skills are additional components of our program for older participants. OWCA has two respite club offerings- <i>“Our World, Our Time” for ages 3-13 years</i> and <i>“Our World Explorers” for ages 14-24 years</i>.</p> <p>➤ Sibzone -Sibling Day Retreats</p> <p>Siblings are often overlooked when it comes to family support, but they need an emotionally safe place to express their emotions about being a special needs sibling. Sibs 6 years and older will learn about autism, use creative media to express their emotions and celebrate what makes them unique! Each retreat will include a fun-filled community outing and meal!</p> <p>➤ Embrace our World Family Enrichment Workshops</p> <p>Family Enrichment workshops offer recurring workshops for a basic understanding of Autism and Special education. These are two essential topics that all caregiver must have knowledge of. There will also be additional workshops for male caregivers and behavioral supports.</p> <p>➤ Mom 2 Mom Support Group</p> <p>Mothers are the back bone of their homes, but who supports them? This support group is a forum for empowering mothers towards better self-care as they care for others. Whether you are a seasoned mother or new to the autism journey, you are welcomed and have much to offer!</p>	<p>➤ Autism Diagnostic Evaluations</p> <p>This 3-part medical evaluation is for children and youth that are exhibiting possible signs and symptoms of autism, that warrant further evaluation. A comprehensive medical history, ADOS evaluation (Autism Diagnostic Observation Scale) and evaluation for co-morbid emotional behavioral health conditions are a part of this extensive evaluation, which concludes with linkages to therapeutic, medical and community resources that enrich family function and individual well-being, regardless of whether a determination of autism is made.</p> <p>➤ Everyone Can Learn- Individualized Learning and Life-skills Instruction</p> <p>Customize your child’s/ youth’s learning with our educational consultants who understand and support the unique learning styles of children and youth on the autism spectrum and with related learning differences. These services are offered on a 1:1 basis in the home or community.</p> <p>➤ SOAR (Seeking Opportunities to Acquire Resilience) Behavior Enrichment Program</p> <p>Our behavior enrichment program is based on our current model of family guidance; however, it specifically focuses on behavior enhancement. Both an educational professional with certification in Applied Behavioral Analysis (ABA) and a physician medical consultant with expertise in the care of children with autism will work in collaboration to promote behavioral wellness.</p> <p>➤ Let’s Move! Family Friendly Fitness Program</p> <p>This health and wellness program promotes, strength, stability, motor planning and coordination. Participants have fun and increase their social awareness through exercise. Pre and post assessments of weight and BMI are a part of each 8-week session, which helps to promote accountability. A more comprehensive special- needs medical consultation can be scheduled at caregiver’s request.</p>	<p>➤ Prince George’s County Special Needs Physician Support Program</p> <p>This program is a partnership between the Early Intervention program of Prince George’s County Maryland (also known as Infants and Toddlers) and our organization. It seeks to support pediatric and obstetric healthcare providers in the early identification of children with special needs and developmental differences. Professional development, referral support, and patient resources are integral parts of this program.</p> <p>➤ Autism 101 Workshops</p> <p>These series of interactive workshops are designed for various professions and community members and provide a greater understanding of autism and the supports needed to enrich the lives of those living with this condition.</p> <p>➤ Friends of One World! Fundraising Program</p> <p>WE NEED YOUR HELP and SUPPORT in realizing our vision and fulfilling our mission for the greater than 1,600 children and adolescents living with autism in Prince Georges County in our county! The One World Center for Autism, Inc. is a 501c3 grassroots non-profit serving individuals living with autism and other related special needs in Prince Georges County, Maryland. Our mission is to empower those living with autism through family support, community awareness, and individual therapeutic and medical services. Every gift makes a difference! Donate at www.worldforautism.org or send your gift to One World Center for Autism, 7401 Forbes Blvd, Suite A, Lanham, MD 20706</p>