

86th ALDA Annual Meeting

March 14 - 16, 2018 • Birmingham Jefferson Civic Center (BJCC)

All Meetings in the East Hall of the Birmingham Jefferson Civic Center (BJCC)

BJCC Parking is Available Under the East Exhibit Hall Building or In the Westin Parking Deck

TENTATIVE AGENDA

Wednesday, March 14, 2018

11:00 am - 6:00 pm ALDA Registration Desk Open
3rd Floor, East Hall BJCC
1:00 pm - 4:00 pm Establishing A Diabetes Prevention Program
4:00 pm - 5:15 pm ALDA Board of Directors Meeting
3rd Floor, BJCC East Hall
5:30 pm - 7:30 pm ALDA Welcome Reception
Sponsored by The Dairy Alliance

Thursday, March 15, 2018

8:00 am - 5:30 pm ALDA Registration Desk Open
3rd Floor, East Hall BJCC
8:15 am - 8:30 am Welcome & Opening Remarks by ALDA President
Diane Bridgewater, MBA, RDN, LD
8:30 am - 9:30 am How Food Affects Pathophysiology of Diabetes
Jill Weisenberger
9:30 am - 10:30 am Family Meals Matter: Barriers, Benefits, and Strategies for
Eating Together, Liz Weiss, MS, RDN
Sponsored by the Alabama Cattlemen's Association
10:45 am - 11:45 am Karen Wright Memorial Lecture
Fighting Nutrition Information: The Good, the Bad, and the Ugly
Toby Amidor, MS, RD, CDN
12:00 - 1:15 pm ALDA Awards Luncheon
1:30 pm - 2:30 pm Opioid Abuse in Alabama
Alabama Attorney General Steve Marshall
2:45 pm - 3:45 pm Nutrition and Sleep, Valerie Tarn, MS, RD, LD
3:45 pm - 4:45 pm Generations in the Workplace,
Kristin Scroggins
5:30 pm - 7:30 pm ALDA Membership Celebration

Friday, March 16, 2018

7:30 am - 3:15 pm ALDA Registration Desk Open
3rd Floor, East Hall BJCC
7:00 am - 8:00 am Student Session: What I Wish I Had Known
8:30 am - 9:30 am Harnessing Brain Health Through a Plant-Based Diet, Linda
Arpino, MA, RDN, FAND
Sponsored by the Vegetarian Practice Group
9:30 am - 10:30 am The Demographics of Today's Consumers: How do they select
and prepare food, Andrea Kirkland, RD and Mary Creel, RD
Dietitians from eMeals.com
10:45 am - 12:00 pm Our Health is All Connected, Dr. Rick Tubbs
Sponsored by the National Pork Council

12:00 pm - 1:15 pm
 1:15 pm - 2:15 pm
 2:15 pm - 3:15 pm
 3:15 pm

EXPO/Lunch/Poster Session Presentations
 Nutrition and the Addicted Brain, David Wiss, MS, RDN
 AND Update, Donna Martin, AND President
 Drawing for Basket Winners & Door Prizes

Registration Fees

	OPTIONAL WEDNESDAY WORKSHOP	ALDA ANNUAL MEETING (Includes Wednesday Reception and all events on Thursday & Friday)	THURSDAY ONLY	FRIDAY ONLY
ALDA Member	\$30	\$210	\$130	\$100
Non-Member	\$60	\$320	\$210	\$130
Student	N/A	\$65	\$45	\$40
Retired & 50 Year Member	\$40	\$80	\$65	\$40