

# OSHA 30 Hour

Northwest Region

## Construction Safety & Health Course IN SPANISH



Arkansas Chapter

Tuesday, Wednesday, Thursday & Friday  
**March 28<sup>th</sup>, 29<sup>th</sup>, 30<sup>th</sup>, & 31<sup>st</sup>**

8:00 a.m. to 5:00 p.m.  
(All Four Days)

### **Stribling Equipment**

3838 Wagon Wheel Rd.  
Springdale, AR 72764

*All class materials will be provided.  
Lunch will be provided all four days.*

Instructor:  
Victor Hernandez  
*United Rentals Training*

### **OSHA 30 HOUR TRAINING TOPICS:**

- Introduction to OSHA
- OSHA Focus Four Hazards
- Fall Protection
- Electrical
- Struck by (falling objects, trucks, cranes)
- Caught in/between  
(trench hazards, equipment)
- PPE and Lifesaving Equipment
- Health Hazards in Construction
- Stairways and Ladders
- Trench & Excavation
- Permit Required Confined Space
- Twelve Hours of Elective Topics:  
(based upon class consensus)

**[ ABC Members - \$350 each | Non Members - \$450 each ]**

**RESERVATIONS ARE REQUIRED.** Mail reservations to:

ABC Arkansas: 22 Collins Industrial Place, North Little Rock, AR 72113.

Email reservations to [megan@abcark.org](mailto:megan@abcark.org) or call 501.812.0828 by March 14, 2017.

Company: \_\_\_\_\_

Contact Person: \_\_\_\_\_ Phone: \_\_\_\_\_

Attendee Names:  
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*Reservations not cancelled 72 hours prior to event constitute a financial commitment.*