

CONFLICT & ANGER MANAGEMENT SESSIONS OFFERED AT HUHS

Student Services is offering an anger/conflict resolution group. The group will begin on February 14, and meet during resource for six weeks. The group is facilitated by Patti Christel, School Social Worker and Katrina Tywann from Independent First.



For questions or to sign up:

School Social Worker:

Patti Christel

262-670-3224

patti.christel@huhs.org

All Sessions are FREE & held at HUHS

805 Ceder St. - Hartford, WI

Day	Date	Time	Class Topic
Wednesday	2/14/18	2:00 – 2:45pm	Intakes & Introductions
Wednesday	2/28/18	2:00 – 2:45pm	Lesson One: What is Conflict? Understanding & Resolving Conflict
Wednesday	3/07/18	2:00 – 2:45pm	Lesson Two: What is Anger? Understanding & Managing Anger
Wednesday	3/14/18	2:00 – 2:45pm	Lesson Three: Conflict Prevention Tips & Practice
Wednesday	3/21/18	2:00 – 2:45pm	Lesson Four: Passive, Assertive & Aggressive Anger Expressions
Wednesday	4/04/18	2:00 – 2:45pm	Lesson Five: How Anger Affects Self-Esteem Lesson Six: Conflict Relaxation Tips & Practice