



Phone: (904) 733-3724 / [www.zumbajear.com](http://www.zumbajear.com)



# AUGUST 2017

## Studio Jear Group Fitness

### Satellite Location: Absolute Dance

9850 San Jose Blvd Ste 9, Jacksonville, FL 32257

Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5
	5:45m to 6:45pm Pilates with Nicole!	CLASSES AT JJVA	5:45pm – 6:45pm BodyPump - Kelly G!	CLASSES AT JJVA	9:00am – 10:00am BodyPump with Jerome
	6:45pm to 7:45pm ZUMBA with "KELLY – THE CHAMELEON"! 	5:30 – 6:30pm BodyPump with Jerome	★7:00pm to 8:00pm SALSA & BACHATA with Tony	STRONG by Zumba™ 6:00pm to 7:00pm★	10:30am – 11:30am ZUMBA with Jerome & Arlene aka ZUMBAJEAR
		6:45pm – 7:45pm ZUMBA with Arlene & Jerome aka ZUMBAJEAR			
7	8	9	10	11	12
5:30 – 6:30pm BodyPump with Jerome	5:45m to 6:45pm Pilates with Nicole!	CLASSES AT JJVA	5:45pm – 6:45pm BodyPump - Kelly G!	CLASSES AT JJVA	8:30am – 9:30am BodyPump with Jerome
6:45pm – 7:45pm ZUMBA with Jerome & Arlene aka ZUMBAJEAR	6:45pm to 7:45pm ZUMBA with "KELLY – THE CHAMELEON"! 	5:30 – 6:30pm BodyPump with Jerome	★7:00pm to 8:00pm SALSA & BACHATA with Tony	STRONG by Zumba™ 6:00pm to 7:00pm★	★10:00 am – 12:00pm – ZUMBA TWO HOUR JAM! *special event*
		6:45pm – 7:45pm ZUMBA with Arlene & Jerome aka ZUMBAJEAR			
14	15	16	17	18	19
5:30 – 6:30pm BodyPump with Jerome	5:45m to 6:45pm Pilates with Nicole!	CLASSES AT JJVA	5:45pm – 6:45pm BodyPump - Kelly G!	CLASSES AT JJVA	9:00am – 10:00am BodyPump with Jerome
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		6:45pm – 7:45pm ZUMBA with Arlene & Jerome aka ZUMBAJEAR			
21	22	23	24	25	26
5:30 – 6:30pm BodyPump with Jerome	5:45m to 6:45pm Pilates with Nicole!	CLASSES AT JJVA	5:45pm – 6:45pm BodyPump - Kelly G!	CLASSES AT JJVA	9:00am – 10:00am BodyPump with Jerome
6:45pm – 7:45pm ZUMBA with Jerome & Arlene aka ZUMBAJEAR	6:45pm to 7:45pm ZUMBA with "KELLY – THE CHAMELEON"! 	5:30 – 6:30pm BodyPump with Jerome	★7:00pm to 8:00pm SALSA DANCE NIGHT with Tony	STRONG by Zumba™ 6:00pm to 7:00pm★	10:30am – 11:30am ZUMBA with Jerome & Arlene aka ZUMBAJEAR
		6:45pm – 7:45pm ZUMBA with Arlene & Jerome aka ZUMBAJEAR			
28	29	30	31		
5:30 – 6:30pm BodyPump with Jerome	5:45m to 6:45pm Pilates with Nicole!	CLASSES AT JJVA	5:45pm – 6:45pm BodyPump - Kelly G!		
6:45pm – 7:45pm ZUMBA with Jerome & Arlene aka ZUMBAJEAR	6:45pm to 7:45pm ZUMBA with "KELLY – THE CHAMELEON"! 	5:30 – 6:30pm BodyPump with Jerome	★7:00pm to 8:00pm SALSA DANCE NIGHT with Tony		
		6:45pm – 7:45pm ZUMBA with Arlene & Jerome aka ZUMBAJEAR			