



Welcome!

We're excited to welcome you to Vancouver and thought we would highlight some of our favourite things to do and see in our beautiful city.





Welcome to Vancouver!

We're glad to have you here.

First off, you should know that the Westin Bayshore, the venue for this year's ACE, is located a very short distance away from **Stanley Park**, voted Best Park in the World by Tripadvisor in 2014.

Boasting 400 hectares of natural West Coast rain forest, scenic water, mountain and sky views and is also home to the Vancouver Aquarium.

Walk the Seawall to English Bay, hike the trails, chill at Second Beach, take photos at the Totem Poles at Brockton Point, grab a bite to eat at Prospect Point Café, keep an ear out for the 9 O'Clock Gun, find the Girl in a Wet Suit...the list of things to do and see is endless.

Explore all that [Stanley Park](#) has to offer.
www.vancouver.ca/parks-recreation-culture/stanley-park.aspx

Also be sure visit www.tourismvancouver.com for more info on what to do while you're here!

Cover photo | View of downtown Vancouver looking towards the North Shore Mountains from the rooftop of the Jim Pattison Pavilion at Vancouver General Hospital | Courtesy of Ryan Shiells, IAHSS Member since June 2015



Places to visit

Giulio Ciavarella, IAHSS-BC Treasurer, recommends checking out the **Vancouver Aquarium**, conveniently located in the heart of Stanley Park.

From the Tourism Vancouver website:

With a worldwide reputation as a leading marine science centre, the [Vancouver Aquarium](#) was the country's first public aquarium when it opened in 1956, and is Canada's largest. It is home to more than 70,000 animals, more than 60,000 children take advantage of its school programs each year, and each year it welcomes more than 1 million visitors from around the world. The numbers are impressive, but it's the actual wildlife — the whales, otters, snakes, dolphins and more — that amaze the hundreds of thousands who pass through the door of the aquarium each year, which is situated in the middle of [Stanley Park](#) just on the outskirts of downtown Vancouver.

For more info, please visit:

[www.vanaqua.org](#)



If you're looking to venture outside the downtown core, be sure to visit Commercial Drive. Known as "Little Italy," this diverse neighbourhood is home to a colourful mix of hippies, immigrants and families. Visit [www.thedrive.ca](#) for more info. Giulio recommends stopping at Marcello's for some authentic Italian, wood fired pizza. Check out the menu at [www.marcellopizzeria.com](#).



Places to visit

Megan Taylor, IAHSS-BC Chapter Member-at-large, recommends taking a stroll through the **Granville Island Public Market**.

From the Granville Island website:

A living, breathing urban oasis filled with fine waterfront restaurants, theatres, galleries, studios, unique shops, cafes and the most spectacular fresh food market you've ever seen. Add a vibrant and diverse mix of people and activities, and you have a destination so dynamic, no visit to the city is complete without spending at least a day here. Just think of Granville Island as Vancouver's Town Square. Where locals and visitors come together to be inspired, to be entertained or simply to breathe in some of its unique atmosphere.

Megan's favourites include grabbing a hand crafted cup of coffee from the Blue Parrot Espresso Bar, picking out a bushel or two of beautiful fresh flowers from V&J Plant Shop, stocking up on the best spices from the Spice Table and finishing off with Celine's Fish and Chips after all that walking and shopping!

More info can be found at:
www.granvilleisland.com.





Places to visit

Tom Molin, IAHSS-BC Chapter Chair, recommends some of Vancouver's coolest museums.

The [Museum of Anthropology](http://www.moa.ubc.ca) (www.moa.ubc.ca) at the University of British Columbia showcases one of the world's finest displays of Northwest Coast First Nations art in a spectacular Arthur Erickson designed building overlooking the mountains and ocean. It also features extensive collections from around the world as well as a wide range of temporary exhibitions, guided tours, and other public events.

The [Vancouver Police Museum](http://www.vancouverpolicemuseum.ca) is North America's oldest police museum.

The Museum is located in a heritage building that was once the Coroner's Court, the City's morgue and autopsy facilities, and the City crime laboratory, it houses over 20,000 artifacts, photos, and archival documents.



Visitors of all ages can learn the history of crime and law enforcement in Vancouver on a self-guided tour, or can be immersed in a variety of police and law-related topics through one of our numerous public and school programs. For more info on the museum, please visit www.vancouverpolicemuseum.ca.

Other recommended places to visit:

Telus World of Science - www.scienceworld.ca

Vancouver Art Gallery - www.vanartgallery.bc.ca

H.R. MacMillan Space Centre - www.spacecentre.ca



Things to do

Ema McMillan, IAHSS-BC Chapter Secretary, enthusiastically recommends the **FlyOver Canada** experience at Canada Place.

FlyOver Canada is an amazing virtual flight ride in which you will "take off" into a huge domed screen to enjoy a breathtaking flight across Canada's most spectacular sights. You will be seated in a suspended chair, with your feet dangling, in front of an impressive 4-storey spherical screen. The special effects including wind, mist, and scents, combined with the chair's motion, will make you feel like you're truly soaring.



**Click on the logo above for more info.
(Or type <https://goo.gl/9S0r8S> into your web browser)**

IAHSS ACE attendees will receive 20% off the admission rates when showing your conference badge at the ticket office from April 22nd to 26th. Non-attendees can receive 10% off when buying tickets online.

Sushi at Sunset

Did you know that sushi in Vancouver is supposed to be the best sushi outside of Japan? The best place to enjoy it is on Sunset Beach. Grab sushi to go from Kadoya (1063 Davie St – I recommend the princess roll and the tuna tataki) and then aim to get to Sunset Beach just before 8pm. Take a seat on the grassy hill where Beach Ave and Thurlow St cross, enjoy your food and watch the best show on earth. Afterwards, walk down the hill to the seawall and turn right – the Inukshuk is just a 15 minute walk away and looks beautiful lit up at night.



Things to do

Scott MacMillan IAHSS-BC Chapter Vice Chair, recommends a trip to **Capilano Suspension Bridge**. **BONUS!** You can easily visit the Capilano Suspension Bridge via Free Shuttle from right from the Westin Bayshore!

From the Capilano Bridge website:

Originally built in 1889, Capilano Suspension Bridge stretches 450 feet (137m) across and 230 feet (70m) above Capilano River. Since then much has been added to the twenty-seven acre park. CLIFFWALK is the park's newest attraction – a cantilevered walkway clinging to the granite cliff high above Capilano Canyon. Treetops Adventure, seven suspension bridges through the evergreens taking you up to 100 feet (30m) above the forest floor, offers a unique squirrel's eye perspective of the forest. Guided nature tours, the Kids' Rainforest Explorer program and the Living Forest exhibit enhance this unique rainforest encounter. Enjoy seasonal musical entertainment and First Nations culture. Take photos at the Totem Park and with the Capilano Tramps. Top it off with a visit to the gift shop full of quality merchandise from all over Canada and great homemade fudge! It's all in a day's fun at Capilano Suspension Bridge Park.



For more info, please visit:
www.capbridge.com



Things to do



Ema at the Steam Clock

Jen Albert, IAHSS-BC Chapter Member-at-Large, recommends travelling through time by visiting historic **Gastown**, considered to be the birthplace of Vancouver.

As you stroll the brick lined streets, have your photo taken with Gassy Jack or at the famed Gastown Steam Clock. Visit <https://www.tourismvancouver.com/vancouver/neighbourhoods/gastown/> for more info. If you prefer something a little different, check out these walking tours: [Lost Souls of Gastown](#) or [Ghostly Gastown Tour](#).

If, after all that walking, you need to quench your thirst and fill up on good eats, head to Yagger's Downtown Restaurant and Sports Bar on Pender Street (Between Homer St and Richards St).

(Jen recommends the Mac & Not So Blue Cheese or the Pulled Pork Tacos or the Free Run Chicken Wings with Maple Baha-Q sauce. Actually, she recommends everything. You really can't go wrong with anything on the menu.)

YAGGER'S

Show your conference badge to receive 10% off of your food bill.
Click on the logo above for more info or visit www.yaggers.com/yaggers-downtown/



You're invited!

The IAHSS BC Chapter would like to cordially invite you to dinner atop Grouse Mountain.

Monday, April 24th | 6pm – 10pm

Our night will include a short tour of Stanley Park, with photo op at the famed Totem Poles. From there, we will travel to the base of Grouse Mountain, hop the Skyride to the 'Peak of Vancouver' and dine at Observatory Restaurant. We're hoping for a clear night in order to show off a spectacular sunset over the city.

IAHSS BC is subsidizing this dinner tour so the cost to you is only \$100 CAD per person.

Seats are limited and the registration deadline is Friday, April 7th!

To reserve your seat, please visit

<https://iahssbccchapterdinnerandtour2017.eventbrite.ca>

We can't wait to see you all!

Giulio, Megan, Tom, Ema, Scott and Jen



Enjoy your stay!

If you have any questions, please email one of us:



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