

2018 REST Training Challenge For National Family Caregiver Month!

This November, REST will award the Trainer who trains the most Companions a **\$100 gift card**, and the State that trains the most will receive **20 Participant Guides!**

Contest winners will also be featured in the January REST Around the Nation (RAN) newsletter with an article highlighting their program!

**Give the Gift of Time for those Caregivers
who are providing Care around the Clock**