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Creating Your Future

In order to create a life that truly makes you feel alive and happy, you need to identify what's important to you. Take a few moments to consider the main areas of your life and what you really want for yourself in each area. Then, use this planning sheet to start creating your ideal future.

When it comes to academics, what I really want is....

I really want it because...

One action I can take to get what I really want is...

A personal quality that will help me achieve what I really want is....

What support might you require?



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When it comes to relationships, what I really want is....

I really want it because...

One action I can take to get what I really want is...

A personal quality that will help me achieve what I really want is....

What support might you require?



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When it comes to sports/athletics, what I really want is....

I really want it because...

One action I can take to get what I really want is...

A personal quality that will help me achieve what I really want is....

What support might you require?



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When it comes to myself, what I really want is....

I really want it because...

One action I can take to get what I really want is...

A personal quality that will help me achieve what I really want is....

What type of support might you require?

Now, use these pages to remind yourself of your vision and action.

Ask for support when you need it.

Remember that life is full of surprises and change, so revise your vision and actions as necessary.

Affirm that this is your year to SHINE!

