

# CURRITUCK COUNTY EMPLOYEE HEALTH AND FITNESS DAY

## May 5, 2017 11:30am - 2:30pm

### CURRITUCK EXTENSION CENTER

WE WILL BE INSIDE RAIN OR SHINE

Register online at: [GO.NCSU.EDU/HEALTHANDFITNESSDAY2017](http://GO.NCSU.EDU/HEALTHANDFITNESSDAY2017)

Lunch will be provided for those who pre-register and visit 4 or more vendor booths, as well as, participate in a physical activity demonstration. This will also allow you to be entered into a door prize drawing! Don't forget your comfortable shoes. Preventive Care station will be available for those who wish to enter the preventive care drawing. Bring the dates of your recent screenings, including check ups, eye exams, etc.

Check out the prizes you could win!



NC Cooperative Extension  
Currituck County Center  
120 Community Way  
Barco, NC 27917  
252-232-2261

