



9TH ANNUAL

STATE OF THE HEART

Saturday, June 2, 2018
8:30 a.m. – 3:10 p.m.

**Li Ka Shing Knowledge Institute,
209 Victoria St. Toronto, ON, 2nd level
Allan Waters Family Auditorium**

**Registration:
\$125 regular fee**

CCRN member discount available.

(covers attendance at the full day program, meeting, all meals, and refreshments).

For General Practitioners, Specialists, Nurses, Nurse Practitioners, Pharmacists, and Other Allied Health Professionals

PLANNING COMMITTEE

Milan Gupta, MD, FRCPC, FACC
Associate Clinical Professor of Medicine,
McMaster University
Assistant Professor of Medicine,
University of Toronto
Medical Director, Canadian Collaborative
Research Network
Brampton, ON

**Robert Hegele, MD, FRCPC, FACP,
FAHA, FCAHS, FCCS**
Jacob J. Wolfe Distinguished Medical
Research Chair in Human Gene Function
Martha G. Blackburn Chair in
Cardiovascular Research
Director, London Regional Genomics Centre
Scientist, Molecular Medicine, Robarts
Research Institute
Distinguished University Professor,
Departments of Medicine (Division of
Endocrinology) and Biochemistry,
Western University, London, ON

Ajay Kapur, MD, FRCPC
Clinical Instructor
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**Marla Shapiro, CM, CCFP,
MHSC, FRCPC, FCFP, NCMP**
Professor, DFCM
University of Toronto
Toronto, ON

**Michel Sergerie, RN,
MSN, CCN(c)**
Associate Director of the Education
Directorate,
Montreal, QC

AGENDA

7:45 a.m. **Registration and Breakfast**

8:30 a.m. **Welcome**

8:45 a.m. **Case: patient with diabetes, hypertension and stable CAD** Peter Lin

8:50 a.m. **What is the target A1c and how do we get there?** Milan Gupta

9:08 a.m. **What is the target BP and how do we get there?** Paul Oh

9:26 a.m. **What is the target LDL and how do we get there?** Robert Hegele

9:44 a.m. **What is the right anti-thrombotic strategy?** Eva Lonn

10:02 a.m. **Panel discussion and audience participation** All session faculty

10:25 a.m. **Health break**

10:50 a.m. **Case: patient with HFrEF and AF** Alan Bell

10:55 a.m. **Stroke prevention: where do edoxaban and warfarin fit it?** Paul Dorian

11:15 a.m. **How do I decide about AF ablation?** Andrew Ha

11:35 a.m. **Which new heart failure drugs do I need to learn about?** Milan Gupta

11:55 a.m. **Panel discussion and audience participation** All session faculty

12:20 p.m. **Lunch**

1:10 p.m. **Plenary lecture: Is inflammation the next holy grail?** Paul Ridker

1:40 p.m. **Case: patient with significant obesity and additional risk factors** TBC

1:45 p.m. **The role of exercise for weight loss** Simon Bacon

2:05 p.m. **Clarifying the diet controversy** David Jenkins

2:25 p.m. **How do I incorporate weight-loss drugs?** Narendra Singh

2:45 p.m. **Panel discussion and audience participation** All session faculty

3:10 p.m. **Closing remarks and evaluation**

Accreditation:

College of Family Physicians of Canada – Mainpro+:

This Group Learning program meets the certification criteria of the College of Family Physicians of Canada and has been certified by Continuing Professional Development, Faculty of Medicine, University of Toronto for up to 5.5 Mainpro+ credits.

Royal College of Physicians and Surgeons of Canada – Section 1:

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, approved by Continuing Professional Development, Faculty of Medicine, University of Toronto. You may claim a maximum of 5.5 hours (credits are automatically calculated).

Registration on-line at:
www.ccrnmd.com

