



Phone: (904) 733-3724 / www.zumbajear.com

AUGUST 2017

Studio Jeari Group Fitness

Location: JJVA

8457 Western Way, Jacksonville, FL 32256



sun symbol means morning classes!



Mon	Tue	Wed	Thu	Fri	Sat
	1 EVENING CLASSES @ ABSOLUTE DANCE!	2 5:30 – 6:30pm BodyPump with Jerome 5:45pm to 6:45pm Kids Self Defense 6:45pm – 7:45pm ZUMBA with Arlene & Jerome aka ZUMBAJEAR	3 10:00am – 11:00am PILATES with Kelly G ☀️	4 STRONG by Zumba™ 6:00pm to 7:00pm★ ☀️	5 LOCATION – ABSOLUTE DANCE! 9:00am – 10:00am BodyPump with Jerome 10:30am – 11:30am ZUMBA with Jerome & Arlene aka ZUMBAJEAR
9:00am – 10:00am BodyPump with Jerome ☀️	7 EVENING CLASSES @ ABSOLUTE DANCE!	8 5:30 – 6:30pm BodyPump with Jerome 5:45pm to 6:45pm Kids Self Defense 6:45pm – 7:45pm ZUMBA with Arlene & Jerome aka ZUMBAJEAR	9 10:00am – 11:00am PILATES with Kelly G ☀️	10 STRONG by Zumba™ 6:00pm to 7:00pm★ ☀️	11 LOCATION – ABSOLUTE DANCE! 8:30am – 9:30am BodyPump with Jerome ★10:00 am – 12:00pm – ZUMBA TWO HOUR JAMI *special event*
9:00am – 10:00am BodyPump with Jerome ☀️	14 EVENING CLASSES @ ABSOLUTE DANCE!	15 5:30 – 6:30pm BodyPump with Jerome 6:45pm – 7:45pm ZUMBA with Arlene & Jerome aka ZUMBAJEAR	16 10:00am – 11:00am PILATES with Kelly G ☀️	17 STRONG by Zumba™ 6:00pm to 7:00pm★ ☀️	18 LOCATION – ABSOLUTE DANCE! 9:00am – 10:00am BodyPump with Jerome 10:30am – 11:30am ZUMBA with Jerome & Arlene aka ZUMBAJEAR
9:00am – 10:00am BodyPump with Jerome ☀️	21 EVENING CLASSES @ ABSOLUTE DANCE!	22 5:30 – 6:30pm BodyPump with Jerome 5:45pm to 6:45pm Kids Self Defense 6:45pm – 7:45pm ZUMBA with Arlene & Jerome aka ZUMBAJEAR	23 10:00am – 11:00am PILATES with Kelly G ☀️	24 STRONG by Zumba™ 6:00pm to 7:00pm★ ☀️	25 LOCATION – ABSOLUTE DANCE! 9:00am – 10:00am BodyPump with Jerome 10:30am – 11:30am ZUMBA with Jerome & Arlene aka ZUMBAJEAR
9:00am – 10:00am BodyPump with Jerome ☀️	28 EVENING CLASSES @ ABSOLUTE DANCE!	29 5:30 – 6:30pm BodyPump with Jerome 6:45pm – 7:45pm ZUMBA with Arlene & Jerome aka ZUMBAJEAR	30 10:00am – 11:00am PILATES with Kelly G ☀️	31 NO MEMBERSHIP FEES! NO CONTRACTS! JUST FITNESS, FUN & RESULTS!	

ZUMBA FITNESS - \$7 / BODYPUMP - \$8 / PILATES - \$8 / STRONG by Zumba - \$8 / KIDS SELF DEFENSE - \$5