



Back to Routine

Suggested 5% Day Shopping List for Whole Foods Market

Fruits & Vegetables

Organic Blackberries



Organic Fuji Apples



Baby Carrots



Grains

365 Bread



365 Pasta



Protein

365 Natural Nut Butters



Chobani Greek Yogurt

Nature's Path Organic Frozen Waffles



Add Your Own Items to the List!

<input type="checkbox"/>	_____

More Ways to Support on September 20th!

- Hosting an office breakfast or a lunch gathering?
Treat the team to Whole Foods Market Prepared Foods offerings.
From breakfast spreads to pizzas, salads, sushi, and sandwiches -
Whole Foods Market has everything you need to celebrate your crew while
supporting Arts and Humanities for Every DC Student!
- **Do your grocery shopping for the week**
- Stock up on Pantry and Holiday items (never too early to start your shopping!)
- Have a Shopping Party with friends/colleagues - H Street Happy Hour 5-6pm!
- Host a Wine-Down Wednesday!
Chat with Whole Foods Market certified in-store cheese-mongers
for recommendations on cheese and wine pairings
- Spread the word through your social media accounts, parents, friends and family
- Put a calendar reminder in your phone, invite friends
- Celebrate with an Ice Cream Social!
- Have a slice of pizza with the kids before you do your family shopping

Tickets Raffle

There will be a raffle for tickets at each location!

Show your receipt with a DC Collaborative volunteer that day to enter raffle for tickets.
For more information: www.dccollaborative.org/wfm