ATHLETIC HANDBOOK

PHILOSOPHY

The philosophy of Trinity Lutheran School focuses on a Christ-centered learning environment. Toward that end, it is the aim of Trinity's athletic program to facilitate such an environment in athletic settings outside the classroom.

GOALS

Trinity's sports program is made available to students in order to provide:

- An opportunity to develop Christian sportsmanship through role modeling and personal experiences.
- Programs that meet student needs at their ability level.
- An understanding of the rules and concepts of the game that will encourage a lifelong enjoyment of the sport (both competitive and recreational).
- A setting that is conducive for skill development at their present ability level.
- The opportunity to incorporate knowledge and ability into game situations.
- Guidance as they search to realize and use their God given talents.
- An additional avenue to promote school spirit.
- Appropriate opportunities for involvement.

QUALIFICATIONS AND RESPONSIBILITIES OF COACHES

- 1. Only persons approved by the Athletic Director and Principal may serve as coaches, assistant coaches, conduct practices, or coach a game.
- 2. A coach may be a member of Trinity, a sister congregation, or approved by the athletic director, and must be a positive Christian example.
- 3. The goal is that all coaches be certified in CPR/first-aid, use of the AED and take a Concussion Course Online before they may coach a second season.
- 4. A head coach must be a minimum of 18 years old or assisted by one who is at least 18 years old.
- 5. Coaches must be willing to agree to background checks and random drug screening and be free of felony convictions and illegal drug usage.
- 6. There shall be an athletic meeting prior to the start of each season including coaches, and parents. This meeting will inform everyone about the coaching philosophy, student eligibility guidelines as well as coach, student and parent responsibilities.
- 7. A coach is responsible for making new equipment needs known to the athletic director as well as caring for existing equipment.
- 8. A coach will attend all games and practices and arrive promptly.
- 9. A coach will communicate and enforce guidelines for playing eligibility. This may be done at a preseason parent meeting outlining the program you plan to coach.
- 10. After all practices or home games, the coach will make sure students have left the building or have gone to extended care.
- 11. The coach will assist in preparing equipment for events.
- 12. The coach will make sure all equipment is put away after the event.

CODE OF ETHICS FOR COACHES

- 1. I will remember that children participate to have fun and that the game is for student athletes, not adults.
- 2. I will make an effort to learn and familiarize myself with the rules of the game and the policies of the league.

- 3. I (and my family member/guests) will be a positive role model and encourage sportsmanship by showing respect and courtesy, and by demonstrating positive support for all players, coaches, officials, and spectators at every game, practice and other sporting events.
- 4. I (and my family members/guests) will not engage in any kind of unsportsmanlike conduct with any official, coach, player, or parent such as booing and taunting; refusing to shake hands; using profane language or gestures or fighting and violence.
- 5. I will obey the Second Commandment; I will not use the name of the Lord inappropriately.
- 6. I will not encourage any behaviors or practices that would endanger the health or well-being of the athletes.
- 7. I will play/teach my team to play by the rules and to resolve conflicts without resorting to hostility or violence.
- 8. I will treat/demand that my team treats other players, coaches, officials, and spectators with respect.
- 9. I will teach my team that doing one's best is more important than winning so that my team will never feel defeated by the outcome of a game or by his/her performance.
- 10. I will praise my team/squad for competing fairly and trying hard.
- 11. I will never ridicule my team or coaches for making a mistake or losing a competition.
- 12. I will emphasize skill development to coincide with winning and losing.
- 13. I will promote the emotional and physical well-being of the athletes ahead of any personal desire I may have to win.
- 14. I will demand a sports environment that is free from tobacco and alcohol. I will refrain from their use at all sports/extracurricular events.
- 15. I state that I am free of felony convictions and do not use illegal drugs. I also agree to background checks and random drug screening by Trinity Lutheran School.

CODE OF CONDUCT FOR PARENTS AND PARTICIPANTS

- 1. I will not force my child to participate in sports or other extra-curricular activities.
- 2. I will remember that children participate to have fun and that the game/activity is for students, not adults.
- 3. I will inform the adult in charge of any physical disability or ailment that may affect the safety of me or others.
- 4. I will make an effort to learn and familiarize myself with the rules of the game, expectations of the activities and the policies of the program.
- 5. I (and my family members/guests) will be a positive role model and encourage sportsmanship/Christian behavior, by showing respect and courtesy, and by demonstrating positive support for all participants, players, adult leaders, coaches, officials, and spectators at every performance, game, practice and other events.
- 6. I (and my family members/guests) will not engage in any kind of unsportsmanlike conduct with any official, coach, player, or parent such as booing and taunting; refusing to shake hands; using profane language or gestures or fighting and violence.
- 7. I will obey the Second Commandment; I will not use the name of the Lord inappropriately.
- 8. I will not encourage any behaviors or practices that would endanger the health or well-being of the participants.
- 9. I will play/teach my child to play by the rules and to resolve conflicts without resorting to hostility or violence.
- 10. I will treat/demand that my child treats other participants, players, coaches, officials, and spectators with respect.
- 11. I will teach my child that doing one's best is more important than winning so that my child will never feel defeated by the outcome of a game or by his/her performance.
- 12. I will praise my child for competing fairly and trying hard.
- 13. I will never ridicule or yell at my child, group leader, coach, or other participants for making a mistake or losing a competition.
- 14. I will emphasize skill development to coincide with improved performance, winning and losing.
- 15. I will promote the emotional and physical well-being of the participants and athletes ahead of any personal desire I/my child may have to win/succeed.
- 16. I will never question, discuss, or confront coaches' or directors' decisions at the event, but will take time to speak with coach or director at an agreed upon time and place.
- 17. I will demand an environment that is free from drugs, tobacco and alcohol. I will refrain from their use at all of these events.

18. I will refrain from coaching my child or other players/participants during games, performances and practices, unless I am one of the coaches/directors.

PARENT-TEACHER (COACH) HARMONY

If a parent or guardian believes that a teacher (coach) has acted in a manner that the parent believes was less than appropriate, the parent should call the teacher or the school office to set up an appointment with the teacher to discuss the matter. This procedure follows God's directive as outlined in Matthew 18:5-17. If the issue is not resolved, the parent or guardian may make appeals to the following in this order: 1) Athletic Director; 2) Principal; 3) Elementary School Ministry; 4) Church Council. Discord and disunity develop when issues are not resolved and matters are discussed with people who have neither the ability nor authority to resolve the issue.

METHODS OF PAYING PROGRAM COSTS

The majority of the program costs for Trinity's athletic programs are covered by an Athletic Activity Fee. This is a fee paid by each participant in an activity for Volleyball, cross country, basketball, track, pom-pons and cheerleading. In addition, families will be required to donate volunteer hours towards the athletic program. Also, donations to the Athletic Fund and income from the Trinity Lutheran Volleyball Tournament are used to offset the cost of these programs.

SCHEDULING

- 1. Scheduling of all games and practices will be the responsibility of the athletic director.
- 2. Conference games for all grades and level of play will be made in accordance with the conference guidelines. Whenever possible, the athletic director will schedule as soon as possible following the previous school year.
- 3. Non-conference games will be scheduled following the scheduling of the conference games.
- 4. Changes in the schedule will be passed on to all affected coaches and players.
- 5. Cancellation of scheduled games due to weather or other factors is the responsibility of the athletic director in consultation with the Principal.

BEHAVIOR ELIGIBILITY

- 1. Consequences for any major infraction committed after school hours, yet during a school-sponsored event, will be implemented on the following school day.
- 2. A student who receives 30 minutes of detention in a calendar week or his/her 1st Major Referral of the school year will not be permitted to participate in after school activities on the following day that the 30 minute or the 1st major referral is received.
- 3. A student who receives 30 minutes of detention in a calendar week for the second time during the school year or his/her 2nd Major Referral of the school year will not be permitted to participate in after school activities for a 1-week period. This ineligibility begins the day of the infraction and continues for one consecutive week. (i.e. If a student becomes ineligible on Wednesday, he/she will be ineligible on that day and will become eligible the following Wednesday.)
- 4. A student who receives 30 minutes of detention in a calendar week for the third time during a school year or his/her 3rd Major Referral of the school year will immediately be suspended from school and all after school activities with possible reinstatement pending the board's decision.

ACADEMIC ELIGIBILITY

Grade reports will generally be posted online every week. Any student with a grade of "F" in any subject after each posting of grades will be ineligible until the next grade posting. A grade of "F" at the end of each grade posting will result in ineligibility starting on the Tuesday following the Monday posting. The student's grades will be reviewed after another week to determine eligibility. If the grade has been raised after the week, the student will be eligible on that Monday.

All ineligible students will not practice with the team; however, they may sit on the bench during games in their street clothes.

PARTICIPATION REQUIREMENTS

- 1. Interscholastic teams/squads may consist of only Trinity school students.
- 2. The interscholastic competition sponsored by Trinity will be limited to those boys and girls in grades 5 through 8.
- 3. Participation must promote and encourage Christian fellowship and sportsmanship at all times.
- 4. Any child that is not in attendance for a full day may not participate in any school sponsored event during that day. Exceptions may be made at the discretion of the athletic director and/or principal. e.g. funerals, physician and/or dental appointments (A tardy moves to half day in attendance at 10:30 AM).
- 5. A student who does not participate in P.E. on any given day due to a medical concern will not be eligible to participate in athletic practices or games on that day.
- 6. A student must turn in their uniform after each season. Failure to do this will result in a monetary replacement responsibility.
- 7. PARENTS MUST PROMPTLY (within 15 minutes) PICK UP THEIR CHILD (REN) AFTER EACH PRACTICE AND GAME, or the coach will be expected to send the student to Extended Care (when applicable) at the parent's expense.
- 8. The coach of each team must submit to the athletic director rosters for a given interscholastic team within one week after the first practice. This is essential for checking on student athletes' academic and behavior eligibilities, and collection of athletic fees.
- 9. Students' behavior record and academic standings will be checked weekly.
- 10. No student participating in a Varsity athletic activity may participate on more than one Trinity sponsored athletic team or squad during a single season unless approved by the Athletic Director and coaches involved with both teams.
- 11. All participants are expected to be at all practices and events. Failure to be at practices or events without being excused by the coach could result in loss of playing time or removal from the team or squad.
- 12. All participation fees, permission forms and code of conduct forms must be turned in to the coach before a student may participate in a game, or by an agreed upon time with the AD.
- 13. Students who represent Trinity in athletic events are expected to participate in weekly worship opportunities.

LOCKER DECORATIONS

Any locker decorations are the responsibility of the athletes' families. Decorations may be placed on team lockers for the week leading into the tournament. Decorations must be removed by the athletes on the first day of school following the tournament.

In order to keep the hallways attractive to visitors and to promote support without competition, all decorations must be mounted on one sheet of paper not larger than 9.5 x 14 inches. The decorations must be mounted flat on the paper. No streamers, garland, balloons, etc. may be used. Thank you for your help and understanding. No tape may be used to hold up the decorations. The teachers recommend using Dap brand fun tack (it works best) or using magnets.

TEAM SELECTIONS

For teams where try-outs are required, the roster will be posted after school on the day indicated by the coach and the Athletic Director.

The coach and the athletic director will be responsible for the final selection. Students will never be selected on the basis of a student's participation in summer camps. However; students must realize that attending a summer camp will increase skills and make them more prepared for tryouts. Attending a camp run by the coach will also familiarize students with the coaching style and expectations of the coach. In addition, the coach will become familiar with the students at the camp and observe their skills and level of coach-ability. Due to the number of interested participants, some students who try out for the teams might not be on a team. However, Trinity will never cut just one or 2 players from the list of students who attended at least one day of tryouts for a Varsity grade team. All eligible Junior Varsity grades will be able to participate if they choose.

Students who fail to attend practices, games, or performances without prior approval of the coach may be suspended or removed from the team or squad.

TRINITY ATHLETIC TEAMS

For purpose of team identification:

- Varsity participants may consist of 5th 8th grade students.
- Junior Varsity participants will consist of 5th 6th grade students.

Cross Country

Cross Country is open to all students in 5th – 8th grades. There is no tryout for these teams; however, participation in meets is in part based upon attendance at practice. Cross Country will begin the first full week of school following the selection of the volleyball teams.

Volleyball

Tryouts for both Boys' and Girls' Varsity teams will be held. A minimum of 9 players will be chosen for a team. If there are 18 or more eligible students trying out for the team, then 2 teams will be offered. One team will be the "A" (conference / competitive) team. The second team will be the "B" (instructional / competitive) team. Both teams will be selected by skill, "A" team first and then "B" team.

A Junior Varsity co-ed instructional team may be formed. All eligible 6th grade students may participate. If there is a need, 5th grade students may participate.

Basketball

Tryouts for the Boys' Varsity "A" team (conference / competitive) will be held following the regular volleyball season. There are at least two days of tryouts. A minimum of 12 boys will be selected for the team. The members of the Boys' Varsity "B" team (instructional / competitive) will be selected following the "A" team selection. The "B" team will have no less than 10 boys.

Tryouts for the Girls' Varsity team will be held following the regular volleyball season. There are at least two days of tryouts. Approximately 12 girls will be selected for the team.

Tryouts for the Boys' Junior Varsity "A" team (conference / competitive) will be held in November. There are at least two days of tryouts. The members of the Boys' Junior Varsity "B" team (instructional / competitive) will consist of all those who wish to participate. The goal is that all 5^{th} - 6th graders will be able to participate if they choose.

The members of the Girls' Junior Varsity team will consist of all those who wish to participate unless the numbers become too large for a team. In this case tryouts will be held. The athletic director will decide following discussions with the coach whether or not tryouts will be needed.

Cheerleading

All eligible girls who try out for cheerleading in grades 5 - 8 will be placed on a squad. Participants are to attend all scheduled practices and cheer at all scheduled games.

Pompons

All eligible girls who choose to participate with the 5th – 8th grade Pompon Squad as their winter activity will be on the squad as space permits. If there are more girls than uniforms, tryouts will then be held. However; it is the responsibility of the members to adhere to the rules of the squad. Members are to attend all scheduled practices and perform at all scheduled home games as dictated by the coach.

Track

The members of the Boys' and Girls' 5th – 8th grade teams will consist of all eligible students who wish to participate. There is no tryout for this team; however, participants are expected to be at all practices. Having other activities that regularly conflict with practices and meets will not be tolerated by the team. Participation in track meets is in part based upon attendance at practice. Track will begin following the state basketball tournament.

PRACTICES AND GAME RESTRICTIONS

A "Practice" is any meeting of the team to increase or refine skills. All practices are limited to scheduled times. A week runs from Sunday through Saturday.

Varsity - Volleyball

Practices

- 1. Practice shall be limited to no more than 10 hours per week prior to the start of the season.
- 2. Practice shall be limited to no more than 6 hours per week following the start of the season. (An exception can be made at the end of the season in preparation for the state tournament.)
- 3. Practices shall not exceed 2 hours.

Matches

- 1. The schedule may not exceed 16 matches and 3 tournaments without permission from the school administration.
- 2. In addition, the State Tournament may be applied for when the team has a two thirds (2/3) winning percentage the weekend before the STATE tournament application deadline, a tournament championship or at the discretion of the athletic director and coaches.

Varsity - Basketball

Practices

- 1. Practices shall be limited to no more than 10 hours per week prior to the start of the season.
- 2. Practices shall be limited to no more than 6 hours per week following the start of the season. (An exception can be made for the state tournament or during any tournament weeks if the gym is available.)
- 3. Practices shall not exceed 2 hours.

Games

- 1. The schedule may not exceed 16 games and 4 tournaments without permission from the school administration.
- 2. In addition, the State Tournament may be applied for if at the time the application is due, the team has won a tournament, or it is determined by both the coach and athletic director that the team has a legitimate chance of finishing higher than a .500 winning percentage.
- 3. The National Lutheran Tournament may be applied for if the team meets the requirements.

Junior Varsity — Basketball

Practices

- 1. Practice shall be limited to no more than 8 hours per week prior to the start of the season.
- 2. Practice shall be limited to no more than 6 hours during weeks when games are played.
- 3. Practices shall not exceed 2 hours.

Games

- 1. Scheduled games and tournaments may not exceed 21 games.
- 2. Additional "B" level games may be added if needed.

Varsity - Cheerleading

Practices

- 1. Practices may not begin until after the volleyball season is completed.
- 2. Practices shall be limited to 10 hours per week prior to the start of the basketball season.
- 3. Practices shall be limited to 6 hours per week (8 hours during the week immediately preceding competition).
- 4. Practices shall not exceed 2 hours.

Performances

1. The primary responsibility of the squad shall be to lead the fans in support of Trinity teams.

2. The squad will perform at games for all Boys Varsity teams. A schedule of games at which to cheer will be determined by the coach and athletic director.

Competition

- 1. The squad may also participate in competition in connection with tournaments in which a Varsity team is participating.
- 2. Additional competition during the season shall be limited to one.
- 3. The state competition may be added in addition to other competitions. Every effort shall be made to cheer at the state tournament games on Friday and Saturday during the tournament weekend. The squad will cheer at all Trinity games on Sunday.

Junior Varsity - Cheerleading

Practices

- 1. Practices may not begin until after the regular volleyball season is completed.
- 2. Practices shall be limited to 6 hours per week.
- 3. Practices shall not exceed 2 hours.

Performances

- 1. The primary responsibility of the squad shall be to lead the fans in support of Trinity teams.
- 2. The squad is expected to cheer at "A", "B", and girls' home games and away games agreed upon by the coach and athletic director.

5th - 8th Grade - Pompons

Practices

- 1. Practices shall not begin until the girls' basketball and cheerleading tryouts have been completed.
- 2. Practices shall be limited to 6 hours per week (6 hours during the week immediately prior to Janesville.
- 3. Practices shall be limited to 2 hours.

Performances

1. The squad will perform at Junior Varsity and Varsity games agreed upon with coach and athletic director.

TRANSPORTATION

It is the responsibility of the team or squad members to make arrangements for and/or provide their own transportation. Trinity Lutheran School does not recommend or encourage coaches to transport their team or squad members. This recommendation is supported by the following:

- 1. The responsibility of the coach should be limited to practice and game times. Transporting team members increases the coach's responsibility for the safety and behavior of the team members.
- 2. The coach's liability for the safety of the team members is greatly increased when the students are in the care of the coach before and after games, etc.
- 3. By giving the parents the responsibility for their own children, the coach is free to prepare for the game and give his/her full attention to the team as a whole.
- 4. When parents provide the transportation, the number of fans supporting the team is greatly increased.
- 5. We wish to do all that we can to support and encourage parental support of their children.

TOURNAMENTS

Consult a specific sport's athletic schedule for exact dates and weekends. This listing is to only give an awareness of scheduled tournaments for each sport.

Volleyball

1. Bethany, Naperville, Boys Varsity, September.

- 2. Belvidere, Varsity, Girls, September.
- 3. Palatine, Varsity Boys, September.
- 4. Trinity Roselle, Varsity& Girls, October.
- 5. State Tournament, Varsity Boys & Girls, 1st or 2nd weekend in November.
- 6. Batavia, Junior Varsity Tournament, October.

Cross Country

- 1. St. Peter, Arlington Hts., September.
- 2. Walther Lutheran High School Meet, September.
- 3. St. John's, Lombard, September.
- 4. St. Peter Schaumburg Meet, October.
- 5. State Meet, October

Basketball

- 1. Walther Lutheran High School Varsity Girls Tournament, November.
- 2. Concord Bensenville, Varsity Boys & Girls, December.
- 3. St. Paul, Mt. Prospect, Junior Varsity and Varsity Boys, January.
- 4. Trinity, Cedar Rapids, Iowa, Varsity Girls, January.
- 5. St. Peter, Arlington Hts., Girls Varsity, January.
- 6. East Dundee, Junior Varsity Boys and Girls, January.
- 7. Zion, Marengo, Varsity Girls, February.
- 8. St. John, Elgin, Varsity Boys, February.
- 9. St. Paul, Janesville, Varsity Boys, February.
- 10. State Tournament, Varsity Boys and Girls, March.

Cheerleading Competitions

- 1. St. Paul, Janesville, Varsity Cheerleading, February.
- 2. State Tournament, Varsity Cheerleading, March.

<u>Track</u>

- 1. Fox Valley Invitational Track Meet at Marengo, Boys and Girls, April.
- 2. Mooseheart, April
- 3. St. John, Lombard Track Meet, Boys and Girls, May.
- 4. State Meet 7th and 8th Boys and Girls, May.

DIRECTIONS TO ATHLETIC SITES

<u>Arlington Heights – St. Peter:</u> Take Route 53 north to the Euclid exit eastbound. Follow Euclid east past Northwest Highway to Highland Avenue. Turn left (north) onto Highland and travel about 7 blocks. As you pass St. Peters (on your right) turn right at Olive Street.

Batavia – Immanuel: Take Roselle/Bloomingdale Rd. south to the end. Turn west (right onto Geneva Rd. Follow Geneva Rd. west. Geneva Rd. will become Washington St. Washington St. runs into Fabyan Pkwy. Follow Fabyan Pkwy southwest to Kirk Rd. Turn South (left) onto Kirk Rd. and follow to Pine St. Turn west (right) onto Pine street (directly across from the Fermi Lab entrance). Continue west on Pine for 1 mile to Hart Rd. Turn south (left) onto Hart. Immanuel Batavia is 1 block south on the east (left) side of the street.

<u>Belvidere – Immanuel</u>: Take Lake Street west to Route 59 Turn north (right) on route 59 to I 90. Take I-90 west to Genoa Road (Belvidere). Take Genoa Rd. North (right). Continue straight (Genoa Rd. become Belvidere Rd/Business Rt. 20). At about 1 mile, Turn west (left) onto 2nd St. By this time you have already seen Immanuel Lutheran School.

<u>Bensenville Park District:</u> Get on Illinois Route 390 in Schaumburg from W Central Ave and N Roselle Rd 1. Head north on Hudson Ct toward Richmond Dr. Turn right onto Richmond Dr. Turn left onto West End Rd. Turn right onto W Central Ave. Turn left onto N Roselle Rd. Turn right onto the Elgin O'Hare Expressway E ramp Continue on Illinois Route 390. Take I-290 E to IL-83 N in Addison. Take exit 10B from I-290 E. Merge onto Illinois Route 390. Take the exit onto I-290 E toward Chicago. Keep right at the fork to stay on I-290 E, follow signs for Chicago. Take exit 10B for IL-83 N. Keep left at the fork and merge onto IL-83 N Continue on IL-83 N to your destination in Bensenville. Merge onto IL-83 N. Turn right onto W Wood St. Turn right at Ridgewood Ave. Turn left. Destination will be on the left.

Burr Ridge – Trinity: Take I-355 South to I-55 North. Exit onto County Line Rd. South. Follow County Line Rd. south past 2 traffic lights. After the 2nd traffic light, turn left at the stop sign onto German Church Road. The school is about a ½ mile down on the left.

<u>Cedar Rapids – Trinity:</u> Directions will be given to you at the time of the tournament.

<u>Crystal Lake – Immanuel:</u> Take I-290 north to Route 14 (Northwest Highway), travel northwest into Crystal Lake. Turn north (right) onto Teckler (past Main St.). Continue north on Teckler past the Jewel on the right and Hobby Lobby on the left. Just past Hobby Lobby you will see Immanuel on the left. Turn left onto Pathway Ct.

<u>East Dundee – Immanuel:</u> Take Rt. 59 north to Higgins (Rt. 72). Turn left (west) onto 72 and follow into East Dundee. The school is at the top of the hill leading down to the river. The school is on the left.

<u>Elgin – St. John:</u> Take Irving Park (Rt. 19) west into Elgin. The street changes to Chicago St. in Elgin. Follow Chicago St. until you must turn (the street becomes one way in the other direction). Turn right (North) onto Dundee and go to the second traffic light. Turn left (west) onto Division and again go to the first light. Turn right (North) onto Spring St. The school is on the right side of the street.

Janesville - St. Paul: Directions will be given to you at the time of the tournament.

<u>Lombard – St. John:</u> Take Route 53 south to St. Charles Rd. Turn left (east) and follow St. Charles Rd. east to Elizabeth St. Turn right (south) onto Elizabeth Street and follow over railroad tracks and past Maple to Ash St. Take Ash St. left (east) to Lincoln St. St. John is on the corner

<u>Marengo – Zion:</u> Follow Rt. 20 west to Marengo (be sure to notice that Rt. 20 turns right and then left at the intersection of Rt. 20 and Rt. 72). When you enter Marengo turn right (north) on East St. (There is a Century 21 office at the intersection. If you reach the Shell station you have gone too far). Follow East St. for about 5 blocks to Zion.

<u>Melrose Park – Walther Lutheran High School:</u> Take I-290 East to exit 13 B (North Ave., Lake St., I 294 North. As you exit stay to the right and follow Lake Street East. Continue on Lake Street past Mannheim and 25th Ave. Turn left (North) onto 9th Ave. (immediately past St. Paul's Lutheran Church. Walther Lutheran High School is directly behind St. Paul's Lutheran Church

<u>Mount Prospect – St. Paul:</u> Take Route 53 north to Higgins Road. Turn right (east) onto Higgins. Follow Higgins to Arlington Heights Road. Turn left (north) onto Arlington Heights Road. Follow Arlington Heights Road to Central Avenue. Turn right (east) onto Central and follow Central 3 or 4 blocks past Route 83. Turn right (south) onto School Street; the school is on the right.

<u>Naperville – Bethany:</u> Take I-355 south to the 75th street exit. Follow 75th street right (west) for about 5.5 miles. You will travel past Washington Street to Modaff. Turn left (south) on Modaff and go about a block. The gym is on the left.

<u>Palatine—Immanuel:</u> Take Meacham north. Meacham will turn into Plum Grove once you are north of Euclid. Continue north on Plum Grove. Immanuel is on the left (west) side of the street about 4 blocks north of Palatine Road.

<u>Park Ridge – St. Andrew:</u> Take I-290 east to I-294 north. Follow I-294 north to Touhy Rd. east exit. Follow Touhy Rd. east for 1 to 1 ½ miles. At six corners make a sharp left onto Northwest Highway heading northwest. St. Andrews is 2 blocks down on the left at the corner of Northwest Highway and Elm (traffic light at the intersection).

<u>River Forest – Grace:</u> Take I-290 East past York Road. Get off at Lake Street/North Avenue exit (veer right). Take Lake Street east through Melrose Park. Turn left (north) onto 17th Ave. and then a quick right onto Chicago Avenue. Take Chicago Avenue east to Monroe St. Turn north (left) onto Monroe St. and follow past Concordia University to Division Street. Turn east (right) onto Division Street. The school is at the end of the block past the University's athletic fields.

<u>Schaumburg – St. Peter:</u> Take Roselle Road north to Schaumburg Road. Turn right (east) onto Schaumburg road. St. Peter is approximately 1/2 mile down on the left (north) side.

<u>Yorkville – Cross:</u> Take I-355 South to I-88 West. Exit I-88 onto Rt. 56 South/West. Take Rt. 47 South through Yorkville (this is a long drive). Cross is located about 1 mile south of Rt. 71 on Rt. 47 at the corner of Rt. 47 and Ament Road.

ADDRESSES AND PHONE NUMBERS

Arlington Heights - St. Peter

111 W. Olive

School 847/253-6638

Church 847/259-4114

Batavia - Immanuel

950 Hart Rd.

School 630/406-0157

Church 630/879-7614

Belvidere – Immanuel

1225 E. 2nd St.

Belvidere, IL 61008

Church and School 815/547-5346

Bensenville Park District

1000 W. Wood Street

Bensenville, IL 60106

(630) 766-7015

Burr Ridge - Trinity

11503 German Church Road

School 708/839-1444

Church 708/839-8503

Cedar Rapids - Trinity

1361 Seventh Ave. SW

School 319/362-6952

Church 319/366-1569

Crystal Lake - Immanuel

300 Pathway Ct.

School 815/459-1444

Church 815/455-3200

East Dundee - Immanuel

407 Johnson St.

Church & School 847/428-4477

Elgin - St. John

109 N. Spring St.

School 847/741-7633

Church 847/741-0814

Janesville - St. Paul

210 S. Ringgold

Church & School 608/754-4471

Lombard - St. John

215 S. Lincoln

School 630/620-6399

Church 630/629-2515

Marengo - Zion

Jackson and East Streets.

School 815/568-5156

Church 815/568-6565

Marengo H.S.

110 Franks Rd.

Marengo, IL

Melrose Park - Walther H.S.

900 Chicago Ave.

Melrose Park, IL

708/344-0404

Mt. Prospect - St. Paul

18 S. School St.

School 847/255-6733

Church 847/255-0332

Naperville - Bethany

1550 S. Modaff Rd.

School 630/355-6607

Church 630/355-2198

Palatine - Immanuel

200 N. Plum Grove Rd.

School 847/359-1936

Church 847/359-1549

Park Ridge – St. Andrew

260 N. Northwest Highway

School 847/823-9308

River Forest – Grace

7300 W. Division St.

School 708/366-0966

Church 708/366-6900

Schaumburg – St. Peter

208 E. Schaumburg Rd. School 847/885-7636

. Church 847/885-3350

Yorkville - Cross

4609 Route 47

School 630/553-7335