



RECENT PHOTOS:

July 5, 2018 E-Newsletter

On June 28, NJ Beach Yoga hosted a free Full Moon Yoga class that attracted approximately 200 participants, who enjoyed a wonderful yoga session as the moon rose out of the ocean. Unfortunately, due to the high tide at the time of the full moon's rising, the class was relocated from the JFK Boulevard Beach to Excursion Park. Nonetheless, it was an exhilarating event for all those who attended...





(Photos provided courtesy of NJ Beach Yoga)

To learn about upcoming yoga classes provided by the City's Division of Recreation, please visit www.njBeachYoga.com or go to www.VISITSICNJ.com and click the "Recreation" link.