

Building Networks of Support for Caregivers



Delivering education and support to those offering a break to caregivers.

REST, Respite Education and Support Tools,
is a nationally-recognized interactive two-day
Train-the-Trainer course that prepares those
who will train respite care workers
in their own communities.



2018 REST Training Locations

**Spanish
Language
Materials
available
for Bilingual
Trainers!**

**August 28-29
Rochester, NY**

**August 28-29
Waltham, MA**

**October 16-17
Denver, CO**

**REST Master Trainer Course
June of 2019**

Register today! <http://restprogram.org/event/>

 **For Information, Contact** 

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For more information, visit

www.restprogram.org