

# Become a REST Companion™



*Delivering education and  
support to those offering  
a break to caregivers.*

**REST, Respite Education and Support Tools,**  
is a unique, interactive training program,  
where you will receive the education and  
tools needed to be confident and successful in  
providing respite care to adults and children.

**TRAINING  
OPPORTUNITY!**

**Friday, November 17, 2017**

*8 a.m. – 4 p.m.*

Hampton Inn & Suites – Downtown St. Paul  
200 W. 7<sup>th</sup> Street  
St. Paul, MN 55102  
(651) 224-7400

***Breakfast, lunch and parking fees included in training!***

This training is made possible through Live Well at Home grant funding from the Minnesota Department of Human Services.

**To sign up, click on:**

[https://reg.abcsignup.com/reg/event\\_page.aspx?ek=0002-0014-640c4d5dd3274c2d96b4d2bc2c632705](https://reg.abcsignup.com/reg/event_page.aspx?ek=0002-0014-640c4d5dd3274c2d96b4d2bc2c632705)

**Parking information will be sent upon registration. Free scholarships available! 7.0  
CEs available for Nurses and Social Workers**



**[www.restprogram.org](http://www.restprogram.org)**

