



Back to Routine

Suggested 5% Day Shopping List for Whole Foods Market

Fruits & Vegetables

☐ Organic Blackberries



☐ Organic Fuji Apples



☐ Baby Carrots



Grains

☐ 365 Bread



☐ 365 Pasta



Protein

☐ 365 Natural Nut Butters



☐ Chobani Greek Yogurt



☐ Nature's Path Organic Frozen Waffles



Add Your Own Items to the List!

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More Ways to Support on September 20th!

- Hosting an office breakfast or a lunch gathering?
Treat the team to Whole Foods Market Prepared Foods offerings.
From breakfast spreads to pizzas, salads, sushi, and sandwiches -
Whole Foods Market has everything you need to celebrate your crew while
supporting Arts and Humanities for Every DC Student!
- **Do your grocery shopping for the week**
- Stock up on Pantry and Holiday items (never too early to start your shopping!)
- Have a Shopping Party with friends/colleagues - H Street Happy Hour 5-6pm!
- Host a Wine-Down Wednesday!
Chat with Whole Foods Market certified in-store cheese-mongers
for recommendations on cheese and wine pairings
- Spread the word through your social media accounts, parents, friends and family
- Put a calendar reminder in your phone, invite friends
- Celebrate with an Ice Cream Social!
- Have a slice of pizza with the kids before you do your family shopping

Tickets Raffle

There will be a raffle for tickets at each location!

Show your receipt with a DC Collaborative volunteer that day to enter raffle for tickets.

For more information: www.dccollaborative.org/wfm