

Painting with Words; Speaking with Brushes

Saturday, May 19th, 2018: 9am – 12 noon

Instructor: Elena Hoffrichter

All art is an expression of what we are feeling, what is important to us, what we believe is true. Just as all life is connected, I believe all art is connected. In other words, those feelings, our personal truth, can be expressed in words, in music, in sculpture or in a painting.

We are going to play with this idea. We will write a poem and then see if we can express what the poem says to us in shapes and color, mood and composition. And vice/versa. We will take a painting and try to express its emotions in words.

You do not have to be a poet, but if you have a poem you have written, you are welcome to bring it. The first hour will be spent talking about poetry and writing our poem. You do not have to write a masterpiece, or paint a masterpiece. The morning is about having fun and trying something new. And perhaps learning to experience writing and painting in a new way. To reach deep and see what is at the heart of that poem, or that painting.

The last half-hour we will share what we have done.

What to Bring:

Your favorite writing notebook and your favorite pen

Your painting supplies, paper, brushes, etc.

Your activated imagination.