

Getting to Know Karen

1. Where did you grow up and complete your education?

I was born and raised in Towson, Maryland. I attended the University of Delaware to study nutrition then went to George Washington University to get my certification as a physician assistant.

2. How did you decide on a career in healthcare?

Both my parents were in healthcare, so I guess it's in my blood to help others. I got involved with Patterson PT originally through my friend, Jenn Weiner.

3. What is your favorite thing about your job at Patterson PT?

Definitely the people, both coworkers and patients. Everyone is so nice and fun to be around. Another favorite thing about Patterson is that I get to learn some new things about the body and movement, as well as injury and recovery.

Fun Facts:

Favorite food: Watermelon and spaghetti

Favorite color: Ruby Red

Favorite mode of exercise: Walking the B&A Trail or at Kinder Park.

Favorite movie: Forrest Gump

Favorite book: The Good Earth, written by Pearl S. Buck

Favorite athlete: Nicklas Backstrom (Washington Capitals)

Hobbies: Reading, baking, spending time with family, watching my kids play sports