

SEA ISLE CITY RECREATION

FEBRUARY 2018

STAY ACTIVE – STAY HEALTHY

TOTAL BODY FITNESS (ADULTS)

MONDAYS, WEDNESDAYS &
FRIDAYS

COMMUNITY LODGE 9AM-10:15AM

\$5/CLASS OR \$40 FOR TEN CLASSES

YOGA (ALL AGES)

WEDNESDAYS 7PM-8:15PM

FRIDAYS 7:30AM-8:30AM

\$10 CLASS – COMMUNITY LODGE

SITFIT SENIORS

MONDAYS, WEDNESDAYS &
FRIDAYS

2:45PM – 3:30PM

NO FEE – RECREATION CENTER

CHAIR YOGA (ADULTS)

TUESDAYS & THURSDAYS

1:15PM – 2:00PM

NO FEE – RECREATION CENTER

ACTIVITIES IN THE GYMNASIUM

OPEN GYM

WEEKDAYS 9AM-5PM

MEN'S BASKETBALL

WEDNESDAYS 6:30PM-9PM

ADULT VOLLEYBALL

THURSDAYS - 7PM – 9PM

BOY SCOUTS TROOP 76 MEETINGS

FRIDAYS - 5PM-8PM

OVER 40 MEN'S BASKETBALL

SATURDAYS - 7AM-10AM

GIRLS LACROSSE CLINICS – 5TH/6TH GRADES

SUNDAYS 5PM-8PM

RECREATION CENTER 263-0050

4501 PARK RD

CLOSED ON

FEBRUARY 12 & 19 – CITY HOLIDAYS

Storybook Yoga

Feb 14th

4:15pm-5pm

"Polar Bear Polar Bear

What Do You Hear?"

Instructional Basketball

Feb 7, 21 & 28

5pm-6pm

Recreation Gymnasium

\$5/class - Register the 1st night of each class

Grades Pre-K to 2nd

Child must be 4 years by 1/1/18

Tee-ball (Ages 4-5) &

Instructional Baseball (Ages 6-8)

Registration

February 1,2,5,6 & 7

9am-5pm

Fee: \$25 + signed Code of Ethics form

Registration Deadline: February 7

• *Games begin in late April*

• *Please note: if we are unable to field a team OC only accepts 5-6 year olds for Tee-ball*

Art Center Activities

Thursday February 1

3:30pm-5pm

Football Frenzy—\$5 (2 for the price of 1)

"Time Out Banner" & "Mason Jar Centerpiece"

Tuesday February 6

3:30pm—5pm

Valentine Ornaments—\$1 each

Every Wednesday & Friday

10am-4pm

The Art Center is open to come and create!

Are you into scrapbooking or another artistic hobby? Supplies (scrapbooking, stencils, paint, papers & much more) are available for you to use!

Tuesday February 13

Thursday February 15

10:30am—Noon or 3:30pm—5pm

Polar Bear Crafts—\$2 each

"Polar Bear Banner with Family Name"

"Polar Bear Wreath"

Must pre-register by 4pm the day before each event*