



## ATHEROSCLEROSIS IN SOUTH ASIANS: PARTNERING FOR A HEALTHIER FUTURE

### REGISTRATION

**\$75.00**

Registration closes: October 18 2018.

**REGISTER ONLINE**

**[www.ccrnmd.com](http://www.ccrnmd.com)**

**Saturday, October 20th 2018**

**1:00—4:50 p.m.**

Li Ka Shing Knowledge Institute  
Allan Waters Family Auditorium  
209 Victoria St. Toronto, ON

### CO-CHAIRS



**Milan Gupta, MD, FRCPC, FACC**

Associate Clinical Professor of  
Medicine, McMaster University  
Assistant Professor of Medicine,  
University of Toronto  
Medical Director, Canadian  
Collaborative Research Network  
Brampton, ON



**Anmol Kapoor, MD FRCPC**

Cardiologist, Medical Director  
Advanced Cardiology Consultants and  
Diagnostics Inc., CHARM Clinic  
DIL Walk Foundation Founder,  
Board of Director and Medical Adviser  
Co-Editor, DIL Walk Magazine  
Qardiyo Inc., President and CEO  
Calgary, AB

### PLANNING COMMITTEE

**Humaira Ali, MD, CCFP**

Family Physician  
CFPC SOO Examiner | Brampton, ON

**Arun Garg, PhD, MD, FRCPC**

Consultant Medical Biochemist, Laboratory Medicine and  
Pathology, Fraser Health Shared Services BC  
Clinical Professor, Department of Pathology,  
University of British Columbia  
Adjunct Professor, Faculty of Health Sciences,  
Simon Fraser University | Program Medical Director South  
Asian Health Inst; Fraser Health | New Westminster, BC

**Ajay Kapur, MD, FRCPC**

Clinical Instructor  
University of Toronto | Toronto, ON

**Narendra Singh, MD, FRCPC, FCCS, FACC, FAHA**

Clinical Assistant Professor, Medical College of Georgia at Au-  
gusta University, Director, Clinical Research  
Atlanta Heart Specialists | Atlanta, GA, USA

This program will equip participants to identify, evaluate and treat South Asian patients with, and at risk for cardiovascular disease. In addition, participants will learn about culturally appropriate diet and exercise recommendations and understand the role of genetics and new risk factors to explain the heightened risk.

Intended for family practitioners, specialists, nurses and other allied health professionals

### AGENDA

<b>1:00</b>	<b>Welcome</b>	Milan Gupta
<b>1:10</b>	The scope of the problem	Milan Gupta
<b>1:30</b>	The South Asian adult at risk - a case presentation	Humaira Ali
<b>1:40</b>	How to assess risk in South Asians?	TBC
<b>1:55</b>	Dyslipidemia and dysglycemia in South Asians	TBC
<b>2:10</b>	Do genetics play a role in the excess risk noted in South Asians?	Guillaume Paré
<b>2:25</b>	Panel Discussion	All Faculty
<b>2:45</b>	<b>Health Break</b>	
<b>3:05</b>	Plenary Lecture: Lessons learned from South Asia	TBC
<b>3:30</b>	Can new risk factors explain the problem?	Narendra Singh
<b>3:50</b>	What is an ideal diet and exercise pattern for a South Asian?	Raman Kapoor
<b>4:10</b>	The South Asian with multi vessel CAD - PCI or CABG?	Kevin Bainey
<b>4:30</b>	Panel Discussion	All Faculty
<b>4:50</b>	<b>Meeting close</b>	Anmol Kapoor