

# THE MEN'S CLUB IS PLEASED TO INVITE YOU TO

## A BREAKFAST WITH **PATRICIA E. MAC ISAAC, HYPNOTIST**

**SUNDAY FEBRUARY 18TH AT 9:30 AM**

Admission is \$7 per person in advance  
(by February 14<sup>th</sup>) with RSVP, and \$10 at the door.



**Patricia E. MacIsaac**

Hypnotic or suggestive therapy has been used as a healing technique since the beginning of history. References to it can be found in the Bible. It was of prime importance in the "sleep temples" of Ancient Greece, which were places of pilgrimage and healing. Healing was brought about by touch and prayer.

*Hypnosis can help with: Smoking Cessation, Weight Loss, Study and Concentration, Stress Reduction, Anxieties, Sports Performance, Pain Management, Insomnia, Memory, Habit Control, Public Speaking*

**Patricia MacIsaac** brings over 20 years of nursing experience to her very successful hypnosis practice.

She owns and operates South Shore Hypnosis Center in Hingham, Massachusetts.

She is also a frequent lecturer and facilitator of workshops and seminars and has been a guest speaker on radio and TV talk shows in the New England area.

Pat also holds a third degree in the Usui Shiki Ryoho REIKI method of natural healing.

Patricia is a certified instructor for the National Guild of Hypnotists, teaching both the basic and advanced courses.

She took the Hypnosis Certification Course to Louisville, Kentucky in August 1994, to certify a group of Sisters of Charity of Nazareth, and returned in April 1995, to teach the Advanced Certification Course.

Patricia is the recipient of the National Guild of Hypnotists' 1993 Meritorious Service Award.

