

SEA ISLE CITY RECREATION

DECEMBER 2017

STAY ACTIVE – STAY HEALTHY

TOTAL BODY FITNESS (ADULTS)

MONDAYS, WEDNESDAYS &
FRIDAYS

COMMUNITY LODGE 9AM-10:15AM

\$5/CLASS OR \$40 FOR TEN CLASSES

YOGA (ALL AGES)

WEDNESDAYS 7PM-8:15PM

FRIDAYS 7:30AM-8:30AM

\$10 CLASS – COMMUNITY LODGE

SITFIT SENIORS

MONDAYS, WEDNESDAYS &
FRIDAYS

2:45PM – 3:30PM

NO FEE – RECREATION CENTER

CHAIR YOGA (ADULTS)

TUESDAYS & THURSDAYS

1PM

NO FEE – RECREATION CENTER

ACTIVITIES IN THE GYMNASIUM

MEN'S BASKETBALL

WEDNESDAYS 6:30PM-9PM

BOY SCOUTS TROOP 76 MEETINGS

FRIDAYS - 5PM-8PM

OVER 40 MEN'S BASKETBALL

SATURDAYS - 7AM-10AM



RECREATION CENTER 263-0050

4501 PARK RD

CLOSED ON DECEMBER 25 – CITY HOLIDAY

**** PLEASE NOTE THE GYMNASIUM WILL BE
CLOSED DECEMBER 26– JANUARY 2 FOR NEW
YEARS EVE SETUP**

THE REC ROOM WILL STILL BE OPEN!!!

**CHALLENGE YOUR FRIENDS TO A WII TOURNEY,
FOOSBALL SHOWDOWN OR A BOARD GAME
MATCH!!!**

ART CLASSES

“CHRISTMAS CRAFTS”



JOY – “JUST OLDER YOUTH” CRAFTS (SENIORS)

TUESDAYS – DECEMBER 5, 12 & 19

11:30am – 12:30PM

TOT ART ADVENTURES (3-5 YEARS)

THURSDAYS – DECEMBER 7, 14 & 21

11AM- 12PM

(TOT MUST BE ACCOMPANIED BY AN ADULT)

AFTER SCHOOL KIDS KLUB (SCHOOL AGED CHILDREN)

TUESDAYS/THURSDAYS – DECEMBER 5, 7, 12 & 14

4PM-5PM

\$5/CLASS

MUST PRE-REGISTER BY CALLING 263-0050

LIMITED SPACE AVAILABLE

