

SEA ISLE CITY RECREATION

JANUARY 2018

STAY ACTIVE – STAY HEALTHY

TOTAL BODY FITNESS (ADULTS)

MONDAYS, WEDNESDAYS &
FRIDAYS

COMMUNITY LODGE 9AM-10:15AM

\$5/CLASS OR \$40 FOR TEN CLASSES

YOGA (ALL AGES)

WEDNESDAYS 7PM-8:15PM

FRIDAYS 7:30AM-8:30AM

\$10 CLASS – COMMUNITY LODGE

SITFIT SENIORS

MONDAYS, WEDNESDAYS &
FRIDAYS

2:45PM – 3:30PM

NO FEE – RECREATION CENTER

CHAIR YOGA (ADULTS)

TUESDAYS & THURSDAYS

1PM

NO FEE – RECREATION CENTER

ACTIVITIES IN THE GYMNASIUM

MEN'S BASKETBALL

WEDNESDAYS 6:30PM-9PM

ADULT VOLLEYBALL

THURSDAYS - 7PM – 9PM

BOY SCOUTS TROOP 76 MEETINGS

FRIDAYS - 5PM-8PM

OVER 40 MEN'S BASKETBALL

SATURDAYS - 7AM-10AM

Candy Bar Bingo



FRIDAY JANUARY 19 (6:30PM-8PM)

ADMISSION: ONE LARGE CANDY BAR/PERSON

RSVP: 263-0050 BY NOON ON 1/19

RECREATION CENTER 263-0050

4501 PARK RD

CLOSED ON JANUARY 1 & 15 – CITY HOLIDAYS

Art Center Schedule

Mondays - 1/8, 1/22, & 1/29

Open Craft (11am-Noon) - \$1/craft

Tuesdays - 1/9, 1/16, 1/23 & 1/30

Tot Craft (11am-Noon) - \$1/craft

Wednesdays - 1/10, 1/17, 1/24 & 1/31

Open Craft (11am-Noon) - \$1/craft

Thursdays - 1/11, 1/18 & 1/25

After-School Craft (4:30-5:30pm)

1/11 Winter Wreath - \$1

1/18 Tye Dye Shirt - \$5

1/25 Race Car - \$2

Fridays - 1/5, 1/12, 1/26

Open Scrapbooking (11am-2pm)

Bring your scrapbook supplies and feel free to use whatever we have available to create your scrapbook pages!

MUST Pre-register at least 1 day prior to each class 263-0050