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# Reports On Conferences & Intensives

## West Coast Systemic Constellations Intensive Presentation Center, Los Gatos, California, USA. May 10–14, 2017

Connie Rogers



**Connie Rogers** is a shamanic practitioner in Washington State. She came to Constellations work through a series of steps in her 50s. Sobriety led to Reiki, Shamanism, Betsy Bergstrom, Constellations, Francesca Mason Boring and ultimately to Francesca's Seattle training in 2016. She has since attended numerous workshops, trainings, and intensives with various facilitators. The clarity that has come from these experiences has blessed her with direction for her next phase of life. In January she begins the pursuit of a degree in Addiction Studies from Eastern Washington University. She looks forward to working as a Chemical Dependency Counsellor with the goal of bringing Constellations work into the addiction/recovery community, where it is so acutely needed.

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The WCSCI (West Coast Systemic Constellation Intensive) was an uplifting and transformative experience for me on many levels!

Something I've observed in the short year since I've entered the Constellations Field is the instant intimacy and lowering of judgement that happens during and after participating in a Constellation. The kind of connection that rips through all the surface stories, prejudices and judgements, alongside the instant compassion and understanding I've only experienced through doing this work.

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I've observed that generally the types of people who show up to do Constellation work are those who deeply want change and growth. They are willing to put in the time, energy and resources needed to participate....people who SHOW UP with the raw vulnerability that only comes with great depth, courage, and that deep desire to change the collective norm – to create something better.

Not only is there a breakthrough into authentic intimacy, but within the residential setting of having meals together, spending time in a shared passion and interest





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creates significant bonds that open up conversation and communication not otherwise so readily available.

The thought, heart and fortitude that went into the planning and execution of the WCCI were so beautifully obvious. The participants were just as obviously appreciative of the effort.

The unique styles of the faculty were a blessing to everyone! They covered so much of the different knowledge and experience participants were looking for.

The set-up of having cohort groups staying together for twice-daily work with one faculty member, nurtured true closeness in the participants.

The offer of break-out sessions covering a variety of themes with different facilitators made this a well-balanced and expansive understanding. So much on the menu to choose from!

I'm still basking in the afterglow of this intensive; feeling nourished, sated and spiritually expanded, as well as more grounded in my own family lineage. A deeper appreciation and a stronger connection to my ancestral field have been a satisfying by-product.

I'm feeling loved and held in a way that I didn't believe possible, especially since I grew up far away from all my family on my mother's side and I never knew any of my biological father's family.

My goal is to raise the baseline energy of my family system so my children and their children can live at a higher level of LIFE!

My most sincere gratitude to all those who created and successfully pulled-off this gathering and to all those who showed up too and helped to make it such an enjoyable experience!

It's a definite on my calendar for next year!

**Note:**

*This Intensive was organised by Leslie Nipps, Francesca Mason Boring and Gary Stuart and administrative support was provided by Peter Touchard and Josh Alexander. For information about the upcoming West Coast Systemic Constellations Intensive visit: <http://www.westcoastconstellations.com>*